

The logo for BMJ (British Medical Journal) in white text on a blue background.

BMJ in the News is a weekly digest of national and international news coverage in English for BMJ, The BMJ, and BMJ Journals.

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Coverage for 16 - 22 January 2023

[BMJ](#)

PRESS RELEASES

[The BMJ](#)
[BMJ Global Health](#)
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EXTERNAL PRESS RELEASES

[Annals of the Rheumatic Diseases](#)
[BMJ Global Health](#)
[British Journal of Sports Medicine](#)

OTHER COVERAGE

[The BMJ | Annals of the Rheumatic Diseases](#)
[Archives of Disease in Childhood | BMJ Case Reports](#)
[BMJ Global Health](#)
[BMJ Medicine | BMJ Nutrition Prevention & Health](#)
[BMJ Open | BMJ Open Diabetes Research & Care](#)
[BMJ Open Sports & Exercise Medicine](#)
[BMJ Quality & Safety](#)
[British Journal of Sports Medicine](#)
[Emergency Medicine Journal](#)
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[International Journal of Gynecological Cancer](#)
[Journal for ImmunoTherapy of Cancer](#)
[Journal of Epidemiology & Community Health](#)
[Journal of Medical Ethics](#)
[Journal of Neurology, Neurosurgery & Psychiatry](#)

[INFLUENCE](#)

BMJ

Further coverage for BMJ Impact Analytics (corporate announcement):

[BMJ and Overton partner to launch research impact tool, BMJ Impact Analytics focused on health and social care - January 12, 2023](#) Knowledge Speak 17/1/23

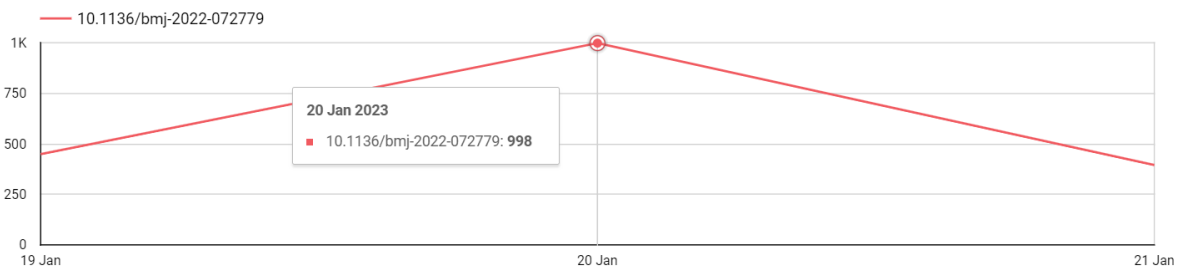
The BMJ press release coverage

Research: [Gestational age at birth and cognitive outcomes in adolescence: population based full sibling cohort study \(PR\)](#)

[Preterm Birth Tied to Lower IQs, Poorer School Grades](#) HealthDay 19/1/23

[Premature birth is associated with lower grades in adolescence: Study](#) ThePrint IN 19/1/23

