



**BMJ in the News** is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the **national and a selection of English-speaking international media**.

This week's (25-31 January) highlights include:

## **The BMJ**

### **Research: [Dietary flavonoid intake and weight maintenance](#)**

[Natural compound in fruit and veg could help prevent weight gain – study](#) - The Guardian 27/01/2016

[Fill up on berries to help manage weight: study](#) - CTV News 28/01/2016

[Blueberries have special flavonoids that can help you lose weight, say Harvard researchers](#) - Sydney Morning Herald

Also covered by The Times (**front page story**), the Daily Mail, the Daily Telegraph, Huffington Post UK, The Sun, The Express, TIME, Channel 5 News, The Dominion Post (New Zealand), Eat Out Magazine, Evening Standard, Business Standard, WalesOnline, Munchies\_ Food by VICE, Web MD, Western Daily Press, Western Morning News, U.S. News & World Report, Medical News Today, Philly.com, health.com, Newsmax, Financial Express, The Hans India, New Kerala, The Times of India, AOL UK, Zee News, NewsPoint Africa, Science Codex,

### **Research: [Suicidality and aggression during antidepressant treatment](#)**

[Antidepressants can raise the risk of suicide, biggest ever review finds](#) - the Telegraph (**front page story**) 27/01/2016

['Suicide risk' to teenagers who take antidepressants is doubled](#) - Daily Mail 28/01/2016

[Children given antidepressants are twice as likely to become suicidal, claims new study](#) - The Independent 28/01/2016

Also covered by the Guardian, Daily Mirror, Daily Express, The Sunday Times News Review, The Mail on Sunday, Huffington Post UK, The Week UK, World Update (BBC World Service), National Post, U.S. News & World Report, The Globe and Mail, The Australian, Courier Mail (Australia), Medical News Today, Medical Daily, Nursing Times, Tech Times, Independent Online, SBS, Wells Journal, The New Indian Express, BT.com, HealthDay, Science Codex,

### **Feature: [Faulty hip implant shows up failings of EU regulation](#)**

[I used to swim and run, then a metal hip implant crucified me](#) - The Telegraph 25/01/2016

### **Practice: [Diagnosis and management of menopause: summary of NICE guidance](#)**

[HRT benefits outweigh the negatives when it comes to fighting menopause](#) – Daily Mirror 29/01/2016

## **JOURNALS**

## **Tobacco Control**

**Research: [Longitudinal study of e-cigarette use and onset of cigarette smoking among high school students in Hawaii](#)**

[Why That Study Of Teenagers In Hawaii Does Not Show Vaping Causes Smoking](#) - Forbes 31/01/16

[Man's teeth are blown out when e-cigarette explodes in his mouth, causing serious facial injuries](#) - Daily Mail 29/01/16

[Teen vaping leads to teen smoking, new study suggests](#) - Los Angeles Times 25/01/16

**Also covered by:** Daily Telegraph + Scottish Daily Telegraph, Independent i, OnMedica, US News & World Report, Philly.com, Fox News, Globe & Mail, CTV News, Examiner.com, extensive local US broadcast, Las Vegas Review-Journal, HealthDay, Doctors Lounge, Herald Scotland, Yahoo News, Yahoo Health, STAT, Business Insider, GlobalPost, iAfrica.com, News24 Nigeria, Gulf News, Asian Age, Channel News Asia, Malaysian Insider, Jakarta Post, Star (Malaysia), Free Malaysia Today, Manila Times, Rakyat Post, Honolulu Star Advertiser, The Indian Republic, Reuters India, Deccan Chronicle, Daily Sabah, Health Newline, Sci-Tech Today, Medical News Today, MedPage Today, Medical Xpress, Medical Daily, Medical Research.com, Newsmax, Peninsula Online, nwtimes

## **Archives of Disease in Childhood**

**Research: [Recovery position significantly associated with a reduced admission rate of children with loss of consciousness](#)**

[Putting unconscious child into recovery position drastically reduces hospital stay risk, study finds](#) - Independent 26/01/16

[Recovery position 'a must for unconscious children and babies'](#) - BBC News 26/01/16

['Parents harm kids when they pass out'](#) - Courier Mail (Australia) 26/01/16

**Also covered by:** Huffington Post UK, Daily Mail, AOL UK, Epilepsy Research UK, extensive local UK print coverage, OnMedica, Healthcare Today, Live Science, SBS, The Cairns Post, Telegraph Australia, The Australian, Perth Now, Herald Sun, Gold Coast Bulletin, News.com.au, Asian Image, The Hans India, Science Codex, Weekly Times Now

## **Thorax**

**Research Letter: [Cherry-flavoured electronic cigarettes expose users to the inhalation irritant, benzaldehyde](#)**

[Vapers, Beware: Cherry-Flavored E-Cigarettes Can Be Toxic](#) - Newsweek 29/01/16

