

BMJ in the News is a weekly digest of journal stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

Latest highlights (12 - 18 Nov):

- Results of a study in **The BMJ** on benefits of a low-carb diet were presented by the authors at an event in Nashville, and the research made global headlines, including *The Today Show*, *The Times* and *The Japan Times*.
- Research on rugby protective headgear in **BMJ Open Sports and Exercise Medicine** generated wide coverage, including *BBC News*, *The Times* and *The South China Morning Post*.
- A study in **BMJ Case Reports** on the dangers of inhaling deodorant spray made headlines in *The Washington Post*, *CNN* and the *Mirror*, and was tweeted by Ricky Gervais.

BMJ

[Nursing leader urges profession to back 'people's vote' on Brexit deal](#) Nursing Times 14/11/18 (Fi Godlee mentioned)

[BMJ South Asia Awards 2018 to be held on December 1](#) APN News (India) 16/11/2018

Also in: International News and Views Corporation

The BMJ

Research: [Effects of a low carbohydrate diet on energy expenditure during weight loss maintenance: randomized trial](#)

[Low-carb diet is best for weight loss? Dr. Oz talks new study](#) The Today Show 15/11/2018

[Low-carb dieters 'shed more weight'](#) The Times 15/11/2018

[Low-carb diet helps keep weight off](#) The Japan Times 15/11/2018

Also in:

UK + Ireland

MSN UK + Ireland, The Sun, Metro, i, Daily Mail, The Telegraph, Mirror

International

The New York Times, Los Angeles Times, CNN, CBS News, Today Show, The Chicago Tribune, Vox (Washington), Jakarta Post, Press Form (Canada), Japan Today, SciMex (Australian and NZ Science news outlet), ARY News (Pakistan), The Boston Globe, The

South African, MSN Health US + MSN Philippines, The News International (Pakistan), The Siasat Daily (India), Breitbart (US), Yahoo Singapore, MENAFN (Middle East business + financial news outlet), France24, ABS-CBN (Philippines) Newsweek, Vietnam News Agency, MedIndia, Asean Breaking News, Sharjah 24 (UAE), The Daily Nation (Kenya), IOL South Africa, Safrica 24, Malay Mail, Diario in English (Spain), The Daily Examiner (Australia), The Queensland Times, News Dog (India), The New Vision (Uganda), Pakistan Observer, Yerepouni News (Armenia), Australian Science Media Centre, TIME (US), PanArmenian, Sharjah Clinics + numerous US and Australian local news outlets

Other

Women's Health, Medical Health News, Express Digest, Travel Breaking News, Health Medici Net, Live Science, WebMD, The Inquisitr, New Beauty, Healing Well, Doctors Lounge, HealthDay, BriefReport, Newsmax, Health on the Net Foundation, Mogaz News, Drugs.com, Earth, Sporty Bel, 15 Minute News, Runner's World, Yahoo News + Finance, MedPage Today, ForeignAffairs, Medical Express, Health News Report, WomanS Tale, Yahoo Style, diabetes.co.uk, Popular Science, Health Central, Eat this! Not that!, Newline, 9 Honey, Delish.com, Consumer Affairs, Inquirer, Clinical Advisor, Inverse, Science Daily, Physicians Weekly, DT Next, Journal-News, Tonic

Research: [Sodium glucose cotransporter 2 inhibitors and risk of serious adverse events: nationwide register based cohort study](#)

[SGLT2 inhibitors tied to ketoacidosis, limb amputation in diabetics](#) Cardiovascular Business 17/11/2018

Also in: MyHeadlinez, Health News Digest, Monthly Prescribing Reference, BioPortfolio, Diabetes in Control

Research: [Prevalence of potentially inappropriate prescribing in older people in primary care and its association with hospital admission: longitudinal study](#)

[Hospital stays linked to higher risk of incorrect drug prescriptions](#) The Irish Times 14/11/2018
[Elderly patients 72% more likely to get inappropriate prescription following hospitalisation](#) Irish Examiner 15/11/2018

[Inappropriate Prescription Common among Older People Post Hospitalization](#) MedIndia 15/11/2018

Also in: MyHeadlinez, Sciencemag, Medical Express, Medical Health News, Practice Business, BioPortfolio, The Medical Independent, Science Codex, Breaking News (Ireland)

Editorial: [Brexit will damage health](#)

