

The image shows the BMJ logo in white on a blue background. To the right of the logo is a horizontal strip of blue icons representing various medical and scientific concepts: a microscope, a person with a speech bubble, a computer monitor, a stethoscope, and a person with a speech bubble.

BMJ in the News is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the **national and a selection of English-speaking international media**.

This week's (12-18 Dec) highlights include:

BMJ

Announcement: [BMJ announces new partnership to support primary healthcare in China](#)

[BMJ partners with Guangdong Family Doctor Association to support healthcare professionals in China](#) - News-Medical.net 17/12/2016

[BMJ partners with Guangdong Family Doctor Association to support medical professionals opposite China](#) - Health Medicinet 17/12/2016

Four BMJ articles feature in the Altmetric Top 100 list of the most discussed journal content in 2016. Read the full list [here](#).

[Pres. Obama Wrote the Year's Most Talked-about Science Paper](#) - Scientific American 15/12/2016

[What Academic Research Captured the Public's Imagination in 2016?](#) - Digital Science 13/12/2016

The BMJ Christmas

Research: [Sniffing out significant "Pee values": genome wide association study of asparagus anosmia](#)

[Why Can't Some People Smell Asparagus in Their Pee?](#) - NBC News 13/12/2016

[This Is Why Your Wee Smells After Eating Asparagus](#) - Huffington Post 13/12/2016

[Smelly asparagus wee is real - but plenty of people can't smell it](#) - iNews 13/12/2016

Also covered by the Daily Mail, Scottish Daily Mail, the Daily Telegraph, the Sun, Irish Independent, NPR, VICE, UPI, U.S. News & World Report, CTV News, NEWS.com.au, Yahoo News, Times of Malta, French Tribune, The Japan Times, Free Malaysia Today, iAfrica, Tech Times, How Stuff Works, Morning News USA, Yahoo News, Popular Science, Knowledge Science Report, Inverse, BT.com, Live Science, Medicinet, Doctors Lounge, Medical Daily, Health Day, Health 24, Health Medicinet, Medical Xpress

Research: [Gotta catch'em all! Pokémon GO and physical activity among young adults: difference in differences study](#)

[Pokemon Go: Exercise impact 'short-lived'](#) - BBC News 14/12/2016

[Sorry, Pokemon Go addicts, playing the video game doesn't count as a real workout](#) - Los Angeles Times 14/12/2016

[Pokémon Go boosts exercise levels – but only for a short period, says study](#) - The Guardian 13/12/2016

Also covered by the Daily Mail, the Daily Express, Reuters, Metro, Forbes, Vox, Popular Science, NHS Choices, Live Science, STAT, South China Morning Post, China Daily Hong Kong, Bangkok Post, Politico, Wired, Smithsonian Magazine, MSN, The Business Times, Channel News Asia, The Hindu, The Hindu Business Line, Yahoo News, TechCrunch, Sacramento Bee, Silicon Republic, City A.M, CBS Local, Zee News, Pedestrian TV, The Star Online, Nerdist, Vocativ, Vox, iTech Post, Tech Times, Android Authority (blog), Trusted Reviews, Daily Maverick, Engadget, Fortune Herald, Health Day, Science World Report, Medicinet, Health Medicinet, Doctors Lounge, My Science

Research: [Sustained enjoyment of life and mortality at older ages: analysis of the English Longitudinal Study of Ageing](#)

[Why happier people actually seem to live longer](#) - CBS News 14/12/2016

[The First Real Proof That Your Outlook Affects Longevity](#) - TIME 13/12/2016

[Enjoying life may mean a better chance of living for longer](#) - the Spectator 14/12/2016

Also covered by the Independent, The Times, The Times Scotland, The Sun, the Daily Mail, Scottish Daily Mail, Irish Daily Mail, the Daily Express, Scottish Daily Express, the Daily Mirror, Irish Medical Times, Courier Mail, Yahoo News, iAfrica, Egypt Independent, Psychology Today, Health Medicinet, health.com, MedIndia, Medical Xpress. **Also broadcast by** Sky News and BBC Radio 5 Live

Research: [Do celebrity endorsements matter? Observational study of BRCA gene testing and mastectomy rates after Angelina Jolie's New York Times editorial](#)

