

The image shows the BMJ logo in white on a blue background. To the right of the logo is a horizontal strip of blue icons representing various medical and scientific concepts: a microscope, a person with a speech bubble, a computer monitor, a stethoscope, and a person with a speech bubble.

BMJ in the News is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the **national and a selection of English-speaking international media**.

This week's (13-19 Feb) highlights include:

BMJ

[BMJ appoints Dr. Declan Walsh as new editor in chief of BMJ Supportive & Palliative Care Knowledge Speak](#) 16/02/17

The BMJ

Research: Vitamin D supplementation to prevent acute respiratory tract infections: systematic review and meta-analysis of individual participant data

[Vitamin D pills 'could cut the risk of colds'](#) - BBC Today Programme 16/02/2017

[Adding vitamin D to food reduces deaths, say scientists](#) - The Guardian **(front page)** 16/02/2017

[Adding vitamin D to food saves lives and reduces health costs in gloomy countries, scientists say](#) - South China Morning Post 16/02/2017

Also covered by the Daily Telegraph **(front page)** BBC News, the Daily Mail, Scottish Daily Mail, The Times, The Times Ireland, The Times Scotland, the Daily Express, Scottish Daily Express, the Independent, The Sun, The Irish Sun, the Daily Mirror, ITV News, Sky News, Metro, Evening Standard, City AM, Huffington Post UK, Wales Online, Irish Examiner, NPR, CBC, MSN, Courier Mail, The National, Zee News, Business Standard, New Kerala, Business Insider, the Japan Times, NEWS.com.au, The National, the Star, The Strait Times, [FoodMancture.co.uk](#), New Scientist, Medscape, OnMedica, Pharmacy News, American Pharmacists Association, Physician's Briefing, NHS Choices, Medical News Today, . **Also extensive broadcast by** BBC News TV & Radio (Breakfast News, World Service, World News, Radio 1, 5 Live, BBC News, BBC 1, BBC 2).

[Sorry, but helping addicts to take drugs is simply obscene](#) - Scottish Daily Mail 14/02/2017

[Study shows GP care is key medicine for healthcare systems](#) - Irish Times 14/02/2017

[When antibiotics don't work any more what can we do?](#) - Irish Times 14/02/2017

[There's a growing body of evidence that butter is actually good for you](#) - Quartz 13/02/2017

[Bilateral Ovarian Removal Associated With Increased All-Cause Mortality](#) - Cancer Network

13/02/2017

[Diet soda won't help you lose weight — and 4 other health hoaxes you need to know](#) - Mic
13/02/2017

[Genes for Smelling Asparagus Metabolites Determine Urine Luck](#) - Scientific American
15/02/2017

[How seniors can help preserve mental health](#) - The Reflector 15/02/2017

[Cooking with butter may be more heart-healthy than vegetable oil: Study](#) - Washington
Times 14/02/2017

[Developing Healthcare Leaders](#) - Greater Wilmington Business Journal 15/02/2017

[Errant docs can't operate for six months](#) - Times of India 16/02/2016

[Renin-Angiotensin System Inhibitors in Coronary Artery Disease Without Heart Failure](#) - The
Cardiology Advisor 15/02/2017

[Robert F. Kennedy, Jr. and Robert De Niro issue a \\$100,000 vaccine “challenge.” It’s every
bit as much as scam as Jock Doubleday’s “vaccine challenge.”](#) - Science Blogs 16/02/2017

[A Letter From Robert F. Kennedy, Jr. and Robert De Niro to American Journalists](#) - Eco
Watch 16/02/2017

[Indian Funding Agency Releases List of Journals Used to Evaluate Researchers](#) - The
Scientist 16/02/2017

[Who is Andrew Wakefield and what is Vaxxed?](#) - The Sun 16/02/2017

[Do Cranky People Really Die Younger Than Pollyannas?](#) - TIME 16/02/2017

[Zombie outbreak infiltrates health professor's lesson plan](#) - Kent Wired 16/02/2017

