

BMJ in the News is a weekly digest of journal stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

Latest highlights (19 - 25 Nov):

- A study in the **Journal of Epidemiology & Community Health** on Brexit and the rise in antidepressant use made global headlines, including *The Daily Telegraph*, *CNN* and *Channel News Asia*.
- Another study in **JECH** on the link between teenage personality and health in later life was covered internationally, including *The Telegraph*, *The Daily Mail* and *Forbes*.
- Research in **The BMJ** on sweetened drinks and the risk of diabetes was widely covered, including *The Sun*, *Daily Mail* and *HuffPost Canada*.

BMJ

[Fiona Godlee takes part in "The Big Carb Debate"](#) - The Food Programme, BBC Radio 4 18/11/2018

[BMJ launches new open access journal in children's surgery](#) - InPublishing 21/11/2018

The BMJ

News / Feature: [Medical device industry: international investigation exposes lax regulation](#)

The BMJ was one of 59 partners in an international investigation, led by the International Consortium of Investigative Journalists (ICIJ), into the harms of medical devices.

[Revealed: faulty medical implants harm patients around world](#) - The Guardian 26/11/2018

[Medical device rules need 'drastic change' to protect patients](#) - BBC News 26/11/2018

[The Great Implant Scandal](#) - BBC Panorama 26/11/2018

Also in: Daily Telegraph, Daily Mail, Daily Express, Medical Health News, Brinkwire, HuffPost, Radio New Zealand, i news, Australian Financial Review, Yahoo News UK, Yahoo News Canada, UK News Desk, Exec Review, The World News

Research: [Food sources of fructose-containing sugars and glycaemic control: systematic review and meta-analysis of controlled intervention studies](#)

[Soda is worse for you than sugary food: Sweet drinks put people at GREATER risk of developing type 2 diabetes](#) Daily Mail 22/11/2018

[Sweetened Drinks May Pose Greater Diabetes Risk Than Other Sugary Foods: Study](#) HuffPost Canada 22/11/2018

[NOT SO SWEET Fizzy drinks like Coke MORE likely to trigger deadly diabetes than sugary treats, experts warn](#) The Sun 22/11/2018

Also in:

UK + Ireland

Breaking News (IE), ITV, Independent (IE), numerous UK local newspapers, Yahoo News UK

International + other

NewsCaf, Down to Earth, Bombalia Times, Medical Xpress, Daily Excelsior, OnMedica, News-Medical.net, IFLScience, nine.com.au, numerous local Australian newspapers, extensive coverage by local US online news and radio outlets, Outlook India, CTV News, Daily Hunt, Yahoo India, Tech 2, Business Standard, BioPortfolio, Irish Examiner, news.com.au, Health On the Net, Free Malaysia Today, Mandurah Mail, SBS Australia, The Times (AU), INQUIRER, Hindustan Times, Malay Mail, Daily Pioneer, The Australian, The Daily Telegraph (AU), The Examiner, AOL, MyHeadlinez, BT.com, 9 Coach, MedIndia, Latestly (India), Practice Business, My Times Now, Latest Nigerian News, New Telegraph, Earth, Health News, Times of News, Safrica24, Journal-News, The Inquisitr, WS Tale

Research: [Rotating night shift work and adherence to unhealthy lifestyle in predicting risk of type 2 diabetes: results from two large US cohorts of female nurses](#)

[Health risk for women who work night and day shifts: Intermittent schedule puts them at 'especially high risk' of type 2 diabetes. Harvard study warns](#) Daily Mail 22/11/2018

[WORKING NIGHT SHIFTS PUTS WOMEN AT GREATER RISK OF TYPE 2 DIABETES](#)

The Independent 22/11/2018

[Unhealthy lifestyle, erratic shifts can increase diabetes risk, says study](#) Deccan Chronicle 22/11/2018

