



BMJ in the News is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the **national and a selection of English-speaking international media**.

Latest highlights (21 May - 27 May):

- A study in **Heart** suggesting a link between egg consumption and risk of cardiovascular disease generated global coverage, including *CNN*, *Newsweek*, *Sky News* and *Hindustan Times*
- Another **Heart** study outlining the benefits of active commuting also generated global coverage, including *New York Post*, *The Asian Age*, *The Conversation UK* and *New Indian Express*
- **The BMJ** study suggesting a link between antidepressants and weight gain was covered by *TIME* and *The Daily Mail*

BMJ

[The BMJ is launching a collection of articles exploring how to achieve effective universal health coverage, and a series exploring how to improve the quality of healthcare delivery](#) - UKSG News 22/05/2018

[BMJ Best Practice and Your.MD enter strategic partnership for AI medical validation](#) - HealthCare Business 24/05/2018

The BMJ Awards

[Brighton hospital staff win innovation prize at health awards](#) - Brighton and Hove News 23/05/2018

[Coveted BMJ award bestowed on The Clatterbridge Cancer Center](#) - News Medical Life Sciences 24/05/2018

The BMJ

Research: Severe and predominantly active atopic eczema in adulthood and long term risk of cardiovascular disease: population based cohort study

[Severe eczema raises risk of heart failure](#) - The Times + The Times Scotland 24/05/2018

[People with severe eczema face 20% increased risk of stroke, study shows](#) - The Irish Times 24/05/2018

[Link found between severe eczema and heart problems](#) - The Guardian 24/05/2018

Also covered by: Daily Mail, Pulse, The Pharmaceutical Journal, NHS Choices, Nursing Times, OnMedica

Research: [Antidepressant utilisation and incidence of weight gain during 10 years' follow-up: population based cohort study](#)

[A New Study Links Antidepressants to Weight Gain](#) - TIME 23/05/2018

Also covered by: Daily Mail + Scottish Daily Mail 24/05/2018, Nursing Times, 6minutes, New Atlas, Healio, Aberdeen Evening Express, LatestLY, Infosurhoy, HealthCentral.com, Heilpraxisnet.de

Editorial: [Brexit is bad for our health](#)

[Brexit 'in any form' detrimental to Britain's health](#) - The Irish Times 24/05/2018

Other coverage included:

Further coverage on dementia and high intensity exercise: Daily Express

[Sex Column: Here's A Simple Fact of Life - Abortions Are Sometimes Necessary](#) - Hot Press 21/05/2018

[Higher vitamin D level lessens risk for cancer](#) - Healio 21/05/2018

[Tests help diabetes management](#) - WaateaNews.com 21/05/2018

[Measles outbreak warning: Fifteen sufferers are confirmed at a secondary school in West Sussex as cases rocket across England due to an epidemic in Europe](#) - Daily Mail 21/05/2018

[Strong grip may predict longer life at all ages](#) - Reuters 21/05/2018

[What does YOUR handshake reveal? Study finds a weaker grip is linked to an early death from cancer, lung disease, or a heart attack](#) - Daily Mail 22/05/2018

[Grip Strength Linked to All-Cause Mortality, CVD, Respiratory, Cancer Outcomes](#) - Clinical Advisor 24/05/2018

[Text messages provide support for people with diabetes](#) - Scoop.co.nz 21/05/2018

[SWAPPING CAR COMMUTE FOR CYCLE 'SAVES LIVES'](#) - Daily Mail 22/05/2018 (link unavailable)

[A TICKING TIME BOMB](#) - The Independent 22/05/2018 (link unavailable)

[Tai chi is the perfect cure for Joanne](#) - The Bolton News 22/05/2018

[On the Autonomy, Efficiency, and Equity Factors of National Healthcare Programs with Professor Gordon Guyatt](#) - The Good Men Project 22/05/2018

[DOES A DOCTOR'S AGE MATTER?](#) - Mumbai Mirror 22/05/2018

[As it celebrates its 70th birthday, the NHS is at a critical point in its lifetime](#) - The Guardian 23/05/2018

[How dangerous is climbing Mount Everest?](#) - The Week 22/05/2018

[DOES A DOCTOR'S AGE MATTER?](#) - Ahmedabad Mirror 22/05/2018

[Effects of whistleblowing](#) - The New Zealand Herald 23/05/2018 (link unavailable)

[Five amazing ways cycling can improve your health and wellbeing](#) - Metro 23/05/2018

[Trump's plan won't lower prescription drug prices. Ours would.](#) - The Washington Post

23/05/2018

[How many women in Ireland request abortion pills? How safe are they? Are they illegal?](#) - thejournal.ie 23/05/2018

[Health Insurance Coverage For Healthy Groceries? More Food-Based Interventions May Be Coming](#) - Forbes 24/05/2018

