

The logo for the British Medical Journal (BMJ), consisting of the letters 'BMJ' in a bold, white, sans-serif font on a blue background.

**BMJ in the News** is a weekly digest of national and international news coverage in English for BMJ, The BMJ, and BMJ Journals.

The content is provided daily by Cision and Google Alerts. The views expressed are those of the individual journalists/outlets: they are intended to represent the breadth of media coverage, not endorsement by BMJ or the media relations team.

### Coverage for (24-30 January 2022)

Graphs show press releases that generated 500+ daily visitors to journal sites up to 7 days after embargo lift

### PRESS RELEASES

[The BMJ](#) | [Gut](#) | [Open Heart](#) | [Thorax](#)

### EXTERNAL PRESS RELEASES

[Annals of the Rheumatic Diseases](#) | [BMJ Global Health](#) | [BMJ Open](#)  
[Occupational & Environmental Medicine](#)  
[British Journal of Sports Medicine](#)  
[Journal for ImmunoTherapy of Cancer](#)

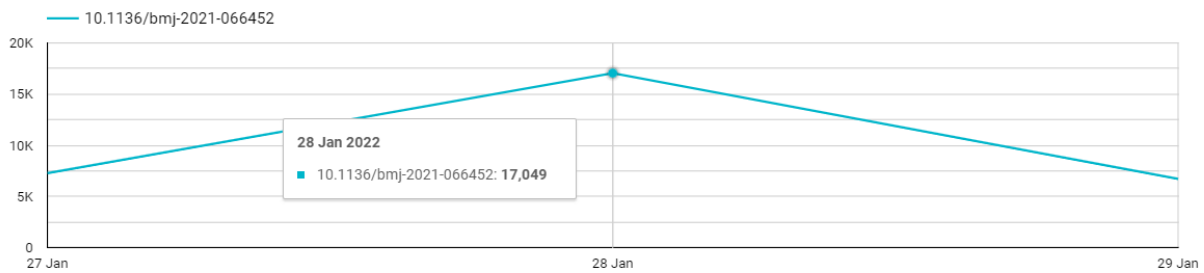
### OTHER COVERAGE

[The BMJ](#) |  
[Annals of the Rheumatic Diseases](#) | [Archives of Disease in Childhood](#)  
[BMJ Global Health](#) | [BMJ Nutrition, Prevention & Health](#)  
[BMJ Open](#) | [BMJ Open Sport & Exercise Medicine](#)  
[British Journal of Ophthalmology](#) | [British Journal of Sports Medicine](#)  
[Emergency Medicine Journal](#) | [Gut](#)  
[Journal for ImmunoTherapy of Cancer](#)  
[Journal of Clinical Pathology](#) | [Journal of Epidemiology & Community Health](#)  
[Journal of Neurology Neurosurgery & Psychiatry](#)  
[Journal of NeuroInterventional Surgery](#) | [Occupational & Environmental Medicine](#)

### INFLUENCE

#### The BMJ press release coverage

Research: [Vitamin D and marine omega 3 fatty acid supplementation and incident autoimmune disease: VITAL randomized controlled trial](#) (PR)



[Taking vitamin D and omega-3 fish oil supplements every day cuts your risk of developing arthritis by 22%, study suggests](#) Daily Mail 27/1/2022

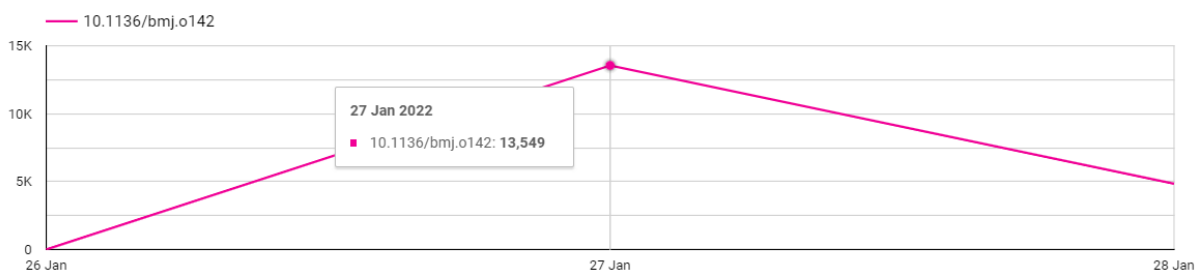
[Vitamin D supplements really do reduce risk of autoimmune disease](#) New Scientist 26/1/2022

