

The logo for BMJ (British Medical Journal) in white text on a blue background.

BMJ in the News is a weekly digest of national and international news coverage in English for BMJ, The BMJ, and BMJ Journals.

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Coverage for 20th–26th February 2023

PRESS RELEASES

[The BMJ](#)
[BMJ Health & Care Informatics](#)
[General Psychiatry](#)
[Journal of Neurology, Neurosurgery & Psychiatry](#)

EXTERNAL PRESS RELEASES

[BMJ Open](#)
[BMJ Supportive & Palliative Care](#)
[British Journal of Sports Medicine](#)
[Journal of Medical Ethics](#)
[Practical Neurology](#)
[Tobacco Control](#)

OTHER COVERAGE

[The BMJ | Annals of the Rheumatic Diseases](#)
[BMJ Evidence-Based Medicine](#)
[BMJ Global Health](#) | [BMJ Medicine](#) | [BMJ Open](#)
[BMJ Open Diabetes Research & Care](#)
[BMJ Open Respiratory Research](#)
[BMJ Quality & Safety](#)
[BMJ Supportive & Palliative Care](#)
[British Journal of Sports Medicine](#)
[Gut](#) | [Heart](#) | [Journal for Immunotherapy of Cancer](#)
[Journal of Epidemiology & Community Health](#)
[Journal of Medical Ethics](#) | [Journal of Medical Genetics](#)
[Journal of Neurology, Neurosurgery & Psychiatry](#)
[Occupational & Environmental Medicine](#)
[Regional Anesthesia & Pain Medicine](#) | [RMD Open](#)

INFLUENCE

The BMJ press release coverage

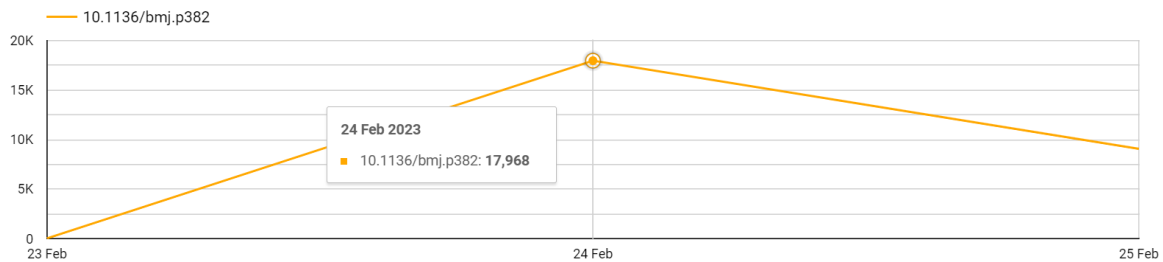
Investigation: [Gender dysphoria in young people is rising—and so is professional](#)

disagreement (PR)

[Gender dysphoria in young people is rising- and so is professional disagreement](#) Tech and Science Post 24/2/23

[Gender dysphoria in young people is rising—and so is professional disagreement](#) Medical Xpress 23/02/2023

Jennifer Block, Investigations Reporter at The BMJ, interviewed on [Times Radio \(20 mins into programme\)](#) 25/02/2023



Also in: USSA New, Mercator Net, News-Medical.Net, Psychreg, journalist Suzanne Moore's [substack](#) newsletter

Further coverage for claims backing infant formula products lacking evidence (PR):
[Most baby formula health claims not backed by science: Study](#) The Electric New Paper 21/2/23

Also in: [BBC News](#), BBC Radio Highlands & Islands, Pedfire, Study Finds, East Mojo, Epoch Times Chicago, Japan Today, Tek Deeps, The Millennial Press, Nutrients News

Other notable coverage

[Don't shun eggs - I'll happily eat TWO most days](#) The Daily Mail + MailPlus 21/2/23
(Previous PR)

Also in: Sound Health and Lasting Wealth, VN Explorer, New York Folk, Pedfire
['Why did things go wrong?': a return to Grenfell](#) The Times 22/2/23

[Dad-of-3 who 'lit up the room' dies suddenly days after surgery on broken leg](#) The Mirror 21/2/23

Also in: Manchester Evening News, The Daily Express, The Amed Post, MSN UK
[The pandemic has irreversibly changed America's health care system. Here's why we will all be feeling the consequences of delayed care for years to come](#) Fortune 22/2/23

Also in: SN Health & Fitness

[Eating a certain fruit 30 minutes before meals could lower blood sugar](#) The Daily Express 22/2/23

