

The image shows the BMJ logo in white on a blue background. To the right of the logo is a horizontal strip of blue icons representing various medical and scientific concepts: a microscope, a person with a speech bubble, a computer monitor, a stethoscope, and a person with a speech bubble.

BMJ in the News is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the **national and a selection of English-speaking international media**.

This week's (1-7 February) highlights include:

THE BMJ

Feature: [The scientific report guiding the US dietary guidelines: is it scientific?](#)

[The Food Pyramid Scheme](#) - The Wall Street Journal 28/01/2016

Author of The BMJ's feature reports on US Congress decision to commission an independent review of evidence underpinning the guidelines.

Research: [Benzodiazepine use and risk of incident dementia or cognitive decline: prospective population based study](#)

[Anxiety, sleeping pills don't put you at increased dementia risk](#) – Deccan Chronicle (India) 03/02/2016

[Benzodiazepines 'do not increase dementia risk'](#) – Medical News Today 03/02/2016

[Anxiety, sleeping pills don't put you at increased dementia risk](#) – NewsPoint Africa 03/02/2016

Also covered by TheHealthSite, The Siasat Daily, Big News Network, Science 2.0, Science Codex, Doctors Lounge, Physician's Briefing, Alzforum, Technology.org, OnMedica, Medical Daily.

Personal View: ["Schizophrenia" does not exist](#)

[Renaming Schizophrenia Could Combat Stigma And Help Patients Recover](#) - Huffington Post 05/02/2015

[Schizophrenia, The Stigmatized Mental Illness: Psychologist Argues Could Be Better To View Psychosis On A Spectrum](#) – Medical Daily 02/02/2016

['Schizophrenia' does not exist, argues expert](#) – Medical Xpress 02/02/2016

Also covered by MedPage Today, Mad in America, MSN, 6minutes, Science 2.0.

Research: [Therapist-guided Internet-based cognitive behavioural therapy for body dysmorphic disorder: A single-blind randomised controlled trial](#)

[Online therapy works best for body image anxieties](#) – The Times & The Times Ireland & The Times Scotland 03/02/2016

[Therapist-Guided, Internet-Based CBT Superior for BDD](#) - Doctors Lounge 04/01/2016

[Online therapy can help those affected by body dysmorphic disorder](#) – Medical Xpress 02/02/2016

Also covered by MedScape, MedPage Today, Physician's Briefing, MPR.

Analysis: [Poor governance in the award of honours and degrees in British medicine: an extreme example of a systemic problem](#)

[Doctor Raises Serious Questions About Medical Awards System](#) – Science 2.0 02/02/2016

Feature: [Rivaroxaban: can we trust the evidence?](#)

[Questions raised about clinical trial of popular heart drug](#) – CBS News 03/03/2016

[New Studies Seek To Allay Concerns Over The ROCKET-AF Trial](#) – Cardiobrief 03/03/2016

[Is the Evidence for the Anticoagulant Rivaroxaban Valid?](#) (Interview with Deborah Cohen) - MedicalResearch.com - 06/02/2016

Also covered by The Telegraph, The Sun, Medical Daily, Medscape, OnMedica, Medical Xpress, Medical Daily, theheart.org, Doctors Lounge, Drug Discovery & Development, The Pharmaceutical Journal, Science 2.0, Physician's Briefing, Cardio.

Editorial: [Pacemaker battery scandal](#)

[Thousands 'at risk because pacemaker battery life isn't long enough'](#)

- Daily Mail & Scottish Daily Mail 05/02/2016

[Pacemakers battery fear as thousands put needlessly at risk of "serious" infections](#) - Daily Mirror & Irish Daily Mirror 04/02/2016

[Pacemaker and ICD battery life needs to be extended to last 25 years](#) - HealthCare Business 05/02/2016

Also covered by The Daily Telegraph, The Sun, The Scottish Sun, OnMedica, SeniorJournal.com, Science 2.0, Medical Xpress, Dispatch Tribunal, Science Codex, BT.com, Pharmaceutical Intelligence.

Ongoing coverage: the “weekend effect”

Jeremy Hunt appeared on the [BBC's Andrew Marr Show](#) (from 38mins) to discuss his misuse of numbers from an [article](#) on the “weekend effect” as published by The BMJ.

