



BMJ in the News is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the **national and a selection of English-speaking international media**.

This week's (13-17 Mar) highlights include:

PACK

[South Africa nurses step in to fill hospital shortages](#) - Aljazeera (South Africa) 13/03/2017

The BMJ Awards

[Doctor assistant role up for national award](#) - Argus (Brighton), 13/03/2017

[Shortlist for suicide campaign group](#) [link unavailable] - St Austell Voice 13/03/2017

[Bath Street Health and Wellbeing Centre paediatric acute response team shortlisted for two awards](#) - Warrington Guardian 18/03/2017

The BMJ

Research: [Combining opioids with anti-anxiety medicines linked to greater risk of overdose](#)

[Taking prescription painkillers and sleeping pills at the same time increases your chance of an overdose](#) - Daily Mail 15/03/2017

[People using painkillers are putting their lives at risk by taking sleeping pills, researchers warn](#) - The Mirror 14/03/2017

[Opioid overdose risk rises with use of anti-anxiety drugs, study finds](#) - Canadian Broadcasting Corporation (CBC) 14/03/2017

Also covered by: Huffington Post, OnMedica, Medscape, New Mail (Nigeria), Scienceblog.com

Research: [Better air quality standards in China could save 3 million early deaths each year](#)

[Cleaner air could save 3 million early deaths in China each year](#) - Reuters Health 15/03/2017

[Cleaner air could save 3 million early deaths in China each year](#) - News International 15/03/201

Also covered by: Daily Mail, Hong Kong Standard, The Straits Times (Singapore), The Nation, eco-business.com, South China Morning Post (China).

[Years of questions, but researcher gets a pass](#) (quote from Richard Smith, former editor of The BMJ on scientific research misconduct) - New York Times 14/03/2017

[The naked truth is that flesh lacks appeal](#) [link unavailable] - Financial Times 11/03/2017
[New cardiac arrest warning over ibuprofen](#) (refers to 2016 study in The BMJ on NSAIDs and heart failure) - The Guardian, 16/03/ 2017

[Trump's choice for FDA Chief is versatile, entrenched in pharma](#) (Scott Gottlieb was a staff writer for The BMJ) - Beloit Daily News 15/03/2017

Also covered by: Financial Times, STAT

[Pregnancy drug Primodos 'may have thousands of victims'](#) - (mentions a letter sent to The BMJ in 1975 saying there was little justification for the ongoing use of the drug) - Sky News 19/03/2017

Also covered by: The Telegraph, The Times, Daily Mail, The Independent, The Mirror, The Sun, Scottish Daily Record, Belfast Telegraph, New Zealand Herald, South China Morning Post

JOURNALS

Archives of Disease in Childhood

Research: [Screen time is associated with adiposity and insulin resistance in children](#)

[Screentime linked to diabetes risk in children](#) - The Guardian 14/03/2017

['Kids with 3+ hours daily screen time have high risk for diabetes'](#) - Times of India 14/03/17

[Watching TV for 3 hours daily may up diabetes risk in kids](#) - Business Standard 14/03/17

Also covered by: The Sun, Independent, iNews, Daily Mail + Scottish + Irish Daily Mail, Daily Express, Mirror, Irish Times, thejournal.ie, New Scientist, OnMedica, NHS Choices, Diabetes.co.uk, NDTV, Hindustan Times, The Hindu, India Today, OutlookIndia, India Live Today, CanIndia.com, Can India news, India.com, Indian Express, New Indian Express, Hans India, Deccan Chronicle, News World India, New Kerala, Zee News, IANS, malaysiandigest.com, Asian Age, Siasat Daily, WebMD, HealthDay, TheHealthSite, Medscape, MedPage Today, Medical Daily, eMax Health, News-medical.net, Medical Xpress, Doctors Lounge, Diabetes Times, Business Times, Financial Express, Economic Times, Yahoo News, Philly.com, NPR, NBC, Consumer Reports, US News & World Report, National Post, TVNZ, News.com.au, The Verge, Daily News & Analysis, newsmax, newswise, AJMC Managed Networks.com, News Nation, Express Tribune, Tech Times, Weekly Observer, Schooldays, PC Magazine, News Publicist, Knowridge Science Report, The Cable

British Journal of Sports Medicine

Research: [Timing of the decline in physical activity in childhood and adolescence: Gateshead Millennium Cohort Study](#)

[BBC Radio 4 Today Programme](#) (08.09) - 14/03/2017

[Children's physical activity starts declining at age 7, UK study indicates](#) - CBC Canada 14/03/17

['Physical activity levels dip in boys and girls at age of 7'](#) - Times of India 14/03/17

Also covered by: BBC News, ITV News, BBC R5 Live (Up all Night), Sky News (Sunrise), Daily Mail + Scottish Daily Mail, The Sun, Daily Telegraph, The National, Northern Echo, NDTV, India Today, Deccan Chronicle, New Kerala, India Education Diary, India.com, India Today, Outlook India, India Live Today, Zee News, Siasat Daily, Radio Pakistan, Courier Mail (Australia), Philly.com, Business Standard, Yahoo News, US News & World Report, Daily News & Analysis, Doctors Lounge, WebMD, HealthDay, TheHealthSite, Medical Xpress, Medical Research.com, Millennium Post, Romper, Chronicle Live, Nursery World, Daynurseries.co.uk