[New Study Links Premature Birth to Worse School Grades](#) Scitech Daily 21/2/23 **(Previous PR)**

Also in: List23, Today Headline

[LBC broadcast](#) (interview with Dr Helen Salisbury on doctors' strikes) 22/2/23

[Bird flu spreading from mammals to humans 'increasingly worrying,' experts warn](#) The Daily Star 23/2/23

Also in: The Daily Mail, The Hindu, Medical Xpress, WalesOnline + UK regional coverage, Yahoo Singapore, KuwaitTimes.net, UrduPoint Network, MSN Arabia + Malaysia + Philippines, Macau Business, JordanTimes

[I tried looking for 'microjoys' when things were rubbish. Honestly, it is life-changing](#) i News 23/2/24

[Popular non-alcoholic drinks may raise risk of heart disease](#) Daily Express 25/2/23

(Previous PR)

Also in: MSN UK

[Ethnic minority Covid death gap closes – ONS](#) BBC News 25/2/23

[Cannabis usage a teen 'time-bomb'](#) The Daily Mail 26/2/23

[The man who launched the vaccine wars](#) UnHerd 26/2/23

[Six Lifestyle Choices That Can Slow Memory Decline](#) The Week (IN) 26/2/23 (Previous PR)

JOURNALS

BMJ Health & Care Informatics

Research: [Exploring celebrity influence on public attitude towards the COVID-19 pandemic: social media shared sentiment analysis \(PR\)](#)

[Celebrities may have helped shape anti-vaccine opinions during Covid-19 pandemic, study finds](#) CNN 25/2/23

[How Much Did Celebrities Influence Public Opinion on COVID?](#) MedPage Today 21/2/23

[Celebrity tweets likely shaped US negative public opinion of COVID-19 pandemic, finds study](#) Head Topics 22/2/23

[Celebrities may have helped shape anti-vaccine opinions during Covid-19 pandemic, study finds](#) CNN 24/02/23

Also in: CIDRAP, Sansa Prime, The World News, Crosswords Today, SF Weekly, KTBS-TV + widespread US regional coverage, Advocate Channel, MSN Health CA, Newz9, Medical Economics Online, Medical Xpress, Healthnews.com, Talker.news, Ramaon Healthcare, Kaiser Health News

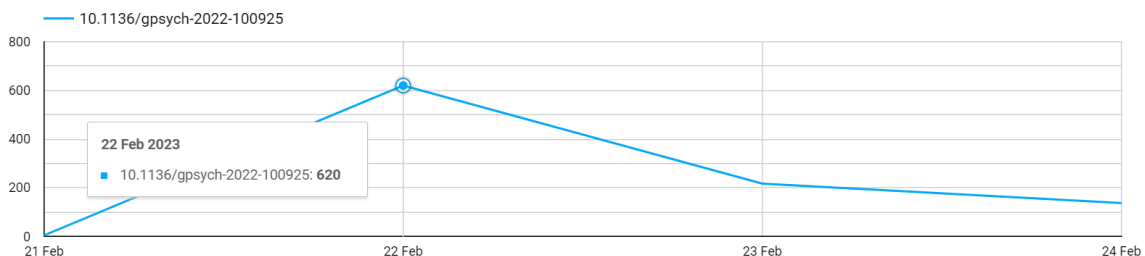
General Psychiatry

Research: [Social relationship satisfaction and accumulation of chronic conditions and multimorbidity: a national cohort of Australian women \(PR\)](#)

[Social contact and exercise key to health in later life](#) The Guardian 22/2/23

[For healthy aging, your relationships are more important than diet or exercise](#) Fortune 21/02/23

[Can friendship reduce the risk of chronic disease in women? This 20-year study shows it's possible](#) ABC News AU 22/2/23



Also in: The Times, The Daily Express, The Daily Mail/ MailOnline, The Sun + Irish + Scottish editions, The Independent, The i Newspaper, The Sunday Post, Yahoo UK, AOL UK, Oxford Mail + widespread UK regional coverage, The Irish News, Hippocratic Post, Mahalsa UK, MSN UK, BBC Radio Scotland, Medical Dialogues (IN), MSN Philippines + AU, Yahoo Singapore, Prokerala, Glamsham, Health news (US), Portugal Posts English, Express (US), KTBS-TV + US broadcast coverage, Perth Now, The Queenslander + local