Ongoing coverage: suicidality/aggression in children using antidepressants

[The Hidden Harm of Antidepressants](#) - Scientific American 03/02/2016

Ongoing coverage: sugar tax in Mexico

[The Food Chain Debate on Diabetes](#) - BBC World Service Radio 05/02/2016

[Why a tax on fizzy drinks would help tackle the UK's £10bn diabetes epidemic](#) - The Guardian 04/02/2016

[No magic bullet to reducing childhood obesity](#) - Business Times 05/02/2016

[Eating blueberries can lead to 'statistically significant' weight loss](#) - The Dominion Post (New Zealand) 02/02/2016

[Boy, 10, who developed narcolepsy after swine flu jab is awarded £120,000 in damages](#) - the Daily Mail 03/02/2016

[Epsom constituent unhappy at 'condescending' David Seymour](#) - stuff.co.nz 01/02/2016

[Dogs really are man's best friend, says MP](#) - Swindon Advertiser 05/02/2016

[Should Dangerous Sports Be Banned?](#) - PJ Media 06/02/2016

JOURNALS

Heart

Research: [Low stress resilience in late adolescence and risk of hypertension in adulthood](#)

[Stressed out teenagers risk future health](#) - The Times + Times Ireland 02/02/16

[Stress-Prone Teen Males May Be at Risk of High Blood Pressure Later](#) - US News & World Report 02/02/16

[Young adult stress linked to hypertension](#) - News AU.com 02/02/16

Also covered by Daily Mail + Scottish Daily Mail, Telegraph, Huffington Post, WebMD, Doctors Lounge, Medical Daily, Medical News Today, HealthDay, Medical Xpress, SBS, Philly.com, TIMES Live, Latinos Health, nwitimes, newsmax, OnMedica

[Watch for small things before a cardiac arrest](#) - Wall Street Journal 02/02/16 (print only)

[Try it, ditch it, switch it](#) - Daily Mail + Scottish Daily Mail (print only)

Gut

Research: [Global patterns and trends in colorectal cancer incidence and mortality](#)

[Australia beats rise in bowel cancer](#) - Courier Mail 04/02/16 (print only)

[Bowel cancer deaths trend downwards in New Zealand](#) - TVNZ 02/02/16

['Western lifestyle' may play role in higher bowel cancer rates](#) - Cancer Research UK 02/02/16

Also covered by Newstalk ZB, NZ City, Medical Research.com, Medical Xpress, Scoop, OnMedica.

Annals of the Rheumatic Diseases

[Scientists Link Textile Dust Exposure To Rheumatoid Arthritis](#) - Asian Scientist Magazine : 01/02/16

[Study links workplace exposure to textile dust to rheumatoid arthritis](#) - Safety + Health Magazine 03/02/16

Archives of Disease in Childhood (Fetal & Neonatal Edition)

[Canada's opioid crisis leading to more babies born addicted: study](#) - National Post (Canada) 03/02/16

BMJ Open

[Drive for more women in medical research](#) - Evening Standard 01/02/16 (print only)

[Suicide Risk May Be Increased In Those Impacted By Suicide](#) - Psychiatry Advisor 04/02/16

British Journal of Sports Medicine

[Drexel study: 24 percent of Division 1 athletes suffer from depression](#) - Philly Voice 06/06/02

[Exercise is the best medicine: training doctors for the future](#) - HealthCanal 06/02/15

[Report finds concussed players at greater risk of new injuries](#) - The Australian 05/02/16 (subscription only)

[Laws of game could change after concussion study reveals new dangers](#) - The Times + Times Ireland 04/02/16

[Eat drink and be merry for good health](#) - The Public Slate 02/02/16

[Step training may reduce falls risk for elderly](#) - Globe & Mail 01/02/16 (print only)

Injury Prevention

[Fitness mythbusters](#) - The Australian 05/02/16 (print only)

[Walking the dog? Beware cows on the rampage](#) - Scottish Daily Mail 02/02/16 (print only)

Journal of Epidemiology & Community Health

Downsizers who like to keep on the move - Daily Telegraph 06/02/16 (print only)

CDC to younger women: Better take your birth control before you drink that glass of wine - Los Angeles Times 04/02/16

Where to retire with access to the great outdoors Daily Telegraph 04/02/16

Occupational health research round-up: February 2015 Personnel Today 04/02/16

Journal of Neurology Neurosurgery & Psychiatry

Woman hospitalized by way of ... skinny jeans? - Daily News 02/02/16

Thorax

E-cigarettes: Which flavor is the most harmful? - Latin Post 03/02/16

Tobacco Control

Medicine - Bangkok Post 02/02/16 (print only)

Study links teen vaping to smoking risk - Los Angeles Times 02/02/16 (print only)