[Nursing leader urges profession to back 'people's vote' on Brexit deal](#) Nursing Times 14/11/2018

[Medical leaders urge NHS to ensure universal smoking cessation help](#) OnMedica 15/11/2018

Other coverage for The BMJ:

[South Africa: Dros Rape Accused Perpetuates Mental Health Stigma](#) AllAfrica 11/11/2018

Further coverage for risks of heart attack in women

[High BP, diabetes increase heart attack risk in women](#) Times of India 12/11/2018
[Women who smoke, have diabetes more at risk of heart attack](#) News Dog 12/11/2018
[Smoking, Diabetes Increase Heart Attack Risk More In Women](#) Modern Ghana 12/11/2018
Also in: Scottish Daily Mail, Express India, The Herald (Scotland), The Senior, Healthline
[6 Wonderful Benefits Of Aloe Vera](#) Blogarama (health and fitness blog) 12/11/2018
[It was meant to be simple hernia op but it has left me in hell: Former sailor speaks out to reveal men are mesh victims too](#) The Sunday Post 12/11/2018
[Cold Medication Can Be Harmful To Children Under 6, Study Says](#) Mommyish 12/11/2018
[Hold the Medicine: it Won't Stop the Cough](#) The New York Times 16/11/2018
[4 Things That Happen In Your Brain When You Listen To Holiday Music](#) Bustle Books 12/11/2018
[Shoppers takes page from Big Pharma, sponsors talks for doctors on medical cannabis, which it plans to sell](#) National Post (Canada) 12/11/2018
Also in: NewsCaf and numerous print outlets across the UK, Canada and US.
[Omega-3 Fatty Acids Found in Seafood Linked to Healthy Aging](#) Natural Practitioner 12/11/2018
[A Tale of Two Vaccines](#) ThirdAGE 12/11/2018
[World Antibiotic Awareness Week: How can pharma packaging solve the AMR crisis?](#) Verdict 12/11/2018
Also in: Pharma Technology Focus
[SEXUAL HEALING How SEX can help you beat the sniffles...and 6 other cures for a common cold](#) The Sun + Irish Sun + Scottish Sun 12/11/2018
[From shell-shock to PTSD: A century of invisible war trauma](#) Raw Story 12/11/2018
[Penicillin allergies, end-of-life care](#) ACP Hospitalist 12/11/2018
[Brexit fears over drug and staff shortages make medics afraid of life outside EU](#) Daily Mirror 12/11/2018
Also in: news.com.au, Express Digest, Long Room
[Vaping, Marketed As A Life-Saving Strategy For Smokers Trying To Quit Smoking – The Truth](#) Blogarama 13/11/2018
[Vaping, Marketed As A Life-Saving Strategy For Smokers Trying To Quit Smoking – The Truth](#) Health Thoroughfare 13/11/2018
[Only You Can Decide If a Drug's Risk is Acceptable](#) Med Shadow 13/11/2018
[The Sweet Kids' Remedy That's Better than Cough Medicine](#) YourWellness 13/11/2018
[Here's why parents should never give over-the-counter cough and cold medicine to kids under 6](#) Business Insider UK 13/11/2018
Also in: Insider, Ghana Nation, UK New Desk
[Why men should start a family before the age of 35](#) RSVP Live 13/11/2018
[Woes for Babies of Older Fathers](#) The New York Times 13/11/2018
[Men above 45 more likely to have babies with birth defects](#) The Guardian 14/11/2018
[Delaying fatherhood can impact children's health at birth](#) Star2 15/11/2018
[Type 1 Diabetes Patients To Receive Glucose Monitors On The NHS After Postcode Lottery Backlash](#) HuffPost UK 14/11/2018
Also in: Yahoo UK + Australia & NZ, Times of News, Diabetes Research & Wellness Foundation
[World Diabetes Day: considering CV risk when trialling type 2 diabetes treatments](#) Pharmaceutical Technology 13/11/2018
[U.S. health care's primary problem — A doctor shortage](#) Daily Sun (US) 14/11/2018
[BIASED AGAINST ACCREDITED HOSPITALS? JOINT COMMISSION REFUTES STUDY](#) Health Leaders 14/11/2018
[Biased Against Accredited Hospitals? Joint Commission Refutes Study](#) PSQH 17/11/2018
[Headaches which damage eyesight](#) Lexology 14/11/2018