[Checkup Medical Column for May 25](#) - The Border Mail 25/05/2018

[Texas Vs. England, Who Manages Measles Better?](#) - Precision Vaccinations 24/05/2018

[The Mediterranean diet is gone, says WHO chief](#) - Food Navigator 24/05/2018

[Africa Day: Continent battles brain drain](#) - Chronicle 25/05/2018

[The perils of taking half a dozen pills before breakfast](#) - Financial Times 25/05/2018

[Failure In Breast Cancer Screening Campaign Could Have Affected 50,000 More UK](#)

[Women Than Previously Thought](#) - IFL Science 25/05/2018

[So many people are dying from alcohol-related deaths it's like 'planes going down without survivors'](#) - thejournal.ie 26/05/2018

[Why 'healthier' low-fat ice cream may not be cool for your body](#) - South China Morning Post 26/05/2018

[Women 'duped' into needless trial breast screenings](#) - The Sunday Telegraph 27/05/2018
(link unavailable)

[Queen's physician backs call for shooting galleries for drug addicts in Glasgow](#) - The Sunday Times Scotland 27/05/2018

JOURNALS

Heart

Research: Associations of egg consumption with cardiovascular disease in a cohort study of 0.5 million Chinese adults

[Eggs can lower stroke and heart attack risk: study](#) New York Post 23/05/18

[An egg a day to keep the doctor away?](#) - BBC News 22/05/2018

[Keep your heart healthy and minimise stroke risk with just one egg everyday](#) Hindustan Times 22/05/18

Also covered by:

UK & Ireland

Daily Telegraph, Daily Mail + Scottish Daily Mail, Metro, Independent, The Sun, Daily Express, Daily Mirror, Sky News, ITV News, Evening Standard, BT.com, STV news, RTE News, Irish Independent, The Journal.ie, Irish Times, AOL UK, Yahoo News, Nottinghamshire Live, Wessex FM

International

Newsweek, TIME, CNN, USA Today, Fox News, New York Daily News, CNBC, CBS Minnesota, FoodNavigator US, Chicago Sun Times, Women's Health, Ottawa Sun, KNIS, KSL.com, WMTJ, US News & World Report, Bustle, The Siver Telegram, Fox Business, Atlanta Journal Constitution, Business Insider South Africa, Financial Express, Economic Times, World First Travel Insurance, The Asian Age, Star Online (Malaysia), Star2.com, Siasat Daily, Ary News (Pakistan), Today, India Today, NDTV, Times LIVE, AsiaOne, The Kashmir Monitor, SBS, The Conversation AU, Independent Online (South Africa), Nairobi News, Pulse Nigeria, Jordan Times, Jamaica Observer, The News International

Other

OnMedica, Health News Review, Medical News Today, MedPage Today, Science Daily, ScienceAlert, Medical Xpress, Healio, Health.com, Sci-News.com, Anti-aging News, Well + Good, Cardiology Advisor, PureWow, Tech Times, Starts at 60, Plant-Based News, Jacaranda FM, Reuters, 11Alive, CANOE, Greenville News, Brinkwire, Marianas Variety, Daily Trust, News Courier

Research: [Using alternatives to the car and risk of all-cause, cardiovascular and cancer mortality](#)

Editorial: [Is it time to get out of the car for physical activity benefits?](#)

Podcast: [Commuting and your cardiovascular health](#)

[Five amazing ways cycling can improve your health and wellbeing](#) The Metro 23/05/18

[Getting up 20 minutes earlier can slash risk of heart disease](#) New York Post 22/05/18

[Cycling to work can help you live longer](#) The Asian Age 22/05/18

Also covered by: The Conversation UK, The Times, Financial Times, Daily Mail, The Independent, Daily Express, The Sun + Irish Sun, TV3.ie, BT.com, The Cambridge Network, Economic Times, Business Standard, Business Insider, Hindustan Times, ANI News, New Indian Express, Deccan Chronicle, NPR, MinnPost, US News & World Report, Inquirer.net, Independent Online (South Africa), Gulf Times, HealthDay, Science Daily, Medical Xpress, BikeBiz, Cycling Industry News, Green Car Congress, Earth.com, road.cc, Doordarshan, Reuters, ARY News

Gut

Research: [Inflammatory bowel disease increases the risk of Parkinson's disease: a Danish nationwide cohort study 1977–2014](#)

[Inflammatory bowel disease may raise Parkinson's risk](#) Medical News Today 22/05/18

[Inflammatory bowel disease may make you vulnerable to Parkinson's hazard](#) Market Assessment 23/05/18

[IBD Associated With Increased Risk of Parkinson's Disease](#) Doctor's Lounge 22/05/18

