

The logo for BMJ (British Medical Journal) in white text on a blue background.

**BMJ in the News** is a weekly digest of national and international news coverage in English for BMJ, The BMJ, and BMJ Journals.

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**Coverage for 6th - 12th February 2023**

#### **PRESS RELEASES**

##### [The BMJ](#)

[BMJ Open Diabetes Research & Care](#)

[BMJ Open Sports & Exercise Medicine](#)

[Journal of Epidemiology & Community Health](#)

#### **EXTERNAL PRESS RELEASES**

[Annals of the Rheumatic Diseases](#) [BMJ Open](#)

[BMJ Quality & Safety](#) [British Journal of Sports Medicine](#)

[Gut](#) [Journal for ImmunoTherapy of Cancer](#)

#### **OTHER COVERAGE**

[The BMJ](#) | [Annals of the Rheumatic Diseases](#)

[BMJ Case Reports](#) [BMJ Evidence-Based Medicine](#)

[BMJ Global Health](#) | [BMJ Medicine](#)

[BMJ Nutrition Prevention & Health](#)

[BMJ Open](#) | [BMJ Paediatrics Open](#)

[BMJ Open Diabetes Research & Care](#)

[BMJ Open Sports & Exercise Medicine](#)

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[British Journal of Ophthalmology](#)

[British Journal of Sports Medicine](#) | [Gut](#)

[General Psychiatry](#)

[Journal of Epidemiology & Community Health](#)

[Journal of Medical Ethics](#) [Lupus Science & Medicine](#)

[Occupational & Environmental Medicine](#)

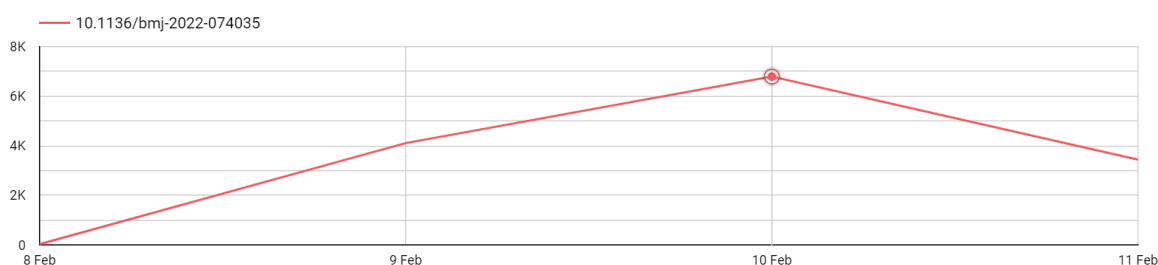
[Practical Neurology](#) | [Tobacco Control](#)

#### [INFLUENCE](#)

[The BMJ press release coverage](#)

Research: [Maternal mRNA covid-19 vaccination during pregnancy and delta or omicron infection or hospital admission in infants: test negative design study](#) (PR)

[COVID-19 vaccination during pregnancy helps protect newborns, Canadian study suggests](#)  
The Toronto Star 8/2/23



CBC News Network, The Hamilton Spectator + widespread Canadian regional coverage, The Singapore Time, Mirage News AU, Primetimes.IN, Albany Democrat-Herald, KOAM-TV + widespread US regional coverage, Head Topics, MD Edge, User Walls, Medical Xpress, Knowledia, News-Medical.Net, CIDRAP, Physician's Briefing, Drugs.com, Englemed Health News, Vigour Times, Todays Chronic, Physician's Weekly, The Daily News, News Azi, Medscape

*Further coverage for beano promoting junk food (PR):*

['Playing football was all that Beano got me into'](#) Metro 6/2/23

**Also in:** TalkTV broadcast, The Press & Journal (Scotland)

*Further coverage for antidepressants for pain (PR):*

[Antidepressants used for chronic pain on the rise, but are they effective](#) News Caf 7/2/23

**Also in:** Medical News Today, Neurology Advisor, NewsPages.co.za, India Education Diary

*Further coverage for pregnancy complications and heart disease risk (PR):*

[Top in cardiology: Pregnancy outcomes and heart disease risk; harms of emotional eating](#)

Healio 7/2/23

### **Other notable coverage**

[One day we'll look back on the war on drugs and ask did we learn nothing from Prohibition in the US](#) The Irish Independent 6/2/23

[Professor sparks fury after suggesting brain dead women could be used for surrogate pregnancies](#) Indy100 6/2/23

[Cornish town hosts flash mob to attract new GP](#) BBC News 6/2/23

[The expert who says SUGAR is better for you than low-calorie sweeteners](#) The Daily Mail 6/2/23 **(Previous PR)**

