



BMJ in the News is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the **national and a selection of English-speaking international media**.

This week's (28 Sept-4 Oct) highlights include:

The BMJ

Research: Calcium intake and risk of fracture: systematic review

Research: Calcium intake and bone mineral density: systematic review and meta-analysis

[Calcium Supplements Aren't Doing Your Bones Any Good, Studies Say](#) - TIME 30/09/2015

[Calcium supplements 'have little effect'](#) - The Australian 30/09/2015

[Calcium supplements may not help your bones, study finds](#) - CBS News 30/09/2015

Over 200 media outlets covered this story according to Google News including:

UK

The Times, The Times Scotland & The Times Ireland, the Daily Mirror, The Daily Telegraph, the Daily Express, the Daily Mail & Scottish Daily Mail, the Independent, The Scotsman, Yahoo News UK, Doctors Lounge, Irish Independent, Huffington Post UK, NHS Choices, OnMedica, WebMD, Medical News Today, homecare.co.uk, Irish Examiner. Also broadcast by Good Morning Britain on ITV London.

US

NBCNews, Newsweek, The Globe and Mail, U.S. News & World Report, NYC Today, Fox News, Web India, Western Daily Press, New Kerala, Live Science, Food World News, Medical Xpress, ANINEWS, KYTX, Philly.com, Newsmax, Apex Tribune, HealthDay, Today.com, MedPage Today, WKRC TV Cincinnati, RedOrbit, Health Aim, Pioneer News, News Every day, Dairy Reporter

World

Yahoo Health, Stuff.co.nz, The Australian, Huffington Post Australia, The New Indian Express, The Dominion Post (New Zealand), New Zealand Doctor Online, Times of Malta, Hindustan Times, Business Standard, Independent Online, NZCity, The Market Business, Zee News, The New Daily, Times Gazette, Live Mint, the Asian Age, 6minutes, The National Post

Research: Prevalence and compensation of academic leaders, professors, and trustees on publicly traded US healthcare company boards of directors: cross sectional study

[Academics received \\$55 million to serve on health care company boards in 2013](#) -

Washington Post 30/09/2015

[Top academics earn millions as directors in for-profit healthcare companies](#) - Times of India 02/10/2015

[Double Dipping: Many Leading Academics Serve on Industry Boards](#) - Medscape 30/09/2015

Also covered by NewsMax Health, Medical Daily, Fierce Health Finance, Becker's ACS Review

Analysis: Civilian deaths from weapons used in the Syrian conflict

[Study: Quarter of civilians killed in Syrian War are children, women](#) - Al Jazeera America 30/09/2015

[Bombs in Syria Kill Children the Most, Researchers Say](#) - NBC News 30/09/2015

[How the Syrian crisis is particularly deadly for women and children](#) - Los Angeles Times 30/09/2015

Also covered by Reuters, Yahoo News, Business Standard, Sydney Morning Herald, The Australian, Irish Times, Metro, The Columbian, BT.com, The Week Magazine, The Economic Voice, Hindustan Times, Malay Mail Online, Sputnik International, Channel News Asia, Medical Xpress

Personal view: Hospitals are wrong to ban e-cigarette use

[Hospital e-cigarette ban fails smokers and non-smokers, says expert](#) - Herald Scotland 01/10/15

[Hospitals 'should provide free e-cigarettes to patients'](#) - OnMedica 01/10/15

[Patients should be encouraged to use free e-cigarettes in hospitals, argues academic](#) - Medical Xpress 01/10/15

Ongoing coverage:

[New analysis says 2001 study of Paxil for teens misrepresented results](#) - Reuters 28/09/2015

[Researchers may not have reported an important side effect to an antidepressant drug used by teens](#) - Business Insider 29/09/2015

Also covered by Yahoo News, Bangor Daily News, Newsmax, Business Insider Australia, WHTC, Channel News Asia, GlobalPost, KFGO, Reuters India, Drug Watch

Ongoing coverage:

[The natural-food industry should get political](#) - Al Jazeera America 02/10/2015

[Is The Government's War On Trans-Fat Misguided, Too?](#) - Investor's Business Daily 28/09/2015

Also covered by The Verge, Meat & Poultry

[Rugby is dangerous – and we're not doing enough to protect children who play it](#) - The Conversation 01/10/2015

[Butter vs margarine: which is really healthier?](#) - the Daily Telegraph 01/10/2015

[Shocking new figures reveal the extent of damage to children smoking in cars causes](#) - Western Daily Press 01/10/2015

[New Support for Home Births](#) - The Wall Street Journal Europe 29/09/2015

[Bad news can make cancer symptoms WORSE](#) - the Daily Mail 02/10/2015 (also in print)

[Operating theatres are an 'old boys' club'](#) - the Daily Mail & Scottish Daily Mail 02/10/2015 (also in print)

[Rude health: Weekend of death?](#) - Irish Independent 28/09/2015

[Wall Street analysts downplay drug pricing proposals](#) - Politico 29/09/2015

[5 Spicy Recipes That Can Help You Live Longer](#) - Cheat Sheet 03/10/2015
Also covered by Healio

