

BMJ in the News is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the **national and a selection of English-speaking international media**.

This week's (8-14 May) highlights:

- A study in **The BMJ** reporting heightened risk of heart attacks with common painkillers generated global news headlines, including **BBC, CNN and Voice of America**
- A **rapid recommendations article in The BMJ**, advising against surgery for most patients with knee arthritis also made global headlines, including **CBS and National Public Radio (NPR) in the US**
- A warning by doctors in **BMJ Case Reports** of parasites in raw and undercooked fish generated global headlines, including **BBC, Newsweek, CNN and Hindustan Times**
- **Dr Krishna Chinthapalli** was interviewed on **Channel 4 News, Sky News, and BBC** about this weekend's cyberattack after warning in **The BMJ** that hospitals must be better prepared

The BMJ Awards

[Birch's life-saver wins a top award](#) [print only] - Leicester Mercury, 10/05/2017

The BMJ

Analysis: Medicalising unhappiness: new classification of depression risks more patients being put on drug treatment from which they will not benefit

[Fluctuating emotions are part of sport, they must not cloud mental health debate](#) - The Times + The Times Scotland [The Game] 08/05/2017

[Trump, the doctor and the vaccine scandal](#) [mentions **The BMJ's** articles accusing **Andrew Wakefield of fraud**] - Channel 4 Dispatches 08/05/2017

[Why on earth are so many broken bones not spotted in casualty?](#) - Daily Mail + Scottish Daily Mail 09/05/2017

[Everything you must know about statins](#) - Daily Mail + Scottish Daily Mail, 09/05/2017

[What role can first-hand experience of the care system play in making it better for future generations? \[feature on Áine Kelly who sits on The BMJ's patient panel\]](#) - The Independent 09/05/2017

Research: Diet rich in fruit, vegetables and whole grains may lower risk of gout

[Gout risk increased by 'Western diet' of red meat, fries and sweets, study suggests](#) – The Independent 10/05/2017

[Gout prevention diet: These foods may ward off extreme pain and peeling skin](#) – The Express 10/05/2017

[Why a western diet gives you gout](#) – The Daily Mail 10/05/2017

Also covered by: The Times, The Metro, Medical News Today, Medical Daily, Nursing Times, Medscape, Medical Xpress, SBS (Australia), US News & World Report, TV3 (Ireland)

Research: Heightened risk of heart attacks found with common painkillers in routine use

['Heart attack risk' for common painkillers](#) - BBC News 09/05/2017

[Common painkillers linked to increased risk of heart attack, study says](#) - CNN 09/05/2017

[Common NSAID painkillers linked to higher risk of heart attack](#) - CBS News 09/05/2017

Also covered by: Daily Express (front page), The Daily Telegraph, The Daily Mail, The Times, The Guardian, The Independent, The Sun, ITV News, BBC1 Breakfast News, BBC2 Victoria Derbyshire, BBC World News, Medical News Today, Medscape, Monthly Prescribing Reference, ModernMedicine, MedicalResearch.com (blog), Health24, The Australian, Australian Journal of Pharmacy (blog), Sci-Tech Today, CBC (Canada), Nigeria Today, Economic Times, The Sunday Times Sri Lanka, The Straits Times (Malaysia), Lebanon Express, NHS Choices, Pain News, Nursing Times, Men's Health, Cardiovascular Business, The Pharmaceutical Journal, 6minutes, Voice of America, NewsMax, NBC News, ABC News, Evening Telegraph, Metro, CTV News, TIME, Counsel & Heal, Bel Marra Health, KSAT San Antonio, NDTV (New Delhi), The Debrief, Metro US, News-Medical.net, Tech Times, Daily Hornet, WDTN, Globalnews.ca, Newsmax, SHEmazing, The Express Tribune, Digital Journal, Pulse Headlines, News Nation, Gizmodo UK, KFDX, Richmond Register, Derry Journal, + syndication to local newspapers across the US

Rapid Recommendations: Arthroscopic surgery for degenerative knee arthritis and meniscal tears: a clinical practice guideline

[For Knee Pain, Experts Say Don't Think About Scoping It](#) – Kaiser Health News 10/05/2017

[Arthroscopic Surgery Doesn't Help With Arthritis Knee Pain](#) – NPR (and syndicated to local public radio stations across the US) 11/05/2017

[Keyhole knee surgery for arthritis pain 'is pointless'](#) - Daily Mail 10/05/2017

Also covered by: The Sun, Daily Express, The Mirror, Evening Standard, CBC (Canada), CBS News, Reuters, San Francisco Chronicle, MinnPost, Radio Canada International, US News & World Report, Waterbury Republican American, WebMD, Lincoln Journal Star, Journal Times, Ravalli Republic, Chippewa Herald, Bismarck Tribune, Sioux City Journal, Twin Falls Times-News, Montana Standard, Journal Gazette and Times-Courier, Columbus Journal, Arizona Daily Star, Madison.com, Bloomington Pantagraph, AOL UK, Aberdeen Evening Express, Philly.com, California Healthline

Observations: Hospitals must be prepared for ransomware attacks

[U.K. Health Service Ignored Warnings for Months](#) - New York Times 12/05/2017

[Author interviewed on Channel 4 News](#) - 13/05/2017

[Outdated IT system 'puts NHS at risk of hacking attacks' \[print only\]](#) - The Daily Telegraph, 11/05/2017