[Could taking a depression pill prevent lasting agony of shingles?](#) The Daily Mail 6/2/23 **(Previous PR)**

[Does a woman's fertility really plummet at age 35?](#) National Geographic 7/2/23

[The bean that could lower blood pressure and reduce stroke risk - high in potassium](#) The Daily Express 7/2/23

LBC News broadcast on the importance of mixed skill on wards 6/2/23

[Opinion: What Nancy Pelosi's diet tells us about America's love of ultraprocessed foods](#)

CNN + CNN International 8/2/23 **(Previous PR)**

[Breaking the silence: do vested interests stifle medical discussions?](#) The Spectator Australia 8/2/23 **(Previous PR)**

[Cuba offers 1000 medical scholarships](#) The Bangkok Post (print) 9/2/23

[Opinion The Checkup With Dr. Wen: Three important studies shed light on long covid](#) The

Washington Post 9/2/23 (**Previous PR**)

[Rise in type 2 diabetes among under 40s](#) Englemed Health News 11/2/23 (**Previous PR**)

## **JOURNALS**

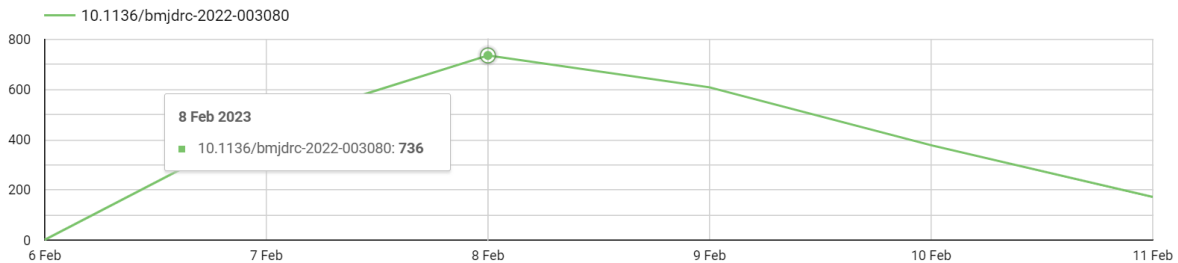
### **BMJ Open Diabetes Research & Care**

**Research:** [How sweet is your love? Disentangling the role of marital status and quality on average glycemic levels among adults 50 years and older in the English Longitudinal Study of Ageing \(PR\)](#)

[Cohabiting adults have lower blood sugar levels, study finds](#) The Guardian 7/2/23

[Marriage may help individuals in keeping their blood sugar levels low: Research](#) Hindustan Times 8/2/23

[Unhappy marriages may actually be good for your health: study](#) New York Post 07/02/23



**Also in:** The Times + Irish edition, The Sun + Scottish Sun, The Daily Mail + Irish edition, MailPlus, The Independent, The Evening Standard, Daily Express, Daily Record, Manchester Evening News + widespread UK regional news, AOL UK, Press24 (UK), Mahalsa UK, Ireland Live, Yahoo UK, Irish News, The Irish Times, MSN UK, Belfast Telegraph, Wales Online, Highland Radio, The Week, Eastern Eye UK

**International:** Canada Today News, PerthNow + widespread Australian regional coverage, Independent Eagle, Web Today (US), The National (UAE), Women's Health (AU), Gday India, AniNews.in, DTNext (IN), The Print (IN), The Tribune + widespread Indian regional coverage, MSN India + Arabia + Philippines, webindia123.com, Mirage News AU, India News Network, Indian Economic Observer, Poland Sun, Denmark Sun, Canberra Times, International Business Times, Health Europa, US Today News, Yahoo Malaysia + Singapore + Canada + NZ, Health Times (AU), US News & World Report, New Kerala, Kalbe (Cambodia), Koam News Now, NY Breaking, UPI, CBS News Baltimore + LA, Medical Dialogues (IN), The Toronto Sun, Winnipeg Sun, Ottawa Sun, Calgary Sun, China Daily Online (US) + China Daily, San Francisco Weekly, Guam Daily Post, Arizona Daily Star + widespread local US news outlets, WISC-TV, KOAM-TV, The News International, Pakistan Observer Online, The Statesman India, California 18, Babushahi, Nation World News

