








Essential resources to support healthcare professionals when it comes to Resilience in Healthcare



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BMJ Best Practice

Fast access to the latest evidence-based diagnosis and treatment guidance to support your clinical decisions.





-  Depression in children
-  Depression in adults
-  Generalised anxiety disorder
-  Mental health response to disasters and other critical incidents





BMJ Talk Medicine Podcasts

The latest podcasts from *The BMJ* and specialist journals.

Resilience in Healthcare podcasts





-  Building career resilience
-  Work stress and burnout
-  Mental Health in the NHS
-  Mental Health and mortality

BMJ Best Practice podcasts

-  Generalised anxiety disorder
-  Persistent depressive disorder

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-  **How can we build and maintain the resilience of our health care professionals during COVID-19?** | Practical recommendations for healthcare organisations, including hospitals, to foster physical and mental health of their professionals.
-  **Health system resilience in managing the COVID-19 pandemic** | A practice article analysing successes in COVID-19 management by Singapore's health system. Improvement areas are identified providing important learning points for other countries.
-  **Medical students and COVID-19** | An article highlighting the need for 'pandemic preparedness' within the medical school curriculum.
-  **Moral distress among healthcare workers** | An article highlighting ethics support when it comes to vulnerabilities of healthcare workers.

The BMJ

The latest news and views, research papers and clinical reviews from *The BMJ*.

-  **Opinion** | Global health system resilience is in everyone's interest
-  **Editorial** | Parliamentary report on workforce burnout and resilience
-  **Opinion** | The impact of war on health

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