

The logo for the British Medical Journal (BMJ), consisting of the letters 'BMJ' in a white, bold, sans-serif font on a blue background.

**BMJ in the News** is a weekly digest of national and international news coverage in English for BMJ, The BMJ, and BMJ Journals.

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**Coverage for 13-19 March 2023**

## **PRESS RELEASES**

[The BMJ](#)  
[BMJ Global Health](#)  
[BMJ Medicine](#)  
[Heart](#)

## **EXTERNAL PRESS RELEASES**

[British Journal of Sports Medicine](#)  
[Emergency Medicine Journal](#)  
[Journal for ImmunoTherapy of Cancer](#)  
[RMD Open](#)

## **OTHER COVERAGE**

[The BMJ](#) | [Annals of the Rheumatic Diseases](#)  
[Archives of Disease in Childhood](#) | [BMJ Case Reports](#)  
[BMJ Global Health](#) | [BMJ Nutrition, Prevention & Health](#)  
[BMJ Open](#) | [BMJ Open Sport & Exercise Medicine](#)  
[BMJ Supportive & Palliative Care](#)  
[British Journal of Ophthalmology](#) | [British Journal of Sports Medicine](#)  
[General Psychiatry](#) | [Gut](#)  
[Injury Prevention](#) | [Journal of Medical Ethics](#)  
[Journal of Neurology, Neurosurgery & Psychiatry](#)  
[RMD Open](#) | [Tobacco Control](#)  
[Trauma Surgery & Acute Care Open](#)

## **INFLUENCE**

### **BMJ**

[Republic of Ireland continues to benefit from BMJ Best Practice for third year running](#)  
Knowledgespeak 15/3/2023

[BMJ Best Practice Available in Ireland for 3rd Year](#) Mirage News Australia 16/3/2023

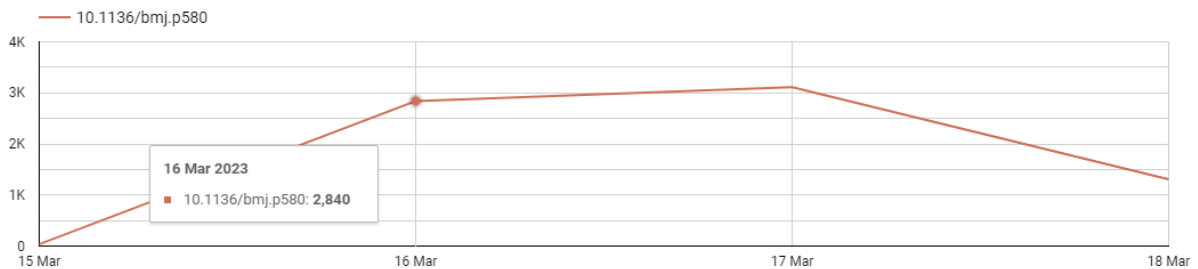
## The BMJ press release coverage

**Research:** [Maternal opioid treatment after delivery and risk of adverse infant outcomes: population based cohort study](#) + **Editorial:** [Opioid analgesia for breastfeeding mothers](#) (PR)

[Opioid painkillers won't harm your baby when breastfeeding, new mothers told](#) The Times 16/3/2023

**Also in:** Evening Standard, Medical Xpress, Health medicine Network, Medical Dialogues, NewZealand News, Web Today (US), Yahoo News, Dailynews Era, COSMOS MAGAZINE

**News:** [GMC is criticised for investments in Nestlé and McDonald's](#) (PR)



[Times Radio interview with Madlen Davies, The BMJ Investigations Editor](#) (20 mins into programme) 16/3/2023

[How doctors fund fast-food firms blamed for obesity](#) Daily Mail 16/3/2023

[Healthcare regulator gives £900k to junk food firms](#) The Daily Telegraph 16/3/2023

**Also in:** [Talk TV \(Trisha Goddard\)](#) 1 hr 38 mins into programme, Talk Radio, Daily Express, The Metro, New York Times Post, Food Industry Today, WhatsNew2Day



**Further coverage for pandemic impact on mental health (PR):**

[Pandemic mental health toll was 'small', study says – unless you were a woman or LGBTQ+](#)