[Dr. Oz Is Backing Medical Marijuana, And That's Not A Good Thing](#) - Green Rush Daily
16/02/2017

JOURNALS

Annals of the Rheumatic Diseases

[MI Risk 39% Lower for Patients With RA Taking TNF Inhibitors](#) - Medscape 16/02/17

[Risk Scores Underestimate Risk of Cardiovascular Disease in Gout](#) - Cardiology Advisor
14/02/17

[Here is why you should see a chiropractor first for back pain](#) - Emax Health 12/02/17

[Healthy diet cuts women's risk of RA](#) - MedPage Today 12/02/17

BMJ Case Reports

[Tragic Suicide Case Highlights Mental Health Needs of Refugees](#) - Live Science 13/02/2017

[Couple's suicide highlights mental health needs of refugees](#) - CBS News 15/02/17

BMJ Open

[Walking can improve quality of life for cancer patients: Study](#) - UPI.com 17/02/17

Also in: Nursing Times, Science Daily, TheHealthSite, Tech Times, The Hans India, NDTV, Deccan Chronicle, Economic Times, CDA News, The TeCake

[Feel Good: A Bike Ride to Help Your Brain](#) - Gulfshore Life 17/02/17

[Tai chi linked to reduced fall risk in older adults](#) - Reuters UK 17/02/17

[8 simple steps to a healthier lifestyle](#) - Consumer Reports 16/02/17

[Many GPs are ill-informed and unsupportive when tackling age-related macular degeneration, new research reveals](#) - Medical Xpress 15/02/17

['Reciprocal approval' would benefit rare disease patients while putting other populations at risk, study finds](#) - Becker's Hospital Review 15/02/17

[Patient Experience isn't a "Good Thing to Do:" It's Everything](#) - Health Leaders Media 13/02/17

[Welsh children 'more likely to try e-cigs than tobacco'](#) - BBC News 12/02/17

BMJ Open Diabetes Research & Care

[Higher Rates of Diabetes Mellitus Seen in Patients With HIV](#) - Infectious Disease Advisor 13/02/17

BMJ Quality & Safety

[The answer to the NHS crisis is treating its staff better](#) - New Statesman 13/02/17

British Journal of Ophthalmology

[In vivo confocal microscopy ineffective for Fusarium and Aspergillus differentiation](#) Modern Medicine 15/02/17

British Journal of Sports Medicine

[Study: Play tennis, live longer](#) - Men's Journal 19/02/17

[The Amount of Exercise Needed to Reduce All-Cause Mortality](#) - Medscape 15/02/17

[Why too many workouts can be bad for your health](#) - The Australian 19/02/17

Also in: The Times, Times Ireland

[What your past habits may say about your future health](#) - Fox News 16/02/17

[Simple physical test identifies which children are more likely to suffer from cardiovascular diseases in the future](#) - Medical Xpress 16/02/17

Also in: Cardiovascular Business

[Over 30 and taking up exercise? It's always a good idea to visit your doctor](#) - Bangalore Mirror 14/02/17

Heart Asia

[Speed and other stimulants are tied to heart damage](#) The Washington Post 18/02/17

['Speed' and other recreational stimulants tied to heart damage](#) Fox News 15/02/17

[Ecstasy, other recreational stimulants tied to heart damage](#) GMA News 16/02/17

Journal of Epidemiology & Community Health

[To Work or Not to Work? 5 Benefits to Working Past Retirement Age](#) - Huffington Post US 16/02/17

Journal of Medical Ethics

[Should people be allowed to self harm?](#) - 6 minutes 16/02/17

Occupational & Environmental Medicine

[New study links working conditions with women's fertility](#)- Shanghai Daily 16/02/17

Also in: BioNews, Courier Mail (misattrib BMJ), Women of China

Tobacco Control

[The great mystery of -e-cigarettes](#) The Washington Post 15/02/17