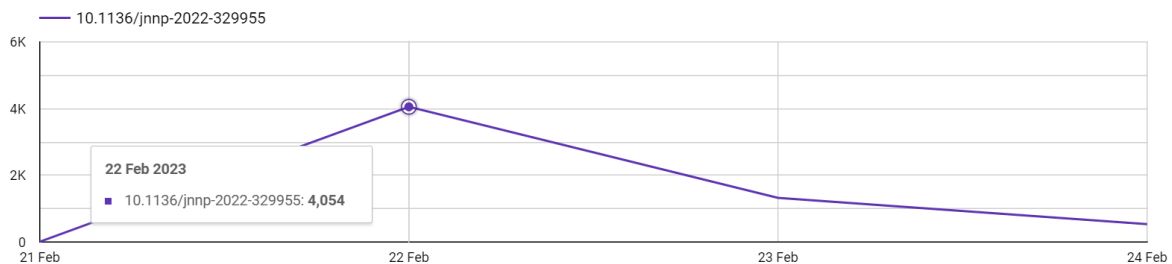
Australian outlets, International Business Times US, Yahoo.com, Hindustan Times, Mirage News AU, Koam News Now

Other: Pedfire, Todays Chronic, Sound Health and Lasting Wealth, Yours Bulletin, News Concerns, Newslanes, Samachar Central, Head Topics (UK), Study Finds, VerveTimes, Medical Xpress, Quick Telecast, Tech and Science Post, WS Tale, Health news Report, Social News XYZ, MSD Manuals, Cutoff News, Weekly Sauce, Medicine.net, The Healthcast, MSN Health & Fitness, Drugs.com, HealthDay, Verywell Mind, Psychreg.org, Web Weekly, World is One News, Everyday Health, Crossroads Today, News-Graphic, Physician's Weekly, Yahoo Finance, TechnoTrenz

Journal of Neurology, Neurosurgery & Psychiatry

Research: [Timing of physical activity across adulthood on later life cognition: 30 years follow-up in the 1946 British birth cohort \(PR\)](#)

[Social contact and exercise key to health in later life](#) The Guardian 22/2/23
[Exercise once a month in adulthood linked to better brain function later](#) UPI 23/2/23
[Whether or not you have ever lifted a weight, you can protect your brain health now](#) CNN 25/2/23



Also in: The Daily Express, The Daily Mirror, The Daily Telegraph, The Daily Mail, The Independent, iNews, The Sun, This is Local London, The Evening Standard, Asian Image, The Times + Irish edition, The World News (UK), The Impartial Reporter, Ireland Live, The National Scot, Irish Examiner + widespread UK regional coverage, My Science (UK), MSN UK, Yahoo UK, UK Daily News, The Irish Times, ITV.com

International: Fortune, CBS News, Medical Dialogues IN, The Examiner (Tasmania), Canberra Times Perth Now, + widespread Australian regional coverage, MSN Malaysia + Arabia + Philippines, The Daily Liberal (AU), The National News, KMIZ-TV + widespread US broadcast coverage, Lokmat Times, UrduPoint Network, Punjab News Express, India Online Mart, Newsroom Odisha, Can-India News Online, Daijiworld.com, ProKerala, Mirage News AU, Yahoo Singapore, MedIndia, dtNext (IN), The National (AE), Kashmir Digest, NY Breaking, Pakistan TV, Daily Sabah, US News & World Report, Nagaland Post, Portugal Posts English, MENA FN, Cosmos Magazine, International Business Times India, Newshub NZ, IANS, Guan Daily Post, US Times Post

Other: Sansa Prime, Technology Networks, Today Headline, Knowledia, MSN Health & Fitness, Sound Health and Lasting Wealth, MedPage Today, Science Newsnet, Medically Prime, Medical Xpress, Newsbeez, Drugs.com, Pulse, MedicineNet.com, The Healthcast, Newswise, Tech and Science Post, Health Medicine Network, Fatherly, Physician's Weekly, Healthgrades, NewsBreak, HealthDay, VR Explorer, Talker.news, Study Finds, Medical News Today, Alzheimer's Research UK, WebMD, American Association of Retired Persons, Revyuh News, Archyde, Express Digest, News-Medical, Technology Networks, Physio

Update, GMA Lifestyle, Medium, Health Thoroughfare, Ground News, Earth.com, Pharmacy Times, Advisory Board

[Teenagers Beware: Poor Sleep Quality May Increase Risk of Multiple Sclerosis](#) Scitechdaily 22/2/23 (Previous PR)