The World News (UK) 13/3/23

[COVID-19: No evidence of mental health 'tsunami'](#) Hindustan Times 14/3/2023

[BBC 'fact checked' by Twitter over covid pandemic's mental health impact](#) MSN 14/3/2023

**Also in:** NBC, Deutsche Welle, European News, The World News, BuzzFeed, Global News Online, News Directory, The Spectator, Live Science, New Statesman, Medscape, News-Medical.Net, ScienceAlert, News Break, Head Topics (UK), Insider Media, Business Insider Online (NL), Denmark News, The Cut (New York), Vietnam Explorer, Web Today (US), InsideExpress

**Further coverage for radiation risk of CVD (PR):**

[Radiation Exposure May Be Causally Linked to CVD](#) Rheumatology Advisor 14/3/2023

**Further coverage for inequalities in surgical outcomes (PR):**

[Post-op Mortality Higher for Black Men Versus White Men, White Women, Black Women](#)  
Physician's Weekly Online 14/3/2023

**Further coverage for gender dysphoria investigation (PR):**

[Top British medical journal says US approach to child sex changes is not 'evidence-based'](#)  
The Post Millennial 13/3/2023

**Also in:** Premier Christian Radio, USSA News Online, GRIPT

**Other notable coverage**

Junior doctors pay (TBMJ mentioned as part of a piece on the strike) [The Context with Christian Fraser BBC World](#) (17.39 mins into programme) 13/3/2023

[Russia Still Has A COVID-19 Problem; 22,000 Cases In Two Days, 71 Dead](#) International Business Times 14/3/2023

[The two breakfast foods Britons love that could put you at 'higher' risk of heart disease](#) (Previous PR) Daily Express 14/3/2023

[Is long COVID risk changing? 50,000 survey responses reveal key shift](#) (Previous PR) San Francisco Chronicle 17/3/2023

[Are artificial sweeteners really any better than sugar?](#) (Previous PR) The Daily Telegraph 17/3/2023

**Also in:** Yahoo News UK, MSN

[The Truth About Long COVID Is Finally Emerging. It's Not What We Thought](#) Slate 19/3/2023

**Also in:** Knowledia News

[Statin users at risk of 'cardiovascular disease'](#) Daily Express 19/3/2023

**Also in:** MSN UK, Today News Post, Pedfire, Vietnam Explorer

[Urgent course correction needed on climate change, economic policy, and NHI](#) (Fiona Godlee quoted on climate change and health) News24 South Africa 20/3/2023

**Also in:** Newspages.co.za,

**JOURNALS**

**BMJ Global Health**

**Research:** [Mpox \(monkeypox\) information on TikTok: analysis of quality and audience engagement](#) (PR)

[Mpox Information On TikTok Videos Often 'Unreliable And Incomplete.' Study Finds](#)  
International Business Times 15/03/23

[TikTok Is An Awful Source of Monkeypox Info. Study Finds](#) Gizmodo Australia + US 15/03/23

[Looking for Accurate Info on Mpox? Maybe Avoid TikTok](#) US News & World Report 15/03/23

**Also in:** Mirage News (AU), St Louis Post Despatch + extensive US local and regional news outlets, Yahoo.com, Koam News Now, Guam Daily Post, KOAM TV, IMPACT, ScienMag, News-Medical.net, Daily News Era, Medical Xpress, Health Medicine Network, Tech Times, Physician's Weekly, Time.news, Health Medicine Network, Kaiser Health News, Unbound Medicine, Head Topics, CIDRAP, HealthDay, Crossroads Today, Drugs.com, News-Graphic, News-Topic, BreakingLatest.News, Weekly Sauce, Lady Clever, Brigham & Women's

Hospital, The HealthCast, Tech News Tube, NewsBreak, Pioneer Newz, Techio, Phoneweek

[US pregnancy deaths dropped in 2022, after Covid spike](#) The Manila Times 16/03/23

