

**BMJ in the News** is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the **national and a selection of English-speaking international media**.

This week's (22-28 May) highlights:

- An announcement that **BMJ Best Practice** has partnered with EBMcalc to expand coverage of medical calculators was covered by business outlets **InPublishing** and **Outsell**
- A study in **Heart** suggesting that regular chocolate consumption may be linked to lower risk of heart flutter generated extensive UK and international headlines, including **The New York Times**, **The Washington Post**, **Newsweek** and **Channel News Asia**
- **The New York Times** and **Newsweek** also covered an **ARD** study on dietary intake of fibre and risk of knee osteoarthritis
- A **BMJ Open** study suggesting that drinking coffee may protect against liver cancer generated widespread print and broadcast coverage, including ITV News, The Times of Malta and NDTV in New Delhi

### The BMJ Awards

[Medical teams in South Gloucestershire shortlisted for prestigious national cancer care award](#) - Gazette Series 22/05/2017

### BMJ

[Datapipe and BMJ Win Data Centre Cloud Project of the Year at the DCS Awards, Their Third Joint Award](#) – finanznachrichten.de 22/05/2017

[BMJ partners with EBMcalc](#) – InPublishing 25/05/2017

[BMJ Partners with EBMcalc to Better Support Doctors at the Point of Care](#) – Outsell Industry Headlines 25/05/2017

### The BMJ

[How to tell if health 'studies' are too good to be true](#) - Independent i 24/05/2017

**Observations: [Cuts to addiction services in England are a false economy and will have a long term impact](#)**

[Heroin deaths on rise](#) - The Times + The Times Scotland + The Times Ireland 25/05/2017

[Dr Dillner's dilemma Is it safe to take magic mushrooms?](#) - The Guardian [G2] 29/05/2017

## JOURNALS

### Heart

**Research: [Chocolate intake and risk of clinically apparent atrial fibrillation: the Danish Diet, Cancer, and Health Study](#)**

**Editorial: [Chocolate and prevention of atrial fibrillation: what is bad for the pancreas might be good for the atria?](#)**

[Eating chocolate may help prevent a fairly common heart problem](#) - Washington Post 27/05/17

[Beta chockers: Eating just one chocolate bar a day 'can reduce risk of stroke by 23 per cent.' says study](#) - The Sun 23/05/17

[Chocolate May Reduce Risk Of Developing Common Heart Arrhythmia](#) - Forbes 24/05/17

### **Also covered by:**

#### *UK & Ireland*

Daily Telegraph, Daily Telegraph, The Independent, HuffPost UK, Daily Mail, International Business Times UK, Sunday Post, Belfast Telegraph, Buzz.ie, Breaking News.ie, The Irish News, TV3.ie, NHS Choices, OnMedica, BT.com, Yorkshire Evening Post, widespread local UK print, The Spectator, Yahoo News UK

#### *International*

New York Times, Newsweek, CBS News, Fox News, Fox Business, Los Angeles Times, The Boston Globe, NPR, Philly.com, UPI.com, US News & World Report, Scientific American, The Inquirer, Bustle, AOL, Metro US, Eyewitness News, HealthNews Review, WebMD, HealthDay, widespread US broadcast, Global News Canada, National Post, CTV, Canada News, Toronto Sun, Japan Today, Xinhua, Pakistan Observer, Kashmir Monitor, Bangladesh News 24, Financial Express Bangladesh, Yahoo Singapore News, Siasat Daily, Zee News, Hindustan Times, India.com, IndiaBlossoms, Outlook India, The Indian Express, Daiji World, New Kerala, Deccan Chronicle, India Live Today, NDTV, The Hans India, AsiaOne, The Asian Age, Channel News Asia, Philippine News, Free Malaysia Today, Malaysiandigest, Malay Mail Online, Sun Daily (Malaysia), The Australian, Courier Mail, News.com.au, SBS, 9News.com.au, New Zealand Herald, Tasnim News Agency, Sputnik International, Telegiz News, Asharq-Al-awsat (English), Reuters, Times of Malta, iAfrica.com, Nigeria Today, The Star Kenya

#### *Other*

News-Medical.net, Medical News Today, Doctors Lounge, NetDoctor, MedPage Today, Yahoo Health, Clinical Advisor, Popular Science, Medical Xpress, ScienceDaily, Science World Report, Science Focus, Science Times, Sci-news, HealthCentral, Bel-Marra Health, Anti-aging News, Bioscience Technology, Live Science, Medical Daily, eMax Health, Cardiovascular Business, Lab Manager Magazine, R&D Magazine, Counsel & Heal, Tech

Times, Monthly Prescribing Reference, NewsMax, Newser, News Nation, Newslive, Newswise, Daily News & Analysis, Business Insider, Economic Times, Business Standard, Market Watch, Live Trading News, CDA News, GMA News, Seeker, Shemazing, The Statesman, The Monitor Daily, Times LIVE, Global Times, The National Student, The Debrief

## **Annals of the Rheumatic Diseases**

**Research: [Dietary intake of fibre and risk of knee osteoarthritis in two US prospective cohorts](#)**

[High-Fiber Diet Tied to Less Knee Arthritis](#) - New York Times 24/05/17

[Arthritis cure - adding THIS to diet could reduce painful symptoms in the knees](#) - Daily Express 23/05/17