[Family awareness highlighted during World Diabetes Day](#) Nutrition Insight 14/11/2018
[Fasting could give you a shot against diabetes](#) The Times of India 14/11/2018
[Wellbeing: Can turmeric help fight cancer?](#) Beauty Bible 15/11/2018
[Give all smokers tobacco dependence treatment on the NHS, medics say](#) MSN UK 15/11/2018
[The Best Medicine for Cough and Colds That Beats Over-the-Counter Drugs](#) Smart Parenting 15/11/2018
[Equating pilots and doctors can fly in the face of common sense](#) The Medical Independent 15/11/2018
[JUUL Removes Some Flavors from Market, but Vaping Epidemic Among Teens Remains](#) The Legal Examiner 15/11/2018
[Cocaine Tooth Powder – useful for toothache and spongy gums](#) The Irish Times 15/11/2018
[Medical leaders urge NHS to ensure universal smoking cessation help](#) OnMedia 15/11/2018
[You can bid farewell to Type II Diabetes: Study](#) The Siasat Daily (India) 15/11/2018
[Added Mirtazapine Doesn't Help Treatment-Resistant Depression](#) Psych Congress Network 15/11/2018
[Consumers bear brunt as law ineffective](#) New Age (Bangladesh) 16/11/2018
[When to Schedule Surgery](#) Newsmax Health 16/11/2018
[Experts raise safety concerns about cardboard baby boxes](#) OGP News 16/11/2018
[Tofurky Wants to Save the World. One Thanksgiving Roast at a Time. It's Now Sold 5 Million](#) Yahoo News UK 16/11/2018
[Tofurky Wants to Save the World. One Thanksgiving Roast at a Time](#) Food & Wine 17/11/2018
Also in: Fortune (American Business Magazine)
[EARLY SIGNS OF DIABETES TO WATCH OUT FOR AND HOW TO REDUCE YOUR RISK](#) WS Tale 16/11/2018
[FT Health: Antibiotic angst](#) Financial Times 16/11/2018
[6 small tweaks for big fitness gains](#) Red Bull 16/11/2018
[Farmers must cut down antibiotic use in their animals, experts warn](#) Daily Mail 16/11/2018
[UK medics call for government ban to cut antibiotic resistance](#) The Guardian 16/11/2018
Also in: Express Digest, Health Medici Net, Yahoo UK,
[It's A Shameful Truth, But Our Health Services Are Failing Women](#) Huff Post UK 16/11/2018
Also in: MSN UK
[Has the U.S. Become a Medical Police State? How Doctors Deny Due Process to Kidnap Children Through CPS](#) Health Impact News 17/11/2018
[Palestine Solidarity at the Crossroads](#) Al-Jazeera 17/11/2018
[Shoulder Pain: Beware the Common Surgery That Doesn't Help](#) Bottom Line Inc 17/11/2018
[The latest way to perk up your love life? Tuning in to strangers having couples therapy with this series of remarkable podcasts](#) Daily Mail 17/11/2018
[Global Automated Dispensing Machines Market Overview by Key Finding, Scope, Top Impacting Factors, Key Trends in terms of Volume and Value 2018](#) WBOC 16 17/11/2018
Also covered widely by US local radio outlets
[Tobacco Smoke Associated With Increased Risk Of Diabetes](#) LabRoots 17/11/2018
[Hospital wards are too noisy and the problem is getting worse affecting staff and patients](#) The London Economic 18/11/2018
[Hospital noise 'affecting patients' ability to rest, heal and recover'](#) ITV News 18/11/2018
Also in: MyHeadlinez, BT.com, AOL

JOURNALS

BMJ Case Reports

Research: [Cardiac arrest by inhalation of deodorant spray](#)

[19-year-old dies after inhaling deodorant spray to get high](#) (misattributed to The BMJ) CNN 15/11/2018

[A teen inhaled deodorant spray to get high. Then he went into cardiac arrest](#) The Washington Post 16/11/2018

[Teens are inhaling DEODORANT to get high - despite the fact it can be fatal](#) Mirror 16/11/2018 + tweeted by Ricky Gervais

