

The image shows the BMJ logo in white on a blue background. To the right of the logo is a horizontal strip of blue icons representing various medical and scientific concepts: a microscope, a speech bubble, a computer monitor, a stethoscope, and a laboratory flask.

# BMJ

**BMJ in the News** is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the **national and a selection of English-speaking international media**.

This week's (24 - 30 Aug) highlights include:

## **The BMJ**

[Five million adults in England 'at risk of diabetes'](#) - BBC 26/08/2015

[Alternative Way to Treat Early-Stage Breast Cancer With Radiation](#) - Wall Street Journal (US & Asia editions) 25/08/2015

[Can female viagra really change women's libido?](#) - New Zealand Herald 29/08/2015

[Sweet result as honey ointment hits the spot](#) - New Zealand Herald 29/08/2015

[Is new female sexual desire drug Flibanserin worth getting excited about?](#) - Stuff.co.nz 29/08/2015

[The obesity problem needs action, not analysis](#) - the Telegraph 27/08/2015

[Does more expensive food mean it is healthier?](#) - The Australian 28/08/2015

[Will happy friends make me happier?](#) - The Guardian 24/08/2015

[Despite one death, 25 is the right age to start smear tests](#) - The Times 25/08/2015

[The Persistent Health Myth Of 8 Glasses of Water a Day](#) - the New York Times 24/08/2015  
[Pediatrician debunks myth that people must drink 8 glasses of water daily](#) - International Business Times 26/08/2015

Also covered by The Straits Times, Business Day

[Weight loss tips & tricks: 'Teen Mom' star Amber Portwood sheds 36lbs., thanks to diet](#) - Latinos Health 25/08/2015

[Should you be using HRT face moisturiser?](#) - the Daily Mail & Scottish Daily Mail 27/08/2015

[11 reasons why getting a dog will make your life - and health - better](#) - BT.com 26/08/2015

[Peak of Victoria's flu season to come in September](#) - The Age 27/08/2015

[Sex O'Clock: Exact time both men and women are in sync for love making](#) - Standard Digital 26/08/2015

[Enjoy some butter in your burger, but just have one](#) - Calgary Herald 26/08/2015

[Once again, science tell us butter is better for you than margarine](#) - Digital Journal

25/08/2015

[Just One Drink Per Day Can Open Door to Alcohol-Caused Cancer, Says New Study](#) - Huffington Post 24/08/2015

This story was also covered by MD Magazine, The Raw Food World News, Press Examiner, HealthNewsDigest.com, JBH News, Fx Report Daily, Times Gazette, the Telegraph (Australia). Also broadcast by Channel 5 Lunchtime News & Sky News tonight with Adam Boulton (24/08/2015)

## **JOURNALS**

### **Injury Prevention (US Focus)**

**Research: Masculine discrepancy stress, substance use, assault and injury in a survey of US men**

[Science proves Napoleon Complex terrifyingly real](#) - New York Post 24/08/15  
[Proof that traditional masculinity may actually be dangerous](#) - HuffPost US 25/08/15  
[Men who feel less masculine may be more prone to violence study suggests](#) - US News & World Report 25/08/15

This story was also covered by Health Site, The Australian (misattrib to BMJ), 3NewsNZ, New Zealand Herald, Times of India, Web India, Can India News, New Kerala, Hindustan Times, DaijiWorld, Business Standard, Business Insider, The Independent, Daily Telegraph, Daily Mail + Scottish Daily Mail, Metro, Irish Independent, Doctors Lounge, Medical Daily, Medical Xpress, Financial Express, Live Science, The Statesman, Express Tribune, Free Press Journal, Big News Network, ANINews, AskMen, Onmanorama, Siasat Daily, Health24, Jagran Post, News24 Nigeria and PsychCentral.

[Gun crime is unfamiliar to Europeans](#) - Chicago Tribune 27/08/15 (print only)

### **Archives of Disease in Childhood (Fetal & Neonatal Edition) (US Focus)**

**Research: Lower rate of selected congenital heart defects with better maternal diet quality: a population based study**

[Heart abnormality risk could be significantly reduced if mom's diet is healthier](#) - Headlines & Global News 25/08/15  
[Mom's healthy diet linked to lower heart defect risk at birth](#) - US News & World Report 24/08/15  
[Pregnant women's diet linked to baby heart risk](#) - BBC News Online 25/08/15

This story was also covered by NYC Today, Times of India, IndiaTV News, CanIndia News, Yahoo! India, Bangladesh News 24, DaijiWorld, New Kerala, Business Standard, International Business Times (Australia), Zee News, ZNBC, Hong Kong Herald, WebMD, Doctors Lounge, OnMedica, MedPage Today, Monthly Prescribing Reference, Science World Report, Medical Daily, Medical Xpress, News Max, Tech Times, Dispatch Times, Focus News, TheHealthSite, The Statesman, The Siasat Daily, Wall Street Hedge, Daily Mail, The Monitor Daily, Examiner.com, Food World News, Rapid News Network, The Market Business, Press Examiner, Uncover Michigan, Bulletin Leader, iFreepress and TV Newsroom.