Also in: The Health Site, MSN UK + IE, OnMedica, My Times Now, The Asian Age, WebIndia123, The Siasat Daily, Healing Well, US News & World Report, Australian Science Media Centre, Health Day, Drugs.com, Free Malaysia Today, Medical Xpress, Gulf Daily News (Bahrain), Malay Mail, Nursing Times, Brinkwire, Medical Research.com, Medical Dialogues, Health Medicine Network, MedIndia, MyHeadlinez, Deccan Chronicle, World News, TIMES NOW, Greezoo Magazine, Express Digest, Blogarama

Other coverage for The BMJ:

Further coverage for the low carbs study

[Don't Fall for the Headlines About Low-Carb Diets](#) Vice 19/11/2018

[More calories burned when diet is low in carbs](#) Reuters 19/11/2018

[How to have a carb-free keto Thanksgiving, according to science](#) Business Insider UK + Singapore + Malaysia 20/11/2018

Also in: Asia One, MD Alert, Australian Financial Review, Inc., Medical Health News, Intnet, Pacifica Tribune, People's Pharmacy, World News, Channel News Asia, NHS Choices, Business Insider, ArcaMax, News of the Day, INSIDER, The Hindu, The Jordan Times, Irish Examiner, Toronto Star Online, Pulse, Health Breaking News, Fitness Health Yoga, Breaking News (IE), California Healthline, The Jewish Voice, Daily Star, South China Morning Post, extensive coverage by local US print and radio outlets, Ani News (South Asia), Food Technology Online, Kopitiam Bot (Tech and Lifestyle News), Health24 South Africa, Alfa Editores, MenaFN, News of the Day

[Our parents screwed us up as babies](#) The Times 19/11/2018

Also in: The Irish Times

[The Health Report with Norman Swan](#) ABC 19/10/2018

[Want to enjoy a longer, happier life? Just keep on working](#) Medical Health News 19/11/2018

[Patients ask to leave hospital so they can escape the noise](#) The Times 19/11/2018

[Weary of noisy nights, patients are too quick to leave hospital](#) The Daily Telegraph 19/11/2019

Also in: Yahoo News UK, Metro, Medical Health News, Health Management, OnMedica, Health Business, Scienmag, Technology Works, Care Appointments, Yahoo UK, News-Medical.net, Topix, Oman Observer, ScienceDaily

[Farxiga And Jardiance Are Associated With Twofold Increased Risk For Lower Limb Amputations](#) Drug Injury Watch 19/11/2018

[Higher Risk for Amputation, DKA With SGLT2 Inhibitors for T2DM](#) Renal & Urology News 20/11/2018

Also in: My Headlinez, Medical Xpress, Physicians Weekly, Medical Dialogues, AboutLawsuits.com

[20 Reasons You Should Be Eating More Fish](#) MSN India + Philippines 19/11/2018

[Are artificial sweeteners bad for you? Fact and fiction explained by dietitian](#) Daily Mirror (print and online) 19/11/2018

Also in: Daily Express, WS Tale, Daily Record, MSN South Africa + UAE

[Massive CDC Cover-Up Under Way As "Polio-Like" Illness Spreads](#) Before it's News 19/11/2018

[Halifax women grateful for life-saving cancer 'dognosis'](#) CTV News 19/11/2018

[Group of Blood Pressure Drugs Linked to Lung Cancer](#) MedPage Today 19/11/2018

[The Case Against Appendectomies](#) The New York Times 19/11/2018

[Should You Run in Smoky Air? Probably Not.](#) Trail Runner 19/11/2018

[UK life sciences earn a sliver of breathing room in newly unveiled Brexit draft agreement](#) BioWorld MedTech 19/11/2018

[Kate Middleton Isn't the Only Star to Suffer from Morning Sickness Aka Hyperemesis Gravidarum](#) Women's Health 19/11/2018

[7 Cities Where the 'Camp Fire' Might Steal the Most Moments of Life](#) Think Advisor 19/11/2018

[Managing media to spread the message](#) Financial Times 20/11/2018

[The latest way to perk up your love life? Tuning in to strangers having couples therapy](#) Express Digest 20/11/2018