[Preterm Birth Tied to Lower IQs, Poorer School Grades](#) Drugs.com 19/1/23

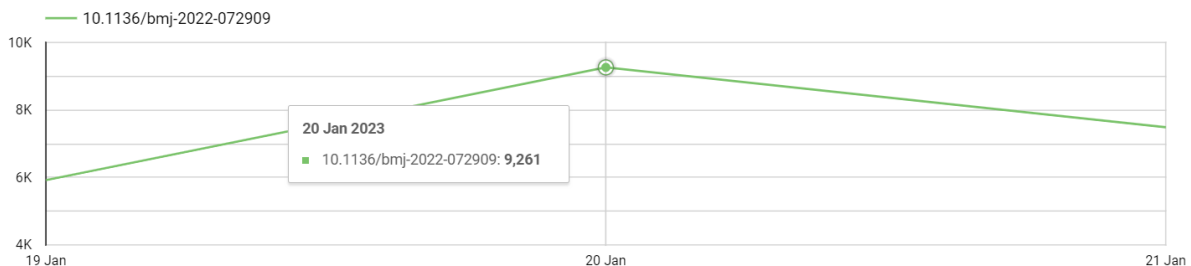


Also in: Mirage News AU, UP Today, Punjab Live, AniNews.in, Indian Economic Observer + widespread Indian regional news coverage, Antelope County News, Missoulia Online, WISC-TV + widespread US regional news coverage, Canada Standard, Turkey News, Odisha Post, Scandinavia Times, Statesman India, Dublin News, Irish Daily Sun, Big News Network, Medical Xpress, Knowledia, News Max, MedicineNet.com, Techie Mag, Always First, Latestly

Research: [Association of omega 3 polyunsaturated fatty acids with incident chronic kidney disease: pooled analysis of 19 cohorts \(PR\)](#)

[Eating oily fish twice a week could lower risk of kidney disease](#) The Guardian 19/1/23

[Scientists suggest eating oily fish linked to lower risk of kidney disease](#) Welcome To Naijamerit 19/1/23



Also in: Times Radio broadcast, Business Times UK, MSN UK + IE, Yahoo UK, Mirage News UK, MSN South Africa, Portugal Posts English, NewsPages.co.za, EURONEWS, WDC TV, Scienmag, Medical Xpress, Archynetys.com, Knowledia, News Concerns,

Englemed Health News, News-Medical.Net, Medscape, ReachMD

Further coverage of long covid (PR):

[Most long covid effects resolve within year after mild infection](#) Mirage News AU 17/1/23
[Three years on, patients living with Covid speak about their plight](#) The National UAE 19/1/23 (print)

Also in: CBC News CA, Voice of Islam Radio broadcast, The National News, Vaaju, Today's Chronic, Gizmodo, Techno Charger, Web Today (US), Quick Telecast, Swift Telecast, Knowledia News, VerveTimes, User Walls, Medical Dialogues (IN), Medical Xpress, Newsworthy News, MedicalBrief South Africa, Healio, People's Pharmacy, QC Times + widespread US regional coverage, Yahoo Lifestyle

Other notable coverage

[Andrew Bridgen: how anti-vaccine misinformation hampers the conversation about genuine vaccine injuries](#) Devdiscourse 16/1/23

Also in: Economic Times IN

[MTG Asks If COVID Vaccines Are Linked with Fetal Demise. Here's the Science](#) Newsweek 17/1/23

[Artificial sweeteners may not be the culprit behind deaths caused by heart attacks: Study](#) The Economic Times IN 17/1/23 (**Previous PR**)

BBC Radio 4 broadcast on [proportion of female surgeons](#) 17/1/23

[Help people to lead healthier lives or face the consequences](#) The Times + Irish edition 18/1/23

[35 of the best non-alcoholic drinks: alcohol-free wines, gins, beers and more to enjoy this Dry January](#) Glamour magazine 17/1/23

[Antidepressants are over-prescribed, but genuinely help some patients](#) The Economist 18/1/23

[How A 'Silly Walk' Can Help You Burn More Calories](#) Health Digest 18/1/23 (**Previous PR**)

Also in: The Independent/ Indy 100, MSN UK

[Grey the most popular new car colour in 2022 - because Brits are savvy](#) The Daily Mail 19/1/23

[In times of grief and mourning, Midwest wellness retreats offer guided healing](#) Chicago Tribune 19/1/23

[This England: Cottage pyre](#) The New Statesman 20/1/23

Also in: 24 News Online, Beijing News, Nigeria Sun, Manila News, The Tokyo News, New Delhi Times

[World needs universities to foster global cooperation to prevent the next pandemic](#) South China Morning Post 19/1/23

[Minimum effort, maximum reward: 6 simple, science-backed changes that will transform your health](#) BBC Science Focus 19/1/23

[The secretive hard-Left group driving the NHS junior doctors' strike](#) The Telegraph 20/1/23

[Spinal injuries consultant who advised on safer rugby](#) The Sunday Times 22/1/23

