

The BMJ logo is displayed in white, bold, sans-serif font on a blue rectangular background. To the right of the logo, there is a decorative graphic consisting of various blue icons related to medicine and technology, such as a microscope, a speech bubble, a computer monitor, and a stethoscope.

BMJ in the News is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the **national and a selection of English-speaking international media**.

This week's (28 Nov - 4 Dec) highlights include:

BMJ South Asia Awards

[India is an extraordinary paradox, says Dr Fiona Godlee](#) - The Asian Age 29/11/2016

[Jipmer health innovation prog in TB control gets BMJ South Asia Award](#) - Web India 123 01/12/2016

The BMJ

Analysis: [Lack of evidence for interventions offered in UK fertility centres](#)
BMJ Open research: [Claims for fertility interventions: a systematic assessment of statements on UK fertility centre websites](#)

[Inside Britain's Fertility Business](#) - Panorama 28/11/2016

['No solid evidence' for IVF add-on success](#) - BBC News 28/11/2016

[Panorama IVF Investigation Reveals Clinics Are Pushing Unproven, Expensive Add-On Treatments](#) - Huffington Post 28/11/2016

Also covered by The Daily Telegraph, The Times, The Independent, The Sun, The National, Closer, US News & World Report, Oxford Mail, NHS Choices, Health Medicinet, MedIndia, Doctors Lounge, The Medical News, Medical News Today, Medical Xpress. **Also broadcast by** [BBC Radio 4 Today Programme](#) (interview with Carl Heneghan / Simon Fishel at 08.32), BBC Radio 5 Live Breakfast, BBC TV Breakfast, Thursday in Parliament (TV)

Research: [Testosterone treatment and risk of venous thromboembolism: population based case-control study](#)

[Higher blood clot risk after starting testosterone treatment](#)- Reuters 02/12/2016

[Testosterone VTE Risk; Novel Clot Buster Flops Again; Saturated Fat Culpability](#) - MedPage Today 02/12/2016

[Increased VTE Risk for Men Starting Testosterone Therapy](#) - Doctors Lounge 01/12/2016

Also covered by the Daily Mail, Channel News Asia, Fox News, Health Medicinet, Clinical Advisor, Physician's Briefing, Physician's Weekly, Pulse, OnMedica, Nursing Times, News Max

Editorial: Preserving fertility in girls and young women with cancer

[Fertility preservation for girls with cancer 'haphazard'](#) - OnMedica 01/12/2016

[Preserving fertility in girls and young women with cancer 'haphazard', say experts](#) - Health Medicine Network 30/11/2016

[Preserving fertility in girls and young women with cancer 'haphazard', say experts](#) - Medical Xpress 30/11/2016

Announcement: Independent experts find no grounds for retraction of The BMJ article on dietary guidelines

[BMJ won't retract controversial dietary guidelines article; issues lengthy correction](#) - Retraction Watch 02/12/2016

[Here's More Evidence Americans Don't Know What They Should Be Eating](#) - Motherboard 02/12/2016

[Medical journal defends article on questionable science behind US dietary guidelines](#) - Treehugger 02/12/2016

Also covered by CPSI & FoodMed.net

[CardioBrief: Saturated Fats Linked to Heart Disease Once Again](#) - MedPage Today 28/11/2016

[Harvard-Unilever study confirms link between sat fats, heart disease & importance of reformulation](#) - FoodNavigator.com 28/11/2016

[To help your heart, don't ban butter — just embrace the Mediterranean diet](#) - Spectator.co.uk 28/11/2016

[Alpha blockers more effective for large kidney stones](#) - University of Michigan Health System News 02/12/2016

[Got kidney stones? Alpha-blockers may be effective](#) - Business Standard 04/12/2016

[Direction An Antidote To Medical Melodramatics](#) - Morning Star 03/12/2016

[The 'war on drugs' doesn't work. It's time for a grown-up conversation](#) - The Guardian 02/12/2016

[Watchwords: We live in a 'post-truth' moment](#) - Montreal Gazette 02/12/2016

[Tricep Explosion](#) - Men's Fitness 02/12/2016

[Is Trump a narcissist?](#) - The Straits Times 03/12/2016

[The Cuban health trend Castro couldn't control](#) - New Zealand Herald 03/12/2016