Also in: LongRoom

[6 anti-aging hacks to add 16 \(or MORE!\) years to your life](#) Healthier Talk 20/11/2018

[Calcium Rich Foods for Bones, Insomnia and Menopause Symptoms](#) Blogarama 20/11/2018

[Why we shouldn't use the term "illegal migrant"](#) BioPortfolio 20/11/2018

[What Happens When Health Care and Immigration Enforcement Collide](#) Politico 21/11/2018

Also in: CLASP

[Certain pain relievers could harm your heart](#) Medical Health News 21/11/2018

[Rehydrating dry skin](#) Training Matters Magazine 20/11/2018

[Q&A: Interventions to improve outpatient antibiotic prescribing](#) Healio 20/11/2018

[Canadian hospital advertises euthanasia in hospital waiting room](#) The Christian Post 20/11/2018

[What Is Brain Freeze?](#) Live Science 20/11/2018

[Certain Heart Attack Risk Factors Affect Women More Than Men](#) Health Central 21/11/2018

[Women with diabetes and high blood pressure have greater heart risk than men](#) The Irish Times 22/11/2018

Also in: Diabetes Research and Wellness Foundation, Brinkwire, Verdict, Daily Express, Health Medicine Network, Medical Health News, tcMD, Safrica24
[Why Your Micro Business Is A Pain In Your Neck](#) Forbes 21/11/2018
[Cigarette butts are the single biggest source of ocean trash, according to a new report](#) Times of News 21/11/2018
Also in: Shafaqna Pakistan
[One-Half of Older Patients Exposed to Potentially Inappropriate Prescribing](#) Today's Geriatric Medicine 21/11/2018
[From Shell-Shock To PTSD, A Century Of Invisible War Trauma](#) HuffPost 21/11/2018
[The NHS lacks staff, but so do the countries it has recruited from](#) The Guardian 22/11/2018
Hospital 22/11/2018
[People with low risk thyroid cancer can receive lower doses of radiation treatment: Study](#) India Post 22/11/2018
[People with low risk thyroid cancer can receive lower doses of radiation treatment: Study](#) Health World 23/11/2018
Also in: The Week, Financial Express, Business Standard, Journey Lines
[Coroners' reports should be published online](#) BioPortfolio 22/11/2018
[Alcohol use may increase among Hispanic Americans as they become more 'Americanized'](#) Medical Xpress 22/11/2018
[IS SHOVELLING SNOW DANGEROUS? HOW MANY HEALTHY PEOPLE DIE WHILE CLEARING SNOW EACH YEAR AND WHAT CAUSES IT?](#) WS Tale 22/11/2018
Also in: The Sun (+ Scottish edition), The Amed Post
[Getting patients out of their pyjamas](#) Irish Medical Times 22/11/2018
[Triple therapy for COPD cuts exacerbations, may up pneumonia risk](#) MD Alert 22/11/2018
Also in: Medical Dialogues
[The NHS lacks staff, but so do the countries it has recruited from](#) Yahoo News UK 22/11/2018
[6 tricks that might keep you from getting a hangover](#) MSN Health US 22/11/2018
Also in: Topix
[BMJ op-ed addresses language used by healthcare professionals to people with diabetes](#) Diabetes.co.uk 23/11/2018
[Could medical cannabis be the new THALIDOMIDE?](#) Daily Mail 23/11/2018
Also in: Conservative Angle, WS Buzz, News One Place, One News Page Australia, Express Digest, Daily Star, The World News
[You Can Use Exercise For Anxiety – Here's How](#) Women's Health 23/11/2018
[Coverage of 'sun-ray' therapy sheds light on medical faith in UV](#) The Irish Times 23/11/2018
[Here comes the sun: Defending our summer rays](#) The Canberra Times 24/11/2018
Also covered by numerous local Australian news outlets
[How fake medical news is SERIOUSLY damaging our health](#) Daily Mail 24/11/2018
Also in: Medical Health News, Express Digest, The Mail on Sunday
[GP surgery system in Wales unsustainable, BMA says](#) BBC News Wales 25/11/2018
Also in: Medical Health News
[If You Swallow A Lego, Here Is When You'll Get It Back](#) Forbes 25/11/2018
Also in: Medical Health News, Fitness Health Yoga

