

The image shows the BMJ logo in white on a blue background. To the right of the logo is a horizontal strip of blue icons representing various medical and healthcare concepts, including a microscope, a speech bubble, a computer monitor, a stethoscope, and a person.

BMJ in the News is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the **national and a selection of English-speaking international media**.

This week's (2-8 May) highlights include:

The BMJ Awards

[Dr Amar Shah \(Education Team of the Year winner\) interviewed on London Live TV](#) - 06/05/2016

[Plymouth University plays a role in two BMJ Awards winners](#) - Plymouth University 06/05/2016

[Award for 'inspirational' doctor and cancer patient](#) - Yorkshire Evening Post 07/05/2016

[Prestigious award nomination for Kendal general practices](#) - The Westmorland Gazette 04/05/2016

[Kendal Care Home Project shortlisted for national award](#) - Cumbria Crack 03/05/2016

[BMJ awards – our teams win praise for their outstanding work](#) – UCLH News 04/05/2016

[Liquitabs life saver](#) - Glasgow Sunday Mail 08/05/2016

[Team who help fainting patients up for an award](#) - Nuneaton News 04/05/2016

[Patient care project shortlisted for award](#) - Stockport Express, 04/05/2016

International Forum on Quality and Safety in Healthcare

[Quality and Safety in Healthcare](#) - Huffington Post 05/05/2016 Speaker **Brian Boyle** blogs about his personal and emotional story of his fight back from near death, as presented at the Quality Forum 2016

The BMJ

Analysis: [Medical error—the third leading cause of death in the US](#)

[Medical errors may be third leading cause of death in the US](#) - CNN 03/05/2016

[Medical error is the third highest cause of death in the US, study says](#) - South China Morning Post 04/05/2016

[Medical error is third biggest cause of death in the US, experts say](#) - The Guardian 03/05/2016

Also covered by: the New York Times, Washington Post (**front page news**), Forbes, Salon, Los Angeles Times, Bloomberg, ProPublica, Vox, Daily Beast, NPR, USA Today, ABC News, UPI, U.S. News & World Report, CBC News, The San Diego Union Tribune, the Times, Daily Mail, the Independent, Stuff.co.nz, Gizmodo Australia, NEWS.com.au, The Times of India, Business Standard, Livemint, Bangkok Post, Live Science, Economic Times, Medscape, Health News Review, Doctors Lounge, Clinical Advisor, ScienceAlert, HowStuffWorks NOW, HealthDay, Science 2.0, Science Daily, Mother Nature Network

Observations: [Brexit: the NHS is far safer inside the European Union](#)

[Government policies more of a threat to NHS than EU, says public health expert](#) - OnMedica 05/05/2016

[NHS Would Rather Be In The European Union Than In Britain](#) - Science 2.0 05/05/2016

Research: [Trajectory of body shape in early and middle life and all cause and cause specific mortality / BMI and all cause mortality: systematic review and non-linear dose-response](#)

[What Your Body-Shape Trajectory Says About Your Health](#) - New York Magazine 06/05/2015

[Maybe it's not OK to be overweight, huge study suggests](#) - Today.com 06/05/2016

Also covered by Science Daily & Health Day

Ongoing coverage for weekend death rates:

[Excess deaths at weekends 'a statistical artefact', finds major new study](#) - Pulse 06/05/2016

[Hospital death data - the row heats up](#) - BBC News 06/05/2016

Also covered by the Guardian, the Independent, and International Business Times UK

[Why butter is no longer the bad guy](#) - Stuff.co.nz 03/05/2016

Also covered by Dominion Post, the Daily Telegraph

[What's happening to our children's mental health?](#) - Khaleej Times 05/05/2016

[Pre-participation screening fails to reduce sudden cardiac arrest in young athletes](#) - Healio 03/05/2016

[Peer review under the microscope in new journal](#) - Times Higher Education (THE) 03/05/2016

[New Study Challenges Consensus on Link Between Dietary Fat, Heart Disease](#) - CNSNews.com 04/05/2016

[The battle over George Osborne's tax on sugary drinks is still raging](#) - Spectator 07/05/2016

[I used to back Jeremy Hunt's digital NHS plan. Now I know it's a disaster](#) - Spectator 07/05/2016

[I Used DNA Testing To Personalize My Workouts And Here's What Happened](#) - SELF 04/05/2016

[Health checkup: on the obesity epidemic, food labelling and overfed toddlers](#) - Spectator 07/05/2016

[How bad is YOUR breakfast? These morning snacks could put you at risk of DIABETES](#) - the Express 05/05/2016

[New council director pointing the way to a city in better health](#) - Sheffield Telegraph 05/05/2016

[Let's Work Together to Solve Long Hours and Nurse Fatigue](#) - MedScape 05/05/2016

[Diabetes: The rice you eat is worse than sugary drinks](#) - Straits Times 06/05/2016

[SBP Level May Be Key to Setting Blood Pressure Treatment Goals for Diabetes](#) - Diabetes In Control 07/05/2016

