

The image shows the BMJ logo in white on a blue background. To the right of the logo is a horizontal strip of blue icons representing various medical and scientific concepts: a microscope, a speech bubble, a computer monitor, a stethoscope, and a book.

BMJ in the News is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the **national and a selection of English-speaking international media**.

This week's (6-12 Feb) highlights include:

The BMJ

Head to Head: [Should GPs become NHS employees?](#)

[Brits should pay a dedicated NHS tax to fund the ailing health service, expert says](#) - The Sun 09/02/2017

[Keeping the NHS sustainable means having an honest debate about how we fund it](#) - Herald Scotland 09/02/2017

[If we really want to save the NHS, we need to raise income tax](#) - International Business Times 09/02/2016

Editorial: [The immorality of inaction on inequality](#)

[Scientists Call Financial Inequality An Immoral Public Health Threat](#) - Vocativ 10/02/2017

[Salt reduction policies cost-effective even without healthcare savings](#) - Reuters 10/02/2017

[Indians Consume About 119% More Salt Than The WHO Recommendation](#) - NDTV 10/02/2017

[Salt reduction strategies are failing to reduce UK health inequalities: BMJ study](#) - FoodNavigator.com

[There is little to gain from taking most vitamin supplements](#) - The Times + The Times Ireland 07/02/2017

[The Value of Immigrant Doctors](#) - The Atlantic 06/02/2017

[The Diet Myth](#) - Medical News Bulletin 06/02/2017

[Hospitals are more stretched than EVER: 9 in 10 NHS trusts are officially overcrowded and operating at levels deemed unsafe to patients](#) - the Daily Mail 06/02/2017

[Saga of Odisha's 19th century conjoined twins revealed](#) - Asian Age 06/02/2016
Also in the Deccan Chronicle

[Scots demand clarity after UK health minister's "research visit" to US](#) - CommonSpace 06/02/2017

[Do Kegels Help With Contractions? Get Ready To Work 'Em Out](#) - Romper 06/02/2017

[Over-The-Counter Drugs \(Ibuprofen/Tylenol\) Kills Thousands Each Year. So Here's The Alternative](#) - Collective Evolution 06/02/2017

[Mortality Down for US Patients Treated by International Doctors](#) - Doctors Lounge 06/02/2017

[People's Pharmacy: Pain relievers' side effect could be deadly](#) - Online Athens 06/02/2017
[Medical journal to retract paper after concerns organs came from executed prisoners](#) - The Guardian 08/02/2017

[Hillingdon Hospital experiencing 'highest demand for services in its history'](#) - Get West London 08/02/2017

[Shared Decision-Making Reduces Cardiac Admissions from the ED](#) - Patient Engagement HIT 08/02/2017

[11 Best Health Documentaries on Youtube](#) - Insider Monkey 08/02/2017

[Non-aspirin NSAIDs outperform aspirin for colorectal cancer prevention](#) - The Pharmaceutical Journal 08/02/2017

[Death rate high in elderly within 7 days of discharge from emergency department](#) - Clinical Advisor 08/02/2017

[Having both ovaries taken out doubles risk of death](#) - The Mail on Sunday & Irish Mail on Sunday 12/02/2017

[Anxiety and depression may have predictive role in cancer mortality](#) - Clinical Advisor 10/02/2017

[From London to New Delhi](#) - Messenger Newspapers 10/02/2017

[Black Tea Improves Glucose Levels, May Help Prevent Diabetes](#) - Endocrine Web 10/02/2017

[The Right Chemistry: The case of the toxic socks](#) - Montreal Gazette 10/02/2017

JOURNALS

Research: Occupational factors and markers of ovarian reserve and response among women at a fertility centre

[Heavy lifting, shift work could harm women's fertility, study shows](#) - CNN 08/02/17
[Shift work and physically demanding jobs linked to lower fertility in women - study](#) - Sky News 08/02/17

[Shift work, heavy lifting linked to less successful in vitro fertilization](#) - CBC Canada 08/02/17

Also covered by: The Times, The Independent, Independent i, The Sun, Daily Telegraph, Daily Mail + Scottish Daily Mail, Daily Express, The Mirror, Huffington Post UK, Evening Standard, Wales Online, The Journal.ie, OnMedica, WebMD, NHS Choices, BT.com, MedPage Today, Medical NewsToday, Live Science, Science Daily, Science Times, HealthDay, Consumer Affairs, Safety + Health Magazine, Health.com, Health Central, Jamaica Observer, iAfrica.com, Daily Nation, Huffington Post South Africa, Global News Canada, CTV News, The Hindu, Zee News, NDTV, Deccan Chronicle, Stuff.co.nz, Yahoo News Singapore, Siasat Daily, Daily News & Analysis, GMA News, iTech Post, The Onion, Stock News USA, Huffington Post US, Latinos Health, Huffington Post Australia, ATTN, TRT World, International Federation of Gynecology and Obstetrics, Daily Times