[Vitamin D and fish oil supplements may help prevent autoimmune disease, study says](#) CNN 27/1/2022

**Also in:** UK Today News, MSN UK, Today Headline, DUK News, News Chant UK, Yahoo Lifestyle, Washington News Post, Vietnam Explorer, MSN IE, Harvard Crimson, MSN South Africa, Florida News Times, California News Times, India Times Post, EIN News plus extensive local media and local radio coverage, USA News Lab, World News Era, The World News, Today News Post, Exclusive Global News, New in 24, MSN India, USAA News

*Other:* New Scientist, News Navi, Tech and Science Post, SciTechDaily, Biz News Post, Knowledia News, Express Digest, A Closer Look, Sound Health and Lasting Wealth, Medical Xpress, Health.10ztalk, FocusTechnica, WhatsNew2Day, Earth.com, Mogaz News, Honest Columnist, IFL Science, Health News Report, McKnight's Senior Living, Pedfire, Coach, New Atlas, DoctorsLounge, Index Journal, IMPACT, Drugs.com, Biz News Post, Physician's Briefing, 24HTECH, News Medical, Newscabal, Nutrition Insight, Fact News, Free Republic, Scienmag, Honest Columnist, Leisure Guy, Monthly Prescribing Reference, ZME Science, Health Digest, Eat This Not That!, Physician's Weekly, NursingCenter, Pulse Headlines, Jioforme, Phone Mantra, Tech and Science Post, Before It's News, Audacy

**Editorial: [Menstruation and covid-19 vaccination](#) (PR)**



[Small period changes after Covid jab seen to be short-lived](#) BBC News 27/1/2022

[Menstrual changes from Covid jabs are only temporary and don't leave women infertile](#) Daily Mail 26/1/2022

[New studies provide reassuring data on menstrual changes after COVID-19 vaccination](#) Medical Xpress 26/1/2022

**Also in:** The Times (plus Irish edition), The Sun (plus Scottish and US editions), in newspaper, Daily Express (plus Scottish edition), The Independent, [Times Radio](#) (skip to 23 mins), The Herald, Evening Standard, Glasgow Evening Times, UK Today News, Jazz FM,

Sky News, The i, [BBC Radio Asia](#) (skip to 2 hrs 12 mins), [BBC World Service](#) (skip to 18.35 mins), BBC News 24, Yahoo UK, AOL.com, Glasgow Live plus extensive local media coverage, MSN UK, Today Headline, US News & World Report

*International + Other:* Eminetra (IN), The World News, Vietnam Explorer, European News, California News Times, The Irish Times, Head Topics, Europe Breaking News, New York Times Post, The Sun Best, Mirage News Australia plus extensive local media coverage, News Sniffer, Love By Life, Olnews, Bloomberg Law, GLAMOUR, IMPACT, The HealthCast, Weekly Sauce, News Break, Drugs.com, HealthDay, Index Journal, Scienmag, Your Wellmess, Newsfeeds, News Navi, Biz News Post, News Medical, Express Digest, Knowledia News, Buziness Bytes, FreshersLive, Social News XYZ

**Research:** [Effectiveness of physical activity monitors in adults: systematic review and meta-analysis](#) (PR)

[Fitbits DO make you move more! Review finds people who wear wearable fitness gadgets take an extra 1.200 steps a day and do nearly an hour more of exercise per week](#) Daily Mail 26/1/2022 (plus Irish edition)

[Physical activity monitoring devices may be useful to boost activity levels in adults](#) News Medical 27/1/2022

[Study finds physical activity monitors help boost activity levels in adults](#) Dublin News 29/1/2022

**Also in:** Evening Standard, Florida News Times, Tech and Science Post, Scienmag, Devdiscourse, Irish Daily Sun, Indian Economic Observer, Canada Standard plus extensive local media and radio coverage, Fact News, Broadcast Communications, Archynetyts, Latestly, Tech and Science Post, DTNext, Yahoo Lifestyle

*Further coverage for metal pins no better than plaster cast for broken wrist (PR)*

