



BMJ in the News is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the **national and a selection of English-speaking international media**.

This week's (21-27 Nov) highlights include:

BMJ South Asia Awards

[Doctors today have to be more realistic about what medicines can deliver: Dr Fiona Godlee](#) - Economic Times 23/11/2016

[Pushing diabetics to take insulin is a medical scam: Fiona Godlee](#) - Economic Times 20/11/2016

[Indian health start-up bags global award](#) - Daily News & Analysis 24/11/2016

The BMJ

Practice: [Should adults take vitamin D supplements to prevent disease?](#)

Head to head: [Should healthy people take a vitamin D supplement in winter months?](#)

[Vitamin D doesn't prevent disease for most, study says](#) - CNN 23/11/2016

['No evidence' vitamin D supplements help to improve bone health](#) - the Scotsman 23/11/2016

[Evidence does not back vitamin D supplements, says BMJ](#) - ITV News 23/11/2016

Also covered by the Guardian, ITV News, the Daily Mail, Scottish Daily Mail, the Daily Express, The Sun, Herald Scotland, Irish Examiner, The National, CTV News, Huffington Post UK, AOL, Stuff.co.nz, SBS, 6 minutes, Nigeria Post, BreakingNews.ie, NHS Choices, Web MD, News-Medical.net, Medical Xpress + extensive UK local newspaper coverage

Research: [Intake of individual saturated fatty acids and risk of coronary heart disease in US men and women: two prospective longitudinal cohort studies](#)

[Eat more fish and cut down on cakes to reduce risk of heart disease, study says](#) - iNews 23/11/2016

[Heart disease risk 'cut by swapping saturated fat for healthier energy sources'](#) - Daily Mail 24/11/2016

[High Intake of Saturated Fats May up Heart Disease Risk](#) - NDTV 24/11/2016

Also covered by The Times, The Times Scotland, The Times Ireland, the Daily Mail, The Sun, Huffington Post, Yahoo News, SBS, Zee News, Business Standard, Economic Times, Zee News, New Kerala, India Live Today, the Indian Express, International News Network, Medical Research (blog), Health Medicinet, NHS Choices, Web MD, Medical News Today, Medical Xpress,

Research: [Association between prediabetes and risk of cardiovascular disease and all cause mortality: systematic review and meta-analysis](#)

[Lower cut-off for prediabetes may prevent cardiovascular disease, study finds](#) - Pulse Today 23/11/2016

[Heart disease risk closely related to pre-diabetes](#) - MedIndia

Also covered by Medical News Today, Health Medicinet, Medical Xpress

Editorial: [Fair vaccine pricing please, not random acts of charity](#)

[Vaccines Should be Made Available at an Affordable Price](#) - MedIndia 25/11/2016

[Experts call for fair vaccine pricing, not 'random acts of charity'](#) - Medical News Today 23/11/2016

Also in Health Medicinet

Ongoing coverage for The BMJ's drugs package:

[MPs call for legalisation of cannabis amid warning UK is falling behind in its drug policies](#) - the Independent 21/11/2016

[Legalisation of cannabis 'only solution to crime and addiction problems'](#) - the Guardian 21/11/2016

[MPs call for legalisation of cannabis amid warning UK is falling behind in its drug policies](#) - Belfast Telegraph 21/11/2016

Also in International Business Times UK, Marijuana.com, The Student, Times LIVE, the Christian Institute

[Now MORE experts claim statins are a waste of time](#) - Daily Mail 25/11/2016

[Millions are 'needlessly' taking statins to ward off heart attack, due to 'FLAWED' evidence of benefits](#) - the Scottish Sun 25/11/2016

[Why these cardiologists think Lancet's statins study is 'fundamentally flawed'](#) - International Business Times 25/11/2016

[Murders of Gordon Semple and Daniel Whitworth put the spotlight on the gay dating app Grindr](#) - Kent Online 24/11/2016

[Melatonin and Myocardial Infarction: What is the Association?](#) - Pharmacy Times 24/11/2016

[Diabetes nutrition: What to eat to help you manage your blood sugars](#) - Calgary Herald 24/11/2016

[This study just revealed why the peer-review process is in so much trouble](#) - Science Alert 24/11/2016

[Clinical drug trials](#) - Irish Times 23/11/2016

[IVF calculator may help predict chances of having a baby](#) - Reuters 25/11/2016

[Early physiotherapy may not improve ankle sprain recovery](#) - Reuters 22/11/2016

[Several Studies Focus on Risks of Fluoroquinolones](#) - Legal Examiner 21/11/2016

[Start Your Week Off Right: 10 Simple Ways to Improve Health, Well-being](#) - Quad City Times 21/11/2016

[New Online Calculator Tries To Predict The Chances Of Having A Baby After IVF](#) - Science World Report 26/11/2016

