



BMJ in the News is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the **national and a selection of English-speaking international media**.

This week's (24-30 Apr) highlights:

- Exercise 'keeps the mind sharp' in over-50s, reported **British Journal of Sports Medicine**. The story generated extensive UK and international print coverage including BBC, CNBC, TIME, News Tonight Africa, The Australian, India Today and Canada News
- Also in **British Journal of Sports Medicine**, an editorial arguing that saturated fat does not clog the arteries generated global coverage, including CNN, The Australian, Huffington Post, New York Daily News and CBC (Canada)
- Research in **The BMJ** on the health benefits of active commuting was mentioned by Sarah Wollaston MP in the House of Commons debate on air pollution

The BMJ Awards

[West Suffolk Hospital team in the running for a national award](#) - Bury Free Press 30/04/2017
Also in Newmarket Journal, Suffolk Free Press, Haverhill Echo

The BMJ

Research: [Association between active commuting and incident cardiovascular disease, cancer, and mortality: prospective cohort study](#)

[Study mentioned in House of Commons debate on air pollution \(Sarah Wollaston, Cons Chair, Health Cttee: 04.30 mins into programme\)](#) - BBC Parliament 24/04/2017

Continued coverage in Gulf News (UAE), Bangkok Post (Thailand), New York Post (USA), Medical News Today, Cardiovascular Business

Feature: [Is there any place for counterterrorism in the NHS?](#)

[NHS staff 'failing in duty to report terror suspects'](#) - The Daily Telegraph 27/04/2017

Interview with The BMJ's editor, Rebecca Coombes - Bradford Radio (DriveTime) 27/04/2017

ADD LINK

<http://www.bcbradio.co.uk/>

Research: Short term use of oral corticosteroids and related harms among adults in the United States: population based cohort study

[Risks of Brief Steroid Use](#) - New York Times 25/04/2017

Observations: Should healthcare professionals breach confidentiality when a patient is unfit to drive?

[GPs can report unfit drivers without telling them under tough new guidance](#) – The Daily Telegraph 25/04/2017

Also in The Telegraph Scotland, Belfast Telegraph

Research: Impact of total knee replacement practice: cost effectiveness analysis of data from the Osteoarthritis Initiative

[As orthopedic procedures rise, surgeons debate the meaning of necessity](#) – STAT News 24/04/2017

Research: Beverage purchases from stores in Mexico under the excise tax on sugar sweetened beverages: observational study

[Obesity "frightening" in Latin America, driving disease and draining economies](#) - Reuters 25/04/2017

Research: Acute cannabis consumption and motor vehicle collision risk: systematic review of observational studies and meta-analysis

[Roadside testing for pot no easy task](#) [link unavailable]- National Post (Canada) 22/04/2017

[How coffee can keep you out of a coffin](#) - The Sun + The Irish Sun, 28/04/2017

[Interview with Jed Mercurio \(Junior Doctor and writer\)](#) - The Media Show (BBC Radio 4) 26/04/2017

Also in The Times (Saturday Review) / The Times Ireland

JOURNALS

British Journal of Sports Medicine

Review: Exercise interventions for cognitive function in adults older than 50: a systematic review with meta-analysis

[Exercise 'keeps the mind sharp' in over-50s, study finds](#) - BBC News 25/04/17

[Exercise linked with better brain health in midlife: 5 ways to reap the benefits](#) - Fox News 25/04/17

[Exercising 45min a week improves brain, study](#) - Sky News Australia

Also covered by:

UK + Ireland

BBC Breakfast, [BBC R4 Today Programme \(01.42 into programme\)](#), BBC R2, BBC World, BBC Newsroom, Reuters, The Times + Times Ireland, The Sun, Daily Mail, Daily Mirror + Irish Daily Mirror, The Independent, Independent i, The Guardian, Daily Express, Daily Telegraph, Scotsman, The National, Metro, The Sunday Times + The Sunday Times Northern Ireland, Sunday World, Breaking News.ie, Belfast Telegraph, TV3.ie, Yorkshire Post + extensive local UK print coverage, Business Insider UK, Asian Image, NHS Choices

