

**BMJ in the News** is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the **national and a selection of English-speaking international media**.

This week's (1-7 May) highlights:

- Extensive coverage for **The BMJ** study - gluten-free diet not recommended for people without celiac disease, including the [front page of the Telegraph](#)
- A study in **BMJ Open** suggesting that common side-effects of statins are not down to the drugs, but are instead a result of patients' negative expectations, generated [UK and international coverage](#)
- Continued UK and international coverage for **BJSM** studies on saturated fat and the benefits of exercise in the over 50s, including [The Washington Post, Forbes, Channel News Asia & and Japan Today](#)

### **The BMJ Awards**

[Hospice team nominated for prestigious award](#) (print only) - Bury Mercury / Sudbury Mercury  
03/05/2017

[Cardiology Team won a BMJ Award](#) - Good Times with Terry Walsh, BBC Radio Stoke  
07/05/2017

### **The BMJ**

**Research: Long term gluten consumption in adults without celiac disease and risk of coronary heart disease: prospective cohort study**

[A gluten-free diet could put your heart at risk, says study](#) - The Daily Telegraph (**front page**)  
03/05/2017

[Should you follow Gwyneth Paltrow and go gluten-free? Trendy diet 'increases your risk of heart disease'](#) – The Sun 03/05/2017

[Gluten-Free Diets 'May Be Bad For Health'](#) – Huffington Post UK 03/05/2017

[Clean eating? It's a hobby for the rich, bored and superior](#) – Stuff (NZ) / Daily Telegraph,  
04/05/2017

**Also covered by:** Reuters, Sky News, ITV News, Daily Mail + Scottish Daily Mail, The Times + The Times Scotland + The Times Ireland, The Sunday Times Ireland, The Independent, Daily Mirror + Irish Daily Mirror, Metro, New York Magazine, US News & World

Report, Perth Now, 6Minutes, Pulse, Live Science, Med Page Today, Medical Daily, Healio, Gizmodo

**Editorial: [Brexit's Great Repeal Bill will axe the right to health](#)**

[People in Britain 'risk losing their fundamental right to health after Brexit'](#) - The Independent 03/05/2017

**Analysis: [US drug marketing: how does promotion correspond with health value?](#)**

[Doctors should question the value of most heavily promoted drugs](#) - Medical Xpress 02/05/2017

['False scare on statins causes thousands to die'](#) (mentions The BMJ withdrawal of stain papers) - Independent i 03/05/2017

**Research: [Vitamin D supplementation to prevent acute respiratory tract infections: systematic review and meta-analysis of individual participant data](#)**  
[Do you get too much 'sunshine vitamin'?](#) - The Times [T2] + The Times Ireland 02/05/2017

**Research: [Restoring Study 329: efficacy and harms of paroxetine and imipramine in treatment of major depression in adolescence](#)**

[The happy trap](#) – The Guardian [Weekend Magazine] 06/05/2017

[Hospitals urged to fix homing beacons on patients](#) [reports of junior doctors getting lost while trying to find a patient] - The Sunday Telegraph, 07/05/2017

Also in The Sun + The Scottish Sun

## **JOURNALS**

### **Annals of the Rheumatic Diseases**

[EULAR update targets organ involvement in systemic sclerosis](#) - MedPage Today 05/05/17

[Abatacept helps joints in psoriatic arthritis](#) - MedPage Today 06/05/17

[Mortality still high in vasculitis](#) - MedPage Today 07/05/17

### **BMJ Case Reports**

[Woman, 64, was left on the brink of death after hand-picking poppies to make a cup of tea - and her life was only saved by a barking dog](#) - Daily Mail 03/05/17 (misattributed to The BMJ)

### **BMJ Open**

[Pharmacist-led type 2 diabetes reviews in GP practices improve patient outcomes -](#)

Pharmaceutical Journal 03/05/17

[Pharmacist-led reviews in general practice boost diabetes control](#) - GP Online 05/05/17

[Statin side effects only felt by those who believe in them - study](#) - The Guardian 02/05/17