**Other:** Medical Republic (AU), HealthDay, WhatsNew2Day, HealthLine, Fitness Health Yoga, News Break, Medscape, Sound Health and Lasting Wealth, Medical Xpress, Networky News, Latestly, TIMES NOW, News Azi, News Break, NetMums, ReachMD, Devdiscourse, Health Digest, WebMD, Neuroscience News, Revyuh News, World is One News, Drugs.com, MedTelligence.net, Maq News, Yahoo Sports + Finance, Knowledia, Physician's Briefing, MedicineNet.com, Health Thoroughfare, The HealthCast, Pedfire, News Deal, News-Shield, Physician's Weekly, Asume Tech, Swift Telecast, Weekly Sauce, News-Medical, Fyne Fettle, McKnight's Senior Living, MSD Manuals, Zenger News, Digitpatrox, Englemed Health News, MSN Health CA, Crossroads Today, News Concerns,

Health News

[Wonder of brew](#) The Scottish Sun 10/2/23 (Previous PR)

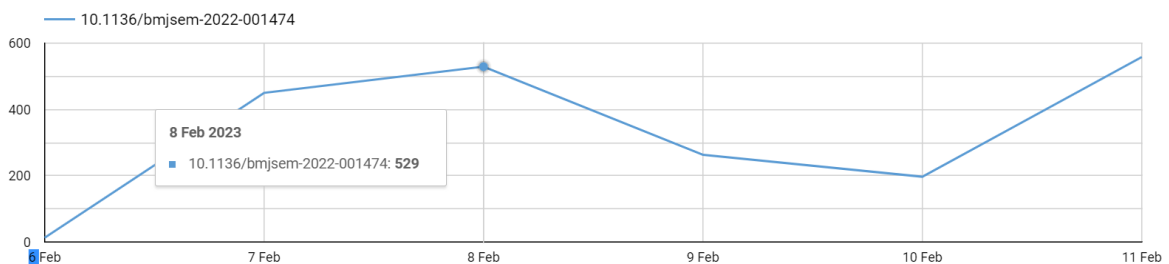
### **BMJ Open Sports & Exercise Medicine**

**Research:** [Comparative effectiveness of playing golf to Nordic walking and walking on acute physiological effects on cardiometabolic markers in healthy older adults: a randomized crossover study](#) (PR)

[Golfers take heart: 18 holes is best way to stay healthy in later life](#) The Times 7/2/23

[Golf may help seniors improve heart health](#) UPI 7/2/23

[Study finds playing golf can be better than Nordic walking for older people](#) Times of India 08/02/23



**Also in:** The Daily Telegraph, Daily Mail, The Independent, INews, Jersey Evening Post, Irish Examiner, The Scotsman, Herald Scotland, Belfast Telegraph, Ireland live + widespread UK local news coverage, The Sun + Scottish edition, AOL.UK, Medical Dialogues (IN), AniNews.in, webindia123.com, News9 Live, Lokmat Times (IN), Bharat Express, The World News, KPVI-TV + widespread US regional coverage, ThePrint (IN), Mirage News (AU), Yahoo Canada + Singapore, New Kerala, Tulsa World, US News & World Report, Apeksha Sandesh, DTNext (IN), iNews24.eu, The New Daily (AU), MedIndia, CBS News, NewsMax

**Other:** The Sun Best, Study Finds, News Break, WhatsNew2Day, Finno Expert, Medical Xpress, Networky News, Big News Network, Devdiscourse, Latestly, MSN Health & Fitness, WebMD, Drugs.com, Medscape, News Directory 3, Knowledia, Weekly Sauce, MedicineNet.com, NewsMax (US), IMPACT, The Golf Business, News Azi, HealthDay, Newschain, KNews, Sound Health & Lasting Wealth. Flipboard, MedTelligence, Maq News, The Cutoff News, Newstral, ReachMD, HealthNews Report, Golf Industry Central, The Healthcast, World Health.net, Bel Marra Health, Golf and Health, Starts at 60, Golf Industry Central (AU)

[Certain three supplements can ease arthritis symptoms](#) The Daily Express 12/2/23

**Also in:** MSN UK + IE (Previous PR)

### **Journal of Epidemiology & Community Health**

**Research:** [Socioeconomic position at the age of 30 and the later risk of a mental disorder: a nationwide population-based register study](#) (PR)

[Mental health disorder more likely in the least wealthy people later in life: Study](#) Medical Dialogues (IN) 9/2/23

[Least Wealthy People More Likely to Have Mental Health Disorder Later in Life: Research](#) LatestLY 07/02/23

[Less wealthy people are more likely to have mental health disorder in later life: study](#) Times

of India 11/02/23

**Also in:** AniNews.in, webindia123.com, Mirage News AU, Lokmat Times (IN), DTNext (IN), News Live9, ThePrint IN, KOAM-TV, NY-TV, Daily Hunt (IN), Networthy News, Knowledia, Medical Xpress, News-Medical, Newstrack Live, MedPage Today, Verywell Mind, PsychCentral, Physician's Briefing, Drugs.com, Physician's Weekly, News Azi, Big News Network, Medically Prime