[Mexico was meant to prove a sugar tax worked. New figures tell a different story](#) - Spectator 06/05/2016

[Diet debate: Why you're wasting your time on 'sugar free' alternatives](#) - NEWS.com.au 07/05/2016

[So, does hard work keep you healthy?](#) - The Daily Telegraph 02/05/2016

[HEALTH NEWS](#) - Daily Mirror & Irish Daily Mirror 03/05/2016

[What do you know about carbs?](#) - The Sun & The Scottish Sun & The Irish Sun 03/05/2016

[When HIV arrives maybe the whole town is sick](#) - The Independent 03/05/2016

JOURNALS

BMJ Case Reports

Article: [Paintball-related traumatic liver injury](#)

[The dangers of paintball: Surgery after boy's liver ruptures](#) - New Zealand Herald 06/05/2016
[Teenage paintballer needs emergency surgery after suffering serious liver injury during game](#) - Mirror.co.uk 06/05/2016

[Paintball Pellet Packs a Wallop, Sends Teen to ER With Liver Damage](#) - ABC News
06/05/2016

Also covered by: The Times, the Independent, the Daily Mail, Scottish Daily Mail, the Sun, the Scottish Sun, the Sun Northern Ireland, the Mirror, TIME, U.S. News & World Report, NH Voice, Morning News USA, Tech Times, International Business Times UK, Web MD, Live Science, Doctors Lounge

Article: ['Black Henna Tattoo': art or allergen?](#)

[Doctors Caution Against Black Henna Tattoos After 10-Year-Old Boy's Skin Reaction](#) - Yahoo News 06/05/2016

[Why You Shouldn't Get This Type of Henna Tattoo](#) - TIME 06/05/2016

[WARNING: THIS type of tattoo could SCAR your child for life](#) - Express.co.uk 06/05/2016

Also covered by: Live Science , 6minutes

Annals of the Rheumatic Diseases

[Using a CBT approach to manage low back pain](#) - Nursing Times 01/05/16

Archives of Disease in Childhood

[Is water birth safe for babies?](#) - Citizen TV 05/05/16

[Health check up on the obesity epidemic, food labelling, and overfed toddlers](#) - The Spectator 07/05/16

BMJ Global Health

[India's top court tells tobacco industry packs must carry larger health warnings](#) - Reuters India 05/05/16

[India's war on tobacco and industry woes](#) - GhanaWeb 07/05/16

[Why cigarettes in India and Europe must carry bigger health warnings](#) - The Christian Science Monitor 04/05/16

BMJ Open

Further coverage on Depuy hip replacements:

[Metal on metal hip replacements more likely to fail since 2006](#) - CBC News Canada 29/04/16

[UK doctors highlight hip implant problems](#) - Perth Now 29/04/16

Also in: Courier Mail, The Mercury, Gold Coast Bulletin, NT News, Cairns Post, Asian Image, Medical Xpress, Medscape, The Hospitalist Online, Science Daily

Further coverage on self harm:

[Only 53% of people hospitalised for self harm get their mental health assessed](#) - Breaking News.ie 29/04/16

Also in: Cairns Post, Perth Now, Gold Coast Bulletin, NT News, The Mercury, Courier Mail, Medical Xpress, PsychCentral.com

[Living here will make you fat](#) - The Conversation Australia 04/05/16

[Where Kraft Heinz may defy food industry trends](#) - Food Dive 04/05/16

BMJ Open Diabetes Research & Care

[Advances in medical care have led to type 1 diabetes boom](#) - Science Daily 02/05/16

Also in: Business Standard, Medical Research.com, News-medical.net

BMJ Open Respiratory Research

[Difficulty in quitting smoking is amplified by heavy alcohol drinking](#) - Parent Herald 04/05/16

British Journal of Sports Medicine

[18 great reasons for you to enjoy being middle-aged](#) - Irish Examiner 08/05/16

[11 things you can do today to reduce stress in your life](#) - Bustle 29/04/16

Gut

[More options to treat irritable bowel syndrome](#) - The Wall Street Journal 02/05/16

Journal of Epidemiology & Community Health

[Retiring after 65 may help people live longer](#) - Wall Street Journal 02/05/16

[Does retirement mean an early death?](#) - The Guardian 02/05/16

[Why waiting to retire may help you live longer](#) - Fortune 03/05/16

Also in: Fox News, Gulf Times, Yahoo News Canada, American Council on Science and Health, International Business Times Australia, Bustle, Parent Herald, The Asian Age, Care2.com, BT.com, Science Daily, BenefitsPro

Journal of Medical Ethics

[Chinese policy on organ donation is just smoke and mirrors, say critics](#) - BioEdge 07/05/16

Occupational & Environmental Medicine

[Sleep tips from a police psychologist](#) - Huffington Post 06/05/16

[Occupational health research roundup May 2016](#) - Personnel Today 03/05/16

Thorax

[Eat right to keep asthma in check](#) - LiveMint 02/05/16

[Cancer drug candidate to be tested on lung fibrosis in clinical phase 1 trial](#) - Pulmonary Fibrosis News 02/05/16