

The logo for BMJ (British Medical Journal) in white text on a blue background.

BMJ in the News is a weekly digest of national and international news coverage in English for BMJ, The BMJ, and BMJ Journals.

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Coverage for 5–11 December 2022

[BMJ](#)

PRESS RELEASES

[The BMJ](#)
[Annals of the Rheumatic Diseases](#)
[British Journal of Sports Medicine](#)
[Gut](#)

EXTERNAL PRESS RELEASES

[The BMJ](#) | [Annals of the Rheumatic Diseases](#)
[British Journal of Sports Medicine](#)
[Gut](#) | [BMJ Open](#) | [BMJ Open Gastroenterology](#)
[Journal of Medical Ethics](#) | [RMD Open](#) | [Tobacco Control](#)

OTHER COVERAGE

[The BMJ](#) | [BMJ Case Reports](#)
[BMJ Global Health](#) | [BMJ Open](#)
[BMJ Quality & Safety](#) | [British Journal of Ophthalmology](#)
[British Journal of Sports Medicine](#)
[General Psychiatry](#) | [Heart](#)
[Journal of Investigative Medicine](#)
[Journal of Neurology, Neurosurgery & Psychiatry](#)
[Occupational & Environmental Medicine](#)
[Tobacco Control](#)

[INFLUENCE](#)

[BMJ](#)

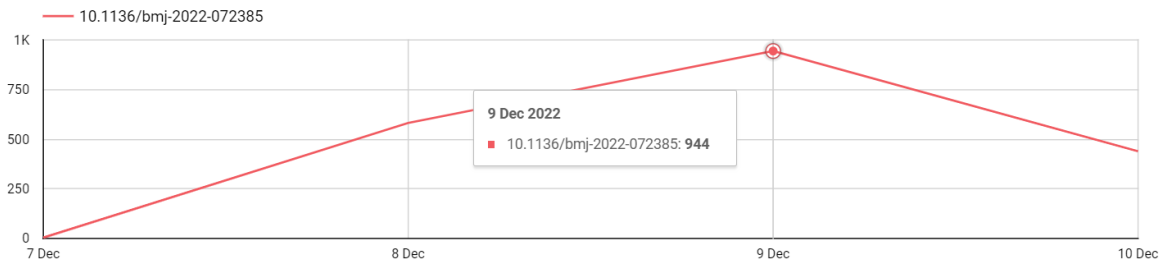
[University of Birmingham, U.K. announces 'all language capability' for tool to expedite Long COVID research](#) Street Insider 9/12/22

Also in: Finanzen.net, Benzinga + widespread syndicated news coverage

[The BMJ press release coverage](#)

Research: [Global burden of type 2 diabetes in adolescents and young adults, 1990-2019: systematic analysis of the Global Burden of Disease Study 2019](#) (PR)

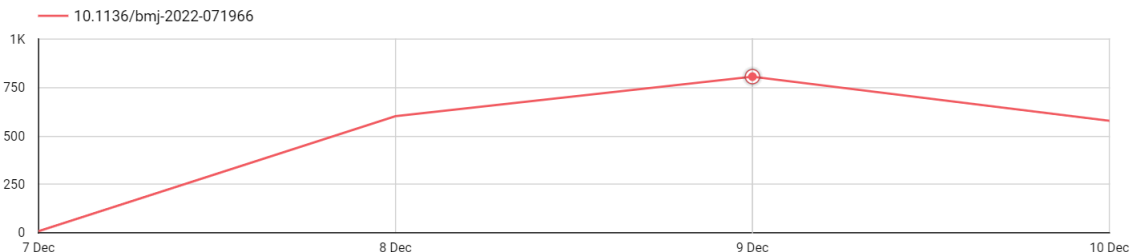
[Sunak faces backlash over delay to junk food pre-watershed ads ban](#) The Guardian 8/12/22
[Britain has world's biggest increase of early-onset diabetes](#) The Times + Irish edition 8/12/22
[UK is worst in world for diabetes rise in the young](#) The Daily Mail + Mail Plus 8/12/22