[Want to Avoid Knee Arthritis? Eat More Fiber](#) - Newsweek 23/05/17

**Also covered by:** Daily Mail, Nursing Times, US News & World Report, Times of Malta, Science Times, OnMedica, NewsMax, Medical Xpress, Science Daily, Medical Daily, Monthly Prescribing Reference, Doctors Lounge

**Extended report: [Pharmaceutical-grade chondroitin sulfate is as effective as celecoxib and superior to placebo in symptomatic knee osteoarthritis: the ChONDroitin versus CElecoxib versus Placebo Trial \(CONCEPT\)](#)**

[Pharma-Grade Chondroitin Scores for Knee OA](#) - MedPage Today 26/05/17

[Checkup Medical Column for May 26](#) - 9News.com.au 26/05/17

[Knee Pain Relief Seen With Fiber, Chondroitin in Osteoarthritis](#) - Doctors Lounge 25/05/17

**Also covered by:** Medscape, WebMD, OnMedica, Healio, Nursing Times, NutraIngredients USA, Science Daily, HealthDay, Medical Research.com, Monthly Prescribing Reference, Pharmacy News, NewsMax

[Both undertreatment and overtreatment common in JIA](#) - MedPage Today 26/05/17

[Sham knee surgery as good as the real thing?](#) - MedPage Today 28/05/17

## **Heart Asia**

**Research: [Pregnancy-related conditions and premature coronary heart disease in adult offspring](#)** (India Focus)

[Pregnancy complications linked to heightened heart disease risk in young adult offspring](#) - ScienceDaily 24/05/17

[Checkup Medical Column for May 26](#) - 9News.com.au 26/05/17

## **BMJ Case Reports**

[Doctors warn of sushi parasite risk](#) - Irish Daily Mail 23/05/17 (link unavailable)

**Also in Vital Updates**

[Syrian refugee, 32, is left in severe pain after swallowing his ENTIRE life savings before embarking on a treacherous journey across Europe to reach safety](#) - Daily Mail 25/05/17

[Curcumin and multiple myeloma](#) - BBC R4 The Food Programme 28/05/17

### **BMJ Open**

[Drinking coffee 'may protect against liver cancer'](#) - ITV News 25/05/17

[Coffee Reduces Liver Cancer Risk: Five Cups a Day Linked to 50 Percent Drop in Hepatocellular Carcinoma](#) - Newsweek 25/05/17

[Drinking coffee may have protective effect against liver cancer](#) - Times of Malta 25/05/17

**Also covered by:** The Guardian, Daily Telegraph, Daily Mail, Daily Express + Scottish Daily Express, Yorkshire Evening Post, The Sun, Sunday Post, HuffPost UK, AOL UK, Scotsman, STV News, Belfast Telegraph, RTE.ie, New York Post, NetDoctor, WebMD, NDTV, NewsMax, Quebec Times, MSN News, ChronicleLive, Live Trading News, Vending MarketWatch, IFL Science

[Experts say Japan should examine male infertility amid falling birthrate](#) - The Japan Times 23/05/17

[Derailing the 'Inevitable' Onset of Diabetes](#) - Medscape 26/05/17

### **BMJ Quality & Safety**

[A 'blueprint' for change: 7 things to know about Mass General's implementation of a patient handoff system](#) - Becker's Hospital Review 23/05/17

### **British Journal of Ophthalmology**

[Systemic  \$\beta\$ -blockers have little effect on IOP reduction](#) - Healio 23/05/17

### **British Journal of Sports Medicine**

[Strong evidence of the benefits of exercise therapy in chronic diseases](#) - ScienceDaily 22/05/17

[No matter the disease - exercise DOES help: Being active improves balance, strength and ability to complete day-to-day tasks in more than 20 chronic disorders](#) - Daily Mail 22/05/17

[After a Concussion, Take a Walk](#) - New York Times 23/05/17 (link unavailable)

[Concussion consensus calls for caution](#) - Medscape 23/05/17

[Rugby League Must Not Be Forgotten In Discussions Over Player Welfare](#) - HuffPost 23/05/17

Walking's benefits for dementia - International New York Times 26/05/17 (link unavailable)  
**Also in:** Zee News, Indialivetoday, NDTV, The Asian Age, Deccan Chronicle TRT World

[Rugby League Must Not Be Forgotten In Discussions Over Player Welfare](#) - Business Insider  
26/05/17

[An hour's work, thrice a week, can help in fight against dementia](#) - Today Online (Singapore)  
27/05/17

[It's better to move 1, 2 days after concussion](#) - The Straits Times 28/05/17

### **Emergency Medicine Journal**

[Abused infants may slip through the cracks in hospital systems](#) - Reuters UK 23/05/17

### **Journal of Family Planning and Reproductive Health Care**

[Will An Orgasm During Pregnancy Hurt The Baby? Here's What You Need To Know](#) -  
Romper 24/05/17

### **Journal of Epidemiology & Community Health**

[Pregnant women can fast during Ramzan](#) - Times of India 26/05/17

### **Open Heart**

[Top scientist says all you've been told about salt is WRONG](#) - Daily Mail + Scottish Daily  
Mail 27/05/17

**Also in** Daily Times

### **Thorax**

[Super pollen is coming. Be prepared](#) - The Times [2] + Times Ireland 22/05/17 (links  
unavailable)