

The image shows the BMJ logo in white on a blue background. To the right of the logo is a horizontal strip of blue icons representing various medical and scientific concepts: a microscope, a person with a speech bubble, a computer monitor, a stethoscope, and a person with a speech bubble.

**BMJ in the News** is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the **national and a selection of English-speaking international media**.

Latest highlights (15 - 21 Jan):

- A **BMJ Case Report** on the perils of stifling a sneeze generated global print, broadcast and online coverage, including *BBC*, *Washington Post*, *Japan Today*, *CNN* and *Russia Today*
- A study in **Heart** on the cardiovascular risks of early periods generated UK and international coverage, including *New York Times*, *Independent Online (South Africa)* and *Channel News Asia*
- *The Boston Globe* and *The Los Angeles Times* picked up a US study from **The BMJ** this week on opioid misuse after surgery

## **BMJ**

[Have times changed?](#) - Daily Telegraph 15/01/2018 (mention of the photo with Fi Godlee and the female presidents of 8 royal medical colleges) (link unavailable)

## **The BMJ**

**Research:** [Duration of treatment rather than dose more strongly associated with opioid misuse after surgery](#)

[Duration, not dosage, is key in opioid problems, study finds](#) - The Boston Globe 17/01/2018  
[To reduce the risk of opioid addiction, study suggests higher doses but fewer refills](#) - Los Angeles Times 17/01/2018

**Also covered by:** EurekAlert, Inverse, HeraldScotland, Pain News Network, The Cancer Letter,

**Head to Head:** [Should all patients be asked about their sexual orientation?](#)

[Ban the NHS nose parkers! Royal doctor calls for end to snooping on patients sex lives](#) - Daily Express 18/01/2018

[Top doctor blasts health bosses for ordering 'intrusive' questions about patients' sexual orientation](#) - The Sun 18/01/2018

[Hugely controversial NHS decision to ask all patients if they are GAY is 'political correctness gone mad', claims family GP](#) - Daily Mail 17/01/2018

**Also covered by:** Brinkwire

**Other coverage included:**

[US tobacco companies engaged in 'numerous acts of fraud'](#) - Daily telegraph 15/01/2018  
(link unavailable)

[Asthma: what happens in your lungs, and why you shouldn't underestimate it](#) - The Irish Times 15/01/2018

[Why are doctors in the Middle East cosyng up to foreign armies?](#) - The Independent 15/01/2018

[From 'baby brain' to 'man flu': Bizarre myths or real ailments?](#) - RT News 15/01/2018

[MP wins new study on radiotherapy after Parliamentary debate](#) - Cumbria Crack 15/01/2018

[The PFI bosses fleeced us all. Now watch them walk away](#) - The Guardian 16/01/2018

[Remedies for Britain's ailing health service](#) - The Times + The Times Ireland + The Times Scotland 17/01/2018

[Diet Secrets & How to Lose Weight \(TV\)](#) - Channel 5 16/01/2018

[GP referral scheme extended for further year in north Durham](#) - The Northern Echo 17/01/2018

['Children need the truth about death'](#) - Daily Telegraph 18/01/2018 (link unavailable)

[Tokens Will Bring Conflicts of Interest to Healthcare](#) - Coindesk 17/01/2018

[How to teach children about death – through movies](#) - The Telegraph 18/01/2018

[The TV Series Hospital CEOs Don't Want You To See](#) - HuffPost 17/01/2018

[Why the cold snap will make your man f-f-frisky!](#) - Scottish Daily Mail 19/01/2018 (link unavailable)

[Toronto doctor urges review of morning sickness drug Diclectin](#) - The Globe and Mail (17/01/2018)

[PLEA FOR HELP Horror photo emerges of emaciated Brit trapped in the Philippines as throat tumours leave him unable to eat and family battle to get him home](#) - The Sun 19/01/2018

[Austerity, welfare reform, and deaths](#) - Ekklesia 18/01/2018

[Quantum of illicit cigarettes not as much as 'industry claims'](#) - Daily News & Analysis India 19/01/2018

[New Tool to Find Out Age for Onset of Prostate Cancer](#) - The Global Health News 18/01/2018

[Homeopathy helps](#) - The Times + The Times Scotland + The Times Ireland 20/01/2018 (link unavailable)

[Reinvigoration of our town and city centres](#) - The Times 20/01/2018

[Heritage: NHS in crisis - Upminster GP blames patients in 1950](#) - Romford Recorder 20/01/2018

