

The image shows the BMJ logo in white on a blue background. To the right of the logo is a horizontal strip of blue icons representing various medical and scientific concepts, including a microscope, a person, a speech bubble, a computer monitor, a stethoscope, and a person in a lab coat.

BMJ in the News is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the **national and a selection of English-speaking international media**.

Latest highlights (19 - 25 Mar):

- Fiona Godlee mentions BMJ's latest journal **BMJ Nutrition, Prevention & Health** in an interview with BBC Radio 4's The Food Programme
- **The BMJ's Assisted Dying campaign** mentioned in a story on Guernsey set to become first place in the UK to have a suicide clinic
- A study in **BJSM** questioning the effectiveness of custom-made shoe inserts for heel pain was covered by *Reuters*, *Business Insider*, *CTV News (Canada)* and *Philly.com*
- A **BMJ Open** study suggesting that GPs trained in alternative medicine have lower antibiotic prescribing rates generated widespread coverage, including *The Times*, *Daily Mail*, and *Physician Weekly*

The BMJ Awards

[Willowbrook Hospice in running for national honour](#) - St Helens Star 19/03/2018

[A GROUND-BREAKING Oxford fertility programme for children and young people with cancer has been shortlisted for a major national award](#) - Oxford Mail 23/03/2018

BMJ

[Fiona Godlee talking about the importance of teaching nutrition in medical school and mentions BMJ's latest journal **BMJ Nutrition, Prevention & Health**](#) - The Food Programme, BBC Radio 4 FM 25/03/18

The BMJ

Research: [Tai chi as good as or better than aerobic exercise for managing chronic pain](#)

[Tai chi recommended to fight fibromyalgia](#) - BBC News 22/03/2018

[Tai Chi 'better than aerobic exercise' for chronic pain relief](#) - The Scotsman 22/03/2018

[Why Tai Chi Works So Well For Pain Relief](#) - TIME 22/03/2018

Also covered by: OnMedica, Nursing Times, NHS Choices, The Sun, MedPage Today, The Asian Age, Deccan Chronicle, SBS News, Health Thoroughfare, Medscape, WebMD, KVOA Tucson News, The Economic Times, Zee News, Hindustan Times, The Siasat Daily, Malay

Mail, OzarksFirst.com, EverythingLubbock.com, Science Codex, Doctors Lounge, Facts Herald, CTV News, iAfrica.com, The Talking Democrat, The People

Research: [Use of certain diabetes drugs may be linked to increased risk of inflammatory bowel disease](#)

[DPP-4 inhibitor Class of Diabetes Medications Linked To Increase Risk of Inflammatory Bowel Disease](#) - MedicalResearch.com 22/03/2018

The BMJ Assisted Dying Campaign

[Guernsey set to become first place in the British Isles to have a suicide clinic](#) - Daily Mirror 21/03/2018

Other coverage this week included:

[INTERESTING NUMBERS WAITING TIMES](#) - Daily Mirror + Irish Daily Mirror 20/03/2018 (link unavailable)

[Dame Beulah Bewley](#) - The Times + The Times Scotland 20/03/2018

[How Does a History of Chronic Disease Affect Cancer Risk?](#) - Medical News Bulletin 20/03/2018

[Analysing the Premier League and its frosty relationship with the winter break](#) - Sport360 20/03/2018

[It should worry us when an English judge calls an ill baby 'semi-vegetative'](#) - The Spectator (blog) 21/03/2018

[Adjunctive Antibiotic Therapy Yields Modest Benefit in Uncomplicated Skin Abscesses](#) - Infectious Disease Advisor 21/03/2018

[H.S. HOCKEY: Rockland will fight through rocky times](#) - Wicked Local Rockland 21/03/2018

[Norway's drug policies 'could set example for rest of the world'](#) - The Independent 22/03/2018

[Death Rates](#) - Blasting News 22/03/2018

[Neman: Processed foods will kill us all! Or they won't.](#) - St. Louis Post-Dispatch 22/03/2018

[Why wine glasses keep getting bigger](#) - Financial Times 22/03/2018

[SIDS rates drop](#) - Daily Mirror + Irish Daily Mirror 23/03/2018 (link unavailable)

[From Pepsi to parenting, the government is importing other countries' policy failures](#) - City A.M 23/03/2018

[The glass divide](#) - Financial Times 24/03/2018 (link unavailable)

[Study: Seafood, mushrooms and sunbathing can cut cancer risk](#) - The Asahi Shimbun 25/03/2018

Here Are 3 Alternative Cancer Treatments To Ask Your Doctor About - Alternative Daily 25/03/2018

JOURNALS

British Journal of Sports Medicine

Research: Efficacy of foot orthoses for the treatment of plantar heel pain: a systematic review and meta-analysis

[Shoe inserts may not help plantar heel pain](#) Business Insider + Reuters 19/03/18
[Are Pricey Orthotic Insoles Worth It for Heel Pain?](#) Philly.com 20/03/18
[Custom orthotics no better than cheaper insoles for people with heel pain, study suggests](#) CTV News (Canada) 19/03/18