Also in: List23, Knowledia, Today Headline, USSA News

Annals of the Rheumatic Diseases

[Top in rheumatology: Alcohol consumption and arthritis: treatment delays amid COVID-19](#) Healio 24/02/23

BMJ Evidence-Based Medicine

[This study claims that pregnant women should avoid caffeine](#) Magic Mums 24/02/23 (Previous PR)

BMJ Global Health

[Amid Global Health Worker Shortage, CGFNS Assembles Board of Experts to Advise on Next-Generation Solutions to Streamline International Mobility for Health Workers](#) Toronto Sun 22/2/23

Also in: Associated Press, Kentucky Today, StreetInsider, National Post, InvestEgate

[COVID Poses Severe Risks during Pregnancy, Especially in Unvaccinated People](#) Scientific American 22/02/23 (Misattrib The BMJ)

[Fatty foods disrupt brain's way of calorie control](#) Borneo Bulletin 26/02/23

Also in: The Star Malaysia

BMJ Medicine

[Posts misrepresent study on myocarditis, Covid-19 vaccines](#) Yahoo News.com 23/02/23

[Clinical trials on new cancer drugs still fall far short of including key data on several demographic groups](#) Medical Xpress 23/02/23

BMJ Open

[Doctors urge Health Secretary to meet over strikes](#) Independent 23/2/23

Also in: The Evening Standard + widespread UK regional coverage, Mail Online

[Could the judicial reform be Israel's next public health crisis? -analysis](#) The Jerusalem Post 23/2/23

[Before Fetterman, many politicians have disclosed mental health problems](#) The Washington Post (misattributed to The BMJ) 22/2/23

Research: [The value of extended short-term medical training placements in smaller rural and remote locations on future work location: a cohort study](#) (External PR)

[Training doctors in regional Australia increases chances they will work there, study finds](#) ABC News AU (Misattributed to The BMJ) 24/2/23

[Extended rural placements can help students become country doctors](#) Medical Xpress 25/2/23

[Should the UK Offer Paid Menstrual Leave?](#) Daily Guardian (EU) 24/2/23

[Six Lifestyle Choices That Can Slow Memory Decline](#) The Week (IN) 26/02/23 (Previous PR- yoghurt and bad breath)

BMJ Open Diabetes Research & Care

[Being married good for your blood glucose control](#) Diabetes.co.uk 21/2/23 (Previous PR)

Also in: The Indian Subcontinent, Nation World News

BMJ Open Respiratory Research

[Balancing environmental needs with respiratory healthcare](#) The Parliament Magazine 20/02/23

BMJ Quality & Safety

[EXCLUSIVE: Treat all patients as gender neutral, NHS doctors told: Health Secretary's anger at taxpayer-funded guide that tells medics not to use pronouns until patient has confirmed them](#) The Daily Mail 20/2/23

BMJ Supportive & Palliative Care

Research; [17 One step at a time: using compassionate communities' model \(COMPASS Ghana\) to impact on the delivery of palliative and end-of-life care in resource-poor setting](#) (External PR)

[Ghana: New Model of Palliative Care to Empower Communities in Africa](#) African Eye Report 21/2/23

Also in: Scienmag, Bioengineer

[What We Could Learn from Jimmy Carter's End-of-Life Care](#) Psychology Today 25/2/23

British Journal of Sports Medicine

[Belly fat is linked to serious health issues... here is how to get rid of it in 2023](#) The Daily Telegraph

Also in: MSN Philippines + IE + Malaysia + UK, Yahoo News, MSN Health & Fitness, The Electric New Paper

[What to do if you've strained your hamstring running](#) Runners World 21/2/23

[Best Online Workout Programs Of 2023](#) Forbes 21/02/23

[The fitness cures top experts prescribe](#) The Times (2) + Irish edition 25/2/23

[Why the A-Leagues' pride round might actually work](#) The Canberra Times 25/2/23

Review: [Effectiveness of physical activity interventions for improving depression, anxiety and distress: an overview of systematic reviews](#) (External PR)

[Study backs exercise as mental health treatment](#) The Daily Mail 25/2/23

[Exercise is more effective than medication for mental health: study](#) New York Post 25/2/23

