



BMJ in the News is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the **national and a selection of English-speaking international media**.

This week's (3 - 9 Aug) highlights include:

BMJ

[BMJ has formed a partnership with the European Society for Medical Oncology](#) - UKSG eNews 07/08/15

[BMJ announces launch of South East Asia Healthcare Awards 2015](#) - Business Standard 06/08/15

[BMJ is to publish the 'Journal of Investigative Medicine', which is owned by the American Federation for Medical Research](#) - UKSG eNews 07/08/15

[BMJ and NHS Scotland partner to provide BMJ Best Practice to NHS staff](#) - Knowledgespeak 07/08/15

The BMJ

Research: Consumption of spicy foods and total and cause specific mortality

[Frequent spicy meals linked to human longevity](#) - The Guardian 05/08/2015

[Hot topic: Could regularly eating spicy foods help you live longer?](#) - The Washington Post 05/08/2015

[How eating spicy food may help you live longer](#) - Sydney Morning Herald 05/08/2015

This story was also covered by **over 500 news outlets according to Google News** including coverage from:

UK

The Financial Times, The Telegraph, Independent i, the Daily Express & Scottish Daily Express, The Times, The Times Ireland & The Times Scotland, the Daily Mail & Scottish Daily Mail, The Mirror & The Irish Mirror, The Independent, Scottish Daily Record, NHS Choices, AOL News, Medical News Today, Sky News, BT.com, WebMD, Rochdale Online, Yahoo News, Irish Health, UK, Netdoctor, OnMedica, Doctors Lounge, Scottish Daily Record, Closer and News-Medical.net.

Also broadcast by Sky News With Kay Burley and BBC News on Radio 4.

International

Forbes, CNN, TIME, CTV News, CBC, Los Angeles Times, The Australian, Times of India, Hindustan Times, Sydney Morning Herald, UPI, The Week, New Zealand Herald, Quartz, USA TODAY, NYC Today, Medical Research, News Every day, KTRK-TV, NDTV, Refinery29 ,

Christian Post , 10TV , Chron, HSPH News, Live Science, fox13now, POPSUGAR, Munchies_ Food by VICE, Science News, Palm Beach Post ,KCTV Kansas City,Jezebel , Pioneer News, KGNS.tv, SBS , Men's Fitness, The Daily Advertiser, Yahoo Health, AskMen, Elite Daily, Inquirer, Headlines & Global News, Bangor Daily News, The Inquisitr, PerfScience, Palm Beach Post, Newstalk 106-108 fm, AARP News, Messenger Inquirer, Morning Ticker, World Snap, Bustle, Tech Times, Youth Health Magazine, Food World News WNYT, Gulf News, Yibada, The American Bazaar, Science World Report, Newsy, The Monitor Daily, iFreePress.com, Modern Readers, Times Gazette, Malay Mail Online, Gazette Tribune , BizTek Mojo, Lauderdale Daily News, The Market Business, Capital Wired, I4U News, SFGate , Science Recorder, Bulletin Leader, Apex Tribune, South China Morning Post, Times of Oman, iTech Post, The Budapest Report, Echo Examiner , Jewocity.com, NH Voice, Sentinel Republic, AL DIA News, News Every day, Press Examiner, Guardian Liberty Voice, Beacon Transcript, Trinity News Daily, News Nation, Pakistan Tribe, Morocco World News, info-europa, iFreePress.com, Wall Street Hedge and The Nation.

[The worst piece of peer review I've ever received](#) - Times Higher Education 06/08/2015

[For speaking frankly about the NHS, I was first silenced and then pushed out](#) - The Spectator 08/08/2015

[8 Things No One Told You About Your Skin in Your 20s](#) - Cosmopolitan 05/08/2015

[Stop Worrying That Everyone's Having More Sex Than You](#) - Mother Jones 05/08/2015

[Gloomy winters could be killing us warn experts who say Britons are not getting enough Vitamin D from sunlight putting us at risk of deadly ailments](#) - the Daily Mail 02/08/2015

[Expert who massively exaggerated Ebola outbreak predictions under fire on claims](#) - the Daily Mail 02/08/2015