[Why doctors can't ignore celebrities: the Angelina Jolie effect](#) - the Washington Post 15/12/2016

['Angelina Jolie effect' boosted genetic testing rates, study suggests](#) - The Guardian 15/12/2016

[Rise in breast cancer gene testing after Angelina Jolie's NYT writeup, but...](#) - Times of India 15/12/2016

Also covered by the Daily Mirror, the Daily Telegraph, The Daily Telegraph Scotland, iNews, Sky News, Belfast Telegraph, Vox, CNBC, Newswire, Cancer Research UK, Health Medicinet, GenomeWeb, Money Magazine, Philly.com, The Siasat Daily, Knowridge Science Report, Doctors Lounge, Health Day, Medical Xpress

Research: [Dispelling the nice or naughty myth: retrospective observational study of Santa Claus](#)

[Santa's Christmas gift-giving has nothing to do with whether kids are naughty or nice, study shows](#) - Los Angeles Times 14/12/2016

[Children in rich areas more likely to get hospital visit from Santa](#) - Herald Scotland 15/12/2016

[Science smashes the myth that Santa only comes to children who are nice](#) - Business Insider Australia 15/12/2016

Also covered by TIME, the Scotsman, Health Medicinet, Yahoo News, Medical Xpress, Phys.Org, Knowrledge Science Report, BT.com, Newshub

[Dear highly-esteemed expert: how to cope with academic spam](#) - Nature 14/12/2016

The BMJ

[Is It Possible to Make a Less Allergenic Peanut?](#) - New York Times 15/12/2016

[A bitter pill: are statins cure or killer?](#) - The Daily Telegraph 12/12/2016

[Blow by blow](#) - Otago Daily Times 12/12/2016

[LGBT health care is beset by prejudice and may be contributing to discrimination](#) - the Daily Mirror & Irish Daily Mirror 12/12/2016

[Can a hi-tech plaster stop fatal blood clots that cause strokes and heart attacks?](#) - Daily Mail 12/12/2016

[Eating cheese, butter and cream can help protect you from heart disease, study finds](#) - the Independent 13/12/2016

[EXCLUSIVE: The secret history of Christmas](#) - the Daily Mail 12/12/2016

[Johnson City veterans hospital reveals research behind reduction of Opioids](#) - WJHL 12/12/2016

[On research, caviar consumption, and wealth: A Stanford scientist investigates](#) - Stanford Medicine 12/12/2016

[Market myths and social facts](#) - the Jordon Times 12/12/2016

[Heroin should be given to addicts on prescription, official UK drug advisers say](#) - RT 13/12/2016

[Just in time for Christmas: Eating cheese 'can help protect you from heart disease'](#) - Yahoo News 13/12/2016

[What's your gut feeling?](#) - Irish Independent 14/12/2016

[Western Dairy Association – Whole Milk: It May be More Wholesome Than You Think](#) - University of Denver 13/12/2016

[Just in time for Christmas: Eating cheese 'can help protect you from heart disease'](#) - Yahoo News UK 13/12/2016

[Exercise can take your breath away – for all the wrong reasons](#) - Irish Times 13/12/2016

[The growing burden of leg ulcers in the UK](#) - The Guardian 14/12/2016 (in print)

[Dr Bishal Gyawali appointed advisor to the British Medical Journal](#) - My Republica 14/12/2016

[6 TRICKS THAT MIGHT KEEP YOU FROM GETTING A HANGOVER](#) - Popular Science 15/12/2016

['Epidemic of coronary heart disease'](#) - the Island 15/12/2016

[Periods still a taboo in Indian society: TISS study](#) - Hindustan Times 19/12/2016

[How UK Universities Fuel The Tech Boom](#) - Daily Reckoning 16/12/2016

[Why drinking is on the rise among women](#) - Daily Nation 16/12/2016

JOURNALS

BMJ Global Health

Research: [Determinants of morbidity and mortality following emergency abdominal surgery in children in low-income and middle-income countries](#)

[Emergency Surgery Riskier for Kids in Poorer Countries](#) - Arizona Daily Star 13/12/16

[Emergency Surgery Riskier for Kids in Poorer Countries](#) - HealthDay 13/12/16

Also covered by: US News & World Report, Health.com, Headlines News, Medical Xpress

