



BMJ in the News is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the **national and a selection of English-speaking international media**.

This week's (4-10 January) highlights include:

The BMJ

Analysis: [Why cancer screening has never been shown to “save lives”—and what we can do about it](#)

[Does cancer screening saves lives? Unclear, researchers say](#) - Reuters UK 07/01/2016

[Does Cancer Screening Save Lives? Dueling Reports Offer Opposite Views](#) - Forbes 07/01/2016

[Experts Argue That Cancer Screening Doesn't Save Lives](#) - Gizmodo 06/01/2016

Also covered by The Guardian, the Observer, the Independent, The Daily Mirror, The Express, Huffington Post, BuzzFeed News, Ars Technica, Fox News, NewsMax, TIME, Medscape, Business Insider, NEWS.com.au, The Economic Times, Tech Times, Medical Xpress, Headlines & Global News, GlobalPost, Youth Health Magazine, Medical News Today, Counsel & Heal, BT.com, NewsPoint Africa, Channel News Asia. Broadcast by Good Morning Britain on ITV 1.

Research: [Beverage purchases from stores in Mexico under the excise tax on sugar sweetened beverages: observational study](#)

[Mexican Soda Tax Followed by Drop in Sugary Drink Sales](#) - New York Times 06/01/2016

[Mexico's soda tax linked to 6 percent drop in sugary drink sales](#) - Al Jazeera 06/01/2016

[Mexico's 10% Sugary Drink Tax Tied to Less Consumption](#) - MedPage Today 06/01/2016

Also covered by BBC News, The Times, ITV News, The Scotsman, Herald Scotland, the Daily Telegraph, Thomson Reuters Foundation, Wall Street Journal, The Financial Times, the Daily Mirror, the Daily Mail, TIME, CBC News, News-Medical.net, Medical Daily, Medical Xpress, Medical News Today, Medscape, AOL UK, ChronicleLive, Newsweek, BT.com, The Star, Science Codex.

Research: [Maternal use of oral contraceptives and risk of birth defects in Denmark: prospective, nationwide cohort study](#)

[Oral contraceptive use early in pregnancy not tied to defects](#) - Reuters UK 07/01/2016

[Oral contraceptive use doesn't lead to major birth defects](#) - Times of India 07/01/2016

[The Pill' Not Tied to Birth Defects](#) - New York Times 06/01/2016

Also covered by NPR, CTV News, NDTV, TIME, Yahoo News, U.S. News & World Report , Western Daily Press, Newsweek, Medical News Today, Medical Daily, Doctors Lounge, Reuters India, HSPH News, Pharmacy Today, The Health Site, Financial Express, Youth Health Magazine, Refinery29, Business Standard, MedicalResearch.com, PennLive, NewsPoint Africa, I4U News, GlobalPost, Channel News Asia, New Kerala, Capital FM Kenya, New England Public Radio, The Japan Times, The Borneo Post, Bangkok Post, Science Codex, Rochdale Online.

Head to Head: [Should patients pay to see the GP?](#)

[Call to charge patients £10 for appointment with GP](#) - The Times & The Times Ireland 07/01/2016

[Should patients be charged for seeing their GP?](#) - The Today Programme (BBC Radio 4)
[£10 charge to visit GP would ease waiting lists, says doctor](#) - The Daily Telegraph 07/01/2016

Also covered by The Sun, The Mirror, AOL UK, BT.com, Medical Xpress, Rochdale Online. Broadcast by Sky News With Colin Brazier.

[No time for stodgy: Crusading editor of the BMJ aims to shake things up in science](#) - STAT 04/01/2016 - **Feature article on Fiona Godlee**

[This cruelly timed junior doctors' strike could risk losing the public's sympathy](#) - Independent i 04/01/2016

[Sir Bruce Keogh: The respected doctor exploited for political gains](#) - the Independent 08/01/2016

[Junior doctors: Whitehall edited letter from 'independent' medic to build 'hard-edged' case against strike](#) - the Independent 08/01/2016

[Study confirms link between higher intelligence and longer life expectancy](#) - Science Alert 07/01/2016

[Satirical paper puts evidence-based medicine in the spotlight](#) - Nature 08/01/2016

[Ranjit Chandra, medical researcher, stripped of Order of Canada](#) - CBC 08/01/2016