**Also in:** CBS, Daily Journal, WCBS-TV + extensive US broadcast, Today News Post, Atlanta Journal Constitution, Miami Herald, Boston Herald, Metro New York + extensive local/regional US print outlets, News Concerns, MyMotherLode, FirstPost, Internewscast, The Independent, Daily Mail, NewsAzi, Todays Chronic, The Hour Online, TechLive, Breitbart News, ABC News, AP News, Medicine.net, The Healthcast, Parent Herald, Weekly Sauce, Lady Clever, World News Era, Pioneer Newz, Swift Telecast, Frontier Post, Dunya, Neural Science, STAT, Knowledia, Drugs.com, Today, Crossroads Today, Jamaica Observer

**Further coverage for no difference in outcomes between rainbow and other families**

[Children in Families With Same-sex Parents Fare As Well as Others Study Indicates](#) IBN

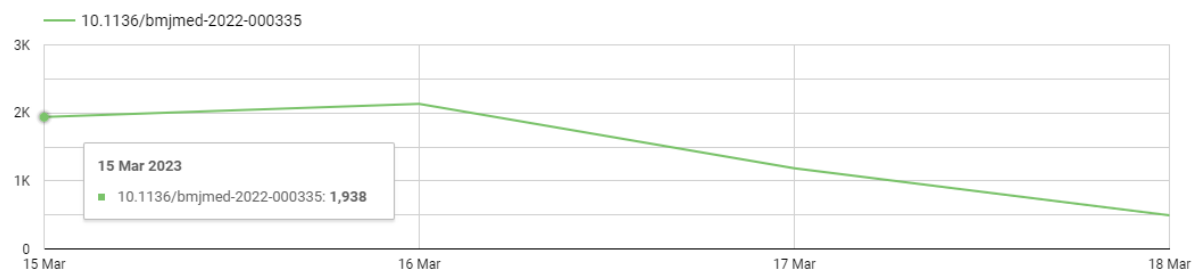
Live 16/03/23

**Also in:** BreakingLatest, Montreal Gazette + extensive local Canadian news outlets, The World News, The Intelligencer

[Extreme poverty, ignorance, malnutrition, poor routine immunisation, others fuel noma complications](#) The Guardian (NG) 17/03/23

## **BMJ Medicine**

**Research:** [Appraisal of the causal effect of plasma caffeine on adiposity, type 2 diabetes, and cardiovascular disease: two sample mendelian randomisation study \(PR\)](#)



[Coffee 'can lower risk of getting diabetes'](#) Mail Plus 15/03/23

[Blood caffeine levels clue to staying slim and less diabetes risk](#) The National (AE) 14/03/23

[Caffeine could reduce body fat and cut diabetes risk, scientists say](#) Fortune 15/03/23

**Also in:** The Guardian, Daily Mail + Irish edition, The Sun + Irish + Scottish editions, Daily Telegraph, Daily Express, British Bulletin, MSN UK +IE, The National Scot, Ireland Live, Herald Scotland, Extensive local/regional news, UK-Times, Yahoo News UK, Evening Standard, Mahalsa UK, AOL UK, The Sunday Post, The Irish News, Belfast Telegraph, Irish Examiner, Pure Radio, Virgin Radio, Coast FM, Kingdom FM + extensive local radio, Asian Image, Irish Times, HuffPost UK, Sky News, GB News

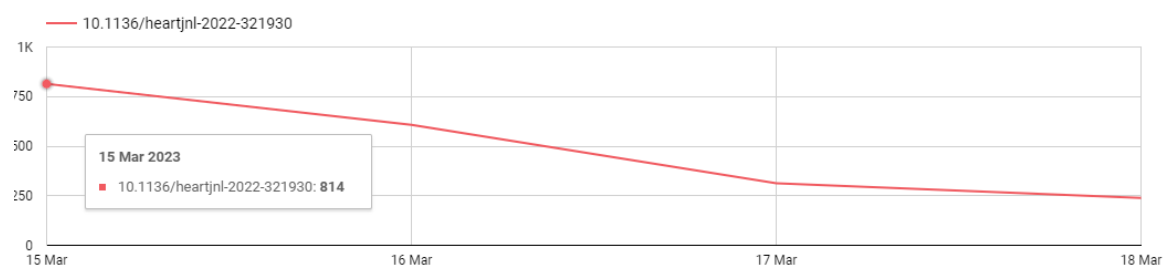
**International:** NY Times Post, Mirage News (AU), Pakkikhabar (IN), Web Today (US), MSN Malaysia + India + South Africa, NY Breaking, New Zealand News, Latest Nigerian News, IMPACT, Nagaland Post, Medical Dialogues (IN), IANS, KOAM TV, Canada News, Yerepouni Daily News, Teller Report, Samachar Central, ProKerala, Daiji World, Business News India, India Today, MENA FN, India Online Mart, Can-India News, Lokmat Times, The Hawk India, Portugal Posts, Vaaju, Taipei Times, Athens News, EuroNews, Edesheba, US