## **JOURNALS**

### **BMJ Case Reports**

**Case: Snap, crackle and pop: when sneezing leads to crackling in the neck**

[He tried to hold in a sneeze and ended up in the hospital on a feeding tube](#) Washington Post 16/01/18

[Man ruptures throat by stifling a sneeze](#) BBC News 16/01/18

[Here Is What Can Happen If You Hold In A Sneeze](#) Forbes 15/01/18

*UK + Ireland*

Sky News, The Guardian, The Times, Daily Telegraph, Daily Mail, Daily Express, The Sun, Mirror, Daily Star, The Independent, iNews, Metro, HuffPost UK, The Week UK, International Business Times UK, Business Insider UK, Evening Standard, Ipswich Advertiser, Leicester Mercury, Derby Telegraph, Nottingham Post, Plymouth Herald, Somerset Live, Blackpool Gazette, LancasterOnline, Liverpool Echo, Isle of Wight Radio, Yahoo Finance UK, the Journal.ie, Eire TV, Dublin Live, Her.ie, Belfast Newsletter

*International*

TIME, Newsweek, CNN, Fox News, CBS, NPR, Smithsonian, New York Daily News, Metro US, US News & World Report, Men's Health, Bustle, Women's Health, Rare.us, Discover Magazine, Esquire.com, Teen Vogue, Cosmopolitan, UPI.com, AOL, SFGate, Seattle Times, Boston News, Colorado Springs Gazette, Western Star, Luxora Leader, PennLive, extensive local US broadcast, INSIDER, Vancouver Sun, Toronto Star, Calgary Herald, Ottawa Citizen, Global News Canada, Globe & Mail, CBC, ABC Online, SBS, Gizmodo Australia, Courier Mail, Telegraph (Aus), TVNZ, Radio New Zealand, Stuff.co.nz, The Hindu, Zee News, India Today, Deccan Chronicle, International Business Times India, The Indian Express, NDTV, India.com, DoctorNDTV, Daily Nation, Xinhua News, Nairobi News, St Lucia Times, Jamaica Observer, Sputnik International, Russia Today, Cape Breton Post, Siasat Daily, New Straits Times, Japan Today, Tasnim News Agency, Independent Online (South Africa), Modern Ghana, Honolulu Star Advertiser, Emirates 24/7, Infosurhoy

*Other*

OnMedica, Medical News Today, Health24, HealthDay, TheHealthSite, Medical Xpress, ZME Science, ScienceAlert, IFLScience, Live Science, Science Examiner, Sci-Tech Today, Science Daily, Science Now, Monthly Prescribing Reference, Technology Networks, Ars Technica, Today.com, Business Insider, The Punch, Brinkwire, Epoch Times, ESPN, Starts at 60, ChronicleLive, Tonic, StoryPick, New Vision, Jezebel, Complex, Cosmos, Pedestrian TV, Gk Men, Alive for Football, The Tribune, Insider Car News, Pickle, How Stuff Works, The Journal Pioneer, Middy, Express Tribune, Treehugger, 10,000 Couples, Elite Daily, Value Walk, The Cable, The Statesman, HelloGiggles, Spectrum News, Newsmax, Newshub, Newser, Newsday, Yahoo News, Thrillist, Red Deer Advocate, Health Aim, The Loop, Clipper 28, PressKS, Clarkson Daily Progress, 570 minutes, 680 News, 5Newsonline, Newburgh Gazette, Hit107, BGR, Little Things, Travel + Leisure, Good Housekeeping, Mashable, Markets Insider, Life & Style Weekly, The TeCake, Christian Today, Times Colonist, Obsev, Graphic Online, The Press, Novinite.com, AL.com, SELF, PJ Media, NewsChannel 5

[Lupus detected through eye examination](#) Optometry Today 19/01/18

[Is Sushi Safe? Giant Tapeworm Linked to Eating Raw Fish Raises Concern](#) Yahoo News 20/01/18

[Couple gets hookworm after sitting on Caribbean beach](#) Trinidad and Tobago Loop  
21/01/18

## **Heart**

**Research:** [Women's reproductive factors and incident cardiovascular disease in the UK Biobank](#)

[Reproductive Factors in Women Tied to Heart Disease and Stroke Risk](#) New York Times  
18/01/18

[Girls who start their period before 12 are 10% more likely to have a heart attack or stroke in later life and also face a greater risk of early menopause and pregnancy complications](#)