[Method in the madness](#) - The Monthly 03/08/2015

[Nutrition Researcher Loses Libel Suit](#) - The Scientist 03/08/2015

[Could a sugar tackle help tackle obesity? We ask some Cambridgeshire health experts](#) - Cambridge News 04/08/2015

[Doctors Need To Ditch The White Lab Coats](#) - Vocativ 21/07/2015

[Experts Debate Whether A 'Sugar Tax' Could Help Combat Obesity](#) - Tech Times 03/08/2015

[Beach Bugs: Illnesses Often Follow Offshore Swims](#) - WSJ 03/08/2015

[Scopes pass along superbugs and hospital-acquired infections. How do we fix that?](#) - Med City News 03/08/2015

[Opposing Views on FDA Complete Response Letters](#) - Med City News 03/08/2015

[Better Long-Term Outcomes in Ischemic Stroke Patients with Atrial Fibrillation Treated with Warfarin at Discharge](#) - HCP Live 04/08/2015

[How wildfires and climate change can affect your health](#) - National Observer 04/08/2015

[Chocolate steal the show](#) - The Hindu 02/08/2015

[Exercise for balance can help older women avoid falls, injuries](#) - Reuters 06/07/2015

[Low Birth Weight May Be Linked to a Higher Type 2 Diabetes Risk in Adulthood](#) - Diabetes in Control 07/08/2015

[Frances Oldham Kelsey, F.D.A. Stickler Who Saved U.S. Babies From Thalidomide, Dies at 101](#) - The New York Times 07/08/2015

[If You Work Hard, You're More Likely to Drink Hard](#) - Slate 07/08/2015

[Some hospitals double odds of death from a heart attack](#) - The Times & The Times Scotland 07/08/2015 (in print; link not available)

[Brought down by the bilious GPs who want me punished](#) - Daily Mail 07/08/2015 (in print; link not available)

[Smoke and mirrors](#) - The National (UAE) 01/08/2015 (in print; no link available)

[Ten things you never knew about... playing](#) - Daily Express 05/08/2015 (in print; no link available)

[Tooning into our adult emotions](#) - Metro 06/08/2015 (in print; no link available)

JOURNALS

British Journal of Sports Medicine

Research: [Even a low dose of moderate to vigorous physical activity reduces mortality by 22% in adults aged ≥ 60 years: a systematic review and meta-analysis](#)

[Exercise is an extraordinary drug so why aren't physicians prescribing it?](#) - US News & World Report 05/08/15

[Weightlifting, sprints and high-fat diets. The rise of the superfit 60s](#) - The Times 2 (in print; no link available) 08/08/15

[How a little gentle exercise will help the elderly live longer](#) - The Australian 05/08/15

This story was also covered by The Times + Ireland + Scotland, Daily Mail, Daily Telegraph, Daily Express + Scottish Daily Express, Daily Mirror+ Irish Daily Mirror, Irish Health, Scottish Daily Record, WebMD, NHS Choices, MedPage Today, Medical Daily, Medscape, Medical Research News & Interviews, Science Codex, TheHealthSite, Medical Xpress, Times of India, New Kerala, IndiaTV news, CanIndia News, GreaterKashmir.com, Indialeak, Punjab News Express, DaijiWorld, Financial Express, Business Standard, Economic Times, Independent Online (South Africa), Focus News, Siasat Daily, Al-Bawaba, News Nation, Zee News, Big News Network, ANINEWS, The News Reports, Newsx, The Statesman, FreePress Journal, Express Tribune and CDA News.

[Which burns more calories? Walking or Elliptical Machine?](#) - NewsMax 07/08/15

[Coca Cola funds scientists who shift blame for obesity away from bad diets](#) - New York Times 09/08/15

[It's official: diet does matter more than exercise](#) - India Today 03/08/15

[Tart cherry juice works in reducing inflammation](#) - Chicago Tribune 05/08/15

[Here's how you should really choose your running shoes](#) - TIME 05/08/15

Also covered by Business Standard, Shape Magazine, Physician News Digest, MinnPost, Yahoo Health, Quartz, Montreal Gazette

[Checkup medical column for August 7](#) - Daily Mail 07/08/15

[Workers should not have to stand sitting down all day](#) - The Irish Times 07/08/15