Today News, EuroWeekly News, Express India, Time Bulletin USA, Greek Reporter, India Blooms, Health News (US), The Star Malaysia, Newsroom Odisha, Prag News (IN), The Indian Express, dtNext (IN), MM News (PK)

**Other:** ScienMag, Society Master, Techiai, Technology Networks, Finno Expert, Inkl, Tlmes of News, DUK News, VR Explorer, Express Digest, Medscape, Daily News Era, Newscon, Archynetyts, Medical Xpress, Knowledia, News Concerns, Press24, 15MinuteNews, NewsBreak, Mondial News, News Directory3, Patient Talk, My Science, AZoLifeSciences, Tech Explorist, Archy Worldy, Techiai, Futures Trading Charts, Future Tech Trends, Healthline, Healthgrades, Physician's Weekly, Study Finds, AgenParl, Crossroads Today, MDEdge Cardiology, Quick Telecast, Tech and Science Post, MSN Health CA, MSN Health & Fitness, unmid, Public Newstime, Newstral, News-Medical, Social News XYZ, Flipboard, Drug Today, The Daily Check, Health News Report, Health News Update, Neural Science, Knowledia, HealthandBeauty News, News Finale, Healio, News Concerns, Todays Chronic, Internewscast, Ex Bulletin, WebMD, The Science Times, HT Syndication, Archyde, ArchyNewsy, Networthy News, Newsgroove, Newsbeezer, Science Alert

## **Heart**

### **Research: [Primary prevention of cardiovascular disease in women with a Mediterranean diet: systematic review and meta-analysis \(PR\)](#)**



[Mediterranean diet may cut heart disease risk for women by 24%. study says](#) The Independent 15/03/23

[Mediterranean diet may lower heart disease risk in women by nearly 25%. study finds](#) CNN + International 14/03/23

[Mediterranean diet can cut heart disease risk in women by 24 percent. report says](#) The Washington Post 15/03/23

**Also in:** Daily Mail, Daily Express, Daily Telegraph, The Guardian, MSN UK + IE, Northern Echo + extensive local/regional UK news outlets, Ireland Live, The National Scot, Irish News, UK-Times, Irish Independent, Irish Times, Asian Image, Yahoo News UK, Belfast Telegraph, AOL UK, ITV news online

**International:** CBS News, CanadanewsMedia, Calgary Sun, Winnipeg Sun, Edmonton Sun, Ottawa Sun, Samachar Central, Mirage News (AU), WKBT-TV + US broadcast outlets, Pakkikhabar (IN), Seattle Times, INSIDER, Business Insider India, US News & World Report, Health Europa, New York Post, Cosmos Magazine, LiveMint, NNN (NG), W3 Live News, Entrepreneur.ca, Nigeria News Network, News India Times, o.canada, Olt News, Mirage News (AU), Bharat Times, Guam Daily Post, IMPACT, Granthshala, Samachar Central, Medical Dialogues (IN), MSN India, The Japan News, Edesheba, YRT News, PEOPLE, ProKerala, The Star Malaysia, IBT Singapore, Daiji World, Kalinga TV, Lokmat Times, The Tribune (NG), MENA FN