British Journal of Sports Medicine

Review: [Effectiveness of foot orthoses and shock-absorbing insoles for the prevention of injury: a systematic review and meta-analysis](#)

[Only some shoe inserts tied to lower risk of injuries](#) - Fox News 15/12/16

[Insoles not effective for hindering injury](#) - SBS 13/12/16

[Trainer insoles 'don't prevent running injuries'](#) - Daily Mail 12/12/16

Also covered by: Business Insider, Daily Express, The Times + Times Scotland, The Sun + Irish Sun, Scottish Daily Mail, Independent i, Nursing Times, Reuters UK, Medical News Today, US News & World Report, Doctors Lounge, Bel Marra Health, HealthDay, Daily Times, News Australia, Yahoo Canada Sports

[Sport makes us live longer](#) - Irish Independent 13/12/16

[Exercise can take your breath away – for all the wrong reasons](#) - The Irish Times 13/12/16

[These are the best sports to ensure a long life and some may shock you!](#) - Birmingham Mail 14/12/16

[These are the three sports that help you live longer](#) - Yahoo News 14/12/16

[The best sports to play if you don't want to die](#) - The Thrillist 12/12/16

[50% of Ankle Injuries Ignored: Can Lead to Future Trouble for Millions](#) - American Council on Science and Health 15/12/16

[We try roller skating for fitness as an adult](#) - Stuff.co.nz 18/12/16

Veterinary Record

Review: Efficacy of homeopathy in livestock according to peer-reviewed publications from 1981 to 2014

[Prince's claims for animal homeopathy lack evidence, say vets](#) + [Prince Charles's homeopathy fad is joke medicine](#) - The Times 13/12/2016

[Effectiveness of homeopathy for livestock unproven](#) - Farmers Weekly 13/12/2016

[Homeopathy doesn't work for cows, either](#) - Popular Science 12/12/2016

Also covered by The Scientist, Business Insider, Yahoo News, Medical News Today, Phys.Org

Annals of the Rheumatic Diseases

[Drug trial shows promise for rheumatoid arthritis](#) - National Pain Report 15/12/16

[Using Imaging Technology to Stratify CVD Risk in Rheumatoid Arthritis](#) - Cardiology Advisor 15/12/16

[Prior Infections Likely a 'Minor Determinant' of Overall GCA Risk](#) - MedPage Today 12/12/16

BMJ Case Reports

[Cautionary tale about advice to 'drink plenty of fluids'](#) - Irish Times 13/12/2016

BMJ Open

[Patients 'overestimated statin benefit when lacking numerical information'](#) - Pulse 12/12/16

[Everything you need to know about cholesterol](#) - Irish Daily Mail 13/12/2016 (wrongly attributed to The BMJ;print only)

[Tai Chi as a Potential Treatment for Vets with PTSD](#) - Mad in America 13/12/16

[Obesity in adolescents significantly increases their risk of heart disease regardless of ethnicity](#) - Medical Xpress 14/12/16

[Landmark study finds link between nurse staffing levels and patient outcomes](#) - Nursing Times 16/12/16

[Patients back Mecs in College of Optometrists survey](#) - Optician Online 16/12/16

Injury Prevention

[Gun laws, mental health spending tied to fewer school shootings](#) - The Arab American 15/12/16

[Study: school shootings have increased every year since 2012 Sandy Hook massacre](#) - The Hour 14/12/16

Journal of Epidemiology & Community Health

[Study links Scouting with better mental health later in life](#) - Scouting Magazine 12/12/16

[Is smoking illegal in China? Country considers nationwide ban on public smoking](#) - International Business Times US 15/12/16

Journal of Medical Ethics

[Ethical Challenges Pharmacists Face When Managing Noncompliant Patients](#) - Pharmacy Times 14/12/16

Sexually Transmitted Infections (follow on PR)

[Does pubic hair grooming increase STI risk](#) - Pharmacy News (Australia) 12/12/16

[Pubic hair grooming linked to sexually transmitted infections](#) - The Guardian 13/12/16

[More Bad News! Trimming Pubic Hair Can Raise STD Risk](#) - Men's Journal 14/12/16

Also in Reuters, EyeWitness News, Renal & Urology News, Medical Research.com, Collective Evolution, Daily Princetonian

Thorax

[10 easy ways to erase your age](#) - Yahoo India News 12/12/16