[Add More Intensity to Your Rides to Boost Your Memory and Processing](#) Bicycling 06/02/23  
(Previous PR)

**Also in:** Geo TV, Study Finds

### **Annals of the Rheumatic Diseases**

**Research:** [Synovial fibroblasts assume distinct functional identities and secrete R-spondin 2 in osteoarthritis](#) (External PR)

[New Cell Types Offer Promise for Targeted Treatment of Osteoarthritis](#) Bonezone Pub 7/2/23

[Remission the primary T2T goal in childhood-onset lupus, say new points to consider](#) Healio 9/2/23

### **BMJ Case Reports**

[Brrr-illiant ways to embrace the cold on cold water swimming](#) (print) The Daily Express 9/2/23

[ONE OF A KIND Man's sudden Irish accent turns out to be bizarre symptom of prostate cancer in world-first](#) The Sun + The Scottish Sun 8/2/23

**Also in:** Study Finds, MSN News, Best in Technology, News Around, Mahalsa, IFL Science, ScienceAlert, Gizmodo, Australian Doctor, News Rebeat, US Times Post, Newsweek, MSN Health & Fitness, Science Times, The JReport, Futurism, Interesting Engineering, MedPage Today

### **BMJ Evidence-Based Medicine**

[Honey for a cough](#) The Daily Mail 8/2/23 (Previous PR)

### **BMJ Global Health**

[Fact check: President Biden's 2023 State of the Union address](#) CBS News 8/2/23

**Also in:** Pedfire, Today News Post, Gur Times, World News Era

[Vaccination campaigns can reduce the impact of COVID-19 on pregnant women](#)

News-Medical 08/02/23

### **BMJ Medicine**

[How Covid-19 Vaccines May Affect Your Menstrual Cycle, Periods](#) Forbes (misattributed to The BMJ) 6/2/23

[Fact Check: BMJ Paper Does NOT Show COVID Vaccine Causes 5x More Myocarditis Than Virus, 10X More In Youths](#) Lead Stories 06/02/23

### **BMJ Nutrition Prevention & Health**

['People underestimate diabetes. It's a silent killer'](#) The Daily Telegraph 6/2/23

[This is why you should eat oranges this winter](#) Jerusalem Post 7/2/23

## **BMJ Open**

[Good Health by Roger Dobson](#) The Daily Mail 7/2/23

[Medicinal cannabis helped get my life back after endometriosis forced me to quit my job](#) i News 7/2/23

**Research:** [Demographic characteristics, long-term health conditions and healthcare experiences of 6333 trans and non-binary adults in England: nationally representative evidence from the 2021 GP Patient Survey](#) (External PR)

[GP survey reveals health and healthcare inequalities of trans and non-binary adults](#) Newswise 7/2/23

**Also in:** The Medical Republic

**Research:** [Associations between alcohol brief intervention in primary care and drinking and health outcomes in adults with hypertension and type 2 diabetes: a population-based observational study](#) (External PR)

[Alcohol Brief Intervention Can Improve Health Outcomes in HTN](#) Drugs.com 7/2/23

**Also in:** Widespread US regional coverage, Physician's Briefing, Physician's Weekly, The Daily News, World News Network, Medical Xpress, Healthgrades, IMPACT, MSD Manuals, News Azi, KOAM TV, Diabetes in Control, Medical Dialogues (IN)

[GP survey reveals health and healthcare inequalities of trans and non-binary adults](#) The Pharmacist 08/02/23

[Diabetes pill helps stave off knee op](#) The Irish News 08/02/23

[Medical experts in plea to exempt child health services from budget cuts](#) Medical Brief South Africa 9/2/23

[Grab The Girls: Playing Tennis Is The Full Body Workout You Need To Add To Your Regimen](#) Women's Health AU 9/2/23

[New tool to predict cardiovascular disease in Emiratis is potential life-saver](#) The National UAE 11/2/23

## **BMJ Paediatrics Open**

[Researchers explore sports-related traumatic brain injuries and care costs in children](#) Horsetalk NZ 06/02/23

## **BMJ Quality & Safety**

**Systematic Review:** [Roles and effectiveness of knowledge brokers for translating clinical practice guidelines in health-related settings: a systematic review](#) (External PR)

[Knowledge Brokers Boost Evidence-Based Health Care: Review](#) Mirage News (AU) 09/02/23

**Also in:** About Pain, Good Health Products, NewsBlaze

[How blockchain can transform Kenya's healthcare system](#) Nation Africa 11/2/23

