

The image shows the BMJ logo in white on a blue background. To the right of the logo is a blue banner containing several white icons: a microscope, a speech bubble, a computer monitor, a stethoscope, and a person's head profile.

**BMJ in the News** is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the **national and a selection of English-speaking international media**.

This week's (11-17 Apr) highlights include:

### **The BMJ**

**Research: [Re-evaluation of the traditional diet-heart hypothesis: analysis of recovered data from Minnesota Coronary Experiment \(1968-73\)](#)**

[Good fat, low cholesterol, may not be so good after all](#) - CNN 12/04/2016

[Polyunsaturated fats may not prevent heart disease, new study suggests](#) - Sydney Morning Herald 15/04/2016

[A Study on Fats That Doesn't Fit the Story Line](#) - the New York Times 15/04/2016

**Also covered by:** Reuters, Times of India, the Daily Telegraph, the Express, the Sun, the Daily Mirror, Huffington Post, the Evening Standard, the Spectator, The Independent, the Daily Mail, Belfast Telegraph, Washington Post, the Atlantic, TIME, Fox News, ABC Online, CBS News, CBC News, CTV News, Toronto Sun, Huffington Post Canada, MetroNews Canada, U.S. News & World Report, Headline News and Global, UPI.com Doctors Lounge, Yahoo Lifestyle, Yahoo Health, OnMedica, MedPage Today, Health News Review, Web MD, Nursing in Practice, STAT, MinnPost, Chicago Tribune, National Post, Independent Online, Delhi Daily News, Channel News Asia, Xinhua, The Asian Age, NDTV, The Star (Malaysia) Hindustan Times, the Financial Express, New Kerala, Livemint, Bangkok Post, Japan Today, the Japan News, Science Daily, Medical News Today, Nature World News, Science World Report, Medical Daily, [9news.com.au](#), 6minutes, AllAfrica.com, iAfrica.com, PerfScience, Kuwait Times, China Post, Futurity, Science Codex, Health Day

**Also broadcast by:** BBC News (TV)

**Research: [Clinical features and neuroimaging findings in presumed Zika virus related congenital infection and microcephaly](#)**

[Zika virus definitely causes birth defects, CDC says](#) - CNN 14/04/2016

[Brazilian Zika doctors find severe brain damage in babies: study](#) - Reuters 14/04/2016

[Confirmed: Zika causes brain damage in babies born with microcephaly](#) - Times of India 14/04/2016

**Also covered by:** the Guardian, Huffington Post, LA Times, OnMedica, New Zealand Doctor Online, The Hindu, NDTV, USA TODAY, The New Time, Newsweek, Info Europa, AsiaOne, Business Insider, Medical News Today, Medical Xpress, Science Codex

[Migrants should not be denied fundamental right to healthcare](#) - OnMedica 13/04/2015

[Readers not in favour of exercise label idea](#) - The Queensland Times 11/04/2016

[The best way to a healthy diet? Cut out the guilt and shame](#) - The Guardian 11/04/2016

Also covered by South China Morning Post, The Hindu and Vocativ

[Doctors' strike will put lives in danger warns medical chief](#) - the Daily Mail 13/04/2016

[Second opinion on junior doctors' strikes](#) - The Guardian 14/04/2016

[Lancet questions MCI conduct, calls for revamp](#) - the Times of India 09/04/2016

[PM Should Step in to Revamp MCI, Say Ex-bureaucrats and Doctors](#) - The New Indian Express 18/04/2016

[Flu vaccines: What you need to know](#) - Sydney Morning Herald 12/04/2016

[Pune doctors caution against steroid skin creams, seek regulation of sale](#) - Times of India 12/04/2016

[REVEALED: How your morning cup of tea helps you stay trim](#) - Express.co.uk 12/04/2016

[Breast cancer tumour detected by woman's bull terrier, Marley](#) - Daily Mail 15/04/2016

[New cosmetic surgery rules could see practitioners struck off for offering deals and misleading](#) - The Independent 12/04/2016

[The Government is worried that too many people are trying anal sex](#) - The Independent 12/04/2016

[Daily dose of 81mg aspirin can lower heart attack risk](#) - Livemint 13/04/2016