JOURNALS

BMJ Global Health

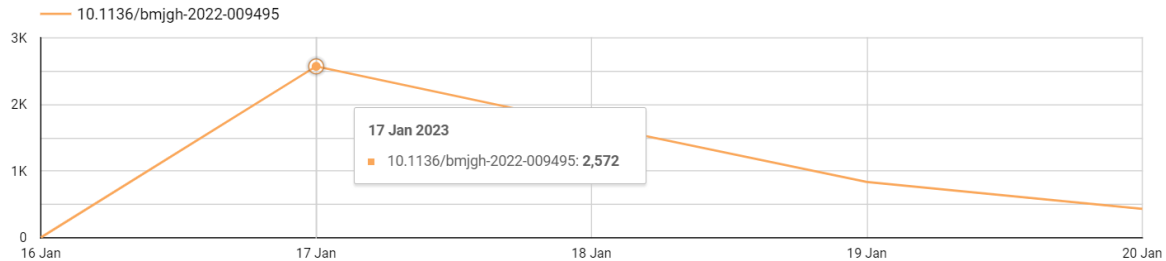
Research: [Adverse maternal, fetal, and newborn outcomes among pregnant women with SARS-CoV-2 infection: an individual participant data meta-analysis](#) (PR)

[Covid increases risk of grave illness and death in pregnant women – study](#) The Guardian

16/1/23

[Large new review underscores the risks of Covid-19 during pregnancy](#) CNN + CNN International 17/1/23

[COVID increases risk of maternal death](#) The Jerusalem Post 17/1/23



Also in: MSN UK, Western Mail + widespread UK regional news coverage, Yahoo UK, Business Times, UPI, Forbes, Fortune, The Economic Times (IN), The Seattle Times, WVNY-TV + widespread US regional broadcast coverage, ThePrint (IN), Punch + Healthwise Punch (Nigeria), Latest Nigerian News, Italy 24 News, Mirage News AU, Pakkikhabar, Newsroom Odisha, Can-India News, Lokmat Times (IN), Business Standard Mumbai, AniNews.in, Canada Standard, CIDRAP, Medical Dialogues (IN), INDIA TV

Other: HealthDay, Sansa Prime, Scienmag, Internewscast, News Break, News Beezer, Vaaju, Quick Telecast, MSN Health & Fitness, Teller Report, Today's Clinical Lab, News Break, Finno Expert, World Today News, Medical Xpress, Englemed Health News, Latestly, The Science Times, News Medical, Ruetir, Headlines Mania, WebMD, Knowledia, Health Cast, Medscape, Vaaju, News Azi, Nursing In Practice, One News Page, Healthgrades, The World Socialist, Federal Practitioner

[What??? "more than one billion young people are at risk of hearing loss partly due to the rise of headphone and earbud usage"](#) Activist Post 16/1/23 (**Previous PR**)

Also in: Drug Genius

Analysis: [Pandemic preparedness and response: beyond the Access to COVID-19 Tools Accelerator](#) (External PR)

[Sharing Vaccine Intellectual Property with Global Community Could Save Millions of Lives](#)

ReachMD 19/1/23

Also in: Mirage News AU

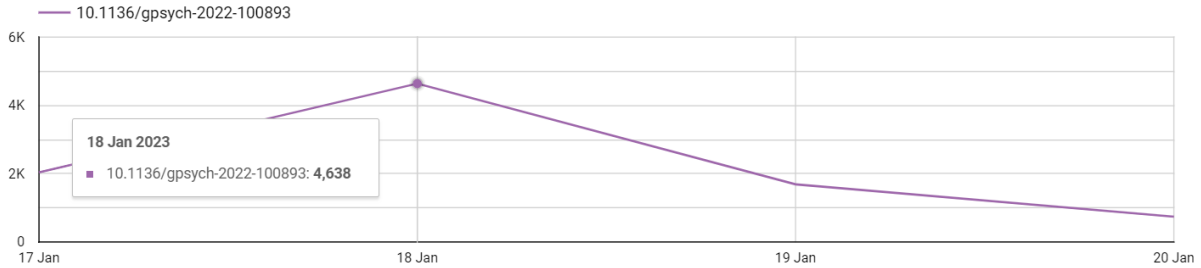
General Psychiatry

Research: [Alteration of faecal microbiota balance related to long-term deep meditation](#) (PR)