Also covered by: Business Standard, Newsmax, 6Minutes, UPI.com, MinnPost, ANI News, Deccan Chronicle, The Hans India, The Asian Age, US News & World Report, WebMD, MedPage Today, Nursing Times, Doctors Lounge, Medical Xpress, Clinical Pain Advisor, CBC News

[Leagues and governing bodies](#) Sports Business Daily 19/03/18

[Vermont law hosts 'hazing in sports' panel](#) JD Journal 19/03/18

[How To Stick To Cardio By Following This One Simple, Science Backed Routine](#) - Elite Daily 20/03/2018

[Rowan's Law calls for concussion protocol in amateur sport](#) - BarrieToday.com 20/03/2018

[The right fit: Sports bra a key piece of workout equipment](#) - The Courier 23/03/2018

[Why treating runner's knee can be a simple fix](#) Globe & Mail 23/03/18

[Study shows drastic increase in ACL injuries in past decade](#) Spectrum News (Rochester) 24/03/18

[Why treating runner's knee can be a simple fix](#) - The Globe and Mail 23/03/2018

BMJ Open

Research: Do NHS GP surgeries employing GPs additionally trained in integrative or complementary medicine have lower antibiotic prescribing rates? Retrospective cross-sectional analysis of national primary care prescribing data in England in 2016

[Alternative GPs use fewer antibiotics](#) The Times x 2 + The Times Scotland 20/03/18
[Antibiotic scrip rates lower in CAM-trained practices](#) OnMedica 21/03/18
[Integrative medicine training ties to less antibiotic prescribing](#) Doctors Lounge 20/03/18

Also covered by: Belfast Telegraph, Metro, Daily Mail, The Independent, Jersey Evening Post, Shropshire Star, The Argus, Rhyl Journal, AOL UK, Practice Business, Monthly Prescribing Reference, Infectious Disease Advisor, Physician Weekly, Medical Xpress, 6Minutes

[Childbirth program reduces caesarean rate, could save health system \\$97 million a year](#) - The Sydney Morning Herald 19/03/2018

[Woman's Death Shows Bee Sting Acupuncture Fad Is Deadly](#) IFLScience 19/03/18

[For weight loss that lasts, eat mindfully](#) Chicago Tribune 20/03/18

[Industry news in brief](#) - Digital Health 23/03/2018

Annals of the Rheumatic Diseases

[Novel Gene Variants Associated With CVD Identified in Patients With SLE and RA](#) - Rheumatology Advisor 21/03/2018

[Decreased Levels of Linoleic Acid Linked to Increased Risk for Rheumatoid Arthritis](#) - Rheumatology Advisor 22/03/2018

[Comorbid Fibromyalgia and Axial Spondyloarthritis: Response to TNF Blocker Therapy](#) - Rheumatology Advisor 22/03/2018

[Predicting Skin Score Changes in Early Diffuse Systemic Sclerosis](#) - Rheumatology Advisor 22/03/2018

[Thickened Pulleys in PsA Support Deep Koebnerization in Dactylitis](#) - Rheumatology Advisor 23/03/2018

Archives of Disease in Childhood

[Kangaroo mother care effective in prevention of hypothermia in term infants when practiced](#) - UAB News 19/03/2018

[Council declares war on sugar and junk food](#) - The Star 21/03/2018

[Just FOUR cases of female genital mutilation have been carried out in Britain as experts admit figure is 'lower than expected'](#) Mail on Sunday +Scottish Mail on Sunday 25/03/18

BMJ Open Diabetes Research & Care

[Why retirement was the biggest handicap of all for Britain's greatest jockey \(because lifestyle changes left him on the brink of diabetes\)](#) - Daily Mail 19/03/2018

BMJ Case Reports

[Doctors find air pocket where part of man's brain should be](#) - The Straits Times 20/03/2018

[Strange case of the man with a 'large black hole' in part of his brain](#) - Genetic Literacy Project 19/03/2018

[How 'Air Pockets' Can Form in Your Brain](#) - Healthline 25/03/2018

[FIRST CASE OF UNILATERAL RETINITIS PIGMENTOSA AT EDINBURGH EYE HOSPITAL](#) - Optometry Today 20/03/2018

[Woman Claims Her Dog Detected Her Skin Cancer \(Yes, Really\)](#) - Allure 23/03/2018

Journal of Epidemiology and Community Health

[Under 30? You're getting poorer faster than any other generation](#) - The Big Issue 20/03/2018

[Domenitz: Why Right to Repair reforms are needed in Massachusetts](#) - Wicked Local
23/03/2018

Journal of Medical Ethics

[Vatican Condemned for Lending Credibility to Chinese Regime's Claims of Organ Transplant Reform](#) - The Epoch Times 21/03/2018

[The morally messy world of international NGOs](#) BioEdge 25/03/18

Journal of Medical Genetics

['Founder effect' may have fueled fragile X cluster in Colombian town](#) - Spectrum 19/03/2018

Journal of Neurology Neurosurgery & Psychiatry

[Cannabinoids May Be Effective as Adjunctive Treatment for Refractory Epilepsy](#) Neurology
Advisor 23/03/18

[Meta-analysis of scientific studies shows medical marijuana treats childhood epilepsy](#) - Herb
25/03/2018