



BMJ in the News is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the **national and a selection of English-speaking international media**.

This week's (31 Aug - 6 Sept) highlights include:

The BMJ

Analysis: Increased mortality associated with weekend hospital admission: a case for expanded seven day services?

[NHS Weekend: Action demanded over death risk](#) - BBC News 06/09/2015

['The weekend effect' means 11,000 extra NHS deaths a year](#) - the Telegraph 06/09/2015

[Hospital patients admitted at weekends '15% more likely to die'](#) - The Observer 06/09/2015

This story was also covered by The Sunday Times, the Daily Mail, the Sunday Telegraph, the Daily Mirror, the Independent on Sunday, the Sun on Sunday, International Business Times AU, Times of India, Focus News, OnMedica, WebMD, Medical Xpress, Western Morning News, The Sen Times Online Newspaper, Financial Express, Business Standard, Yahoo News UK, AOL UK, Big News Network, Daijiworld, CanIndia News and New Kerala.

Also broadcast by World News Today on BBC News, BBC 1 London, BBC Radio 5 Live, BBC Radio 2, ITV 1 News and Sky News.

Research: Mental illness, challenging behaviour, and psychotropic drug prescribing in people with intellectual disability: UK population based cohort study

[Study raises fears 'chemical cosh' is overused](#) - The Guardian 02/09/2015

[Doctors Overuse Antipsychotic Drugs to Treat Intellectual Disability](#) - Newsweek 02/09/2015

[People with intellectual disabilities are being given antipsychotics](#) - Ars Technica 04/09/2015

This story was also covered by Ars Technica, Nursing Times, NHS Choices, OnMedica, Web MD, New Scientist, Rapid News Network, TV Newsroom, Healio, Medical Xpress, Medical Daily, The Economic Voice, Disability Scoop, Psychiatry Advisor, Bulletin Leader, Health Canal, Celebrity Cafe, PPP Focus, 2 Minute Medicine, Psych Central, homecare.co.uk, domain-B, Care 2 Home and BioEdge. Comment [issued](#) by the Epilepsy Society.

Also broadcast by the [Today Programme](#), BBC Radio 5 Live and Victoria Derbyshire BBC News.

Feature: The unethical revenue targets that India's corporate hospitals set their doctors

[Indian doctors over-prescribe tests to meet revenue goals](#) - Hindustan Times 04/09/2015

['Many Indian doctors under pressure to meet revenue targets'](#) - Business Standard

04/09/2015

[Indian doctors under pressure to meet revenue targets](#) - Times of India 04/09/2015

This story was also covered by Economic Times, The Asian Age, NDTV, Press Trust of India, Kaumudi Online, TheHealthSite, Siliconindia.com, Eprahaar, Deccan Herald, CanIndia News, Big News Network.com, Daijiworld, India.com, CanIndia News, Economy Lead, Daily Beast, Medical Xpress and Free Press Journal.

[Despite negative reputation, doc-owned hospitals don't cherry-pick the healthiest patients](#) - FierceHealthcare 03/09/2015

[Hidden Killers, 21:13, BBC Four Play clip](#) - BBC Four 01/09/2015

[Every hospital patient will be given a barcode as part of plan to create a 'paper free' NHS](#) - the Independent 01/09/2015

[Here's how to health proof your kids as they head back to school](#) - Mirror 31/08/2015

[Saturated Fat: Why Avoiding It Doesn't Always Lower Heart Disease](#) - Kera News 31/08/2015

[The Big Calcium Lie: What Your Doctor Doesn't Know About Bone Health](#) - News Max 30/08/2015

[British Medical Journal Study: Pro-Life Laws on Abortion Don't Lead to Higher Maternal Morality Rates](#) - LifeNews 31/08/2015

[Reproducing results: how big is the problem?](#) - Times Higher Education 03/09/2015

[Goodbye mayonnaise, hello harissa: how UK shoppers' tastes have changed](#) - the Independent 02/09/2015

[Industry files complaint against France's off-label law](#) - PM Live 02/09/2015

[Xarelto Lawsuits Increasing Across the Country](#) - Legal Examiner 02/09/2015

[Six-year inquiry 'failed to find full awful truth about scandal of tainted blood'](#) - the Sunday Express & Scottish Sunday Express 06/09/2015

[Debunking the 8-glass myth](#) - The Bangkok Post 01/09/2015 (only in print)

Student BMJ

News: More than 80% of medical students with mental health issues feel under-supported, says Student BMJ survey

[One in seven medical students 'has considered suicide'](#) - The Independent 02/08/2015
[Survey: 15% of Med Students in the UK Have Considered Suicide](#) - TIME 02/09/2015

This story was also covered by Discovery News, Psychiatry Advisor, Medical Daily, Medical Xpress, Healio, Yahoo News UK, Inverse, Youth Health Magazine, Techie News, 6minutes and OnMedica.

JOURNALS

British Journal of Sports Medicine

[Informing athletes about concussion may not change behavior](#) - Reuters US 04/09/15

[Eight glasses of water a day won't keep the doctors away](#) - New York Daily News 02/09/15

[Why walking clubs and sit-stand desks work](#) - Savings and Workplace Benefits 02/09/15

[Barefoot vs shod running: it's a dead heat](#) - Globe & Mail 01/09/15

[Daily exercise can help us to live longer](#) - Daily Mirror + Irish Daily Mirror 01/09/15 (print only)

BMJ Open

[Newer migrants to Ontario face fewer heart health risks says study](#) - Globe & Mail 31/08/15

[Expansion of euthanasia in Belgium and Netherlands should be a warning to Britain](#) - LifeNews.com 04/09/15 (also in National Right to Life News)

[Risk of heart attacks with antiepileptics of small clinical relevance at population level](#) - Pharmaceutical Journal 03/09/15

Open Heart

[Is food the safest and most powerful form of medicine?](#) - Huffington Post 03/09/15

[Mediterranean diet associated with healthy heart says cardiologist Aseem Malhotra](#) - India West 31/08/15

[Shifting focus from calories to nutritional value: new fad or sound science?](#) - Science 2.0 01/09/15

BMJ Open Diabetes Research and Care

[Diabetes, depression, predict poor survival,rehospitalization in patients with heart failure](#) - Healio 31/08/15

Journal of Neurology Neurosurgery & Psychiatry

[Nine risk factors may explain two thirds of AD cases](#) - Medscape 01/09/15

Journal of Epidemiology & Community Health

[How long should you wait for fatherhood?](#) - US News & World Report 04/09/15

[The surprising health risks of being the firstborn child](#) - Health.com 01/09/15
Also Independent Online (South Africa) + Body and Soul (Australia) + New York Magazine

Annals of the Rheumatic Diseases

[Arthritis may be worse in poorer countries but seem worse in rich ones](#) - Reuters UK
04/09/15

[Gout: a risk factor for aFib?](#) - MedPage Today 01/09/15

Drug and Therapeutics Bulletin

[Continue prescribing gluten free foods on NHS, argue dieticians](#) - OnMedica 02/09/15