Also in: Vietnam Tribune, Economic Times (IN), News-Medical.Net, Health Europa, AniNews.in, ThePrint (IN), Kuala Lumpur Times, The Tokyo News, Philippines Times, Minneapolis News, Beijing News, The Cambodia News, Dublin News, Los Angeles Herald, Turkey News, Egypt.com, Trinidad Times, India Gazette, Manila News, Latestly, Liverpool Star, Miami Mirror, Medical Xpress, Devdiscourse, Knowledia News, MSN India, Hindustan Times, Times Now, The Senior (AU), ET Healthworld, Bharat Times, Free Malaysia Today, Express US, Your Life Choices, Breaking Latest News, BOL News (IN)

[Can You Pass the '10-Second Balance' Test? Here's Why It's the Key to a Longer Life, Says](#)

[Fitness Expert](#) NBC Miami + LA (and widespread regional NBC coverage) 25/2/23
(Previous PR)

Also in: Knowledia, CNBC

Gut

[A Potential Cause of Long COVID is Identified](#) Labroots 21/2/23 (Previous PR)

[6 Best Drinks To Reduce Inflammation](#) MSN 25/2/23

Heart

[How Bad Is It Really to Eat Air-Fried Foods Every Day?](#) Livestrong 21/2/23

Journal for Immunotherapy of Cancer

[AI/ML Enables Earlier Cancer Detection, Guided Treatment](#) BioSpace 22/02/23

Also in: Yahoo Finance

Journal of Epidemiology & Community Health

[Live-In Relationships: Does The Indian Media Have An Agenda?](#) Feminism in India
23/02/23 (Previous PR)

[Is There An Ideal Number Of Friends You Should Have?](#) Glam 26/02/23 (Previous PR)

Journal of Medical Ethics

[Court to rehear Connecticut female athletes' case against competing with boys](#) LifeSiteNews
21/2/23

Research: [Do doctors have a responsibility to help patients import medicines from abroad?](#) (External PR)

[Should doctors help patients buy drugs overseas?](#) Knowledia 25/2/23

Also in: Medical Xpress, Fresh Society, Suncoast News

[What if the placebo effect doesn't work?: A study questions what people believe about the mind healing the body](#) World Nation News 25/0/23

Journal of Medical Genetics

[Team of scientists discovers more genetic disorders in Quebec's Saguenay region](#)

CTV News Canada 26/02/23

Also in: Globe and Mail

Occupational & Environmental Medicine

[Spending more time in green spaces may help to reduce the need for meds - study](#)

MSN South Africa 25/2/23 (Previous PR)

Also in: IOL South Africa

Practical Neurology

Research: [Nitrous oxide-induced subacute combined degeneration of the cord: diagnosis and treatment](#) (External PR)

[Clinical practice guidelines to aid in diagnosis, treatment of spinal cord damage caused by nitrous oxide abuse](#) News-Medical.net 24/2/23

Also in: Newsworthy News, Glasgow World, Newsdump.co.uk, Medscape, Derbyshire Times + UK regional coverage

Regional Anesthesia & Pain Medicine

[Best Medications for Treating Acute Low Back Pain According to Scientific Analysis](#) SciTech Daily 22/02/23

RMD Open

[Uveitis in Psoriatic Arthritis Linked to Worse Quality of Life Outcomes](#) Knowledia 25/2/23

Tobacco Control

Research: [What happens in Vegas, stays in your lungs: an assessment of fine particulate matter in casinos that prohibit and allow smoking in Las Vegas, Nevada, USA](#) (External PR)

No coverage

INFLUENCE

Baroness Lister of Burtersett, Labour mentioned **The BMJ** in a [House of Lords Levelling-up and Regeneration Bill - Committee](#) 20 Feb 2023: " In a recent BMJ interview, the President of the Royal College of Paediatrics and Child Health observed that social deprivation is a far bigger problem for children's health than it was five to 10 years ago."

Altmetric

The output with the most mentions across press and social media was the press released investigation in **The BMJ** on gender dysphoria, with a score of 1,857 at time of writing:

Outputs with the most mentions in the past week

Article in **British Medical Journal**, February 2023

[Gender dysphoria in young people is rising—and so is professional disagreement](#)

Mentioned **1,857** times in the past week

Social Media

The [LinkedIn post](#) sharing the press-released research in **Journal of Neurology Neurosurgery & Psychiatry** on physical activity for brain function was the top-scoring post this week, with over 230 reactions and 15,000 total views.



BMJ

Wed 2/22/2023 4:14 pm GMT



Any regular physical activity at any age linked to better brain function in later life, finds new research [Link to full study](#) ▶...



Total Engagements	524
Reactions	233
Comments	5
Shares	49