Also Personnel Today

[It's official: diet does matter more than exercise](#) - India Today 03/08/15

[How we fail the beach fit challenge](#) - Daily Telegraph 27/07/15 (print only)

Journal of Epidemiology & Community Health

Research: Is young fatherhood causally related to midlife mortality? A sibling fixed effect study in Finland

[Study links early fatherhood to middle age mortality](#) - New York Daily News 05/08/15

[To boost odds of a long life, men should delay fatherhood until age 25, says study](#) - Los Angeles Times 05/08/15

[Already a dad and not 25 yet? You could die early](#) - Hindustan Times 05/08/15

This story was also covered by The Times + Times Ireland + Scotland, Metro, Daily Telegraph + Telegraph Scotland, Daily Mail + Irish Daily Mail, Daily Mirror, Daily Star, Irish Health, Times of India, New Indian Express, IndiaTV news, New Kerala, CanIndia, DaijiWorld, Delhi Daily News, The Straits Times, Channel News Asia, South China Morning Post, Malay Mail Online, Odisha Sun Times, Philly.com, Fox News, GlobalPost, Toronto Sun, Sakshi Post, Thian Nenh Daily, Siasat Daily, Rakyat Post, Reuters, New Zealand Herald, 3News NZ, Zee News, NZ City, Economic Times, International Business Standard, Business Insider, Business Standard, Jewish Business News, Net Doctor, WebMD, Medical Daily, Medical News Today, Medscape, Live Science, Health.com, Health24, TheHealthSite, Focus News, Christian Today, Big News Network, RedOrbit, The News Reports, Yahoo News, Newsmax, Ahmedabad Mirror, Firstpost, Yahoo Parenting, Free Press Journal, Daily Times, Sentinel Republic, Express Tribune and Arab Times.

Drug and Therapeutics Bulletin

Editorial: It's not just about the money, money, money

[Price tags on NHS medicines may make patients feel they are burden on society](#) - The Guardian 07/08/15

[Plan to put price tag on NHS medicines is headline grabbing gimmick, says journal](#) - The Independent 07/08/15

[Jeremy Hunt blasted over controversial plans to put price tags on NHS medicines](#) - Daily Mirror 07/08/15

Also covered by: BBC R4 Today Programme, LBC News, PMLive, Western Morning News, Medical News Today, Independent i, Press Association, BT.com, Yorkshire Post, BioPortfolio. PharmFile, Health Medicine Network, Big News Network and local print coverage.

Review: [Does a low FODMAP diet help IBS?](#)

[Popular diet may not be helping your IBS](#) - New Zealand Herald 07/08/15

[Cutting certain carbs may not ease irritable bowel syndrome](#) - Philly.com 07/08/15

[Limited evidence for diet that claims to battle bloating](#) - Irish Independent 07/08/15

Also covered by: US News & World Report, HealthDay, Times of Malta, The Australian (blog), Daily Telegraph (Aus), news.com.au, Herald Sun, Courier Mail, Irish Examiner, BreakingNews.ie, Science Codex, Medical News Today, Medical Xpress, Doctors Lounge, BT.com, Metro, HealthDay, Sky News Australia, Adelaide Now, Weekly Times Now, The National (Scotland), ScienceNews Online, Health Medicine Network, Nutra Ingredients (USA), FoodNavigator

BMJ Open

[Plonk for parties](#) - The Sun+ Irish Sun 08/08/15 (print; no link available)

[Binge drinking puts unborn babies at risk](#) - Daily Mirror + Irish Daily Mirror 04/08/15 (print only)

[Successful older adults at risk for alcoholism](#) - NewsDay 09/08/15 + Slate Magazine

Thorax

[Paper cup that helps beat asthma attacks](#) - Daily Mail + Scottish Daily Mail 03/08/15

Occupational & Environmental Medicine

[Occupational research round-up August 2015](#) - Personnel Today 04/08/15

Archives of Disease in Childhood

[Low birthweight linked to social withdrawal](#) - Medscape 06/08/15

Heart Asia

[From pariah to acceptance](#) - Business Times 08/08/15 (in print; link not available)