International

iAfrica.com, News Tonight Africa, RT, Times of Malta, La Repubblica, The Australian, SBS, News.com.au India.com, India Today, OutlookIndia, Hindustan Times, Deccan Herald, Zee News, Kathmandu Post, Financial Express Bangladesh, Malay Mail Online, Canada News, CTV News, CNBC, TIME, Today.com, Philly.com, Arizona Daily Star, MinnPost + extensive US print coverage, US News & World Report, Hollywood News Portal, Consumer Reports, local US broadcast, Daily News & Analysis, Business Standard

Other

OnMedica, HealthDay, Medscape, Medical News Today, Medical Xpress, Science Daily, Science Recorder, WebMD, NetDoctor, eMaxHealth, News-Medical.net, Medical Research.com, Psychology Today, Psychiatry Advisor, Diabetes.co.uk, Alzheimer's Society, Tech Times, Yahoo News, Yahoo Finance, CDA News, RealFact 24, The Golf Business, Saga Magazine

Editorial: [Saturated fat does not clog the arteries: coronary heart disease is a chronic inflammatory condition, the risk of which can be effectively reduced from healthy lifestyle interventions](#)

[Backlash after report claims saturated fats don't increase heart disease risk](#) - The Guardian 25/04/17 + Q&A on sat fats

[Do saturated fats clog your arteries? Controversial paper says 'no'](#) - CNN 25/04/17

['Saturated fat not cause of heart disease'](#) - The Australian 26/04/17

Also covered by: The Sun + Irish + Scottish Sun, Daily Mail + Scottish Daily Mail, Daily Express + Scottish Daily Express, Daily Telegraph, The Times, Daily Mirror, Daily Star, Huffington Post UK, Evening Standard, The Week, Newstalk FM, Irish Times, Belfast Telegraph, Irish Independent, RTE.ie, thejournal.ie, BT.com, Medical News Today, OnMedica, Healthline, NetDoctor, SBS, Herald Sun, Australian Financial Review, 9News (Aus), News.com.au, Daily Telegraph Australia, The Straits Times, HealthCentral, Medical Xpress, Counsel & Heal, WebMD, Yahoo News, ScienceAlert, Gant Daily, CTV News, CBC Canada, Toronto Sun, National Post, Media Magazine, InDaily, The New Daily, New York Daily News, Huffington Post US, extensive US local broadcast, SFGate, OzarksFirst.com, 6Minutes, IndiaTV, InDaily, Ars Technica, NewsMax, Quartz, Good Food, Tech Times, Pulse Headlines

[Prolonged rest actually harmful for those recovering from head injuries: report](#) - Globe & Mail 26/04/17

[Preventing, treating sport-related concussions: New consensus](#) - ScienceDaily 26/04/17

[What's more brutal, boxing or ballet? \[print only\]](#) - London Evening Standard 27/04/2017

Emergency Medicine Journal

Research: [Major trauma from suspected child abuse: a profile of the patient pathway](#)

[Only one in five seriously injured child abuse victims treated at major trauma centers](#) - ScienceDaily 25/04/17

[Only one in five seriously injured child abuse victims treated at major trauma centres](#) - The Siasat Daily 25/04/17

[Abused babies sicker and younger than those accidentally injured](#) - OnMedica 25/04/17

Annals of the Rheumatic Diseases

[Lupus patients at risk of stroke](#) - MedPage Today 23/04/17

BMJ Open

[The heartbreak of losing your baby... before anyone even knows you're expecting](#) - Daily Mail + Scottish Daily Mail 24/04/17

[Medical school triples students' exposure to general practice](#) - GP Online 26/04/17

[HOW SERIOUSLY DO YOU TAKE DIABETES? \[link unavailable\]](#) - Today (Singapore) 26/04/17

[Obesity, central obesity increase precocious puberty risk](#) - Healio 27/04/17

Journal of Epidemiology & Community Health

[5 benefits of delaying retirement](#) - CNN Money 27/04/17

[Simple steps to defying disease](#) - The West Australian 26/04/17

Journal of Neurology Neurosurgery & Psychiatry

[The Aaron Hernandez Suicide: A Football Brain Injury Link?](#) - Yahoo News 26/04/17

Veterinary Record

[Journal bans adverts for flat-faced dog breeds \(interview with Adele Waters, Editor\)](#) - BBC 1 Breakfast 27/04/2017

[Should Scottish fold cats be banned?](#) - BBC Scotland News online 27/04/2017