**Other:** The World News, Crossroads Today, MSN Health & Fitness, Techcodex, NewsBreak, Finno Expert, Inkl, HeadTopics, Pedfire, Daily News Era, Oltnews, Medical Xpress, Tech and Science Post, Healthline, Study Finds, DUK News, Express Digest, Newsy People, Healthline, Medical News Today, WebMD, Medscape, Cardiovascular Business, World Health.net, News-Medical, Revyuh, Sportskeeda, Medical Daily, Knowledia, Quick Telecast, Newscon, canoe.com, HealthDay, Latest Breaking News, Sound Health and Lasting Wealth, My Science, Today News Post, News Arounds, Englemed Health News, Newsfounded, The Daily Check, Knowledia, Todays Chronic, News Concerns, Verve Times, Health News Report, Swift Telecast, Neural Science, MSN Health & Fitness, Earth.com, HealthandBeauty News, Archy Worldy, WhatsNew2Day, Networthy News, Pedfire, Food Industry Today

### **Annals of the Rheumatic Diseases**

[‘Fresh options’ for BioSenic after post-hoc analysis of knee osteoarthritis trial](#) The Pharma Letter 16/03/23

**Also in:** Yahoo Finance

[Researchers Find Novel Candidate Gene, Pathway for Severe Radiographic Damage in AS](#) HMP Global Learning Network 19/03/23

### **Archives of Disease in Childhood**

[Cerebral palsy: How to avoid brain damage in babies](#) Tribune Nigeria 18/03/23

### **BMJ Case Reports**

[Low vitamin B12 levels may progressively affect the fingernails - the telltale sign](#) Daily Express 19/03/23

**Also in:** MSN UK

### **BMJ Nutrition, Prevention & Health**

[Fruit and veg supply issues lead to raised blood pressure, study shows](#) The Daily Brit 18/03/23 (Previous PR)

### **BMJ Open**

[Late cancer diagnosis among Black women is tragic – and avoidable](#) iNews 15/03/23

[This groundbreaking study reveals what people search for before visiting the emergency room](#) MD Connect 19/03/23

### **BMJ Open Sport & Exercise Medicine**

[What Is CrossFit, And Is It Right For You?](#) Forbes 15/03/23

### **BMJ Supportive & Palliative Care**

[Singing in the shower is self-therapy that can be surprisingly beneficial for your mental health. Here’s why](#) IoL South Africa 15/03/23

**Also in:** MSN South Africa

### **British Journal of Ophthalmology**

[21-year-old loses vision to flesh-eating parasite after taking nap with contact lenses](#) in Daily Express 15/03/23

**Also in:** Business Telegraph, Samachar Central



[Skye Bioscience Receives Human Research Ethics Committee Approval to Start Multiple Ascending Dose Arm of Phase 1 Study of SBI-100 Ophthalmic Emulsion](#) Benzinga 15/03/23  
**Also in:** BioSpace, Yahoo Finance, The Edmonton Examiner

### **British Journal of Sports Medicine**

[Is Exercise as Effective as Medications or Talk Therapy?](#) Psychology Today 14/03/23  
**Also in:** NewsBeezer, Lifestyle Asia India, Malay Mail, The Washington Post, The World News, W3 Live, The Japan News, Physician's Weekly, Pedfire, Forbes, Techcodex, Today Headline, Quick Telecast, Business Breaking News, Archyde, NewsMax, HealthDay, Lifestyle Asia Hong Kong, Runner's World, 2Minute Medicine, Medical Daily

[Biden says state laws banning gender transition surgeries for minors are 'close to sinful': 'It's cruel'](#) The Christian Post 14/03/23  
**Also in:** The Daily Telegraph, Unherd

**Research:** [Universal prevention through a digital health platform reduces injury incidence in youth athletics \(track and field\): a cluster randomised controlled trial](#)  
(External PR)

[How a digital health platform can stop sports injuries in young athletes](#) Health Europa 14/03/23  
**Also in:** ScienMag, News-Medical, Medical Xpress, Asia Post, TechLIVE, News Azi, Newswis

[Is your foot injury due to your menstrual cycle? What you need to know about sore feet and your hormones](#) Stylist Magazine 16/03/23

[The 20-minute anti-ageing workout](#) The Times 16/03/23 (Print only)