JOURNALS

Journal of Epidemiology & Community Health

Research: [The EU referendum and mental health in the short term: a natural experiment using antidepressant prescriptions in England](#)

[Antidepressant use rose following Brexit referendum, figures show](#) The Daily Telegraph 20/11/2018

[Brexit linked to a rise in antidepressant use, study finds](#) CNN 20/11/2018

[Antidepressant use rose after Brexit vote, data shows](#) Channel News Asia 21/11/2018

Also in:

UK + Ireland

The Independent, HuffPost (UK), The Guardian, Yahoo UK, Daily Mail, Grazia, Evening Standard, The Irish Times, MSN UK, The Times + Times Scotland, Metro, i news, thejournal.ie, Daily Mirror, The London Economic, News Scientist, Gay Star News, numerous local UK newspapers, The New European, Men's Health UK, AOL News UK

International and other

Forbes, UPI, The World News, France 24, Yahoo Singapore + Philippines + Australia & NZ + India, Att Net, Las Vegas News, Breitbart, Health Breaking News, TRT World, MenaFN, Hindustan Times, Japan Today, Jamaica Observer, Infosurhoy, The Australian, Medical Xpress, Medscape, Jacaranda FM, Geo News (Pakistan), Malay Mail, The Sun Daily (Malaysia), The Nation (Pakistan), Pharmafile, BioPortfolio, Pharmacy Business, Practice Business, OnMedica, News-Medical.net, Science Codex, Midweek Sport, The Jakarta Post, extensive coverage by US local radio stations, LatestLY, Practice Business, Courthouse News Service, Tech Times, News Dog, News-Medical.Net

Research: [High school personality traits and 48-year all-cause mortality risk: results from a national sample of 26 845 baby boomers](#)

[You'll live longer if you're a tidy teenager](#) The Telegraph 21/11/2018

[Tidy teenagers live longer: Adolescents who are orderly, mature and calm are more likely to make it to their 60s, study finds](#) Daily Mail 21/11/2018

[Could teenage personality predict health later in life?](#) Forbes 21/11/18

Also in: The Guardian, UPI, Yahoo UK + India + Canada , Medical Xpress, Quartz, The Quint, Starts at 60, The Health Cast, MyHeadlinez, Medical News Today, HealthDay, Daily Mail (AU), ExpressDigest, Daily Post Africa, Healing Well, US News and World Report, Drugs.com, Health on the Net, Weekly Sauce, wide coverage by US local radio outlets, Junkee, Daily Magazine, HealthDay, Doctors Lounge, Ten Daily, Science Codex, Breaking 112, Brinkwire

Tobacco Control

Research: [Examining the relationship of vaping to smoking initiation among US youth and young adults: a reality check](#)

[Reality check: Study says the more young people vape, the less they smoke](#) Global News Canada 21/11/18

[Smoking rates plummet as vaping becomes more popular](#) The Spectator 21/11/18

[Teen Vaping May Have Led to Less Teen Smoking. Study Finds](#) Gizmodo 21/11/18

Also in: Daily Mail, Mirror, CBC News Canada, US News & World Report, Daily Caller (Washington, DC), Quartz, News-Medical.net, Medical Xpress, Reason, EurActiv, TheHealthSite, Science 2.0, WebMD, Earth.com, Kopitiam Bot (Tech and Lifestyle News)

Annals of the Rheumatic Diseases

[The Burden of Rheumatic Diseases Among Indigenous People in Latin America Is Disproportionate](#) The Rheumatologist 19/11/2018