## **British Journal of Ophthalmology**

[Retinal imaging to detect Alzheimer disease: machine learning model](#) Ophthalmology Times

Europe 11/2/23 (**Previous PR**)

**British Journal of Sports Medicine**

[These young female athletes died by suicide. They all had head injuries in common](#) CNN International 6/2/23

**Also in:** KMIZ-TV + widespread US regional coverage, Headtopics

[Relax! It just might improve your fitness](#) The Times 7/2/23

**Also in:** The Australian

[Women Who Live Healthy Lifestyles May Reduce Their Risk Of Long Covid By Half, Study Suggests](#) Forbes 7/2/23 (**Previous PR**)

[Ditch the treadmill -- do this instead](#) The Times 7/2/23

[Follow these healthy lifestyle changes for a blissful 2023](#) Lifestyle Asia Hong Kong 08/02/23

[Exercise may be as effective as pharmacotherapy in managing osteoarthritis pain](#) 2Minute Medicine 08/02/23 (**Previous PR**)

**Also in:** Medical Dialogues (IN), Physician's Weekly

[Bethany Hamilton says she'll boycott World Surf League events over transgender competitors](#) NBC 8/2/23 (**Previous PR**)

**Also in:** KNBC-TV + widespread US regional/broadcast coverage, VN Explorer, Head Topics

[Runner's knee: everything you need to know](#) Runner's World 9/2/23

**Research:** [Effectiveness of an educational intervention targeting homophobic language use by young male athletes: a cluster randomised controlled trial](#) (**External PR**)

[Surprising finding in battle to eradicate homophobia in sport](#) News.com.au 11/2/23  
['Very disappointing': study shows education does nothing to stop homophobic language in men's rugby](#) The Guardian + [Guardian Australia News Live](#) (p.3) 11/2/23  
[Anti-homophobia training in sport had no effect](#) The Sydney Morning Herald 11/2/23

**Also in:** Brisbane Times, Sky News, The West Australian The Herald Sun (AU) + widespread Australian regional coverage, The Age Australia, Forbes Advocate AU, PerthNow, HeadTopics AU, Out in Perth

[Fitness: Your Super Bowl heroes are aging faster than you are](#) Vancouver Sun 12/02/23

**Also in:** Montreal Gazette

**General Psychiatry**

[Deep Meditation May Alter Gut Microbes – And Improve Physical and Mental Health](#) SciTech Daily 12/02/23 (**Previous PR**)

**Gut**

**Research:** [Quantification of the hepatitis B virus cccDNA: evidence-based guidelines for monitoring the key obstacle of HBV cure](#) (**External PR**)

[Standardized Quantification Method for Hepatitis B Will Aid Therapeutic Strategy Development](#) Technology Networks 7/2/23



[Frequent Antibiotic Use Linked to Threat for Crohn's, Colitis](#) Digital i Wire 11/2/23 (Previous PR)

### Journal for ImmunoTherapy of Cancer

Research: [Tuned activation of MSLN-CAR T cells induces superior antitumor responses in ovarian cancer models](#) (External PR)

[New immunotherapy holds promise for ovarian cancer](#) Scienmag 7/2/23

Also in: Medical Xpress, Scitechdaily, Mirage News Australia, News-Medical.Net, Medical Dialogues India, Revyuh News, ET Healthworld, Genetic Engineering and Biotechnology News, News9 Live, Freethink, ThePrint (IN)

### Journal of Medical Ethics

[Abortion, foetal pain relief and the law](#) Irish Times 6/2/23

### Lupus Science & Medicine

[Experimental Blood Test Could Improve Fibromyalgia Treatment](#) Pain News Network 07/02/23

### Occupational & Environmental Medicine

[More Time Outdoors May Mean Less Need for Medications](#) WebMD 06/02/23 (Previous PR)

Also in: Neural Science, Independent Ghana

### Practical Neurology

[How colour blindness can change your life - Matthew Paris, Notebook](#) The Times + Scottish + Irish edition, on Rory Barnes' [poems](#) 8/2/23

### Tobacco Control

[Majority of Americans in favor of banning all tobacco products: survey](#) New York Post 7/2/23

Also in: The World News, Time Bulletin USA, American Academy of Otolaryngology

[Jeremy Vine](#) Channel 5 broadcast, on decline in awareness of tobacco products since advertising ban 10/2/23

## INFLUENCE

### Social media highlights

- [LinkedIn post](#) sharing the press released research from **The BMJ** on covid vaccines in pregnancy: over 7,000 views and 86 likes
- [LinkedIn post](#) for the press released research on marital status and blood sugar levels from **BMJ Open Diabetes Research & Care**: almost 6,000 views and 33 likes