Also in: UK-Times, UK Today News, DUK News, The Sun + Scottish + Irish Sun, Mahalsa UK, ThePrint, WebIndia123, Mirage News AU, Express Digest, Medically Prime, Study Finds, Pedfire, Sound Health and Lasting Wealth, MedPage Today, News 7 Trends, Healio, Medscape, Drugs.com, Big News Network, Devdiscourse, Knowledia, MSN, Physician's Weekly, HealthDay

Research: [Efficacy of awake prone positioning in patients with covid-19 related hypoxemic respiratory failure: systematic review and meta-analysis of randomised trials](#) (PR)

[Lying prone reduces need for breathing tube in Covid-19 patients](#) ScienMag 8/12/22



Also in: UK Today News, Reporter Wings, Independent Eagle, Finno Expert, The Sun Best, Mirage News AU, Medical Xpress

Opinion: [How to make Eczema Care Online freely available](#) (External PR)

[Website Developed By University Of Southampton Helps Improve Eczema In Children And Young People](#) India Education Diary 9/12/22

Also in: Medical Xpress, UK Today News

Further coverage for covid vaccine efficacy in children (PR):

[Covid vaccines reduce death risk in children 'regardless of variant'](#) Nursing Times 6/12/22

Also in: Doonited News

Other notable coverage

[It's not just a lack of social care that's keeping older people trapped in hospital beds](#) The Guardian 6/12/22

[STRETCH IT OUT I'm a doctor – here's the 3 ways you can relieve neck pain instantly](#) The Sun + Scottish + Irish edition 5/12/22

Also in: ChroniclesLive

[The uptake of MMR vaccines is lower in deprived neighbourhoods](#) Health Europa 6/12/22

[FDA takes tougher line on fast-tracked drugs](#) Fox Business 6/12/22

[Forcing Helmets On Cyclists Would Crush Bicycle Use, Says U.K. Transport Minister](#) Forbes 7/12/22

[Dominique Lapierre, author of best-selling historical narratives, dies at 91](#) The Washington Post 7/12/22

[Dame Clare Marx Obituary](#) The Daily Telegraph 8/12/22

Also in: Times Radio 10/12/22

[As the Michelle Mone PPE scandal deepens, ministers can no longer feign ignorance](#) The Guardian 8/12/22

[China's health system isn't ready for the end of "zero Covid"](#) Vox 8/12/22

[The price of 'sugar free': are sweeteners as harmless as we thought?](#) The Guardian 9/12/22

(Previous PR)

Also in: Business Telegraph

[Ailing half: Editorial on gender bias in healthcare](#) Telegraph India 9/12/22

['I'm afraid A&E will collapse': The NHS winter crisis erupts after years of warnings](#) i News 10/12/22

[Midwives 'calling in sick because they can't afford travel'](#) The Herald Scotland 10/12/22

(Previous PR)

[Private ultrasound clinics in the UK are profiting from our anxiety](#) The Guardian (Observer) 10/12/22

JOURNALS

Annals of the Rheumatic Diseases

Research: [Occupational inhalable agents constitute major risk factors for rheumatoid arthritis, particularly in the context of genetic predisposition and smoking](#) (PR)

[Common workplace fumes, dusts may heighten rheumatoid arthritis risk](#) Hindustan Times 7/12/22

[Common workplace fumes may increase rheumatoid arthritis risk](#) Health Europa 07/12/22

[Workplace toxins may raise risk of rheumatoid arthritis](#) UPI 9/12/22

Also in: Doonited News (IN), Medical Dialogues, ThePrint (IN), Auburn Pub, La Crosse Tribune, KXLY-TV + widespread US regional coverage, Lokmat Times (IN), ET Healthworld, Mirage News AU, Scandinavia Times, Sweden Sun, Nationaltribune.com.au, Medical Dialogues (IN), Ausdoc (AU), ANI News, US News & World Report, Economic Times (IN), Medical Republic (AU), News9 (IN). The News.com (PK), MedIndia, Rheuma.com (AU), Webindia123