[For many broken wrists, molded casts work just as well as pins](#) MDedge 24/1/2022

**Also in:** Weekly Sauce, KPCnews.com, The Bryan Times, The Health Cast, IMPACT, La Crosse Tribune, The Wellsboro Gazette plus extensive local media coverage, Drugs.com, MSN Health CA, HealthDay, Jioforme, Times of News India, News Navi, Eminetra (IN), Health.10ztalk

*Further coverage for call for Covid-19 vaccine and treatment data to be made public (PR)*

[British Medical Journal criticizes lack of access to raw vaccine trial data – Observer](#) Archynewsy 25/1/2022

**Also in:** Speaking About News, World Nation News, CauseACTION Clarion, The Epoch Times, Global Research, Clash Daily, invesBrain, Rapture Ready, Conservative Angle, Fatherly Advice and Rants, GRIPT, The National Pulse, Straight Line Logic, New Tang Dynasty, SGT Report, CauseACTION Clarion, Ace of Spades HQ, LifeSiteNews, USSA News

*Further coverage for BMJ's appeal after Facebook fails to act over "fact check" (PR)*

[BMJ fights back against Facebook fact-checkers](#) Unherd 27/1/2022

**Also in:** The Wentworth Report, World News Network

*Further coverage for fall in admissions for childhood infections during pandemic (PR)*

[Covid-19 news: Infections in England remain at 'extremely high' level](#) New Scientist 26/1/2022

**Also in:** News AKMI, World News Era, Today News Post, Eminentra (IN), Head Topics, Honest Columnist, Index Journal, Tyler Morning Telegraph, Drugs.com, Herald & Review plus extensive local media coverage, Physician's Briefing, NursingCenter

### **Other notable coverage**

[BMI shows linear association with type 2 diabetes risk](#) Medicine Matters 24/1/2022

**Also in:** medwire News

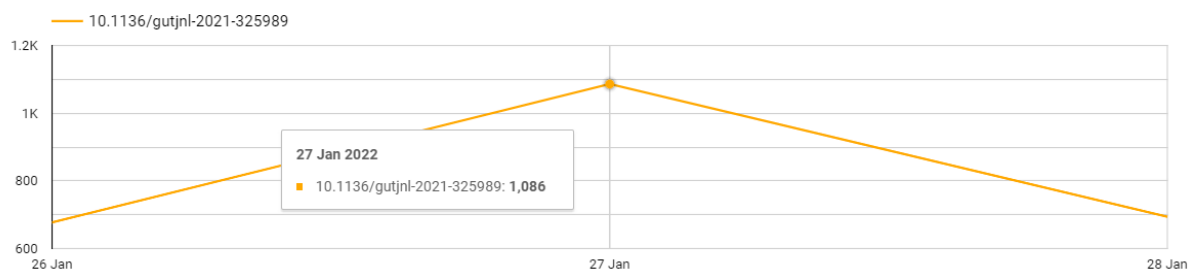
[I'm pro-vaxx, but I'd happily be treated by an unjabbed nurse](#) Daily Telegraph 27/1/2022

Interview with Esther Choo about her Opinion piece in The BMJ: [Working in healthcare right now means being asked to do the impossible](#) CNN International Europe (playback link unavailable) 31/01/2022

## **JOURNALS**

### **Gut**

**Research:** [Gut microbiota dynamics in a prospective cohort of patients with post-acute COVID-19 syndrome \(PR\)](#)



[Make-up of gut microbiome may be linked to long Covid – study finds](#) The Irish Times 25/1/2022

[Nine factors that could boost your risk of long COVID](#) GAVI Vaccine Alliance 28/01/22

[Gut feeling on long Covid pays off](#) Hong Kong Standard 27/01/22

**Also in:** Daily Express, UK Today News, [BBC World Service](#) (skip to 20:57 mins) misattrib The BMJ, Polish News UK, [BBC Radio 4](#) (skip to 2:56 mins) misattrib The BMJ, The Week UK, BBC Wales (Radio Cymru)

*International:* The World News, Florida News Times, European News, India TV, The Standard, Prokerala, INDIA New England News, Lokmat Times (IN), United with Israel, News Archives USA, Mirage News Australia, Asia Post, Global Health News Wire, The Economic Times, India.on-24, Ommcom News (IN), US News & World Report, Newswrapindia, Times News India, DKS News India, Ary News Pakistan, Cosmos Magazine