[How to improve mental and physical health in 2 simple ways: meditate and get outdoors, studies suggest](#) South China Morning Post 22/1/23

[Meditation may improve health by altering the gut. study of Buddhist monks suggests](#) The Guardian 17/1/23

[Meditation may alter gut microbes. study of Tibetan monks suggests](#) UPI 18/1/23



Also in: i Newspaper, The Times + Irish edition, Independent, The Daily Mail + MailOnline, Evening Standard, Irish Examiner, The National Scot, Oxford Mail, Belfast Telegraph + widespread UK regional coverage, BBC Radio Northampton broadcast, AOL UK, Asian Image, Business Times, Yahoo UK, Irish News, The British Club, Psychology Today (UK), Mirage News AU, Pakkikhabar, Web Today US, Daily Nigerian, India Online Mart, IANSLive IN, Arizona Daily Sun + widespread US regional coverage

Other: HealthDay, Study Finds, News Break, Business Fast, News Cabal, Scienmag, Knowledia, Medical Xpress, Swift Telecast, Express Digest, Supreme Magazine, Englemed Health News, Internewscast, Sound Health & Lasting Wealth, Medically Prime, Newswise, User Walls, Prime Publishers, Earth.com, News Break, News Azi, Weekly Sauce, News-Medical.Net

[New Research: Blood Pressure Highly Likely To Cause Neurotic Personality Trait](#) SciTech Daily 17/1/23 (**Previous PR**)

Also in: Knowledia, List23, FocusTechnica

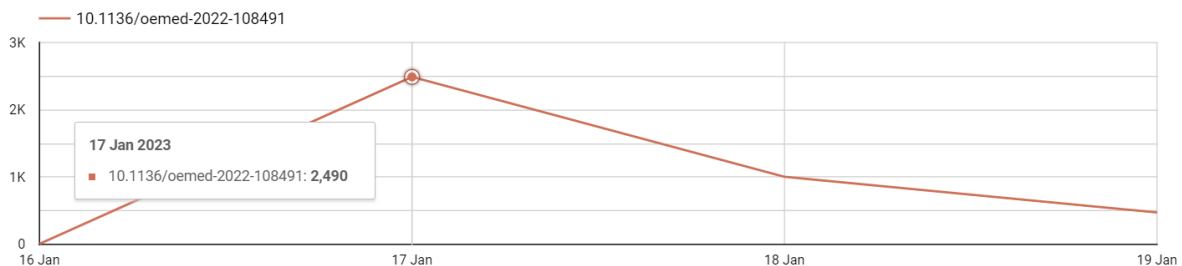
Occupational & Environmental Medicine

Research: [Cross-sectional associations of different types of nature exposure with psychotropic, antihypertensive and asthma medication](#) (**PR**)

[Nature could be antidote to anxiety, blood pressure medications, study says](#) UPI 17/1/23

[Enjoying nature may lessen need for some medications, study finds](#) CNN 18/1/23

[Visiting green spaces deters mental health drug use, researchers find](#) The Guardian 17/1/23



Also in: Yahoo UK, ABC Columbia, KYMA-TV, The State + widespread US broadcast/ news coverage, Pehal News, Mirage News AU, AP Direct IN, Doonited News IN, International Business Times, Sansa Prime, Vaaju, Scienmag, News Break, MSN Health & Fitness, News Lanes, ScienceAlert, Medical Xpress, Tech and Science Post, News-Topic, Physician's Weekly, Medical Daily

Annals of the Rheumatic Diseases

[Diabetes pill helps stave off knee op](#) The Daily Mail 17/1/23 (misattributed to BMJ Open)

Research: [Efficacy and safety of bimekizumab in axial spondyloarthritis: results of two parallel phase 3 randomised controlled trials](#) (External PR)

[Phase III Trials Back Bimekizumab for Spondyloarthritis](#) MedPage Today 17/1/23

