

BMJ in the News is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

Latest highlights (23 - 29 Jul):

- A Archives of Disease in Childhood article on sleep quality and noise within children's wards in UK hospitals gained national coverage including *Daily Mail*, *ITV* News, and *The Times*.
- A study in **BMJ Open** on how employees who open up about depression are more productive generated national and international coverage including *The Guardian*, *The Scotsman* and *Infosurhoy*.
- A BMJ Case Report of a man who developed heart disease after using testosterone steroids generated international coverage, including Newsweek, Medical Xpress and Healthday.

The BMJ

PAHO Collection

Overlapping Regulations Can Impede Transparency in Medical Research Trials - Medical Research 27/07/2018

Rapid Recommendations: Patent foramen ovale closure, antiplatelet therapy or anticoagulation therapy alone for management of cryptogenic stroke? A clinical practice guideline

PFO Closure Plus Antiplatelet Backed for Younger Stroke Patients - MedPage Today

Other coverage included:

Further coverage on alcohol related liver disease deaths:

Researchers: Alcohol fueling surge of cirrhosis deaths in young adults - Chicago Tribune 22/07/2018

<u>Alcohol-related liver deaths have increased sharply</u> - My San Antonio 18/07/2018 <u>Binge Drinking Is Killing More Young Americans By Damaging Their Livers</u> - Medical Daily 23/07/2018

Also covered by: Facts Herald, Forbes, Toledo Blade, WHEC, Deccan Chronicle, LabRoots.

Thalidomide Risk - The Dominion Post 23/07/2018 (link unavailable)

Science in Action - BBC Radio 4 [02:57] 23/07/2018

WHAT TO DO IF YOU SEE OR EXPERIENCE AN ACID ATTACK - Women's Health 23/07/2018

The theory of mind myth - Aeon 23/07/2018

Natural blood doping and rewriting the textbooks - Medical Xpress 23/07/2018

Why I Take a Cold Shower Every Day (And Why Should You) - The Good Men Project 23/07/2018

<u>You don't need to spend hours at the gym to boost your body and brain — here's how long your workout should take</u> - Business Insider 23/07/2018

<u>Long Term Family Doctor Decreases Chance of Death</u> - Canada Free Press 23/07/2018 <u>TrumpCare Beats ObamaCare</u> - Wall Street Journal 23/07/2018

<u>Fertility treatment doesn't boost overall risk of breast, ovary or uterus cancers</u> - Reuters 24/07/2018

<u>Fertility treatment doesn't boost overall risk of breast, ovary or uterus cancers</u> - KDAL 24/07/2018

US must avoid a single-payer health care system that stresses doctors to the breaking point - Dallas News 24/07/2018

Role-playing game aims to help Nunavut youth deal with anxiety and depression - CBC 24/07/2018

<u>Tories have run up debt in spite of austerity cuts while the rich have doubled their wealth</u> - The London Economic 24/07/2018

ATTACKING A TODDLER IN WORCESTER - Frontpage Mag 24/07/2018

Stop hating on all carbs - The Katy News 23/07/2018

Wake Up to Money - BBC Radio 5 Live [05:20] 25/07/2018

<u>The Bleeding Edge: behind the terrifying new Netflix documentary</u> - The Guardian 25/07/2018

<u>Termed sterling example by UN agency, Avahan reduced Karnataka's HIV burden</u> - The Times of India 26/07/2018

The wild west of IVF: More than six million test tube babies have been born since the first 40 years ago. But now, money men preying on women's longing for children have taken over - Daily Mail + Scottish Daily Mail 27/07/2018

Researchers urge caution when using electronic health records - Medical News Bulletin 27/07/2018

Medical cannabis in the UK: What does the legalisation mean and how will it help patients? - The Independent 28/07/2018

<u>Animal tests can kill both animals and humans – it's time we stopped wasting lives</u> - Metro (London) 27/07/2018

70% North Indian Women Lack Vitamin D: 6 Easy Ways to Get a Healthy Dose of It! - The Better India 27/07/2018

DR ELLIE CANNON: Breast isn't always best and we have to stop bashing mothers who choose the bottle - Daily Mail + Scottish Daily Mail 28/07/2018

<u>Smokers' poor diets also blamed for small babies</u> - The Sunday Times Ireland + Northern Ireland 29/07/2018

Women smokers have smaller, sicklier babies - The Times 29/07/2018

New Documentary Film Is Scathing Indictment Of FDA's Regulation Of Medical Devices - Forbes 29/07/2018

JOURNALS

Archives of Disease in Childhood

Research: Sleep quality and noise: comparisons between hospital and home settings