*Other:* Medscape, HealthDay, Medical Xpress, News Medical, Tech Shout, Glamsham.com, Healthy Food Guide, Adsdesi, Buziness Bytes, TECHregister, Latestnews, Social News XYZ, Scienmag, Free Press, Healthline, Newswise, HealthNewsDigest, Earth.com, TheHealthSite, Trial Site News, PostinTrend, Archynetys, MDedge, Archyde, Newsbreak, Univadis, Healio, Weather.com, Reuters, Vox.com, Nasdaq, Business World, The World News, The Quint, OnMedica, Nation World News, PharmaLive, TechShout, Devdiscourse, Reddit.com, Flipboard, Newsbeez, Financial Post, Eat This Not That!

## **Thorax**

**Research:** [Lifetime occupational exposures and chronic obstructive pulmonary disease risk in the UK Biobank cohort \(PR\)](#)

[Workplace exposure to pesticides linked to greater COPD risk](#) Earth.com 25/1/2022  
[Lifetime workplace exposure to pesticides linked to heightened COPD risk](#) Scienmag 26/1/2022

**Also in:** UK Today News, Today Headline, Florida News Times, California News Times, webindia123.com, AniNews, Mirage News Australia, newKerala.com, MediCircle (IN), USNews mail, TechLive IN, US News & World Report, Economic Times IN, Safety News New Zealand, Tanzania.on-24

*Other:* Medical Xpress, News Medical, A Closer Look, Knowledia News, Fact News, W3LiveNews, Jioforme, ETHRWorld, Citizen Online, Medscape, Journey Line, MedPage Today, Earth.com, Newsbreak, MDLinx, Newslogged, Healthnews Express, Revyuh News, Big News Network, Healio, Nursing in Practice, HealthDay, Practice Update, Drugs.com, Newsbeezer, Newsbreak, MyAsianMarketPlace, mashupmd

## **Open Heart**

**Research:** [Uncovering the treatable burden of severe aortic stenosis in the UK \(PR\)](#)

[Almost 100,000 could unknowingly have potentially deadly heart valve disease. study finds](#) The Independent 26/1/2022

[About 300,000 in UK have potentially deadly aortic valve condition. study finds](#) The Guardian 25/1/2022

[‘Almost 100,000 could unknowingly have potentially deadly heart valve disease’](#) Sunday Post 25/1/2022

**Also in:** The Times + Scottish + Irish editions, Mirror, Daily Express, The Sun + Scottish edition, The Independent, Evening Standard, MSN UK, [Sky News](#) (skip to 6:21 mins), Yahoo UK, Today Headline, Sky News Online. Metro, Herald Scotland, Jersey Evening Post plus extensive local/regional UK media coverage, PressFrom (UK), MyLondon, Irish Mirror, Guidelines.co.uk, Manx Radio, Belfast Telegraph, GB News, Wales Online

*International:* World Breaking News, California News Times, US News & World Report, USA News Hub, MSN (NZ), Vietnam Explorer, Florida News Times, National World, Beacon Radio plus extensive local radio coverage, USA Today Post, Global Health News Wire, Mirage News Australia, USSA News, Pehal News IN, EhTrend.Brazil, Medicircle India, ZimFocus Zimbabwe, Granthshala, Economic Times IN, Newsdome South Africa

*Other:* Medscape, Head Topics, TECHregister, Heart Digital, NewsChain, Newscabal, Scienmag, Archynetys, Medical Xpress, I Know All News, WS Tale, Geriatric Medicine Journal, Your News Wire, The Tap, Cardiovascular News, Before It's News, Speaking About News, OnMedica, Newsbreak, News Concerns, Soundhealthandlastingwealth, 15Minute News, Reddit.com, Newsfounded, The World News, Signs of the Times, Big World Tale, News Target, tctmd, Newschain, Yahoo Finance, Internewscast

## **Annals of the Rheumatic Diseases**

**Research:** [Additional heterologous versus homologous booster vaccination in immunosuppressed patients without SARS-CoV-2 antibody seroconversion after primary mRNA vaccination: a randomised controlled trial](#) (External PR)