[Replacing Saturated Fat with Mediterranean Diet Foods Lowers Heart Risk](#) - Olive Oil Times 02/12/2016

Also covered by FoodNavigator-USA.com, HSPH News, Cardiovascular Business

[Trade Group Suing Dr. Oz Over Fake Olive Oil Claims](#) - AgNetWest.com 02/12/2016
['Should chemists be allowed to give antibiotics without a GP prescription?'](#) - Daily Mail 29/11/2016

[What a Legal Recreational Drug Market Would Look Like in the UK](#) - Vice 28/11/2016

[Influences on Prescribing Behavior in Diabetes](#) - Medscape 28/11/2016

[Gays, bias and phony science](#) - New York Post 01/12/2016

['Should chemists be allowed to give antibiotics without a GP prescription?'](#) - Daily Mail 29/11/2016

[Could too much vitamin D be doing you more harm than good?](#) - Daily Mail 29/11/2016

[Why hip replacement patients are told to be LESS CAUTIOUS](#) - Daily Mail & Scottish Daily Mail 29/11/2016

[IS IT WORTH IT? The common remedies that may not make a difference](#) - Irish Daily Mail 29/11/2016

[Hunt unveils nurse apprenticeships](#) - Morning Star 01/12/2016

[Soldiering on when you're sick is far from heroic](#) - Evening Standard 01/12/2016

[DEBUNKING A MYTH ON ANTI-GAY BIGOTRY](#) - New York Post 02/12/2016

JOURNALS

British Journal of Sports Medicine

Research: [Associations of specific types of sport and exercise with all-cause and cardiovascular disease mortality: a cohort study of 80 306 British adults](#)

[Which sports are best for your heart? The answer may surprise you](#) - Washington Post 03/12/16

[New study explores best exercise for heart health](#) - Sydney Morning Herald 30/11/16

[Swimming, cycling, aerobics offer "life-saving benefits": research](#) - Xinhua 30/11/16

Also covered by:

UK & Ireland

The Times + Scotland + Ireland, Daily Telegraph, Mirror + Irish Mirror, Daily Express, Daily Mail + Scottish + Irish Daily Mail, The Guardian, Independent i, Daily Star, The Sun, ITV News, Huffington Post UK, Reuters UK, TV3.ie, Business Insider UK, International Business Times UK, NHS Choices, Sports Illustrated, Loaded Magazine

International

LA Times, TIME, Philly.com, New York Daily News, local US print coverage, CBS Local, US News & World Report, US News Health, Newsroom America, The Inquistr, CBC Canada, Global News Canada, Yahoo Sports Canada, Thomson Reuters Foundation, South China

Morning Post, Japan News, Deccan Herald, IndiaToday, Today.com, International Business Times India, NT News, Daily Times (Pakistan), The Age, The Australian, Business Insider Australia, Herald Sun, Cairns Post, Brisbane Times, West Australian, Perth Now, Gold Coast Bulletin, Daily Telegraph Australia, 9News.com, OzarksFirst.com, Independent Online (South Africa), Gulf News, Gulfshore Life, Panorama (Italy), Daily Sabah, Global Times, Greek Reporter

Other

News Max, Newshub, HealthNews Online, HealthCentral.com, HealthDay, Health News Review, Doctors Lounge, Yahoo Health, LiveScience, Medical Research.com, Medical News Today, WebMD, Bustle, Tech Times, Tech News Gazette, SGB Media, New Daily, Patch.com, New Daily, Starts at Sixty, Insider, CIO Today, Info-Europa, University Herald, Midweek Sport, Mother Nature Network, Tennis World, HealthNews Review.org

[How Income Inequality Is Slowing America Down](#) - Outside Magazine 29/11/16
[AIS sets standard for genetic testing in sport](#) - The Australian 02/12/16 (link unavailable)

[Is golf exercise?](#) - CNN 03/12/16

Heart

Research: [Pronounced increase in the risk of acute ST-segment elevation myocardial infarction in younger smokers](#)

Editorial: [When will we learn that smoking is bad?](#)

[Young smokers at more than 8-fold risk of heart attack: Study](#) - Times of India 30/11/16
[Smokers under 50 years old have 8-fold increased risk of acute STEMI](#) - Cardiovascular Business 30/11/16