Also covered by: The Independent, Daily Mail, Yahoo Lifestyle, Yahoo News + Beauty, Medical Dialogues, Health Breaking News, Fox News, NetIndia 123, News Times, Yes Punjab, Newsline, CanIndia News, Daily World (India), The Tribune (India), Indian Bloom, Austin Indian, LatestLY, DoctorNDTV, Window to News, ProKerala.com, India 4 u, WebIndia123, The Siasat Daily, DaijiWorld, Outlook India, Deccan Chronicle, Business Standard, Reuters, Leadership (Nigeria), The Logical Indian, The Hollywood Unlocked + widely covered by local US broadcast and print outlets, Tech Times, HealthDay, Medical Xpress, News18, US News & World Report, Australian Journal of Pharmacy, Australian + Healthcare Bulletin, Infosurhoy, The Quint, The Stopru, Onmanorama, The News Recorder (India)

[Traveller left with 'rotting zombie skin' after spending 12 hours in the Arctic sun with lime juice on his hands in 'bizarre' reaction](#) Daily Mail 12/11/2018

Also in: Fox News, Live Science

[A 14-year-old girl has reportedly been crying bloody tears for years, but her condition is still a mystery](#) Business Insider Australia 15/11/2018

Also in: INSIDER

British Journal of Sports Medicine

Research: [Cardiovascular incidents in male professional football players with negative preparticipation cardiac screening results: an 8-year follow-up](#)

[ATTACK FEARS Professional footballers could be 'at much greater risk of a heart attack' than previously feared](#) The Sun + Scottish + Irish editions 16/11/2018

Also in:

Medical Xpress, The World News

[Should You Work Out When You're Sick?](#) Everyday Health 11/11/2018

[8 Simple Ways to Boost Your Immunity and Beat a Cold](#) Localiiz (Hong Kong Lifestyle outlet) 12/11/2018

[The latest office fitness gadget could help you live longer](#) My Style News 13/11/2018

[The 20 Best Foods for Exercise Cramps](#) MSN India 13/11/2018

[Pedal desks don't take you far, but they can help you live longer](#) MarketWatch 13/11/2018

[The latest office fitness gadget could help you live longer](#) New York Post 13/11/2018

Also in: Newsline

[I Tried Fasted Cardio For 2 Weeks – Here's What Happened](#) Women's Health 13/11/2018

[Transdermal nitroglycerin may help ease tendon pain](#) MD Alert 14/11/2018

[Nitroglycerin patches may help ease tendon pain](#) MenaFN MenaFN 18/11/2018

Also in: Reuters, Medical Health News, My Times Now (Nigeria), MDLinx, The Asian Age and numerous US local radio stations

[Why we're all eating too much protein](#) (no link available) The Times (Weekend) 17/11/2018

Annals of the Rheumatic Diseases

[No Benefit Found for Low-Dose Radiation Therapy for in Treatment of Knee Osteoarthritis](#)

Rheumatology Advisor 13/11/2018

Also in: Medical Health News, Medical News Bulletin

[No worsening in disease activity with switch to biosimilar etanercept](#) MedWire News 15/11/18

Archives of Disease in Childhood

[How the only NHS transgender clinic for children 'buried' the fact that 372 of 1.069 patients were autistic](#) Medical Health News 17/11/2018

BMJ Evidence Based Health

[Correcting the Record On That Critique of the Cochrane HPV Vaccine Review](#) PloS blogs 16/11/18

BMJ Global Health

Further coverage for decline in FGM

[Aid groups welcome 'significant decline' in FGM rates among African girls](#) SBS Australia 12/11/2018

[Policy for progress: ending FGM and forced marriage](#) Mentioned in Sajid Javid's speech to the International Conference on Ending FGM and Forced Marriage 15/11/2018

Also in: Times of News (Africa), The Star Kenya, Windows To News, World Economic Forum, Indian Bloom, AustinIndian, 3News, Daily World (India), NDTV, European Federation for Pharmaceutical Sciences, One News Page, WiredGov, Global News

[Public health programmes failed to address anaemia among girls, women: study](#) Livemint (India) 12/11/2018

[Nutrition programmes, education help lowering anaemia in India](#) Outlook India 13/11/2018

Also in: India4u, WebIndia123, Business Standard, Can-India News, ProKerala (India), MedIndia, Council on Foreign Relations (blog), NewKerala.com, NDTV, DaijiWorld

[The GFF Replenishment Raised \\$1 Billion. Here Are 5 Ways the Money Will Help Moms and Babies](#) Global Citizen 16/11/2018

BMJ Open

[Beware Hidden Sugar in 'Healthy' Foods](#) Newsmax Health 12/11/2018

[Processed Foods Make Up 60% of the American Diet?! Healthy Swaps to the Rescue!](#) Dr