Also covered by: Skye News (author interviewed), BBC News Channel, BBC Radio 4 PM Programme, The Times + The Times Scotland + The Times Ireland, The Daily Mail, The Mirror, Sunday Express, The Observer, The Independent (App Edition), The Mail on Sunday, Scottish Mail on Sunday, Fox News

Research: [Mortality from different causes associated with meat, heme iron, nitrates, and nitrites in the NIH-AARP Diet and Health Study: population based cohort study](#)

[Dr Dillner's dilemma: Should we give up eating red meat?](#) - The Guardian [G2] 15/05/2017

Practice: [Addiction to exercise](#)

[Learning to deal with addiction](#) - The Australian 12/05/2017

[Probiotic yoghurts are a waste of time](#) - The Daily Mail / The Scottish Daily Mail 12/05/2017

JOURNALS

BMJ Case Reports

Case report: [Aniskiasis: a growing cause of abdominal pain!](#)

[Sushi parasite that embeds in the stomach is on the rise, doctors warn](#) - CBS News 12/05/17

[Popularity of sushi has brought rise in parasitic infections, warn doctors](#) - The Guardian 12/05/17 + 13/05/17

[Sushi parasite that embeds in the stomach is on the rise, doctors warn](#) - Newsweek 12/05/17

Also covered by:

UK + Ireland

BBC News, The Sun + Irish Sun, Daily Mail + Scottish Daily Mail, Daily Telegraph, Independent, Independent i, Daily Express, Daily Mirror + Irish Daily Mirror + Scottish Daily Mirror, Huffington Post UK, Metro, International Business Times UK, Yahoo News UK, AOL News UK, Evening Standard, local UK print, Irish Independent, Irish Times, TV3.ie, News Talk 108, Sunday Post, Sunday World, Click Lancashire + local print coverage

International

CNN International, Fox News, extensive local US broadcast, eOntario Now, CTV, Japan Times, The Straits Times, Yahoo Singapore News, News Zealand Herald, Gizmodo Australia, Manila Bulletin, Malaysian Digest, Hindustan Times, Zee News, OutlookIndia, India.com, Daiji World, Deccan Chronicle, India Live Today, Asian Age, Gizmodo India, St Lucia News Online, Times of Malta, Business Insider Nordic

Other

Business Insider, CDA News, Newser, Daily News & Analysis, NewsMax, World Report Now, Tech Times, Digital Journal, Daily Times, Science Times, Live Science, Health.com, MedPage Today, WebMD, Medical Xpress, Cosmopolitan.com, Grub Street, Daily Post, Pulse Headlines, The TeCake, The Loop, Intrafish Heat Street, INSIDER

Case report: [Speaking fluently with baclofen?](#)

[Alcoholism drug 'is a stammer cure'](#) - Daily Mail 11/05/17

[Baclofen: controversial alcoholism drug stops man stuttering in chance clinical trial](#) - International Business Times UK 12/05/17

[Doctors accidentally find potential cure for stuttering](#) - Newshub 13/05/17

Also covered by: The Visitor, Medical Xpress

Tobacco Control

Research: [Modelling the implications of reducing smoking prevalence: the public health and economic benefits of achieving a 'tobacco-free' UK](#)

[Cutting smoking rates could save NHS £67 billion a year](#) - OnMedica 12/05/17

[Call for bold targets to save 'thousands of lives' and NHS money lost to tobacco](#) - AOL UK 12/05/17

[Call for bold targets to save 'thousands of lives' and NHS money lost to tobacco](#) - Daily Mail 12/05/17

Also covered by: The Economic Voice, Daily Express, Medical Xpress

Annals of the Rheumatic Diseases

[CAMERA Data Support MTX + Pred as Initial Early RA Treatment](#) - Medscape 11/05/17

BMJ Open

[Poverty May Be More Stressful for Women Than Men](#) - Arizona Daily Star 09/05/17

[Weight around the waist: Why it's of concern and how to check quickly](#) - New Zealand Doctor Online 11/05/17

[Research suggests link between imbalanced gut microbiome and systemic sclerosis](#) - Medical Xpress 12/05/17

BMJ Quality & Safety

[When A Colleague Screws Up, Do You Speak Out?](#) - MedPage Today 12/05/17

British Journal of Sports Medicine

[Debate on LDL Role in Heart Disease Reignited Out of the Blue](#) - Medscape 09/05/17

[Why exercise won't help you lose weight](#) - Daily Mail + Scottish Daily Mail 09/05/17 (print only)

[Six health benefits of cherries for vegans](#) - Female First 11/05/17

[Follow concussion guidelines but keep children active](#) - Hawaii Tribune Herald 10/05/17

[Another View: Follow concussion guidelines but still keep children active](#) - Portland Press Herald + Seattle Times 11/05/17

[Worth the weight: you're never too old to start strength training](#) - Independent i 12/05/17

[Could 'Concussionometer' be answer to dealing with head knocks in NRL?](#) - Sydney Morning Herald 13/05/17

Drug and Therapeutics Bulletin

[Do you really need to take supplements during pregnancy?](#) - The Irish Times 08/05/17

Journal of Medical Ethics

[Conscience wars intensify in the US](#) - BioEdge 13/05/17

Journal of Neurology Neurosurgery & Psychiatry

[Can a health retreat save your brain?](#) - Body+Soul (Australia) 12/05/17

Veterinary Record

[Ten ways the veterinary profession is changing](#) – The Telegraph 08/05/2017