[Smoking increases risk of heart attack 8-fold in younger smokers](#) - Latin Post 30/11/16

Also covered by: Herald Sun, The Australian, Hindustan Times, Deccan Herald, Chandigarh Tribune, NDTV, Daily Times (Pakistan), HealthDay, Medical Xpress, HealthCentral.com, Bel Marra Health, Cardiology Adviser, Yahoo News, Reuters UK, International Business Times, Scottish Sun, OzarksFirst.com, Japan Today, Economic Times, The Stopru, Times of Israel, Latinos Health, Yahoo Sports, 6Minutes

BMJ Case Reports

Case Report: [When plenty is too much: water intoxication in a patient with a simple urinary tract infection](#)

[How drinking too much water can lead to a medical emergency](#) - CTV News 02/12/2016

[How a woman overdosed on water](#) - New Zealand Herald 05/12/2016

[Doctors' advice to 'drink plenty of water' when you're ill could actually be harmful](#) - Irish Examiner 02/12/2016

Also covered by BBC News, Huffington Post, ITV News, CBS News, VICE, The Daily Mirror, the Daily Mail, the Daily Mirror, the Daily Express, the Sun, AOL UK, Evening Standard, BreakingNews.ie, Belfast Telegraph, STV News, SBS, IFLScience, Nursing in Practice, Web MD, Medical Xpress, Live Science, Medical News Today

Case Report: [Comfrey herbal remedy causing second-degree heart block: do not be outfoxed by digitalis](#)

[Woman spends five days in hospital after mix-up over homemade herbal tea](#) - the Independent 02/12/2016

[Bad brew: This herbal tea almost killed someone](#) - New York Daily News 02/12/2016

[Herbal remedy warning: Woman in life-threatening state after insomnia cure tea mix-up](#) - the Daily Express 02/12/2016

Also covered by the Daily Mirror, Live Science

Case Report: [Muscle mania: the quest for the perfect body](#)

[Injecting natural oils for muscle gain could be deadly, doctors warn](#) - The Guardian 02/12/2016

[Amateur Bodybuilder Treated After Injecting Himself With Coconut Oil](#) - IFLScience

[Body builder injects coconut oil permanently damaging muscles](#) - International Business Times UK 01/12/2016

Also covered by New York Daily News, The Sun, The Scottish Sun, Live Science. **Also broadcast by** [BBC Radio 5 Live](#) (interview with author from 1:28mins).

Annals of the Rheumatic Diseases

[Fibromyalgia: Evidence-Based Management](#) - Medscape 29/11/16

[EndoBreak: Fight Against EDCs; Minimally Invasive Thyroidectomy](#) - MedPage Today 01/12/16

[Steroids and statins tied to increased diabetes risk in RA](#) - American Pharmacists' Association 01/12/16

BMJ Open

[Lack of supporting evidence for claims about fertility treatments](#) - Science Daily 28/11/16

Also in HealthDay, WebMD, News-Medical.net

[How much time should you spend with your children?](#) - The Guardian 28/11/16

Also in Irish World Newspaper, Times of Malta, Family Law Week, PsychCentral.com

[Hypochondriacs & the placebo effect: It's not just in your head](#) - Russia Today 02/12/16

[Hypochondriacs more likely to have health problems, says study](#) - CNN 02/12/16

[Closing the drinking gender gap, in a bad way](#) - News-Press Now 02/12/16

[Meta-Analysis Asserts Link Between Traffic Pollution and Childhood Asthma](#) - MD Magazine 02/12/16

[Tai Chi proves feasible and beneficial for vets with PTSD](#) - Science Daily 03/12/16
[A checkup for the annual physical exam](#) - NewsOK.com 04/12/16

BMJ Quality & Safety

[Most PCPs would only partially disclose medical errors, survey reveals](#) - News-Medical.net 29/11/16
[Most PCPs would only partially disclose medical errors, survey reveals](#) - Becker's Hospital Review 30/11/16

Journal of Epidemiology & Community Health

[Household Chemicals and Diabetes: A Surprising Link](#) - MD Magazine 02/12/16

Occupational & Environmental Medicine

[Occupational research round-up December 2016](#) - Personnel Today 01/12/16 (link unavailable)