[4 Healthy Kitchen Tips That Make It Easier To Eat Healthy](#) - SELF 26/11/2016

['Creation engineering': The art and science of naming drugs](#) - Gant Daily 25/11/2016

[Vaccines Are Undervalued And Underappreciated And Who Is To Blame?](#) - Outbreak News Today 25/11/2016

JOURNALS

BMJ Open

Research: [Father involvement in early childrearing and behavioural outcomes in their pre-adolescent children: evidence from the ALSPAC UK birth cohort](#)

[Confident fathers have happier children, says study](#) - BBC News 23/11/16

['Confident' dads raise well-behaved teens](#) - The Australian 23/11/16

[Confident fathers reduce pre-teen kids' risk of engaging in bad behaviour](#) - International Business Times UK 23/11/16

Also covered by: Daily Mail + Scottish + Irish Daily Mail, Independent, Daily Telegraph + Daily Telegraph Scotland, The Guardian x 2, The Sun, Sunday World, Irish Times, Irish Examiner, Huffington Post UK, AOL UK, Evening Standard, TV3.ie, Heart Radio, Business Standard, NT News, SBS, Herald Sun, Courier Mail, Daily Telegraph Australia, Perth Now, Cairns Post, Gold Coast Bulletin, 9news.com.au, News.com.au, Siasat Daily, Newpoint Africa, You (South Africa), Consumer Affairs, HealthDay, NHS Choices, Medical News Today, WebMD, MedPage Today, Medical Research.com, Medical Xpress, Care Appointments, Refinery29, Weekly Times Now, Yahoo Sports

[British youngsters drink 'bathtub of sugar a year'](#) - Scotsman 21/11/16

[Street teams halve mental health-related arrests in North East](#) - BBC News Tyne & Wear 22/11/16 + Medical Xpress

[Hypochondriacs have Higher Risk of Heart Disease](#) - World Health.net 22/11/16
[Hypochondriacs May Worry Themselves Sick \(Literally\)](#) - Huffington Post US 22/11/16

[New Clinical Trial Aims to Create Bioresource for Improved Mesothelioma Diagnosis](#)
Surviving Mesothelioma 26/11/16

Research: Is Olympic inspiration associated with fitness and physical activity in English schoolchildren? A repeated cross-sectional comparison before and 18 months after London 2012

[Kids' fitness levels drop since London 2012 Olympics after organisers claimed £9bn Games would 'inspire a generation'](#) - The Sun 22/11/16
[Fitness levels fall despite London Olympics sport boost](#) - OnMedica 22/11/16
[Olympic inspiration alone is not enough](#) - Newham Recorder 23/11/16

BMJ Global Health

Editorial: Persisting trend in the breach of medical neutrality: a wake-up call to the international community

[Experts urge United Nations to protect hospitals from further attacks](#) - STAT 22/11/16
[Profile: attacks on hospitals](#) - The National 22/11/16

Annals of the Rheumatic Diseases

[Common Drugs Boost Diabetes Risk in RA Patients](#) - MedPage Today 25/11/16

[IL-6 Blocker Beats Anti-TNF in RA](#) - MedPage Today 22/11/16

BMJ Open Diabetes Research & Care

[Does a walnut a day keep the diabetes doctor away?](#) - Mirror 23/11/16
[Daily dose of walnuts linked to health improvements](#) - Live Science 24/11/16

BMJ Quality & Safety

[Development of nursing associate role too rushed, say nurse leaders](#) - OnMedica 21/11/16

British Journal of Sports Medicine

[Failed clinical trials, unpublished research and other health stories you may have missed](#) - CBC News 25/11/16

[Batman suffers impossible beatings, UVic experts say](#) - Times Colonist (Canada) 24/11/16

[Genetic testing is infiltrating the sports world](#) - The Week 24/11/16

[Do compression socks, sleeves and wraps help you work out better?](#) - LifeHacker UK
24/11/16

[6 unexpected, science-backed hangover cures](#) - Raw Story 21/11/16

Journal of Clinical Pathology

[Manuka honey is bee's knees](#) - Daily Express 24/11/2016 (print only)

Journal of Epidemiology & Community Health

[The Shift Toward Eco-Friendly Streetlights](#) - Care2.com 26/11/16

Occupational & Environmental Medicine

[Short turnaround between shifts may increase sick leave](#) - Reuters 24/11/16

Thorax

[E-cigarettes cause gum tissue damage, study shows](#) -Aussie Network News 21/11/16

Tobacco Control

[Australia's plain cigarette packs are 'putting teens off smoking'](#) - Cancer Research UK
22/11/16

[Tobacco flavors draw in young folks](#) - Lincoln Journal Star 23/11/16

[Flavors influence appeal and use of most tobacco products, especially for youth](#) - Science
Daily 21/11/16