Other: Medically Prime, Medical Xpress, News Azi, HealthDay, Always First, Knowledia News, Big News Network, Devdiscourse, FREE REPUBLIC, Head Topics, Physician's Weekly, Medpage Today, News Break, Thepress.net, DoctorsLounge, The Health Cast, Drugs.com, Study Finds, Medical Update, Take One Digital Network, NewsAchieve, Flipboard, News Now, Health Digest

Research: [Reducing cardiovascular risk with immunomodulators: a randomised active comparator trial among patients with rheumatoid arthritis](#) (External PR)

[Rheumatoid arthritis drugs lower risk of heart disease, study shows - ScienceDaily - Health Reporter](#) Health Reports 11/12/22

[Study: Risk of heart disease can be reduced by rheumatoid arthritis medicine - ET HealthWorld](#) Economic Times India 10/12/22

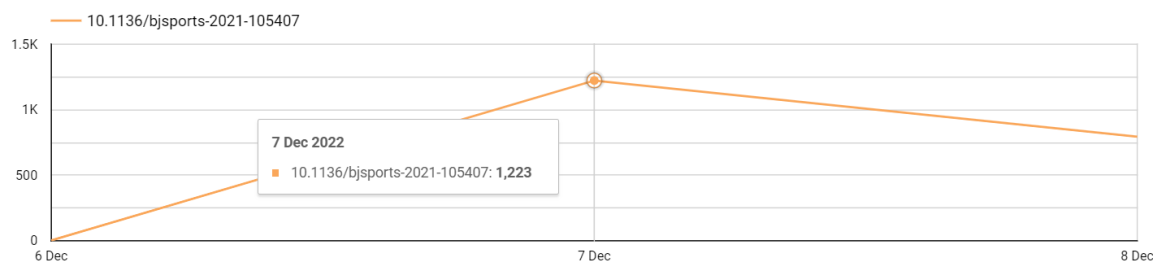
Also in: The Hindustan Times, ThePrint, Big News Network, Medscape, Mirage News AU, Medical Xpress, Medwire News, Medpage Today

British Journal of Sports Medicine

Research: [Hamstring injury rates have increased during recent seasons and now constitute 24% of all injuries in men's professional football: the UEFA Elite Club Injury Study from 2001/02 to 2021/22 \(PR\)](#)

[Hamstring injuries double in Europe Kuwait Times](#) Kuwait Times 07/12/22

[Research finds modern football pulling at hamstrings](#) The Malaysian Insight 07/12/22



Also in: News9 Live, Mirage News, Express Tribune (PK), Livemint (IN), Daily Sabah, msn.com, Today, Bangladesh Daily Observer, Mirage News (AU), Fremont Tribune + widespread US regional coverage, Lokmat Times, Business Insider India, Reporter Wings, Medical Xpress, Upturn Lab, Spectrum News, The Score, Talker.news, Science Newsnet, Latestly, Englemed Health News, Medical Xpress, msn.com, Physio Update

[Exercise May Increase the Effectiveness of Your Covid-19 Vaccine, a New Study Found: Here's How to Get the Most Benefit](#) NBC Chicago 5/12/22 **(Previous PR)**

Also in: MSN Health & Fitness, Knowledia, WVIT-TV + widespread US regional coverage

Research: [Healthspan and chronic disease burden among young adult and middle-aged male former American-style professional football players](#) **(External PR)**

[Study explores whether former football players age faster](#) AniNews 9/12/22

[Retired football players more likely to report age-related diseases](#) UPI 10/12/22