Also in: MarketScreener, TickerTech, Spoke, Quertle, BambuUP, HealthEconomics.com, Yahoo Finance, Knowledia, FOX-TV, KAIT-TV + widespread US regional coverage

[Adding TNF inhibitor, triple therapy to RA treatment improves vascular inflammation](#) Healio 17/1/23

Archives of Disease in Childhood

[Study finds program to prevent cerebral palsy in premature babies is effective](#) ScienceDaily 16/1/23

Also in: Study Finds, [BBC News](#)

[Expert tips for choosing the best white noise devices for babies](#) The Daily Mail (misattributed to The BMJ) 20/1/23

BMJ Case Reports

Further coverage for open water swimming risk of fluid on lungs (PR):

[Open water swimming poses a serious risk that few people know about: ScienceAlert](#) Vaaju 16/1/23

Also in: Quick Telecast, Best in Technology, Newslanes, US Today News, MedPage Today

BBC Radio 4, [Sliced Bread](#) on energy drinks 20/1/23 ([Previous PR](#))

BMJ Medicine

[Clinical trials on trial](#) Politico 19/1/23

BMJ Nutrition Prevention & Health

[Is cheese good for you? It might be healthier than you think...](#) The Times 19/1/23 ([Previous PR](#))

[Top Foods for Fighting RA Inflammation](#) Health Central 19/1/23

BMJ Open

[How to slow down – and improve your fitness](#) The Times + Irish edition 17/1/23

[Is NHS 111 fuelling dire emergency care crisis?](#) The Daily Mail 17/1/23

Also in: Sound Health & Lasting Wealth

[Effective and Safe Pregnancy Pain Relief: Acupuncture Shown To Ease Lower Back Pain](#) Focus Technica 17/1/23 ([Previous PR](#))

[What's Wrong With Having the Perfect Body?](#) Psychology Today 19/1/23

[If you suffer from bad breath, eat these three foods](#) The Jerusalem Post 20/1/23 ([Previous PR](#))

BMJ Open Diabetes Research & Care

[Older diabetes drugs may lower dementia risk](#) Times Live South Africa 17/1/23 (**Previous PR**)

Also in: Knowledia

BMJ Open Sports & Exercise Medicine

[From sword swallows to acrobats, contortionists, and clowns: New research to help prevent injury in circus artists](#) Medical Xpress 19/1/23

[SPC says yoga is “not fitness”, but what does science say? These are six BENEFITS](#) TekDeeps 19/1/23

BMJ Quality & Safety

[Research describes challenges of ER care for mental health and substance use disorder patients](#) Scienmag 20/1/23

Also in: Mirage News Australia, Medical Xpress

[Incorporate safety-netting advice into the whole consultation. GPs advised](#) Pulse 19/1/23

British Journal of Sports Medicine

[Weight training is key to slowing loss of muscle mass](#) Vancouver Sun 16/1/23 (**Previous PR**)

Also in: The Timmins Times + widespread Canadian regional coverage, The Jewish Voice

[BBC Ulster broadcast on Covid-19 vaccine safety for athletes](#) 17/1/23

[What's the difference between Pilates vs yoga and which is the most effective workout?](#) Marie Claire 17/1/23 (misattributed to The BMJ)

[How balance exercises contribute to healthy aging](#) MSN Sports & Exercise 19/1/23 (**Previous PR**)

Research: [Epidemiology of MRI-detected muscle injury in athletes participating in the Tokyo 2020 Olympic Games](#) (**External PR**)

[Heartbreak in Tokyo: Muscle-Tendon Injuries at Olympics](#) Mirage News AU 20/1/23 (**Previous PR**)

Also in: Medical Xpress, ReachMD, News-Medical.Net, Asia Post

[Minimum effort, maximum reward: 6 simple, science-backed changes that will transform your health](#) BBC Science Focus 19/1/23

[The Art and Science of Fitness | Of pregnancies and active lifestyles](#) Hindustan Times 19/1/23

Emergency Medicine Journal

[Lest we forget: our NHS crisis is the deadly legacy of George Osborne's austerity](#) The Observer 15/1/23