[NHS drug shortages: why are we running out of some treatments in the UK?](#) - The Daily Telegraph 29/09/2015

[People discharged from hospital at weekends are more likely to be readmitted, figures show](#) - Western Daily Press 30/09/2015

[UK e-cigarette firm fights EU vaping laws in European court](#) - the Guardian 01/10/2015

[Unacceptable Preventable losses deny us collective progress](#) - Fiji Times 01/10/2015

[OPERATING THEATRES 'HOSTILE ENVIRONMENT FOR WOMEN', SAYS LEADING SURGEON](#) - Care Appointments 01/10/2015

[Over-medicalisation: doing more harm than good](#) - the Saturday Paper 03/10/2015

[No, you don't have to drink 8 glasses of water a day](#) - The Business Times 02/10/2015 (in print only)

[Have we been wrong about cholesterol?](#) - Daily Mirror & Irish Daily Mirror 02/10/2015 (in print only)

[Roller coaster crash heroes](#) - Daily Mirror 28/09/2015 (in print only)

[Head teacher confident her mile-a-day run for pupils has legs](#) - The Times Scotland 29/09/2015 (in print only)

The BMJ Campaign: Corruption in Medicine

Interview with Dr David Berger about how doctors could be ethical and what drives corruption in the sector

[Unregulated private insurance won't help people cut health costs: Dr David Berger](#) - The Times of India 04/10/2015

JOURNALS

Gut

Research: [High-level adherence to a Mediterranean diet beneficially impacts the gut microbiota and associated metabolome](#)

[Mediterranean diet is your ticket to super gut health](#) - Times of India 29/09/15

[Mediterranean diet is as healthy as being vegan](#) - Daily Mail 29/09/15

[Another good reason for the Mediterranean diet](#) - Chicago Tribune 29/09/15

Also covered by Huffington Post, US News & World Report, Philly.com, Fox News, CBS San Diego, Local US broadcast, 6minutes, Your News Now, Economic Voice, Business Standard, Wonder Woman, Can India News, New Kerala, DaijiWorld, WebMD, Doctors Lounge, Health.com, TheHealthSite, HealthDay, Medical News Today, MedPage Today, Medical Xpress, Monthly Prescribing Reference, DailyRx, Healio, Medical Research.com, The Statesman, Daily Pioneer, Siasat Daily, Asian Age, Food World News, Dispatch Times, Endocrinology Adviser

Heart

Research: [Cardiovascular biomarkers in patients with cancer and their association with all cause mortality](#)

[Cancer may be hidden danger to the heart](#) - WebMD (US) 29/09/15

[Cancer survival linked to cardiovascular hormone/peptide levels](#) - Oncology Nurse Adviser 29/09/15

Also covered by the Daily Trust

Postgraduate Medical Journal

[Fellowship of Postgraduate Medicine \(FPM\): 90th anniversary of PMJ](#)

[How asthma treatments went up in smoke \(blog\)](#) - Irish Medical Times 02/10/15

BMJ Case Reports

Ongoing coverage:

[Teen Girl Drinks Weight Loss Green Tea Bought Online And Turns Yellow](#) - Tech Times 28/09/2015

Also covered by Christian Today, Times of Kabul, Clap Way, Latino Post, iSurfPaducah,

British Journal of Sports Medicine

[The price we pay for sitting too much](#) - Wall Street Journal 28/09/15

Also covered by MarketWatch, Boston.com, AOL UK.com, Yahoo7.com, Medical Daily

[The amount of water you actually need per day](#) - Food.com 28/09/15

[Parents urged not to stop kids playing rugby](#) - The Scotsman 28/09/15

Also covered by The Times, OnMedica, Herald Scotland, Glasgow Evening Times, The National

[Sorry Boris Johnson, but suffering the humiliation of PE once a week is traumatic enough](#)
The Independent 29/09/15

[Exercise eases knee osteoarthritis, temporarily](#) - Reuters UK 02/10/15

[Pregnant 800 meter runner spurs research on pregnancy and elite athletes](#) - Los Angeles Times 02/10/15

Also covered by Business Standard, Zee News, Web India, CanIndia News, DaijiWorld, New Kerala, Free Press Journal, Latin American Herald Tribune, La Prensa

[The science of running shoes: which type is best for you?](#) - The Inquisitr 02/10/15

[Rugby World Cup 2015: brain expert warns of concussion anxiety](#) - BBC Sport 03/10/15

BMJ Open

[Open peer review could result in better quality of peer review](#) - Medical Xpress 29/09/15

Also covered by BMC Blogs, News-Medical.net

[Statins may only postpone death by three or four days](#) - Pulse 29/09/15

[Liver health could indicate hepatosteatosis in patients with HCV](#) - MD Magazine 30/09/15

[Tonic water and lime put leg cramps on the run](#) - Seattle Times 04/10/15

Occupational & Environmental Medicine

[Cognitive behavioural therapy and work participation](#) - Personnel Today 30/09/15