Noisy UK hospitals tricky for proper sleep SBS 24/07/18

<u>Paediatric patients lose an hour of sleep in 'noisy hospital wards'</u> Nursing Times 24/07/18 <u>Noise in NHS children's wards is 'breaching safe levels': Young patients are getting an hour less sleep than they would at home, study shows</u> Daily Mail 24/07/18

Also covered by: ITV News, The Times + The Times Scotland, Shropshire Star, BT.com, Belfast Telegraph, Daily Echo, Oxford Mail, Medscape, OnMedica, MinnPost, Brinkwire, WDTV

<u>First ever study of serious case reviews of sudden infant deaths conducted</u> Science Daily 26/07/18

<u>First ever study of serious case reviews of sudden unexpected infant deaths conducted</u> Medical Xpress 26/07/18

BMJ Case Reports

Report: Cardiomyopathy induced by anabolic-androgenic steroid abuse

How steroid abuse put an aging body builder in the hospital HealthDay 24/07/18 WEIGHTLIFTER DEVELOPS HEART DISEASE AFTER USING TESTOSTERONE STEROID Newsweek 23/07/18

<u>How Steroid Abuse Put an Aging Bodybuilder in the Hospital</u> US News & World Report 24/07/18

Also covered by: Medical Bulletin, Medical Xpress, Monthly Prescribing Reference

GARLIC BURNED THROUGH WOMAN'S TOE IN ATHLETE'S FOOT HOME REMEDY DISASTER - Newsweek 23/07/2018

<u>A woman used a natural garlic remedy to 'treat' a fungal infection — and it gave her second-degree burns</u> - INSIDER 26/07/2018

<u>A woman treated a fungal infection with garlic — and it gave her 2nd-degree burns</u> Business Insider 25/07/18

<u>Doctors find a 5cm splinter in man's neck months after he was impaled by a makeshift javelin</u> - Pickle 25/07/2018

<u>Doctors find a 5cm splinter in man's neck months after he was impaled by a makeshift javelin</u> - Nine.com.au

BMJ Open

Research: Is manager support related to workplace productivity for people with depression? A secondary analysis of a cross-sectional survey from 15 countries

It's good to talk! Openness about depression in workplace increases productivity - The Financial 25/07/2018

<u>Depressed workers more productive if they can talk to their bosses</u> The Guardian 23/07/18 <u>Employees who open up about depression are more productive, research finds</u> People Management Magazine 24/07/18

Also covered by: Metro, The Scotsman, Irish Examiner, Cambridge Network, STAT, Doctors Lounge, WebMD, OnMedica, HealthDay, Phys.org, Kaiser Health News, Psychiatry Advisor, Personnel Today, Cover, HRM Asia, The Indian Wire, KVOA Tucson News, WDTV, 6abc.com, Infosurhoy, Brinkwire, The Fix

Research: Sexual orientation-related disparities in employment, health insurance, healthcare access and health-related quality of life: a cohort study of US male and female adolescents and young adults (US Focus)

LGBT adults in the US are less likely to have health insurance or be employed, study finds Pink News 27/07/18

LGBT adults in US less likely to have jobs, health insurance Channel News Asia 27/07/18 LGBT adults in U.S. less likely to have jobs, health insurance Reuters 27/07/18

Also covered by: Business Insider, HuffPost US, Gay Star News, HealthCentral.com, Medical Research.com

The trouble with social prescribing for mental illness - The Spectator 23/07/2018

Here's why you should stay with one doctor for life - Health 24 23/07/2018

How effective are chemical peels for acne? - Medical News Bulletin 24/07/2018

Research roundup: Maintenance use of non-steroidal anti-inflammatory drugs and risk of gastrointestinal cancer Australian Journal of Pharmacy 24/07/18

"Worrying" variations in sugar and calories of UK baked goods, says study - Food Ingredients 1st 26/07/2018

<u>Similar cake, very different sugar</u> - Independent i 24/07/2018 (link unavailable) <u>Sugar plea to stores</u> - The Times + The Times Scotland 24/07/2018 (link unavailable)

Also in: Daily Mail, The Grocer, Belfast Telegraph, Talking Retail, FoodManufacture.co.uk, Food and Drink International, The British Baker, East London and West Essex Guardian

Does early exposure to air pollution affect mortality? - Medical News Bulletin 25/07/2018

Revolution or evolution? - Research Information 26/07/2018

Are high insulin levels associated with metabolic syndrome? Medical News Bulletin 28/07/18