[Ilaris response maintained over 5 years in patients with JIA](#) Healio 20/11/2018

[Questions remain about Etanercept to biosimilars switch](#) Medscape 21/11/18

Also in: Medical Health News

[Enbrel Biosimilar Works Well, Yet Some Patients Still Prefer the Originator Drug](#) GHLF Creaky Joints (Arthritis media feed) 23/11/2018

[Take Me There Calistoga](#) Insider's Guide to Spas 24/11/2018

Archives of Disease in Childhood

[Clonidine scripts for under-6s implicated in poisonings](#) Pharmacy News (AU) 20/11/18

BMJ Case Reports

[19-year-old dies after inhaling deodorant spray to get high](#) Chronicle 20/11/2018

Also in: Crossroads Today

[Incredible Medical Breakthroughs That Can Improve Your Health](#) (misattributed to The BMJ) ProKerala 21/11/2018

BMJ Global Health

[Seun Omobo, Mohammed Brimah, Damilola Ogunbiyi... see the #YNaijaPowerList2018 for Policy and Research](#) YNaija 19/11/2018

[UK makes biggest investment to end FGM in Africa](#) Thomson Reuters Foundation 23/11/2018

[Rates of FGM fall across Africa](#) (misattributed to The BMJ) BBC World Service Health Check 23/11/2018

Also in: Reuters Africa, Daily Mail, MD Alert, BusinessGhana, Global Citizen (US), MoneyWeb (South Africa)

[Varying claims on Nipah toll](#) (misattributed to The BMJ) The Hindu 24/11/2018

[Nipah article by Kerala Health Secretary: 'There is no mix-up in the figures'](#) New Indian Express 25/11/2018

Also in: Times of India, Gulf Today

BMJ Open

[Yogurt or dessert? High sugar makes it hard to tell](#) Harvard Health 20/11/18

[Better eating habit to ensure your good health](#) The Frontier Post 20/11/2018

[Mother's weight determines child's BMI: Study](#) TimesNow News 21/11/2018

[Children mirror weight gain and losses of their mothers but not fathers](#) The Daily Telegraph 25/11/2018

Also in: Medical Express, MedIndia, The Siasat Daily, Web India 123, MyHeadlinez, Yahoo Singapore, Business Standard, Prokerala, Bioengineer, Ani News (South Asia), CanIndia

News, Mid Day, Outlook India, Daiji World, Indian Bloom, The Health Site, Beijing Bulletin, Times Live (South Africa), Times of News, 5 Dariya News, Vishva Times, MSN Philippines, Greezo Magazine, Safrica 24, MSN UK + Ireland. Yahoo News UK

[Do You Deprescribe?](#) Medscape 21/11/2018

[Nine months of hell: The terrifying reality of domestic violence in pregnancy](#) Essential Baby 21/11/2018

[Study Links Statins To 300 + Adverse Health Effects](#) People's Trust Toronto 23/11/2018
Also in: Get Healthy

[Hitting Your Children Even Occasionally is Worse Than You Think: Study](#) ProPakistani 24/11/2018

[The real impact of non fatal drownings for small children](#) WA Today (AU) 25/11/2018

[The double standard of retractions](#) The Varsity 25/11/2018

BMJ Open Diabetes Research and Care

Further coverage for benefits of plant based diet

[Plant-based or Vegan Diet may be Best for Keeping Type 2 Diabetes in Check](#) Nutrition2me 19/11/2018

[For Type 2 Diabetes, New Report Finds Plant-Based Diets More Effective Than Diabetes Organization Recommendations](#) Forks Over Knives 20/11/2018

BMJ Open Sports and Exercise Medicine

[New UBC research links heading soccer balls with concussions](#) The Georgia Straight 19/11/2018

Also in: NewsDog

[Guarding against head injuries: the benefits of protective headgear in rugby](#) Centre for Agriculture and Bioscience International 20/11/2018