Axe: Food is Medicine 12/11/2018

[Why has adolescent smoking declined dramatically?](#) Aspire 2025 14/11/2018

[Patient engagement as a new blockbuster drug, not quite yet, study finds](#) World Pharma News 15/11/2018

Also in: Medical Xpress, Radiology Business, Health Medicine.Net, EN-CPhI.CN (Pharma industry trade platform), News-Medical.net, Cardiovascular Business

[40 Ways Your Priorities Should Change After 40](#) Best Life 14/11/2018

[Surgeon's warning: stabbings are spreading just like a disease](#) (misattributed to The BMJ) The Times 13/11/2018

[Stabbings are 'spreading like a disease' because friends and family of victims are arming themselves, warns top trauma surgeon](#) Daily Mail 13/11/2018

Also in: Canada Live News, Sec Ed, Mogaz News, Daily Express

[New study finds less understanding and implementation of patient engagement](#) News-medical.net 15/11/2018

[Widespread plagiarism detected in many medical journals based in Africa](#) Nature.com 16/11/18

BMJ Open Diabetes Research and Care

[Type 2-diabetes symptoms: Following THIS diet plan helps lower blood sugar levels](#) Daily Star 15/11/2018

BMJ Open Sports and Exercise Medicine

[Researchers claim 'scrum caps make rugby up to 47% safer'](#) The Times (misattributed to The BMJ) 13/11/2018

[Rugby protective headgear 'cuts impact by almost half'](#) (misattributed to The BMJ) BBC News 13/11/2018

Also in: The Roar, The Irish Times, Daily Express, The Scotsman, The Eagle Online (Nigeria), South China Morning Post, Health Medicine.Net,

[Heading soccer balls can lead to cell damage: UBC study](#) Global News Canada 13/11/2018

[Heading in football damages nerve cells in the brain, according to a new study by Canadian neuroscientist](#) South China Morning Post 16/11/2018

Also in: CTV News, Medical Xpress, Gulf Times

[More than an endurance test](#) The Medical Independent 15/11/2018

British Journal of Ophthalmology

Further coverage for childhood short-sightedness:

[More screen time ups kids' odds for nearsightedness](#) Spectrum Health Beat 12/11/2018

[Babies Born in This Season May Have Worse Eyesight, Study Suggests](#) Invision 14/11/2018

Also in: The Golden Star, The Preston Business Review, New York Daily News, The Koz Telegram

Emergency Medicine Journal

[Helicopter emergency medical services uneven across Europe](#) Yahoo UK 12/11/2018

Also in: Reuters + Reuters India, MD Alert, Medical Health News, Channel NewsAsia, Business Insider, Yahoo UK + extensive coverage by US local radio outlets

Gut

[Antibiotics, Antacids Linked to Obesity Risk in Kids](#) Healthline 12/11/2018

Also covered by Brinkwire, Infosurhoy

Journal of Epidemiology & Community Health

[Could your diet impact the age you start menopause?](#) Advocate Health Care 12/11/2018

[Class, social mobility and its impact on our health](#) World Economic Forum 15/11/2018

Journal of Medical Ethics

['Controversial ideas' journal where academics can publish under pseudonyms for fear of backlash](#) The Daily Telegraph 12/11/2018

Also in: TalkRadio, Yahoo News UK

Journal of Neurology Neurosurgery & Psychiatry

[The Haunting Prevalence of Alzheimer's Disease](#) Newswire 13/11/2018

Also in: The Times (Weekend) 17/11/18

Journal of the Royal Army Medical Corps

[Provisional Negative Pressure Dressing Provides Abdominal Closure](#) Hospi Medica 14/11/2018

Occupational & Environmental Medicine

[Seven chemicals that should be blacklisted to prevent obesity](#) Down to Earth 16/11/18

Tobacco Control

[Study links tobacco availability to smoking in pregnancy](#) BBC News 12/11/2018

Also in: TheHealthSite, News-Medical.net, Medical Xpress, The Siasat Daily, Times Now News

Vet Record

[Badger cull: Blaming wildlife while neglecting cheap farming improvements 'severely hampering' bovine TB fight, review finds](#) The Independent 12/11/2018

[Vets urged to help farmer clients with medicine storage](#) Vet Times 12/11/18

[Farmers and vets urged to remove expired livestock medicines](#) Farming UK 13/11/2018