[Statin side effects disappear if you aren't aware you are taking the drug](#) - The Spectator  
03/05/17

[Cholesterol lowering statin drugs do not cause muscle pain says study](#) - NDTV 03/05/17

**Also in:** The Times + The Times Scotland + Ireland, Daily Mail + Irish Daily Mail, The Sun + Scottish Sun, Daily Telegraph

[Poor women are more anxious than rich females but poor men have no such worries](#) - Daily Express 04/05/17

[How environment affects mental health of men and women](#) - Daily News & Analysis  
05/05/17

[Those living in deprived areas more prone to anxiety](#) - The Asian Age 05/05/17

**Also in:** The Times, NDTV, Zee News, Deccan Chronicle, New Kerala, Financial Express New Kerala, Outlook India, Yahoo News India, Medical Xpress

### **BMJ Open Diabetes Research & Care**

[Guides on diabetes to be issued in July](#) - Today (Singapore) 04/05/17

### **British Journal of Sports Medicine**

*Follow on coverage*

[Saturated fat's not always the enemy, but it's not your bestie either](#) - CBC Canada 07/05/17  
+ second opinion round-up of contentious news stories

**Also in:** Forbes, New York Daily News, EyeWitness News, CTV News, Global News Canada, Financial Times, The Times (second piece), Sunday Times Ireland + Northern Ireland, Irish Sun, Reuters, ScienceAlert, Diabetes.co.uk, Japan Today, Pakistan Observer, Stuff.co.nz, FoodNavigator, Yahoo News Canada, Personal Liberty Digest, CattleNetwork, New Food Economy

*Follow on coverage*

[Study finds measurable boost for aging brains from exercise](#) - The Washington Post  
29/04/17

[How to build yourself a new brain](#) - Daily Telegraph 01/05/17

[Tai chi can boost brain power in over-50s](#) - Hello! 02/05/17

**Also in:** TimesLive, Channel News Asia Live Trading News, SHEmazing

[Concussions and recovery time: What the latest research shows](#) - The Globe & Mail  
02/05/17

[Rugby's head injury assessment protocol still contentious](#) - The Scotsman 29/04/17

[A simple clear message on the sports-brain injury controversy](#) - MedPage Today 04/05/17

**Also in** Physical Therapy Products, Contemporary Clinic, Consumer Affairs

[Runners battling infections are less likely to finish a race](#) - Reuters UK 05/05/17

[IOC tackles the topic of nutritional supplements, their use and their effects](#) - Olympics  
05/05/17

[IOC panel warn athletes over supplement use despite limited benefits](#) - Insidethegames.biz  
06/05/17

[Sitting Disease](#) - Manila Bulletin 07/05/17

### **Drug and Therapeutics Bulletin**

[Every year I suffer from hay fever and buy generic antihistamines, nasal sprays, etc - but I'm not sure they really work. Are there other things worth considering? Are branded drugs any better than own-brand stuff? Or should I just stay indoors?](#) - The Guardian 06/05/17 (link unavailable)

### **Journal of Epidemiology & Community Health**

[Taming a nagging partner](#) - The Sunday Punch (Nigeria) 07/05/17

### **Journal of Neurology Neurosurgery & Psychiatry**

[Impulse Control Disorders in Parkinson's Disease: Building Physician, Patient Awareness](#) -  
Neurology Advisor 28/04/17

[Brain Alterations Linked With Symptoms of PTSD, Functional Neurologic Disorders](#) -  
Medscape 02/05/17

### **Occupational & Environmental Medicine**

[Workplace violence and poor sleep](#) - Personnel Today (Research Round-up) 02/05/17

### **Thorax**

[Apple cider vinegar, turmeric can treat Psoriatic arthritis](#) - The Nation (Pakistan) 01/05/17

[Asthma: could diet have a role to play?](#) - iAfrica.com 04/05/17

### **Veterinary Record**

[Call for dog owners to act responsibly as attacks on livestock increase](#) - Norfolk Eastern  
Daily Press 06/05/17