Also in: Indian Economic Observer, The London News, Daily Prabhat + widespread Indian regional coverage, Britain News, Medical Xpress, Big News Network, India News Network, The Tribune India, ThePrint.in, Pedfire, Punjab Live, Head Topics, IMPACT, Paintsville Herald, KULR-TV + widespread US regional coverage, News Azi, DoctorsLounge, Always First

[HealthWatch: 10-Second Balance Test](#) WFRV-TV 10/12/22 **(Previous PR)**

[I challenged myself to walk for an hour every day, and I was surprised by how much it improved my mental and physical health](#) MSN 10/12/22

Also in: Business Insider Online

Gut

Research: [Lifestyle factors for the prevention of inflammatory bowel disease \(PR\)](#)

[Crohn's disease and ulcerative colitis 'may be preventable through healthy lifestyle'. study suggests](#) Scotsman 7/12/22

[Maintaining a healthy lifestyle can prevent inflammatory bowel disease](#) Health Europa 07/12/22

[Maintaining healthy lifestyle might prevent up to 60% of inflammatory bowel disease cases, suggests new research](#) Tech and Science Post 7/12/22

Also in: MSN UK, The Independent, Doonited News (IN), NY Breaking, Mirage News (AU), Medical Dialogues India, MSN India, WISC-TV, Daily News (US), Nursing Path (IN), US News & World Report, Medical Xpress, Head Topics, Drug Today, AskByGeeks, FREE REPUBLIC, News Break, news-shield.com, Physician's Weekly, Medical Update, HealthDay, Nursing Times, Bel Marra Health, MedPage Today, Newsbeezer, Doctors Lounge, NewsAchieve, Blackdoctor.org, Health.com, Newschain, Practice Update, Public Newstime, Bionews Central

Research: [Isoformic PD-1-mediated immunosuppression underlies resistance to PD-1 blockade in hepatocellular carcinoma patients \(External PR\)](#)

[Novel immunotherapeutic target against hepatocellular carcinoma](#) Medical Xpress 8/12/22

Also in: Mirage News AU

BMJ Case Reports

[What is the right amount of vitamin D you need? Can too much hurt you?](#) MSN India 8/12/22
(Previous PR)

BMJ Global Health

[Eating 400 calories a day from these foods can increase the risk of dementia by more than 20%](#) Headlines Mania 7/12/22

[Over a billion young people at risk for hearing loss, the CDC says](#) WPSD-TV 9/12/22

(Previous PR)

BMJ Open

[Acupuncture may relieve lower back or pelvic pain in pregnancy](#) Nursing Times 6/12/22

(Previous PR)

[Poor MMR Uptake 'Hotspots' Need to be Tackled](#) Medscape 6/12/22

Research: [Mixed methods evaluation of the Getting it Right First Time programme in elective orthopaedic surgery in England: an analysis from the National Joint Registry and Hospital Episode Statistics \(External PR\)](#)

[NHS hip and knee op improvements cut hospital stays and boost quality of life](#) Daily Express 6/12/22

Also in: The Washington Time, Verve Times, MSN Arabia + UK, Mirage News, News Explorer, 24HTECH, Medical Xpress

[Hormone replacement therapy may reduce the risk of death from COVID-19 in postmenopausal women](#) Tek Deeps 6/12/22 (Previous PR)

BMJ Open Gastroenterology

Research: [Variables associated with progression of moderate-to-severe Crohn's disease](#) (External PR)

[Perianal Disease, Strictureing or Penetrating Behavior Tied to Crohn Disease Outcomes](#) Elko Daily 15/11/22

Also in: Missoulian + widespread US regional coverage, DoctorsLounge, Medical Xpress

BMJ Quality & Safety

[LBC radio broadcast on nursing skill mix in European hospitals](#) 5/12/22

Also in: BBC World Service

[Woman's blood cancer misdiagnosed as carpal tunnel due to burning hand pain](#)

Independent 6/12/22

Also in: VN Explorer, Yahoo UK

British Journal of Ophthalmology

[Poor diet increases your risk of vision impairment by almost 30%, research suggests](#) The Daily Express 5/12/22