[Fitness: Warm up well so you won't need to chill out](#) - The Straits Times 18/03/17

[Injury Risk May Rise When Kids Play Just One Sport](#) - Philly.com 17/03/17

Journal of Epidemiology & Community Health

Research: [Payback time? Influence of having children on mortality in old age](#)

[Your kids aren't killing you: one day they may actually help you live longer](#) - Los Angeles Times 13/03/17

[Being a parent could ADD two years to your life](#) - Daily Mail 14/03/2017

[Parenthood linked to longer life, says new study of 1.4 million Swedes](#) - South China Morning Post (International edition)

Also covered by:

UK and Ireland

The Times + Times Scotland, The Guardian, Independent, Daily Express + Irish + Scottish Daily Express, Daily Telegraph, Mirror, Irish + Scottish Daily Mail, The Independent (App Edition), Metro (London), Huffington Post UK, Scotsman, New Scientist, OnMedica

International

CBS News, Philly.com, Seattle Times, Miami Herald, SFGate, Sacramento Bee, Detroit Free Press, Kansas City Star, local US broadcast, US News & World Report, Inquirer.net, Philly.com, Newsroom America, Huffington Post Canada, Global News Canada, CTV News, Sky News Australia, The Australian, SBS, News.com.au, 9News, The Age, West Australian, ABS-CBN News, Australian Financial Review, Business Insider Australia, International Business Times, Today Online (South Africa), Capital FM Kenya, iAfrica, Aaj TV, Jamaica Observer, Buzz Nigeria, Information Nigeria, Business Ghana, Saudi Gazette, Gulf News, gulf.com, Gulf Today, Daily Nation, Business Standard, Otago Daily Times, Shanghai Daily,

China Post, Straits Times, Yahoo Singapore News, Japan Today, Malay Mail Online, Manila Times, Manila Bulletin, Asian Age, AsiaOne, NDTV, Zee News, India Live Today, The Indian Express, OutlookIndia, Hans India, India.com, IANS, Deccan Herald, Khaleej Times, Daiji World, New Kerala, Sun Times of India, India Today, The Nation (Pakistan), Daily Times (Pakistan), Siasat Daily, PanArmenian.net, The Statesman, The Local Sweden, Latina, Russia Today

Other

IFL Science, Live Science, Medical Xpress, News-medical.net, HealthDay, Medical News Today, Medical Daily, Health24, Sci News.com, Health Canal, Medical Research.com, Daily News & Analysis, NewsMax, Yahoo Health, 6Minutes, GMA News, Mirage News, NewsX, Nature World News, Immortal News, Closer, AskMen, Romper, Civilized, News & Observer, Business Recorder, The Tribune, Express Tribune, MENAFN, Tech Times, Financial Tribune, Anti Ageing News, AlterNet, Quartz

[Poor, minority neighborhoods have more tobacco-selling shops per capita](#) - Reuters
16/03/2017

[Newcomers to Canada benefit from 'healthy immigrant effect,' Toronto study finds](#) - Toronto Star 15/03/17

[Can beer actually boost your memory?](#) - Men's Health 14/03/17

Annals of the Rheumatic Diseases

[Skinny jeans: not just a pain in the leg, warn doctors](#) - The Independent (App Edition)
14/03/2017

BMJ Open (External PR)

[Dear women, eat more fruits and veggies daily to keep stress away](#) - Hindustan Times
15/03/2017

[Five-plus a day keeps the counsellor away](#) - Newshub (New Zealand) 15/03/2017

[Why eating your greens can ease stress - but only if you're a woman!](#) - Daily Mail
17/03/2017

Also covered by: Daily Express, Irish + Scottish Daily Mail, India Today, Deccan Chronicle, New Kerala, NDTV, Economic Times, Business Standard, India.com, Zee News, CanIndia News, SBS, Newsmax, Medical Xpress, Science Daily, Science World Reporter, Medical News Today, Foodprocessing

[Tobacco use triggers multi-morbidity among the elderly: Study](#) - ET HealthWorld 19/03/17

BMJ Open Diabetes Research & Care

[Check your gums – this could be an early warning sign of type-2 diabetes](#) - Daily Star
13/03/17

BMJ Supportive & Palliative Care

[The 'midwives' of MERCY](#) - Scottish Daily Mail 14/03/2017

Journal of Medical Ethics

[Taiwan grapples with the public health ethics of discouraging betel nut](#) - BioEdge 11/03/17

Journal of Neurology Neurosurgery & Psychiatry

[Multiple Sclerosis Month: MS diet, multiple sclerosis risk factors, brain shrinkage](#) - Bel Marra Health 19/03/17

[Dementia risk in sport 'overplayed'](#) - The Times Scotland 12/03/2017

Medical Humanities

[Did Jane Austen die from arsenic poisoning?](#) - Straits Times (Singapore) 15/03/2017

Open Heart

[Experts say again that high-fat diet can be beneficial](#) - New American 17/03/17

Thorax

[Eating fruits and vegetables may help curb lung disease](#) - The Arab American 17/03/17

[Phage therapy shown to kill superbug](#) - Infection Control Today 13/03/17