[COVID-19 vaccines seem safe, generally well tolerated in rheumatic, musculoskeletal diseases](#) MDAAlert 24/1/2022

**Also in:** Infectious Disease Advisor, Hippocratic Post

### **Archives of Disease in Childhood**

[Gender, health and racial inequalities to be tackled in flagship Ferring grant programme](#) Benzinga 29/01/22 (Previous PR on inequalities in access to cancer treatment)

**Also in:** Dubai News Today, Doha Insight, Khaleej Daily, Morocco Gazette, Oman Bulletin, BioSpace, ET.net, Saudi Daily Report, Egypt Commercial News, Libya Business Info, Sudan Commerce Report, Tunis Daily News, Beirut Business Report

### **BMJ Global Health**

**Research:** [The times, they are a-changin': tracking shifts in mental health signals from early phase to later phase of the COVID-19 pandemic in Australia](#) (External PR)

[Tweets used to track Australian mental health swings during COVID pandemic](#) Medical Xpress 25/1/2022

**Also in:** Scienmag, 10News

### **BMJ Nutrition, Prevention & Health**

[The McDonald's Instagram Controversy Explained](#) NewsBreak 25/1/2022 (Previous PR)

**Also in:** Food & Beverage Reporter, Mashed

### **BMJ Open**

**Research:** [Association between youth homicides and state spending: a Chicago cross-sectional case study](#) (External PR)

[Big spike in 2016 Chicago youth homicides linked to pause in state funding](#) Mirage News Australia 25/1/2022

**Also in:** Florida News Times, Medical Xpress, The Chicago Crusader

[Statin Use in COPD Not Linked With Lower Risk for Exacerbations](#) Physician's Weekly 24/1/2022

[GPs and the challenge of frequent attenders](#) The Medical Independent 25/1/2022 (Previous PR)

**Research:** [Acceptability of OP/Na swabbing for SARS-CoV-2: a prospective observational cohort surveillance study in Western Australian schools](#) (Flagged)

[COVID Booster: mixing and matching boosters, delayed surgery, and testing recalcitrant children](#) COSMOS Magazine 29/1/2022

### **BMJ Open Sport & Exercise Medicine**

[Study shows that transgender athletes have a clear advantage physical advantage](#)

Conservative Institute 23/1/2022 (Previous Media Alert)

### **British Journal of Ophthalmology**

*Further coverage for retinal age gap and death risk (PR)*

[Biological age, risk of death may be indicated by the retina](#) LabOnline 21/1/2022

**Also in:** Medical News Today, Free Republic, POST Online Media, MD Alert, Medscape, New in 24, mivision, Medscape, Macau Business, Eminetra, Guanming Daily, New Delhi News, Big News Network, Association of Optometrists

[Eat right to prevent glaucoma](#) The Week India 30/01/22 (Previous PR)

[China sets the pace in adoption of AI in healthcare technology](#) Financial Times 31/1/2022

**Also in:** Broadcast Communications, Beijing News, China.org.cn

### **British Journal of Sports Medicine**

**Research:** [Is early activity resumption after paediatric concussion safe and does it reduce symptom burden at 2 weeks post injury? The Pediatric Concussion Assessment of Rest and Exertion \(PedCARE\) multicentre randomised clinical trial \(External PR\)](#)

[Concussions and kids: Study finds some physical activity safe 3 days later](#) CTV News 26/1/2022

**Also in:** Honest Columnist, CFRA-AM Newstalk, ScienceDaily, Jioforme, Health News Report, Washington News Post, Arab News Canada, AniNews, MSN Health CA, Vietnam Explorer, Canada Standard plus extensive local media coverage, Fact News, CBC News Network, Medical Xpress, Horsetalk.NZ, Medically Prime, News Navi, IMPACT, Guam Daily Post, The Healthcast, Medical Brief South Africa, Drugs.com, Newsmax, MSN South Africa, Index Journal, local US news outlets, Healthday, The Progress

[How mindfulness-based training can give elite athletes a mental edge](#) Science News 26/01/22

[Transgender, Men, Women, In Sports. No Overwhelming Advantage With Timely Extended Hormone Use](#) Science 2.0 27/01/22 (Previous PR)

[Billionaire body: how to get one on the cheap](#) The Times (Weekend) + Irish edition 29/01/22

