

The image shows the BMJ logo in white on a blue background. To the right of the logo is a horizontal strip of blue icons representing various medical and scientific concepts: a microscope, a person with a speech bubble, a computer monitor, a stethoscope, and a book.

BMJ in the News is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the **national and a selection of English-speaking international media**.

This week's (7-13 Dec) highlights include:

The BMJ

Research: Comparative benefits and harms of second generation antidepressants and cognitive behavioral therapies in initial treatment of major depressive disorder: systematic review and meta-analysis

[Anti-depressants 'no more effective than counselling'](#) - The Daily Telegraph & The Daily Telegraph Scotland 08/12/2015

[Depression Outcomes Similar With Antidepressants, CBT](#) - Medscape 10/12/2015

Also covered by the Irish Independent, the Daily Telegraph (comment by Bryony Gordon) Daily Mail, Scottish Daily Mail, Metro, U.S. News & World Report, Newsweek, Tech Times, Cape Talk, Chronicle Daily, Psych Central, nwtimes.com, NHS Choices, Psychiatry Advisor, Pharmacy Today, News-Medical.net, GP online, WebMD, Doctors Lounge, Nursing in Practice, MedicalResearch.com, Medical Daily, Medical Xpress, Health Day News, 6minutes, Science Codex, Rochdale Online

Research: Safety of live attenuated influenza vaccine in young people with egg allergy: multicentre prospective cohort study

[Nasal spray OK for kids with egg allergy](#) - The Australian (blog) 09/12/2015

[Nasal spray OK for kids with egg allergy](#) - NEWS.com.au 09/12/2015

Also covered by The Pharmaceutical Journal, Medscape, Doctors Lounge, WebMD, Rochdale Online, Vaccine News Daily, Science Codex, Medical Daily, Medical Xpress, Health Day News, Pharmaceutical Processing & extensive local coverage in Australia

Research: HbA1c overtesting and overtreatment among US adults with controlled type 2 diabetes, 2001-2013: observational population based study

[Study Asks Whether Some With Type 2 Diabetes Are Tested Too Often](#) - The American Journal of Managed Care 09/12/2015

[Excessive Testing May Be Compromising T2DM Care](#) - Doctors Lounge 10/12/2015

[Women 'scared off having babies at the weekend by misleading death claims'](#) - Evening Standard 09/12/2015 (link unavailable, but a version appears on the journalist's blog [here](#)).

[Smokers who use e-cigs 'are risking harm to their lungs'](#) - Daily Mail 08/12/2015

[Ten things you never knew about... soap](#) - Daily Express & Scottish Daily Express 09/12/2015

[Retirement is good for you both mentally and physically](#) - Financial Times 10/12/2015

[Why kids films include death and how to cope](#) - San Francisco Chronicle 09/12/2015

[Why death is common in kids' films and how parents can cope](#) - the Daily Mail 08/12/2015

[Health groups shouldn't get a pass for accepting dairy-industry money](#) - Globe & Mail 09/12/2015

[We are intersex](#) - The Times 12/12/2015

[If you're not having the most wonderful time, it's time to speak up](#) - The Daily Telegraph 12/12/2015

[It's time for doctors to apologise to their ME patients](#) - the Daily Telegraph 07/12/2015

[Essure Birth Control: FDA is Killing Women with Their Sloppy Work](#) - Rings of Fire 07/12/2015

[Hospitals fail to follow antidote stock rules, audit finds](#) - Supply Management 07/12/2015

[Flavouring found in e-cigarettes linked to 'popcorn lung'](#) - NHS Choices 08/12/2015

[Keep your face to the sun!](#) - The Times of India 08/12/2015

[Using small plates can combat obesity](#) - Live Mint 08/12/2015

[Why dietitians, doctors STILL dish up bad diet advice](#) - Biz News 09/12/2015

[Warfarin + Sulfonylureas May Increase Risk of Hospitalization](#) - Doctors Lounge 09/12/2015

[The Government's New Food Rules Will Be a Huge Deal. Bacon Lovers Are Not Going to Be Happy](#) - Mother Jones 09/12/2015

[Facing an anti-venom shortage, WHO tries to mobilise new suppliers](#) - BioPharma Reporter 09/12/2015

[More brain injuries caused by sparring than real fights](#) - Fox Sports 09/12/2015

[Town's GP crisis raised in Scottish Parliament](#) - Fife Today 10/12/2015

[Bollywood Star Committed Suicide After Massive Guilt Following Abortion](#) - Life News 11/12/2015

[Chocolate indulgence is not really 'sinful'](#) - Inquirer 12/12/2015

[Unprotected sex behind record rise in HIV cases](#) - Times of Malta 13/12/2015

JOURNALS

BMJ Open

Research: Alcohol consumption and mortality in patients with mild Alzheimer's disease: a prospective cohort study

[Two drinks a day keep Alzheimer's risk at bay](#) - Times of India 11/12/15

[For early stage Alzheimer's alcohol may be a good thing](#) - Newsweek 11/12/15

[Why drinking with friends may prevent death from Alzheimer's](#) - Daily Telegraph 11/12/15

More than 200 items on Google

UK coverage:

The Times + Times Scotland, Independent, Independent i, Mirror + Irish Mirror, Daily Mail + Scottish Daily Mail, Express, The Sun, Scottish Daily Record, Glasgow Evening Times, Herald Scotland, Irish Times, Yahoo News, Harpers Wine & Spirit Trade Review, BT.com

International coverage:

Voice of America, TIME, Philly.com, CBS Local, local US broadcast, Business Insider Australia, Inside Korea, Business Standard, Zee News, CanIndia News, The Hans India, New Kerala, The Indian Republic, Chandigarh Tribune, ANINews, DaijiWorld, The Asian Age, Malay Mail, Latinos Health, Northern Californian, Uncover Michigan, News Nation

Other coverage:

Nursing Times, OnMedica, Doctors Lounge, WebMD, Care Appointments, HealthDay, Medical News Today, Medical Research.com, Science Codex, Medical Xpress, Medical Daily, TheHealthSite, Science World Report, Laboratory Equipment, HealthLine, Healio, Food World News, Big News Network, Daily News & Analysis, TV News, News Max, Newzy, Tech Times, Starts @ Sixty, Microfinance Daily, The Monitor Daily, The Healthier Life, NDTV, n, IANS, Free Press Journal, Daily Pioneer, Ameripublications, Times Gazette, Daily Pioneer, DailyRx, Science Times

Blogs: Gazette Standard, Examiner Times, Post Oracle, Chronicle Daily, Leader Standard, Telegraph Times, Sunrise Senior Living, Union Oracle, Times Oracle, Press Telegraph, Examiner Post, Oracle Herald, Observer Voice, The Voice Herald, Recorder Press, Election Central

Journal of Epidemiology & Community Health

[House of Lords debate](#) (disability benefits) BBC Parliament - 10/12/15

Journal of Family Planning and Reproductive Health Care

Research: Who has a repeat abortion? Identifying women at risk of repeated terminations of pregnancy: analysis of routinely collected health care data

[Aberdeen study finds link between long-term contraception use and abortion](#) - The National 10/12/2015

[Contraceptive implant linked to repeat abortion](#) - The Pharmaceutical Journal 14/12/2015

Also covered by Medical News Today, Science 2.0, Science Codex, Rochdale Online, Medical Xpress