Also in: TechAzi, MSN UK

[Full-field electroretinography may help evaluate retinal function in patients with retinal vasculitis](#) Medical Dialogues 8/12/22

General Psychiatry

[Scientists Just Found a Surprising Link Between Your Blood Pressure and Your Mood](#) Best Life 6/12/22 (Previous PR)

Also in: MSN Health & Fitness + Malaysia + Singapore

Heart

[Alarming rise in sudden heart attacks among Indians post-Covid, docs worried](#) Lokmat Times 6/12/22 (Previous PR)

Also in: MSN India, Pro Kerala, INDIA New England Online

Further coverage for prevalence of 'meth' heart failure (PR):

['Meth' heart failure in socioeconomic groups?](#) Medical Dialogues (IN) 6/12/22

Also in: Knowledia, Medscape, MDedge Cardiology

[What could precipitate heart attacks in the young? Experts give reasons](#) The Hindu 11/12/22

Journal of Investigative Medicine

['Drinking drastically increases your risk of mouth cancer' – other symptoms to spot](#) The Daily Express 7/12/22

Journal of Medical Ethics

Extended essay: [COVID-19 vaccine boosters for young adults: a risk benefit assessment and ethical analysis of mandate policies at universities](#) (External PR)

[COVID Booster Mandates for University Students 'Expected to Cause Net Harm': Study](#) Vision Times 7/12/22

Also in: Before It's News, Republic Broadcasting

Journal of Neurology, Neurosurgery & Psychiatry

[Obesity at MS diagnosis linked to higher current and subsequent levels of disability](#) Medical Dialogues IN 6/12/22 (Previous PR)

Occupational & Environmental Medicine

[Qatar World Cup Spotlights Health Risks of a Hotter Planet](#) Bloomberg 5/12/22

RMD Open

Research: [Suprascapular nerve block for the treatment of adhesive capsulitis: a randomised double-blind placebo-controlled trial](#) (External PR)

[Frozen shoulder treatment success](#) Medical Republic AU 5/12/22

Tobacco Control

Research: [Addiction potential of combustible menthol cigarette alternatives: a randomised cross-over trial](#) (External PR)

[Pipe tobacco, other products could provide loophole to menthol cigarette ban](#) UPI 9/12/22

Also in: Weekly Sauce, Denison Bulletin + widespread US regional coverage, US News & World Report

[Ban on fruit-flavored e-cigarettes didn't reduce vaping](#) UPI 6/12/22

Also in: Tewksbury Town Crier, KULR-TV + widespread US regional coverage, DoctorsLounge, De Queen Bee, MedicineNet.com



[How Sub-Saharan Africa can significantly reduce its cigarette consumption](#) IOL South Africa 6/12/22


INFLUENCE


Social Media

The most viewed post across BMJ corporate social channels was a Tweet to promote BMJ's inaugural Research Forum, which generated almost 11,500 impressions.

The Instagram post promoting the press-released research from **Gut** on healthy lifestyle and IBD was the top post for engagements, with almost 500 likes, comments, and saves.



@bmj_company
 Fri 12/9/2022 10:09 am GMT

 Welcome back to Day 2 of our inaugural BMJ Research Forum! After a day of stimulating and thought...



Impressions 11,439



bmj_company
 Fri 12/9/2022 9:10 am GMT

Adopting and maintaining a healthy lifestyle might prevent up to 60% of inflammatory bowel disease cases—Crohn's disease and...



HEALTHY CRITERIA REFINED AS
 BMI 218.5 to 25 kg/m²
 Never smoking
 Physical activity >7.5 metabolic equivalent of task (MET)-hours/week
 Fruit and vegetables >8 servings/day
 Red meat 0.5 servings/day
 Fiber >30 g/day
 Plant-based protein >4 g/day/week

Total Engagements **486**
Likes **334**
Comments **6**
Saves **146**