Also in: BBC Radio 4 broadcast - More or Less, BBC 1 - [Politics South East](#) (1m13s), News Break, VN Explorer, MSN UK, [The Economist](#)

Gut

Further coverage for antibiotic use and risk of IBD (PR):

[Frequent Use of Antibiotics Linked With Higher Odds for Crohn's, Colitis](#) Medicine Net 18/1/23

[Warning as popular drinks 'increase your risk of bowel cancer by 7%'](#) The Sun + Irish + Scottish Sun 22/1/23

Heart

[What Is the Green Mediterranean Diet—And Should You Try It?](#) Health.com 19/1/23

Also in: MSN Health & Fitness

[Fact Check-No evidence COVID-19 vaccines are linked to athletes collapsing or dying](#)

Reuters 21/1/23

International Journal of Gynecological Cancer

[A woman went to the doctor because she'd put on weight and her stomach hurt. Doctors found an 86-pound tumor growing from her ovary.](#) Business Insider India 20/1/23

Also in: MSN Philippines, MSN Health & Fitness, News Break, Yahoo! Canada

Journal for ImmunoTherapy of Cancer

[New drug combination may effectively treat often fatal childhood brain tumor.](#) Medical Xpress 17/1/23

Journal of Epidemiology & Community Health

[John Colley obituary](#) The Guardian 18/1/23

Also in: Yahoo UK

Journal of Medical Ethics

[La Trobe University Research Reveals Issues Around Aged Care And Intimacy](#) India Education Diary 16/1/23

[Risks Outweigh Benefits for College Student COVID Shots](#) Heartland Daily News 19/1/23

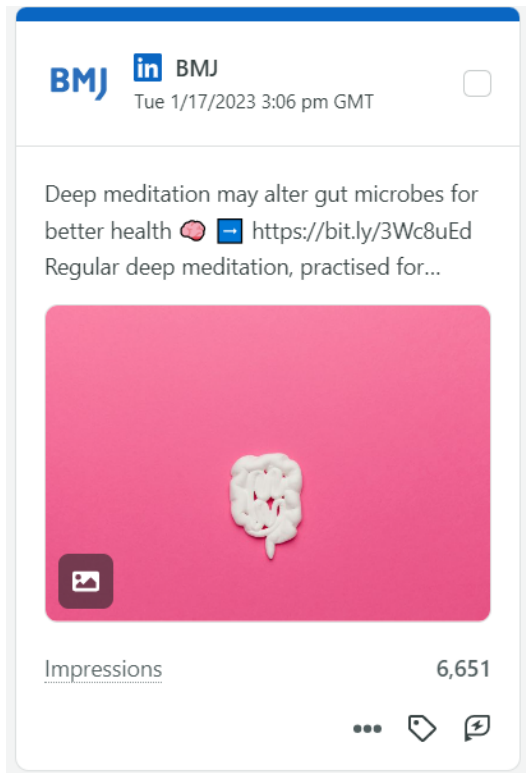
Journal of Neurology, Neurosurgery & Psychiatry

[RL set to follow union on setting new tackle limits](#) The Mail on Sunday + MailPlus (misattributed to The BMJ) 22/1/23 (**Previous PR**)

INFLUENCE

Social Media

Performing extremely well across BMJ corporate social media accounts was the [LinkedIn post](#) promoting the press released research in [General Psychiatry](#) on meditation's effect on the gut microbiome. The post generated 74 reactions, 90 clicks on the link, and was viewed over 6,500 times.



Altmetric

This week, research and opinion on covid-19 continue to generate the most mentions across news and social media.

Outputs with the most mentions in the past week

Article in **British Medical Journal**, January 2023

[Long covid outcomes at one year after mild SARS-CoV-2 infection: nationwide cohort study](#)

Mentioned **1,126** times in the past week

Article in **Journal of Medical Ethics**, December 2022

[COVID-19 vaccine boosters for young adults: a risk benefit assessment and ethical analysis of mandate policies at universities](#)

Mentioned **845** times in the past week