**Also in:** The Australian (Previous PR)

[The long road back to fitness after COVID](#) Popular Science 29/01/22 (Previous PR)

**Also in:** BizNews Post, Honest Columnist

[New Research Tackles Safety Issue In Rugby](#) Scoop NZ 31/1/2022

**Also in:** Voxy, Star News

### **Emergency Medicine Journal**

*Further coverage for 5h + emergency care wait and higher death risk (PR)*

[Staying in ER for More than 5 Hours May Result in Delayed Access to Life-Saving Treatments, Higher Death Rates](#) The Science Times 24/1/2022

**Also in:** UK Today News, ScienceAlert, Newslanes, [Russia Today](#) (skip to 5:09 mins), New

in 24, Infectious Disease Advisor, Rheumatology Advisor, Healio

### **Journal for ImmunoTherapy of Cancer**

**Research:** [Fine-tuned long-acting interleukin-2 superkine potentiates durable immune responses in mice and non-human primate](#) (External PR)

[Medicenna Announces Peer-Reviewed Publication of Preclinical Data on MDNA11 in the Journal for ImmunoTherapy of Cancer](#) Wallstreet Online 26/1/2022

**Also in:** Biz Wire Express, Spoke, The Strathroy Age Dispatch, Morningstar, The Toronto Sun, Stockhouse, Canadian Business Journal Public Now, National Post, The Province plus extensive local and business media coverage, BioSpace, Digital Journal, GlobalNews Wire, The National Pulse

### **Journal of Clinical Pathology**

[Digital pathology offers time savings to pathologists](#) LabPulse.com 25/1/2022

[Deaths of people whose medical care was disrupted quadrupled in first Covid lockdown](#) The Sunday Telegraph 30/1/2022

**Also in:** Daily Mail, Daily Express (plus Scottish edition), MSN UK, MSN Philippines, MSN Malaysia, MSN Singapore, Yahoo UK

### **Journal of Epidemiology & Community Health**

*Further coverage for inflammation in men linked to solo living (PR)*

[Years lived alone and/or serial break-ups strongly linked to inflammation in men](#) Outrage 24/1/2022

**Also in:** Everyday Health

### **Journal of NeuroInterventional Surgery**

[King's College London: New Research Into Remote Robotic Surgery](#) India Education Diary 25/01/22

### **Journal of Neurology Neurosurgery & Psychiatry**

[Blood Biomarkers May Distinguish Dementia Disorders](#) Medscape 28/01/22

**Also in:** Medical News Today

### **Occupational & Environmental Medicine**

**Research:** [Night shift work and lymphoma: results from an Italian multicentre case-control study](#) (External PR)

[Overall, Night Shift Work Not Tied to Higher Lymphoma Risk](#) The Daily News 24/1/2022

**Also in:** Henderson Daily News, Drugs.com, WISC-TV Online, Physician's Briefing, kpcNEWS.com plus extensive US local media coverage, Physician's Weekly, Medical Xpress, McKnight's Senior Living, Healthgrades, DoctorsLounge, NursingCenter, Pacific Daily News, Tracy Press Online, IMPACT, HealthDay

[Association Between Incident COVID-19 Infection and Exposure to Airborne Pollutants](#) Infectious Disease Advisor 28/01/22 (Previous PR)



## **INFLUENCE**

Martyn Day Shadow SNP Spokesperson (Public Health and Primary Care) mentioned **The BMJ** in a Westminster Hall debate [Covid-19: Requirements for Employees to be Vaccinated](#) 24 Jan 2022: “The BMJ has highlighted that recruitment agencies are concerned about the effect of the policy on their ability to place staff ... I hope that the UK Government will listen to those concerns and the petitioners, look at the example of the devolved nations and think again, before they do serious damage to workforce levels and capacity in the NHS.”

Gillian Keegan Minister of State (Department of Health and Social Care) mentioned **BMJ Best Practice** in a Westminster Hall debate [Tourette's syndrome](#) 25 Jan 2022: “Clinicians are supported in that work through the BMJ Best Practice guidance on Tourette’s, which covers both diagnosis and management.”

**Journal of Medical Ethics** cited in the British Psychological Society’s submission of evidence to the [Health and Care Committee’s call for evidence on the impact of body image on physical and mental health](#)