Also covered by: MedPage Today, Healio, Medical Xpress

Vet Record

Letter: [Horses at the Royal wedding](#)

[Horses used during royal wedding were in 'obvious discomfort', claims vet](#) The Independent 27/05/18

Annals of the Rheumatic Diseases

[Kidney Transplant Improves Survival of GPA Patients with Advanced Renal Disease. Study Finds](#) - Anca Vasculitis News 22/05/2018

[Individually Tailored vs Fixed-Schedule Rituximab Regimens in ANCA-Associated Vasculitis](#)
- Rheumatology Advisor 24/05/2018

[Does Exposure to Passive Smoke Increase Rheumatoid Arthritis Risk?](#) Rheumatology
Advisor 25/05/18

[The health benefits of paw paw](#) Pulse Nigeria 25/05/18

Archives of Disease in Childhood

[Bed-Sharing May Not Be As Dangerous As Doctors Thought, Report Finds](#) - Romper
22/05/2018

[Is Calpol really the 'heroin of childhood'?](#) - Daily Mail + Scottish Daily Mail 24/05/2018

BMJ Case Reports

[On the Pulse: Is it truly asthma?](#) OnMedica 24/05/18

[Ask the doctors: Follow food safety protocols to avoid tapeworm infections](#) The
Spokesman Review 26/05/18

BMJ Open

[Type 2 diabetes: Giving this up can help prevent condition](#) - Daily Express 21/05/2018

[Diabetes type 2: No food after 3pm could treat condition](#) - Daily Express 22/05/2018

[National workshop on publication ethics and scientific writing](#) - The Times of India
23/05/2018

[Disadvantaged students with lower grades perform just as well in medical degrees](#) - The
Independent 24/05/2018

[Medical schools urged to lower entry grades](#) - Daily Telegraph + Scottish Daily Telegraph
24/05/2018 (link unavailable)

Also in: Brinkwire

[This Researcher is Studying Teens to Help Reduce Endometriosis Stigma](#) Endometriosis
Foundation of America 25/05/18

British Journal of Sports Medicine

[Better posture? The secret's in your feet](#) - The Times + The Times Ireland 22/05/2018

[Feeling above par: why golf is good for you](#) - The Irish Times 22/05/2018

Further coverage on physical activity in workers:

[Exercise is good for you - unless it's part of your job](#) - The Straits Times 22/05/2018
[Men, While Staying Active Is Important Work-Related Physical Activity Can Increase Your Risk Of Dying](#) - India Times 22/05/2018
[Do Scaffolders Have An Increased Risk of Premature Death?](#) - Scaff Mag.com 22/05/2018

[Exercise after stroke improves blood pressure, may prevent repeat strokes](#) - Reuters 23/05/2018

[Inspired to get on your bike? 5 amazing ways cycling can boost health and wellbeing](#) - Xpose.ie 23/05/2018

[Castle's welcome mat was stained from the very beginning](#) - The Australian 25/05/2018

[Sports Medicine Market is Expected to Reach USD 13 billion by the End of 2025](#) - Expert Consulting 25/05/2018

[How does your garden grow?](#) Yakima Herald-Republic 26/05/18 (link unavailable)

Emergency Medicine Journal

[PTSD is a common plight for first responders, but the mental health care they need is often lacking](#) US News & World Report 23/05/18

[Beds crisis at Huddersfield Royal Infirmary last winter was worst ever recorded](#) - The Huddersfield Daily Examiner 25/05/2018

Journal of Clinical Pathology

[The honey that's more effective than antibiotics](#) - Daily Mail + Scottish Daily Mail 22/05/2018 (link unavailable)

Journal of Epidemiology & Community Health

[Maori at greater risk of harmful occupational exposures](#) Voxy (New Zealand) 21/05/18

[Virginia Makes Family Court Reform History](#) - Directors Talk 22/05/2018

[Almand: It's a wonderful life](#) Barrow News Journal 26/05/18

[Artificial sweeteners linked to diabetes and obesity](#) The Week 27/05/18

Journal of Medical Ethics

[The First Female Genital Mutilation Prosecution In America Is A Chilling Reminder It Happens Here, Too](#) - Bustle 21/05/2018

[Babies with Prader-Willi Syndrome Have Higher Rate of Perinatal Complications](#) - Prader-Willi Syndrome News 24/05/2018

[Legitimacy and healthcare policy](#) BioEdge 26/05/18

Journal of Neurology, Neurosurgery & Psychiatry

[Minimal Reduction of Depression With CBT in People With Epilepsy](#) - Psych Congress Network 24/05/2018

[Man, 95, arrested on suspicion of murder after carer dies from head injuries](#) Starts at 60 25/05/18

RMD Open

[Baseline Characteristics Associated With Response to Biologic Therapy in PsA](#) - Rheumatology Advisor 23/05/2018