British Journal of Ophthalmology

Further coverage on early life influences on short sight

[Kids' screen time linked to cancer and nearsightedness — but don't expect families to ditch devices](#) Asean Breaking News 19/11/2018

[Kids' screen time linked to cancer and nearsightedness](#) Essential Kids 20/11/2018

Also in: Optometry Today, The Herald Today, Australian Financial Review, The Star (Malaysia) + widely covered by local US news outlets

[GLAUCOMA REFERRAL SCHEME DEEMED "HIGHLY SUCCESSFUL"](#) Optometry Today 23/11/2018

British Journal of Sports Medicine

[Golf Business International Members Address Major Health Event](#) Golf Business News 19/11/2018

[Do golfers live longer than other people?](#) The Irish Times 22/11/18

[Turmeric: The Evidence for Therapeutic Use for Arthritis](#) The Rheumatologist 19/11/2018

[Scientists say healthy living is much more personalized than you think](#) abc7 (radio station based in Los Angeles) 20/11/2018

[Strength Training for Injury Reduction in Athletes: The Evidence](#) Inform Health 21/11/2018

'Winter break would alleviate injury problems' (no link available) The Times (UK + Scottish edition) 21/11/2018

[Doctors have a simple piece of advice for heart patients who want to live longer](#) Market Watch 21/11/2018

[Fresh study highlights health impact of binge-watching lifestyle](#) The Herald Scotland 21/11/2018

[10.000 steps based on "bad science." says Guardian](#) Running Magazine 21/11/18

[Premier League and EFL clubs suffer more severe injuries due to lack of winter break, study finds](#) Sky Sports 22/11/2018

[Sugar Is The Real Killer And Exercising Isn't Enough To Combat It](#) Truth Theory 22/11/2018

[Golf injuries: the causes and how you can avoid them](#) The Irish Times 22/11/2018

Heart

[Thousands of women 'are dying from heart attacks needlessly because they get worse care than men', claims study](#) Daily Mail 23/11/18

Also in: Daily Express, The Sun + Irish Sun, The Independent

Journal of Investigative Medicine

[Increased Risk for Oral Cancer With Exposure to High PM2.5](#) Doctors Lounge 20/11/2018

Also in: Medical Xpress, Drugs.com, MyHeadlinez, Physician's weekly, Topix

Journal of Medical Ethics

[Making the Case for Donor-Funded Research](#) Medical Bag 19/11/2018

[Crowdfunding is Democratizing Finance](#) Troy Media 19/11/2018

Also in: The Kindersley Clarion, Kopitiam Bot (Lifestyle and Tech online news outlet)

[The Journal of Controversial Ideas is already, well, controversial. Here's a founder's defense](#) Vox 19/11/2018

Journal of NeuroInterventional Surgery

[Sapien 3 Ultra; Low-Risk TAVR; Pivoting Bioresorbable](#) MedPage Today 24/11/18

Journal of Neurology, Neurosurgery & Psychiatry

[Medication change may improve impulse-control disorder in Parkinson's](#) MD Alert 22/11/2018

Journal of the Royal Army Medical Corps

[Services go to war on enemy within: alcohol](#) Sunday Times 19/11/18 (link unavailable)

Lupus: Science & Medicine

[Questions on CV Risk Persist in Lupus](#) MedPage Today 20/11/2018

Occupational and Environmental Medicine

[Why Standing Desks Are Overrated](#) The New York Times 19/11/2018

Also in: TodayOnline (Singapore)

[Companies embracing open atmospheres to cater to employees](#) WVLT-TV Online (US radio outlet)

[Cancer link identified among people who work near chemical sanitizers, disinfectants, and sterilizers](#) Chemical News 23/11/2018

Also in: Natural News

Postgraduate Medical Journal

[What Is Virotherapy?](#) Live Science 19/11/2018

Vet Record

[Skills in short supply: how to mend the recruitment crisis](#) Vet Times 21/11/2018

[Big Dog So Fat He Can't Fit in Kennel at Shelter](#) Wamiz 24/11/2018