

The image shows the BMJ logo in white on a blue background. To the right of the logo is a horizontal strip of blue icons representing various medical and scientific concepts: a microscope, a person with a speech bubble, a computer monitor, a stethoscope, and a person with a speech bubble.

BMJ in the News is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the **national and a selection of English-speaking international media**.

This week's (14-20 Nov) highlights include:

BMJ Awards South Asia

[Tackle lifestyle issues for diabetes: Fiona Godlee](#) - Economic Times 20/11/2016

[BMJ recognises the stars of South Asian Healthcare](#) - Economic Times 20/11/2016

[Apollo bags 15 nominations for 'BMJ' awards](#) - News Today 17/11/2016

[Doctors from NIMHANS win British Medical Journal award](#) - The New Indian Express 20/11/2016

[Two doctors from AIIMS win BMJ Awards South Asia](#) - Business Standard 19/11/2016

[BMJ awards for two AIIMS doctors](#) - New Kerala 20/11/2016

Also in India Live Today + Medical Dialogues

The BMJ

Editorial: [The war on drugs has failed: doctors should lead calls for drug policy reform](#)

[British Medical Journal advocates legalisation of drugs](#) - Evening Standard 15/11/2016

[BMJ medical journal calls for legalisation of drugs](#) - the Independent 15/11/2016

[Nick Clegg calls Clegg calls for UK drugs 'reform'](#) - BBC 5 Live 15/11/2016

Also covered by The Times, The Times Ireland, The Times Scotland, the Daily Mirror, the Daily Mail, Daily Star, Daily Star Scotland, Metro, New Scientist, IFLScience, OnMedica, Medscape, RT, MSN, BT.com, Mixmag, Tornos News International Edition, The Canary,

Research: [Predicting the chances of a live birth after one or more complete cycles of in vitro fertilisation: population based study of linked cycle data from 113873 women](#)

[Online calculator predicts IVF baby chances + video](#) - BBC News 17/11/2016

[IVF calculator to predict chance of baby](#) - The Australian 17/11/2016

[IVF Calculator: Predicts IVF Success Rates For Individual Couples Undergoing Fertility Treatment](#) - Huffington Post 16/11/2016

Also covered by the Daily Mail, the Daily Mirror, the Daily Telegraph, the Sun, the Scottish Sun, the Scotsman, Herald Scotland, AOL UK, International Business Times, TIME, ABC News, U.S. News & World Report, STV News, Tech Times, Web India, MedPage Today, Medical Xpress, PerfScience, Huffington Post Australia, NEWS.com.au, Sky News Australia, Courier Mail, Herald Sun, The Australian Women's Weekly, Tech Times, Doctors Lounge, NHS Choices, Medical Xpress

Research: [Effect of early supervised physiotherapy on recovery from acute ankle sprain: randomised controlled trial](#)

[Ankle sprain treatment at home with RICE therapy trumps physio](#) - the Daily Telegraph 17/11/2016

[Physiotherapy 'May Not Help Ankle Sprains'](#) - Medscape 17/11/2016

[Physiotherapy not beneficial for ankle sprains, says study](#) - Business Standard 17/11/2016

Also covered by ITV News, the Daily Mail, Irish Daily Mail, Scottish Daily Mail, Yahoo News, UPI, U.S. News & World Report, New Kerala, ANI News, Doctors Lounge, HealthDay, WebMD, OnMedica, 6 minutes, Medical Xpress + extensive UK print newspaper coverage

[Migraine sufferers face a greater risk of heart disease and stroke](#) - the Spectator 16/11/2016

[Women with a history of migraines are at double the risk of having a stroke](#) - the Daily Mail 16/11/2016

Also covered by Debrief

[Smith, Jones and Cameron: What your surname says about you](#) - BBC News 17/11/2016

[The secret reasons why statins may not be as useful as we think](#) - Health News Review 17/11/2016

[Liver scan device propels Oxford firm's expansion](#) - Oxford Mail 17/11/2016

[A brief history of beards](#) - BBC History Magazine 18/11/2016

[Depression: does it originate in the immune system?](#) - Stuff.co.nz 18/11/2016

[The shocking day I was told I had to have a mastectomy](#) - the Independent 17/11/2016

[Are we thinking about depression all wrong?](#) - the Daily Telegraph 14/11/2016

[5 More Locations Pass Soda Taxes: What's Next For Big Soda?](#) - Forbes 14/11/2016

[Questioning Ethics of Costly Drugs for Metastatic Cancer](#) - Medscape 15/11/2016

[Why I denied shaken baby syndrome](#) - The Times 16/11/2016

[Risk for heart failure admissions increased with select NSAIDs, higher doses](#) - Pharmacist 15/11/2016

[The 9 Sneaky Things That Are Causing Your Knee Pain](#) - Huffington Post 15/11/2016

[Eating oily fish weekly can help reduce risk of stroke](#) - Knowridge 14/11/2016

[Doctor's orders: 'Disgusting' habit may be a good thing](#) - Temple Daily Telegram 14/11/2016

['Being told I needed a mastectomy left me reeling'](#) - the Daily Mail 15/11/2016

[Is this proof a full moon drives you loony?](#) - the Daily Mail 14/11/2016

[Yearning for sound of silence](#) - the Star 12/11/2016

[Treating chronic pain with no cause](#) - the Daily Telegraph 14/11/2016

[Energy drink consumption linked to increased hepatitis risk](#) - Digital Journal 13/11/2016