## **Open Heart**

**Editorial: It is time to stop counting calories, and time instead to promote dietary changes that substantially and rapidly reduce cardiovascular morbidity and mortality**

[Counting calories? Don't bother](#) - New Zealand Herald 29/08/15

[Eat Mediterranean-type food for healthy heart](#) - Business Standard 27/08/15

[Eat healthily for a good heart, say experts](#) - Sky News 27/8/15

This story was also covered by the Daily Mail + Scottish Daily Mail, Independent, Daily Express, Huffington Post UK, C5 News, AOL UK, Yahoo News, extensive local news coverage, Belfast Telegraph, Irish Independent, Breaking News.ie, Zee News, The Hindu, CanIndia News, The Hans India, Financial Chronicle (India), DaijiWorld, LiveMint, New Kerala, India West, Malaysian Insider, Siasat Daily, Independent Online (SA), iAfrica.com, MinnPost, Nursing Times, OnMedica, LiveScience, TheHealthSite, Medical News Today, Cardiovascular Disease News, BT.com, Newsmax, Big News Network, Medical Research News & Interviews, Laboratory Equipment, Science Codex, Medical Xpress, Techie News, ANINews, Economic Voice, BizNews, New Age Online, AGI (Italy), Panorama (Italy)

## **Journal of Epidemiology & Community Health**

**Research: Firstborns have greater BMI and are more likely to be overweight or obese: a study of sibling pairs among 26,812 Swedish women**

[Your birth order may matter when it comes to weight](#) - Washington Post 27/08/15

[Birth order matters: older sisters likely to be heavier](#) - International Business Times 28/08/15

[Fatter than your siblings? It could be because you are older](#) - New Scientist 27/08/15

This story was also covered by The Times + Times Ireland, Daily Telegraph, Daily Mail + Scottish Daily Mail, Independent, Daily Express, Huffington Post, Yahoo News UK, Yahoo Health, CBS News, CBS Local, Headlines & Global News, US News & World Report, MedPage Today, HealthDay, Inquistr, Philly.com, Seattle Times, Latinos Health, Examiner.com, local US broadcast, Business Standard, Asian Age, South China Morning Post, Xinhua, Times of India, The Hindu, New Indian Express, CanIndia News, New Kerala, Gulf News, New Zealand Herald, New Zealand Doctor Online, Zee News, NZ City, Stuff.co.nz, 3NewsNZ, Otago Daily Times, ABC News, TVNZ, Scoop.co.nz, The Australian, Medical News Today, Medical Xpress, OnMedica, WebMD, TheHealthSite, Doctors Lounge, Net Doctor, Science World Report, Live Science, Financial Express, TV Newsroom, Today.com, RedOrbit, Newser, Rapid News Network, Your News Now, ANINews, News Max, World Tech Today, Press Examiner, Counsel & Heal, Times Gazette, Times LIVE, Dispatch Times, Wall St Hedge, Elle.com, Allure Mag, Standard Digital News, PPP Focus, lbc world news, JBH News, Fx Report Daily

[Workplaces that encourage healthy lifestyles will have fewer obese workers](#) - India Today 31/08/15

This story was also covered by Yewitness News (South Africa), Food World News, New Age Online, Fox News, Bangladesh News 24, Medical Daily, Free Malaysia Today, Business Insider, GlobalPost, Channel News Asia, AsiaOne, Reuters, Yahoo News and Barrington Review.

## **BMJ Open (external PR)**

### **Research: Alcohol use, socioeconomic deprivation and ethnicity in older people**

[One fifth of over 65s drinking at unsafe levels](#) The Guardian 24/08/15

[One in five senior citizens drinking unsafe levels of alcohol](#) The Washington Post 24/08/15

[Wealthier adults drink unsafe amounts of alcohol](#) Business Standard 24/08/15

**Also covered by:** BBC News online, BBC R4 You and Yours, Sky News, ITV News, Channel 5 News, Five News (misattrib to The BMJ), Sky News Tonight (misattrib to The BMJ), Yahoo News, AOL UK, The Times + Times Ireland, The Independent, Independent i, Daily Express, Daily Mail, Daily Telegraph, The Sun + Scottish Sun + Sun Northern Ireland, Herald Scotland, Scotsman, Metro Scotland, Belfast Telegraph, Breaking News.ie, Yorkshire Post, Liverpool Echo, Western Morning News, Cape Herald, The Spirits Business, NHS Choices, WebMD, OnMedica, Nursing Times, NetDoctor, Practice Business, PPP Focus, HealthCanal.com, News-Medical.net, Science Codex, BT.com, Techie News, Dispatch Times, Care Appointments, Care Homes.co.uk, Harpers Wine & Spirit Trade Review, Pirate FM, Bulletin Leader, Economic Times, Science Newsline, MSN UK, Food Manufacture, Retail Express (misattrib to The BMJ), Five News (misattrib to The BMJ), Nanny Knows Best (blog)

[Euthanasia expands in Europe](#) - Philly.com 25/08/15

[Pot belly linked to heavy smoking](#) - eMedicine News 25/08/15

[Trafficking victims: Workers lack training](#) - Arab Times (Kuwait) 23/08/15 (print only)

[People with back injuries treated with opioids off work longer](#) - CBC.canada 27/08/15

## **Journal of Neurology Neurosurgery & Psychiatry**

[How being a baker can give you asthma](#) - Daily Mail + Scottish Daily Mail (print only) 25/08/15

[Are you at risk of developing dementia?](#) - Daily Mail 24/08/15

## **Journal of Medical Ethics**

[Interview: Julian Savulescu editor of JME](#) - BioEdge 21/08/15

## **British Journal of Sports Medicine**

[Wellness in the workplace: how health initiatives can boost staff productivity](#) - The Guardian 28/08/15

[NHS report finds that lack of exercise is responsible for type 2 diabetes in the UK](#) - Diabetes UK 28/08/15

## **BMJ Quality Improvement Reports**

[Quality Control Improves TB Rates](#) - Voice of America 27/08/15