[Sports industry may have helped downplay dangers of concussions and head injuries](#)  
Medical Brief South Africa 15/03/23 (**Paul McCrory**)  
[Plagiarism and the AFL's concussion adviser](#) The Saturday Paper (AU) 18/03/23

[Age fraud: How African football is trying to combat it](#) Deutsche Welle (English) 15/03/23

[A little motivation to take a walk](#) The New York Times 17/03/23 (**Previous PR**)  
**Also in:** MSN New Zealand + Russia +AU +IE +UK +Arabia + South Africa + Singapore + India + Health CA, MSN Health & Fitness, Pure Radio, Gastroenterology Advisor, South Asian Times, Finno Expert, US Today News, DNYUZ, ReachMD, Easy Health Options, MENA FN, The Age Australia, WA Today, Brisbane Times, Sydney Morning Herald, The Costa Rica News, The Oban Times

[Get to know Diastasis Recti, a Postpartum Stomach Condition that mothers barely know ...](#)  
TekDeeps 18/03/23

### **Emergency Medicine Journal**

**Practice Review:** [Drink and injection spiking: how to approach an increase in presentations?](#) (External PR)

[Test for drink spiking in ERs should be used to reduce psychological distress, says new](#)

[study](#) Medical Xpress 14/03/23

**Also in:** My Science

### **General Psychiatry**

[Mind over matter \(How to have a healthy gut\)](#) The Guardian supplement 18/03/23 (**Previous PR**) (Misattrib The BMA)

### **Gut**

[Gravity may play a weighty role in irritable bowel syndrome](#) NewsBreak 14/03/23

### **Injury Prevention**

[Horse tranquilizer is hitting the US as a dangerous street drug](#) CNN 17/03/23 (**Previous PR**)

**Also in:** WTR-TV

### **Journal for ImmunoTherapy of Cancer**

**Research:** [Anti-VEGF therapy improves EGFR-vIII-CAR-T cell delivery and efficacy in syngeneic glioblastoma models in mice](#) (External PR)

[Altered CAR T Therapy Shrinks Ovarian Tumors In Mice](#) Forbes 17/03/23

[Normalizing tumor blood vessels may improve immunotherapy against brain cancer](#) World Pharma News 14/03/23

**Also in:** eCancer, News-Medical, ScienMag, Medical Xpress, PhaMed, Quick Telecast, Drug Target Review, Drug Target Review, The Epoch Times

### **Journal of Medical Ethics**

[Christian school barred from Vermont state matches after girls basketball team refused to play against male](#) LifeSite 17/03/23

### **Journal of Neurology, Neurosurgery & Psychiatry**

[Teenagers Beware: Poor Sleep Quality May Increase Risk of Multiple Sclerosis](#) TrendRadars 14/03/25 (**Previous PR**)

**Also in:** Medical Bag (AU)

[Early-Onset Dementia Diagnoses Are Up 200% — How \(& When\) To Protect Your Brain](#)

MindBodyGreen 15/03/23

### **RMD Open**

**Research:** [Ultrasound assessment of degenerative muscle sarcopenia: the University of Barcelona ultrasound scoring system for sarcopenia](#) (External PR)

[New tool to diagnose and assess sarcopenia](#) My Science 13/03/23

**Also in:** Healthcare in Europe, News-Medical, Medical Xpress, European Hospital Online

[Vaccination protects lupus patients from contracting COVID-19](#) News-Medical.net 15/03/23

[JAK Inhibitor Safety Warnings Drawn From Rheumatologic Data May Be Misleading in Dermatology](#) Medscape 19/03/23

**Also in:** Federal Practitioner



### **Tobacco Control**

[Comparing the Health Effects of Smoking Heets and Regular Cigarettes](#) TimeBusiness  
News 14/03/23

### **Trauma Surgery & Acute Care Open**

[Gun violence has reached an epidemic point in the US](#) Express Digest 17/03/23

**Also in:** Sound Health and Lasting Wealth, Mail Online, Daily News Era, Internewscast,  
Express Informer

### **INFLUENCE**

[The US Lown Institute, a US non-partisan think tank on healthcare issues](#) cites an editorial in ***BMJ Quality & Safety*** that sets out [international disparities in colonoscopy recommendations](#)