

BMJ in the News is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the **national and a selection of English-speaking international media**.

This week's (5-11 June) highlights:

- Research in **The BMJ** suggesting that even moderate drinking can damage the brain was widely reported in the [UK, US, Australia and India](#)
- A **JECH** study suggesting that cannabis use among teens may increase attraction to other drugs generated global coverage, including [Business Standard, Hindustan Times, The Star \(Malaysia\) and WIC News \(West Indies\)](#)
- [Fox News](#) and [The New York Times](#) covered the **ARD** study on the benefits of a fibre rich diet for knee arthritis, while the dangers of swimming with a new tattoo in **BMJ Case Reports** continues to make headlines, including [CBS News, USA Today and NBC Local news](#)

BMJ India

[BMJ India Announces BMJ Awards South Asia 2017](#) – Medical Dialogues 08/06/2017

The BMJ

Research: [Comparison of range of commercial or primary care led weight reduction programmes with minimal intervention control for weight loss in obesity: Lighten Up randomised controlled trial](#)

[Should you be taking the Whole Life Challenge?](#) - The Times [T2] + The Times Scotland + The Times Ireland 06/06/2017

Research: [Moderate alcohol consumption as risk factor for adverse brain outcomes and cognitive decline: longitudinal cohort study](#)

[Even moderate drinking can damage the brain](#) – The Guardian 06/06/2017

[Glass of wine a day enough to damage brain and could increase Alzheimer's risk](#) – The Telegraph 06/06/2017

[Even moderate drinking could harm the brain](#) – CBS News 06/06/2017

Also covered by: The Times, The Sun, USA Today, Medscape, The Financial Express, Medical XPress, The Tribune (India), Herald Sun (Australia), Australian Financial Review, New Delhi Times, The Hans (India), TAPinto.net

Research: [Prenatal antidepressant use and risk of attention-deficit/hyperactivity disorder in offspring: population based cohort study](#)

[Do antidepressants in pregnancy raise kids' ADHD risk?](#) - Reuters 07/07/2017

Opinion: [Ending the international arms trade could reduce terrorism and prevent the death of civilians](#)

[Ending the international arms trade could reduce terrorism and prevent the death of civilians](#)
- The Economic Voice 06/06/2017

Research: [Do heads of government age more quickly? An observational study comparing mortality between elected leaders and runners-up in national elections of 17 countries](#)

[FLAGGING ALREADY, PM?](#) (link unavailable) - The People 11/06/2017

JOURNALS

Journal of Epidemiology & Community Health

Research: [Patterns of cannabis use during adolescence and their association with harmful substance use behaviour: findings from a UK birth cohort](#)

[PROOF cannabis DOES lead teenagers to harder drugs](#) - Daily Mail 07/06/17

[Cannabis use among teens may increase attraction to other drugs: Study](#) - Business Standard 08/06/17

[Cannabis use among teens related to attraction to other drugs](#) - Hindustan Times 08/06/17

Also covered by: Courier Mail, Daily Telegraph Australia, New Kerala, Deccan Chronicle, IndiaLIVE Today, Outlook India, Zee News, The Star (Malaysia), The Sun, News-Medical.net, Daily News & Analysis, Economic Voice, TheHealthSite, Health Central, OnMedica, Science Daily, Live Science, Medical Xpress, Catch News, Caribbean 360, WIC News (West Indies)

[Why are so many Guam males killing themselves?](#) - Pacific Daily News 10/06/17

[In India, Slight Rise in Temperatures Is Tied to Heat Wave Deaths](#) - New York Times 08/06/17

Annals of the Rheumatic Diseases

[Find knee pain relief by eating these foods](#) - Fox News + New York Times (print) 08/06/17

[One Gout Drug Comes Out on Top for Kidney Protection](#) - MedPage Today 08/06/17

[Chondroitin eases the pain of knee arthritis](#) - Pharmacy Today 05/06/17

Also in: Reuters, New York Times (print)

[Moderate Alcohol Consumption Safe for Rheumatoid Arthritis Patients on Methotrexate](#) - Specialty Pharmacy Times 05/06/17

BMJ Case Reports

[Man dies after flesh-eating bacteria infects new tattoo](#) - CBS News 06/06/17

Also in: USA Today, Popular Science, Monthly Prescribing Reference, NBC Local, The Inquisitr, Dallas News, Yahoo Singapore News, Hawaii News Now, Mississippi News Now, 6Minutes, more local US broadcast coverage, CBN News, News.com.au

[This Man's ER Trip Proves Why You Should Never Stick a Glass Bottle Up Your Anus](#) - Men's Health 07/06/17

Also in: The Sun, Daily Star, Daily Mail, Metro, Opposing Views

BMJ Open

[7 Things You Need To Know If You're Having Anal Sex For The First Time \(NSFW. Obviously\)](#) - HuffPost Australia 08/06/17

[Suffering abuse as a child makes women 62% more likely to have their ovaries removed](#) - Daily Mail 08/06/17

[Abused Women Prone to Unnecessary Ovary Removal: Study](#) - Philly.com 08/06/17

Also in: Arizona Daily Star, Medical Xpress

British Journal of Sports Medicine

[Racquet sports serve up health benefits](#) - Harvard Health 09/06/17

[Should you wait before having surgery for an ACL tear?](#) - Business Insider + Reuters 08/06/17

[Walking May Reverse Effects of Dementia](#) - Vital Updates 07/06/17

[Physical therapy is safer than arthroscopy for degenerative knee pain](#) - CentralJersey.com 06/06/17

[Players need six days rest between games to reduce risk of injury](#) - The Times + The Times Ireland 06/06/17

[Can you catch infection by someone's sweat?](#) - Times of India 05/06/17

Injury Prevention

[Costs of Bike Accidents Skyrocket](#) - Medical Research.com 05/06/17

Also in Reuters

[Roadside Oral Fluid Testing for Marijuana Intoxication](#) - Medical Research.com 06/06/17

Journal of Medical Ethics

[The richest patients can save us - by paying to save themselves](#) - Daily Mail + Scottish Daily Mail 06/06/17 (print only)

Journal of Neurology Neurosurgery & Psychiatry

[A disease attacked her brain 'like a termite.' Months later, she's finally back home](#) - Fort Worth Star Telegram 05/06/17

[HEALTH NOTES: 10 reasons to... Get wonky teeth fixed](#) - Daily Mail + Scottish Daily Mail 10/06/17

Open Heart

[WNY researcher shakes up nutrition world with new book on salt](#) - Buffalo News 10/06/17

Thorax

[Top Foods That Asthma Patients Should Eat Or Avoid To Lower The Risk & Frequency Of Asthma Attacks](#) - The Science Times 08/06/17