[Too easy on pharma?](#) - Philly.com 13/04/2016

[Will New Zealand adopt a soft-drink tax?](#) - Stuff.co.nz 15/04/2016

[Overweight And Thin People Might Actually See Food Differently](#) - Huffington Post 15/04/2016

[A Short History Of Weird Cures For Baldness](#) - Forbes 16/04/2016

[Here's What Moderate Alcohol Consumption Really Looks Like](#) - US News and World Report 15/04/2016

## JOURNALS

### **Emergency Medicine Journal**

**Review: Primary care services located with EDs: a review of effectiveness**

[GPs in A&E departments fail to curb demand](#) - OnMedica 13/04/16

[Limited evidence to support co-locating GPs in A&E, study suggests](#) - GP Online 13/04/16

[Scant evidence for benefits of primary care co-located in emergency departments, says EMJ](#)

- Today's GP 13/04/16

**Also covered by:** The Times + Times Ireland, Medical News Today, Medical Xpress

### **Annals of the Rheumatic Diseases**

[Ultrasound assessments questioned in early RA](#) - 6Minutes 15/04/16

[Ways you are weakening your lower back unknowingly](#) - Times of India 12/04/16

[Why all those back pain 'cures' just make it worse: Top spinal expert says many popular treatments are useless - or even harmful](#) - Daily Mail + Scottish Daily Mail 11/04/16

### **Archives of Disease in Childhood**

[Doctors are way overdiagnosing asthma](#) - The Week 16/04/16

Also in: Huffington Post UK, CBC, Irish Medical Times

[Good pumping routine key to giving preemies breast milk](#) - Reuters UK 14/04/16

### **BMJ Global Health**

[India's ITC says to resume cigarette production amid health warning row](#) - Reuters UK 16/04/16

[Exclusive: In health warning showdown, tobacco industry turns to India's top court](#) - Reuters UK 14/04/16

### **BMJ Open**

[Your weight and vices can affect your asthma risk](#) - Health24.com 15/04/16

Also in WebMD

[The government cited my research in its campaign against porn and anal sex: here's why I disagree](#) - The Conversation UK 15/04/16

[Why Spring Is Just the Worst for People With Depression](#) - Huffington Post 14/04/16

[Stroke survivors may face invisible obstacles returning to work](#) - Reuters 13/04/16

Also Safety + Health Magazine

[Medical matters: lazy assumptions about people with disabilities](#) - Irish Times 11/04/16

### **British Journal of Ophthalmology**

[Poses considerable risk to pilots](#) - New Straits Times 14/04/16

### **British Journal of Sports Medicine**

[WORK OUT SMARTER MOST](#) - The Sun 17/04/16 (print only)

[Special warm up could cut injuries](#) - Times of India 17/04/16

[Neuromuscular warm-ups in youth soccer may help prevent injuries, cut health-care costs](#)

CBC 14/04/16

**Also in:** Reuters, Gossip Monthly Magazine, CTV News, MarketWired, Global News Canada, Digital Journal

[New guidance on preventing sudden cardiac death in athletes published](#) - Science Daily 15/04/16

[The link between genetic testing and NFL talent identification](#) - Sports Illustrated 14/04/16

[Diet vs exercise: which is better for weight loss?](#) - News OK.com 13/04/16

### **Journal of Epidemiology & Community Health**

[Couples are healthier, wealthier.....and less trim](#) - The Guardian 17/04/16

[National Parents Organization encourages teamwork on national ex-spouse day](#) -

Examiner.com 15/04/16

[CUT DOWN THE TELLY TO TRIM DOWN KIDS](#) - Courier Mail (Australia) 12/04/16 (print only)

[Ban televisions from children's bedrooms and eat meals at the table together](#) - Daily Mail

12/04/16 + The Times + Times Scotland

[You're not eating enough fruits and vegetables a day](#) - NDTV 12/04/16

## **Open Heart**

Broken hearts at higher risk of failing Bangkok Post 12/04/16 (print only)

Grief-Stricken more than just a phrase Dominion Post (New Zealand) 12/04/16 (print only)

## **Tobacco Control**

NO There Are Better And Safer Ways To Quit Smoking Wall Street Journal 11/04/16 (Print only)