[Why skipping sleep is as bad as being drunk](#) - Business Grapevine 07/02/17

Tobacco Control

Research: E-cigarette use as a predictor of cigarette smoking: results from a 1-year follow up of a national sample of 12th grade students

[E-cigarettes act as gateway to smoking for teens, scientists warn](#) - Daily Telegraph 07/02/17

[E-Cigs May Be 'Bridge' to Teens' Tobacco Use](#) - Philly.com 08/02/17

[Teens using e-cigs are more likely to smoke cigarettes](#) - The Indian Express 08/02/17

Also covered by: Daily Mirror, The Sun, Evening Standard, MedPage Today, SBS, Medical Research.com, LiveScience, Science 2.0, OnMedica, WebMD, NHS Choices, Science Daily, HealthDay, TheHealthSite, Healio, The Inquisitr, The News International, American News Report, Big News Network, Yahoo News, Yahoo News Singapore, India Live Today, New Kerala, Deccan Chronicle, The Asian Age, Malaysia Sun, Times of Malta, Gibraltar Chronicle, Chronicle Live, The Province, Satellite PR News

Journal of Medical Ethics

Clinical ethics paper: Should healthcare professionals sometimes allow harm?

[Patients SHOULD be allowed to self-harm to stop them from doing more damage and be given sterile blades, researcher says](#) - Daily Mail 10/02/17

[Self-Injury: Should It Be Allowed in Some Cases?](#) - MedPage Today 09/02/17

[Help patients self-harm, medics told](#) - The Times 10/02/17

Also covered by: Wales Online, The Independent, Independent i, OnMedica, Bioedge, Bioethicists, The National Review

[Top Chinese Transplant Surgeon Involved in Anti-Falun Gong Campaign Has Study Retracted](#) - Epoch Times 10/02/17

[Euthanasia and organ harvesting. Do you understand where this leads?](#) - The Christian Post 08/02/17

[Study retraction reignites concern over China's possible use of prisoner organs](#) - Science Magazine 06/02/17

[Female Genital Mutilation Declines Among Girls in Some Countries: Report](#) - Newsweek

16/02/17

Heart Asia

Research: Acceleration of cardiovascular-biological age by amphetamine exposure is a power function of chronological age

[Recreational drug may speed up heart ageing: study](#) - Business Standard 09/02/17

[Revealed: How speed, meth, ecstasy and other party drugs age the heart at an alarming rate](#) - Daily Mail 09/02/17

[This recreational drug may speed ageing of the heart- Read](#) - Zee News (India) 10/02/17

Also covered by: UPI.com, India Today, Outlook India, SBS, NewsX, HealthDay, MedPage Today, Huffington Post UK, Medical News Today, Bangladesh News 24, Health24, Daily Times, 9News.com.au

Annals of the Rheumatic Diseases

[NSAIDs no better than placebo for spinal pain](#) - OnMedica 07/02/17

Also in: The Pharmaceutical Journal, Healio, NDTV, Pain Medicine News, Starts at 60.

[Arthritis with Psoriasis Suggests Higher Risk of Heart Problems](#) - Live Trading News 06/02/17

BMJ Open

[New Data In The FDA Deregulation Debate](#) - Forbes 09/02/17

[Killed by 'a tantrum': The avoidable death of Michelle Mcllquham](#) - Stuff.co.nz 08/02/17

Also in Medical Xpress, Canberra Times

BMJ Open Diabetes Research & Care

[Why diabetes risk is higher for HIV-positive adults](#) - Guardian (Nigeria) 07/02/17

British Journal of Ophthalmology

[CLOTHES ENCOUNTER](#) - Daily Mail + Scottish Daily Mail 07/02/2017 (mentions study on link between wearing a tight tie and high blood pressure in the eye - previous press release)

British Journal of Sports Medicine

[How female athletes' eating patterns can affect bone health](#) - Globe & Mail 08/02/17

[Parents dream their kids will be the next Johnny Sexton but is it time to face the safety threat?](#) - Irish Independent 08/02/17

[Cary Frounfelter on Orthotic Use in Preventing Sports Injuries](#) - Newswise 08/02/17

[Golfers live longer than non-golfers](#) - Sport24 06/02/17

[High-speed running increase puts hamstrings at risk](#) - Medical Xpress 06/02/17

[Sitting Not Linked to Diabetes: Study](#) - NewsMax 06/02/17

Also in: Diabetes.co.uk, Science Daily, 6Minutes, Newswise

Journal of Epidemiology & Community Health

[Oldest siblings are more likely to be obese, study says](#) - Daily Mail 09/02/17

Sexually Transmitted Infections

[11 strange but fascinating things you probably didn't know about pubic hair](#) - Bustle 06/02/17