Annals of the Rheumatic Diseases

ACR/EULAR Boolean Remission Supported as Treatment Target for Early Rheumatoid Arthritis - Rheumatology Advisor 23/07/2018

<u>Pfizer CEO: How The Biopharmaceutical Industry Creates Value (And Jobs) For The U.S. Economy</u> - Forbes 24/07/2018

<u>Worldwide Access to bDMARDs Influenced by Socioeconomic Status, Prescription Rules</u> - Rheumatology Advisor 25/07/2018

Resistance to Biologics in RA Underestimated - Medscape 26/07/2018

Researchers identify new gene linked to arthritis severity - Xinhua 27/07/2018

Researchers identify new arthritis severity gene - Medical Xpress 26/07/2018

Genetic biomarker linked to RA disease severity may guide targeted therapies - Healio 26/07/2018

Also in: News Medical Life Sciences, Doordarshan, Newswise, The Hindu

<u>EULAR Releases 2018 Guideline on Physical Activity in Inflammatory Arthritis. Osteoarthritis</u> - Rheumatology Advisor 26/07/2018

<u>Assessing the Frequency of Biologic DMARD Refractory Disease in Rheumatoid Arthritis</u> - Rheumatology Advisor 27/07/2018

BMJ Open Diabetes Research & Care

Diabetes doubles risk of hospital acquired foot ulcers Healio 23/07/18

Further coverage on long working hours and diabetes risk

Long work hours may hike women's diabetes risk by 70% - BD News 23/07/2018

Long work week may up diabetes risk for women - Reuters 25/07/2018

Long work week may up diabetes risk for women - Business Insider 25/07/2018

Initiation, intensification of insulin treatment aids in glycemic control - Healio 25/07/2018

British Journal of Ophthalmology

Eye Catching Study: The Truth About Benzalkonium Chloride - Pharmacy Times 23/07/2018

British Journal of Sports Medicine

QA - The Times + The Times Ireland [T2] 24/07/2018 (link unavailable)

How to get fit without trying so hard - The Times [T2] 24/07/2018 (link unavailable)

<u>Dr Mark Porter: Whatever the cause of multiple sclerosis, progress has been made in its treatment</u> - The Times 24/07/2018

<u>Experts advise athletes on dietary supplement use</u> - Reuters + Business Insider 24/07/2018 <u>EXPERTS ADVISE ATHLETES ON DIETARY SUPPLEMENT USE</u> - Physician's Weekly 24/07/2018

This scientist is racing to discover how gender transitions alter athletic performance—including her own - Science Magazine 25/07/2018

Emergency Medicine Journal

Patients not bothered by doctors' body art Business Insider + Reuters 27/07/18

Journal of Epidemiology & Community Health

<u>Paternal smoking increases the risk of miscarriage: research</u> - Xinhua 23/07/2018 <u>Pregnant women whose partners smoke face higher risk of miscarriage</u> - New Telegraph 24/07/2018

<u>A healthier, happy menopause</u> - The Nation (Thailand) 24/07/2018 (link unavailable)

New research says diet can impact the age a woman goes through menopause Krem.com 27/07/18

Journal of Medical Ethics

<u>Patient Social Support Influential Factor for Transplant Providers</u> Renal & Urology News 23/07/18

Evaluating the Medical Ethics of the FIRST Trial and Other Cluster Randomized Trials Medical Bag 23/07/18

In the Wake of Charlie Gard, Who Decides the Best Interests of Critically III Children? - Medical Bag 24/07/2018

The Value of Social Network Data for Surrogate Decision Making - Medical Bag 24/07/2018

<u>UCL Team Develops Clinical Pediatric Whole-Genome Sequencing Workflow for NHS Setting</u> - GenomeWeb 26/07/2018

Journal of NeuroInterventional Surgery

Novel stroke imaging tech could speed up time to thrombectomy by an hour - Radiology Business 24/07/2018

<u>Cath Lab Recap: TAVR MEDCAC; ICA Calcified in Kids; Fenestrated EVAR</u> - Medpage Today 26/07/2018

Journal of Neurology Neurosurgery & Psychiatry

Surprising factors that can spike up your risk of dementia TheHealthSite 24/07/18

Excessive Sleepiness in Daytime Hours Linked to Worse ALS Symptoms in Study - ALS News Today 27/07/2018

Open Heart

Cure your sugar craving Daily Excelsior (Jammu and Kashmir) 29/07/18

Tobacco Control

Secondhand smoke behind thousands of stillbirths: study - The Hindu 23/07/2018

Trump's Tariffs Will Negatively Affect the Vaping Industry Inside Sources 25/07/18