[Sensor may detect cancer from breath](#) -The Japan News 09/01/2016

[Want to drink less?](#) - the Daily Mail, Irish Daily Mail & Scottish Daily Mail 05/01/2016

[Drink less by using a thin glass](#) - iol.co.za 05/01/2016

[Testing your blood for diabetes too much is bad for health](#) - Star 05/01/2016

[Medical matters: Can acute fear actually curdle blood?](#) - Irish Times 05/01/2016

[7 Women's Health Issues That Everyone Should Be Aware Of](#) - Bustle 05/01/2016

[Doctors debate need for regular checkups](#) - TribLive 04/01/2016

[SSRIs and Birth Defects: A New Analysis](#) - Medscape 04/01/2016

[Ibuprofen vs Acetaminophen: When Should You Use One Over The Other?](#) - Medical Daily 05/01/2016

[E-cigarette device given NHS prescription licence](#) - National Health Executive 04/01/2016

[How 'outcome switching' can fool us into thinking certain drugs are effective](#) - MinnPost 05/01/2016

[English have better teeth than Americans](#) - Dentistry.co.uk

[Healthcare outsider developing software to improve diagnosis](#) - CIO 06/01/2016

JOURNALS

Annals of the Rheumatic Diseases

[Gout Associated with Higher Risk of Atrial Fibrillation](#) - MD Magazine 08/01/16

[Random use makes even paracetamol unsafe: IMA](#) - Times of India 04/01/16

BMJ Case Reports

[Acupuncture Causes Bacterial Infection in Rare Case](#) - Live Science 06/01/2016

BMJ Open

[Downtown Eastside residents worse off despite costly programs. SFU study finds](#) - CBC News, Canada 08/01/16

[New alcohol limits announced after review of medical evidence. Are you in denial about your drinking?](#) - High50 Health 08/01/16

[Call to reduce sugar in drinks, cutting obesity, diabetes rates](#) - Medscape 07/01/16

[Pharmacists say they lack the time, confidence and support to carry out research](#) - Pharmaceutical Journal 07/01/16

[Nearly \\$300 million spent a year on chronic pain medication only makes the problem worse](#) - PR Newswire 07/01/16

[Early weight loss may help cut diabetes risk](#) - Irish Health 06/01/16

Also covered by Malay Mail Online, MalaysianDigest.com, Examiner.com, Zee News, CTV News

[One in four men consumes alcohol in rural India](#) - Hindustan Times 06/01/16 (print only)

BMJ Open Diabetes Research & Care

[Self-stigma predicts self-care behaviors in patients with type 2 diabetes](#) - Healio 08/01/16

[Walnuts help diabetes](#) - Irish Independent 04/01/16

BMJ Open Gastroenterology

[Vitamin D deficiency highly prevalent in IBS](#) - TheHealthSite 06/01/16

British Journal of Sports Medicine

[Tai chi and multimorbidity](#) - Examiner.com 08/01/16

[Four ways to calm your your mind and bring inner peace \(without meditating\)](#) [TheHealthSite](#)
- TheHealthSite 08/01/16

[New Year's resolutions for those who want to live to 100](#) - Daily Telegraph 07/01/16

[More Singapore seniors opting for high energy trendy workouts](#) - Channel News Asia
06/01/16 + Today Singapore

[Are sit stand desks the solution to back pain at work?](#) - Personnel Today 04/01/16

Heart (External PR)

[Patients twice as likely to get heart ops at 7 day hospitals](#) - Daily Mail 05/01/16

[Heart patients twice as likely to get life saving stents in 24/7 hospitals](#) - The Guardian
05/01/16

Also covered by Daily Telegraph, Mirror, Irish Examiner, BreakingNews.ie, BT.com, some local print coverage

Journal of Epidemiology & Community Health

[Occupational health research round-up: January 2016](#) Personnel Today 04/01/16

Journal of Medical Ethics

[Shared decision making a no go in appendicitis](#) - MedPage Today 07/01/16

Journal of Neurology Neurosurgery & Psychiatry

[7 Ways Friendships Are Great for Your Health](#) - LiveScience 08/01/16

Occupational & Environmental Medicine

[You can't ignore all that road noise: it could shorten your life](#) - Los Angeles Times 09/01/16