Daily Mail 16/01/18

[Early menopause is linked to heart and stroke](#) Independent Online (South Africa) 16/01/18

**Also covered by:** The Times, The Guardian, Daily Telegraph, HuffPost UK, iNews, Irish Health, RTE.ie, Miami Herald, CTV News, HuffPost Canada, Today.com, Everything Lubbock.com, Bustle, Teen Vogue, Reuters, The Australian, The West Australian, Herald Sun, New Zealand Herald, OzarksFirst.com, Times of Malta, Jamaica Observer, Gulf Digital News, Nairobi News, Daily Nation, Infosurhoy, Channel News Asia, Times Now, NDTV, The Hindu, Deccan Chronicle, GMA News, MedPage Today, Medical News Today, HealthDay, News-Medical.net, Doctors Lounge, Cardiology Advisor, Medical Xpress, Healio, TheHealthSite, OnMedica, Monthly Prescribing Reference, Netral News, ABP Live, Brinkwire, Union Daily Times, Coherent News, New Vision, Kfm radio, Newburgh Gazette, 10,000 Couples, InDaily, Gk Men, 6Minutes, Luxora Leader, Medgadget, Brownwood Bulletin

## **Annals of the Rheumatic Diseases**

[Introduction of bDMARDs Linked to Reduced Incidence Rates of Total Knee Replacement](#) Rheumatology Advisor 15/01/18

[Sprinkle of powder can 'cure' peanut allergy: Substance with tiny traces of the protein that triggers allergic reaction is placed on food to build up a patient's immune system](#) Daily Mail  
16/01/18

[Update: 2017 Treat-to-Target Recommendations for Spondyloarthritis](#) Rheumatology Advisor 18/01/18

[Study reveals key role of macrophages in systemic sclerosis](#) News-Medical.net 19/01/18

[Rapid Onset Seen for Apremilast in PsA](#) MedPage Today 19/01/18

## **BMJ Open**

[Burnout: Our doctors have it, so what is the prescription?](#) Irish Times 15/01/18

[Patient Satisfaction Ratings Can Be Negatively Impacted by Nurse Staffing Ratio](#) Oncology

Nurse Advisor 15/01/18

[Alcohol-Related ER Visits Increase, Particularly Among Women](#) The Fix 15/01/18

[Risk of adverse medication reactions to people with COPD](#) Medical Xpress 15/01/18

[Time-varying depression increases risk for CVD, non-CVD, cancer mortality](#) Healio 19/01/18

### **BMJ Open Diabetes Research & Care**

[People with HIV more likely to get diabetes](#) The Star (Kenya) 15/01/18

[Diabetes Injection Pens Market – Empowering product knowledge will unlock the potential of these devices](#) Coherent News 15/01/18

[Developing Diabetes: Monitor Aging Individuals with HIV Closely](#) Pharmacy Times 18/01/18

### **British Journal of Ophthalmology**

[Moxifloxacin preferred injectable antibiotic in cataract surgery](#) Healio 15/01/18

[Fancy a cup of creativi-TEA? Simple cuppa sparks an instant burst of brain power by putting people in a good mood, reveals study](#) Daily Mail 16/01/18

[A cup of tea a day keeps away a leading cause of blindness, study suggests](#) Metro US 19/01/18

### **British Journal of Sports Medicine**

[5 myths about cardio that you need to stop believing](#) INSIDER 16/01/18

[CAS suspends controversial IAAF hyperandrogenism rule for six more months](#) BT.com 19/01/18

[Strike an appy medium with FitBit and sport technology, Exercise and Sports Science Australia claims](#) Geelong Advertiser 21/01/18

### **Emergency Medicine Journal**

[New psychiatric space at Billings Clinic designed to allow better emergency care](#) Billings Gazette 20/01/18

### **Journal of Medical Ethics**

[NYC moving controversial doc statue to Green-Wood](#) Brooklyn Daily Eagle 16/01/18

## **Journal of Neurology Neurosurgery & Psychiatry**

[Marriage can make you crazy, but it deters dementia too](#) The Jordan Times 15/01/18

**Also in:** Marilyn Stowe blog

[Medtronic's ITB Therapy Superior to CMM for PSS Reduction](#) Nasdaq 16/01/18

## **Stroke & Vascular Neurology**

[Herbal Extract could Improve Brain Function of Patients Suffering from Ischemia](#) Coherent News 18/01/18