

## Nurse practitioner scenario

**Read the following scenario and then use BMJ Best Practice Comorbidities to come up with a high quality and holistic management plan**

You are working as a clinical nurse practitioner in the Medical Assessment Unit on a Sunday morning.

A 30-year-old man comes to see you with wheezing and a cough. He says that he is not too bad but has run out of his inhalers.

He has a history of asthma and type 1 diabetes. He usually takes inhalers and insulin.

Examination reveals wheezes in his chest. His bedside blood glucose is 10 mmol/L.

You diagnose him with a moderate exacerbation of his asthma.

Now look at BMJ Best Practice Comorbidities on this [topic](#)

When you are finished, fill in this [survey](#)