[When you lose weight, where does the fat go?](#) - Knowridge Science Report 14/11/2016

[Vaccine trials: Unravelling the drug trials scandal](#) - Irish Examiner 17/11/2016

[Controlling diabetes with a traditional diet](#) - The Zimbabwe Daily 16/11/2016

[Hemorrhage Treatment Market rises with increasing incidence rate of various types of hemorrhages](#) - Medgadget 15/11/2016

[Ask Dr Miriam](#) - Daily Mirror & Irish Daily Mail 14/11/2016

[IS IT WORTH IT? The common remedies that may not make a difference](#) - Irish Daily Mail 15/11/2016 (in print only)

JOURNALS

BMJ Quality & Safety

Research: [Nursing skill mix in European hospitals: cross-sectional study of the association with mortality, patient ratings, and quality of care](#)

[NHS nursing assistants could raise risk of death for patients, says study](#) - The Guardian 15/11/16

<https://www.theguardian.com/society/2016/nov/15/nhs-nursing-assistants-could-raise-risk-of-death-for-patients-says-study>

[Do you feel that money is put before safety in your organisation?](#) - Nursing Times x 2 18/11/16

[Call for assistant nurse role rethink](#) - BBC News 15/11/16

Also covered by: The Times + Times Ireland, The Independent, Independent i; Daily Telegraph, Daily Mail, Morning Star, Guardian Health Network, Nursing in Practice, OnMedica, NHS Choices, Modern Healthcare.com, NHS Executive, Medscape, Medical News Today, Medical Xpress, Medical Research.com, News-medical.net, Care Appointments, Diagnostic Imaging, BT.com, Becker's Hospital Review, Newswise, Economic Voice, Fierce Healthcare

Annals of the Rheumatic Diseases

[Guidelines may help jMRD patients transition to adult care](#) - MedPage Today 14/11/16

BMJ Case Reports

[The Case Against Energy Drinks Is Getting Stronger](#) - TIME 16/11/2016

[Acute Hepatitis From Energy Drinks?](#) - Yahoo News 16/11/2016

[A child died after the slapping therapy](#) - The Argus 15/11/2016

BMJ Diabetes Research & Care

[Winter conception increases mothers' diabetes risk](#) - Science Daily

BMJ Open

[High-income men now outliving low-income women in Canada, study finds](#) - The Globe & Mail 14/11/16

[What is the psychological impact of miscarriage?](#) - International Federation of Gynecology and Obstetrics 14/11/16

[Patients with Atopic Dermatitis Are at Increased Risk of Heart Attack](#) - MD Magazine 18/11/16

[The Ironic Health Risks Of Worrying About Your Health](#) - Forbes 18/11/16

['Worried well' may increase their risk of heart disease](#) - Irish Medical Times 17/11/16

[Health fear-mongering: Could our news be making us sicker?](#) - HealthNewsReview 16/11/16

External PR:

[The drink that has more sugar than Coke](#) - New Zealand Herald 17/11/16

[Why ginger beer is WORSE for you than a can of Coke](#) - Daily Mail 15/11/16

[Half of all fizzy drinks exceed sugar allowance](#) - Herald Scotland 15/11/16

Also in: The Times + Scotland + Ireland, Daily Telegraph + Daily Telegraph Scotland, The Sun, Daily Express, Huffington Post UK, The Sun, Yorkshire Evening Post, Diabetes.co.uk, Medical Xpress, Food Navigator, Food Ingredients Firs, FoodBev.com, iAfrica.com

BMJ Global Health

[The many pain-points of the diabetes capital](#) - Hindu Business Line 12/11/16 (print only)

British Journal of Sports Medicine

[Cash in on exercising](#) - Mumbai Mirror 15/11/16

[Why are our kids coming in last place](#) - La Crosse Tribune 17/11/16
[6 Surprising Hangover Cures: Science-Backed Ways To Feel Better After A Night Of Drinking, From Pears To Mashed Potatoes](#) - Medical Daily 20/11/16

Emergency Medicine Journal

[Emergency Department Workers Face High Stress, Burnout](#) - Huffington Post US +Reuters 18/11/16

Journal of Clinical Pathology

[New guidelines provide recommendations on HER2 testing for patients with gastroesophageal cancers](#) - Medical News Today 14/11/2016

Journal of Epidemiology & Community Health

[Scout and Guide Programs May Improve Adult Mental Health](#) - GoodTherapy.org 17/11/16

[UK kids in Scouts-Guides have better mental health at age 50](#) - Reuters + Fox News 18/11/16

Journal of Medical Ethics

[Frozen in time: what is cryogenics and how does it work?](#) - The Irish Times 18/11/16
[The World at One, 13:10, BBC Radio 4 FM](#) - BBC Radio 4 FM 18/11/16
[BBC News, 19:05](#) - BBC News 18/11/16

[Aid in dying respects vulnerable groups too](#) - Washington Post 18/11/16

Occupational & Environmental Medicine

[Underground miners face high risk of lung cancer death from diesel exhaust exposure: study](#) - ABC Online 17/11/16

Thorax

[Adherium's Smartinhaler reduces asthma-related hospitalizations in children, study reveals](#) - News-Medical.Net 18/11/16

Tobacco Control

[Think tanks with ties to tobacco arguing against plain packaging](#) - Globe & Mail 17/11/16

[Graphics on cigarette packs reduce smoking](#) - John Hopkins Newsletter 17/11/16