[Cherry-Flavored E-cigs Emit Higher Levels of Benzaldehyde](#) - Australia Network News 29/01/16

[Cherry-flavoured e-cigarettes more harmful to users](#) - Times of India 31/01/16

**Also covered by:** US News & World Report, Daily News & Analysis, Philly.com, Consumer Affairs, World Report Now, HealthDay, WebMD, Doctors Lounge, TheHealthSite, MedPage Today, Medical News Today, OnMedica, Big News Network, 14U News, Newsx, Medical Xpress, Zee News, Science Codex, Psychiatry Advisor, Monthly Prescribing Reference, Tech Times, Business Standard, Economic Times, Money Control.com, Tampa Bay Review, California Post, Mirror Daily, Newswise, The Inquisitr, Latinos Health, NewsPoint Africa, New Kerala, DaijiWorld, Siasat Daily, ANINews, Pulse Headlines, The Statesman, Sakshi Post, Deccan Herald, Daily Mail

## **Emergency Medicine Journal**

**Letter: [Emergency medical admissions at weekends are older and more functionally dependent than those admitted on weekdays](#)**

[Emergency weekend patients 'older and more disabled than those admitted in week'](#) - Belfast Telegraph 29/01/16

[Ambulance trips soar for the over-90s](#) The Times & Times Ireland 29/01/16 (print only)

[NHS: Emergency weekend patients more dependent than weekday ones, BMJ study finds](#) - International Business Times UK 29/01/16

Also covered by: Economic Times, Daily Mail, OnMedica, Farming Life, AOL UK, extensive local print coverage, Medical Xpress

## **BMJ Open**

**Research: [Bereavement by suicide as a risk factor for suicide attempt: a cross-sectional national UK-wide study of 3,432 young bereaved adults](#) (external PR)**

[High risk of suicide among people bereaved by suicide](#) - Times of India 27/01/16

[Dropout rates soar for those affected by suicide](#) - Times Higher Education Supplement 29/01/16

[Suicide Risk Rises Among Family, Friends of Suicide Victims: Study](#) - US News & World Report 27/01/16

**Also covered by:** Business Standard, Economic Times, Medscape, Medical News Today, Web MD, OnMedica, Science 2.0, Doctors Lounge, Medical Xpress, HealthDay, Science Codex, Medical Daily, HealthCanal, Care Appointments, Irish Health, Philly.com, The Australian, MSN, Asian Age, New Kerala, Malaysia Sun, Pacific Standard, Deccan Chronicle, NDTV, Newsx, Sakshi Post, Examiner.com, Christianity Today

[More than HALF of shops are selling lethal amounts of painkillers](#) - Daily Mail 29/01/16

[Non-pharmacy retailers ignore selling guidelines for paracetamol and aspirin, study shows](#) - Pharmaceutical Journal 27/01/16

[Marital Status May Be Risk Factor For Early- And Late-Onset Dementia](#) - Medical Daily 24/01/16

## **BMJ Open Gastroenterology**

[10 million of us lack sunshine vitamin](#) - News-Medical-net 27/01/16

## **British Journal of Sports Medicine**

[Training Through The Pain: New Knee Pain Treatment Uses Metronome To Boost Recovery](#) - Huffington Post Australia 31/01/16

[Tendon pain linked to diabetes](#) - Business Insider 29/01/16

**Also in:** GMA News, Medical Daily, Egypt Independent, Aaj TV, Deccan Chronicle, AsiaOne, Channel News Asia, GlobalPost, Yahoo Canada Sports

[Tendon relief may lie in the brain](#) - ABC News 29/01/16

[Step training may reduce fall risk for the elderly](#) - Fox News 28/01/16

**Also in:** GlobalPost, Channel News Asia, Yahoo News

[Study: 1 in 4 College Athletes Show Signs of Depression](#) - Inside Higher Education 28/01/16

**Also in:** News-Medical.net, Science News, Chronicle of Higher Education, Science Blog, Medical Xpress

[Is rugby or American football more dangerous?](#) - Daily Telegraph 25/01/16

[Losing Weight: Focus on Calorie Intake or Exercise?](#) - Utah People's Post 25/01/16  
[Diet or exercise? To lose weight, do both.](#) Washington Post 28/01/16 (print only)

### **Journal of Epidemiology & Community Health**

Impact of fracking BBC World Service (Hardtalk) 27/01/16

[Refugee women have higher risk of giving birth too early than non-refugee immigrants](#) - News.Medical.net 29/01/16

### **Open Heart**

[How butter revival is killing off margarine](#) - Independent Online (South Africa) 29/01/16

Also Daily Mail & Scottish Daily Mail, New Zealand Herald