



BMJ in the News is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the **national and a selection of English-speaking international media**.

This week's (17 - 23 Aug) highlights include:

BMJ Awards

[Practice receives 'outstanding' rating from health watchdogs](#) - Get West London 19/08/2015

The BMJ

Research: [Light to moderate intake of alcohol, drinking patterns, and risk of cancer](#)

[The Connection Between Light Drinking and Cancer: Study](#) - TIME 19/08/2015

[Just one drink can raise breast cancer risk - experts](#) - New Zealand Herald 19/08/2015

[Cancer risk 'even from light drinking'](#) - BBC News 19/08/2015

This story was also covered by **over 300 news articles according to Google News** including coverage from:

UK

The Times & The Times Scotland & The Times Ireland, The Guardian, the Independent, The Daily Telegraph, Daily Mirror, Metro, Daily Mail & Scottish Daily Mail, Daily Mirror & Irish Daily Mirror, OnMedica, Doctors Lounge, Health Day, Yahoo News UK, Huffington Post UK, TV Newsroom, BT.com, Medical News Today, Doctor's Lounge, AOL UK, Irish Independent, Irish Sun, Belfast Telegraph, South Wales Guardian, ITV News & extensive local newspaper coverage.

Also broadcast by BBC News, BBC Radio 5 Livve, Press Preview on Sky News, Sunrise on Sky News and Good Morning Britain on ITV 1.

International

CBS News, TIME, The Australian, Herald Sun, New Zealand Herald, Western Morning News, NEWS.com.au, Courier Mail, Hindustan Times, Good House Keeping, WebMD, Daily News & Analysis, U.S. News & World Report, New Kerala, Regal Tribune, The Weather Space, Ledger Gazette, Times of Malta, Jewish Business News, PPP Focus.com, The Sen Times Online Newspaper, Sahara Samay, Junior College, Financial Express, Business Standard, ANINEWS, BreakingNews.ie, Western Morning News, The Australian, Press Examiner, SBS, New Zealand Herald, NEWS.com.au, Herald Sun, Philly.com, Politico, Latinos Health, News Every day, Press Examiner, Cancer Therapy Advisor, Medical Research News, Health.com, Oncology Nurse Advisor, 2 Minute Medicine, Ledger Gazette, Regal Tribune, The News Reports, Bulletin Leader, SBS & extensive local coverage.

[Heated Debate as Assisted Dying Bill Inches Closer in UK](#) - Medscape 19/08/2015

[Does Eating Spicy Food Help You Live Longer?](#) - BBC World Service 19/08/2015

[Study: Eating spicy food may lead to longer life](#) - News Day 19/08/2015

Also covered by Chicago Tribune, CBS Local, Biotechn.Asia, Daily News,

[A Doctor-Assisted Disaster for Medicine](#) - The Wall Street Journal 19/08/2015 (also in print)

[Doctor's diary: the economic case for NHS hearing aids](#) - The Telegraph 17/08/2015

[Female Viagra misses the point](#) - The Daily Telegraph 18/08/2015 (also in print)

[Why alcohol rules should be rewritten so that men over 55 can drink more](#) - Daily Mail & Scottish Daily Mail 18/8/2015 (also in print)

[NHS prescribes gluten-free pizza, cakes and biscuits](#) - the Daily Telegraph 17/08/2015

[A Doctor-Assisted Disaster for Medicine](#) - Wall Street Journal 17/08/2015

[Bangladesh sentences six to jail for deadly children's medicine](#) - Yahoo News 17/08/2015

[The missing nutrients](#) - Live Mint 17/08/2015

[We can't ignore that IT is changing our brains](#) - Gulf News 17/08/2015

[What is the Best Time for Sex?](#) - The New Indian Express 17/08/2015

[5:48 AM, The Best time To Have Sex With Your Partner](#) - Focus News 19/08/2015

[The best time love? to make 5.48 in the morning](#) - Irish Daily Mail 20/08/2015 (in print)

[Trans-fat junk food to be targeted under EU plans](#) - Irish Daily Mail 19/08/2015 (in print; no link available)

[Trans fats, not saturated fats, linked to greater risk of death](#) - South China Morning Post 17/08/2015 (in print)

[We can't ignore that IT is changing our brains](#) - Gulf News (UAE) 18/08/2015

[The missing nutrients](#) - Mint (India) 18/08/2015

[Feel Good Report: What Happens When You Eat Too Much Sugar](#) - Gulfshore Life

[Patients can contribute to medical studies now](#) - The Times of India 19/08/2015

[FDA To Decide On 'Female Viagra' Drug, Flibanserin, Now Called Addyi](#) - Medical Daily 18/08/2015

[Ask Your Physical Therapist: How effective is pain medication?](#) - The Sentinel 18/08/2015

[Freedom, Prescription Drugs and Social Irrationality](#) - Huffington Post 18/08/2015

[Real doctor takes issue with Dr. Google](#) - Chron 19/08/2015

[Technology can solve the productivity puzzle - but too many businesses don't know how](#) - the Telegraph 19/08/2015

[The week in higher education – 20 August 2015](#) - Times Higher Education 20/08/2015

[An age-old dilemma: how to live for longer?](#) - Irish Times 20/08/2015

[Five tricks to combat the middle-age decline](#) - the Telegraph 20/08/2015

[Fatal Brain Disease Shows Up Decades After Growth Hormone Treatments](#) - News Max 19/08/2015

[There are risks to going gluten-free](#) - the Daily Times 21/08/2015

[John Hopkins U scientist questions CDC push for flu vaccine](#) - International Business Times 20/08/2015

[Half of decade-old metal hip implants defective](#) - New Zealand Herald 22/08/2015

[My toxic surgery ordeal](#) - New Zealand Herald 22/08/2015

[Five tricks to combat the middle-age decline](#) - the Telegraph 20/08/2015

[Fatal Brain Disease Shows Up Decades After Growth Hormone Treatments](#) - NewxMax

[Do you bond with your family through food?](#) - NewsMax 21/08/2015

[Researching health symptoms online is a prescription for anxiety](#) - Irish Examiner 22/08/2015

[Britons to drink less alcohol as health warnings rise](#) - Food Manufacturer 21/08/2015

[EU examining setting maximum levels of trans fats in food](#) - Agriland 22/08/2015

JOURNALS

BMJ Open

Research: Human trafficking and health: a cross sectional survey of NHS professionals' contact with victims of human trafficking

[Substantial number of UK NHS hospital staff treat victims of human trafficking](#) - Newsroom America 21/08/15

[British health workers unsure how to spot, help trafficked victims](#) - Daily Mail 21/08/15

[One in eight hospital staff have treated victims of human trafficking](#) - Nursing Times 21/08/15

This story was also covered by Financial Express, Reuters Africa, Medical News Today, Daily News, Independent i, Metro + Metro Scotland, Economic Voice, Care Appointments, TakePart, Medical Xpress, BT.com, Yahoo News UK, Yahoo Finance, The Peninsula (Qatar), Gulf Times, Kuwait Times (misattrib to The BMJ) and Press Association.

Research: Heavier smoking may lead to a relative increase in waist circumference: evidence for a causal relationship from a Mendelian randomisation meta-analysis. The CARTA consortium (external PR)

[Smoking 'leads to a pot belly'](#) - Daily Mail 19/08/15

[Smokers more likely to develop pot bellies](#) - The Australian 20/08/15
[Smokers more likely to develop pot bellies](#) - Business Standard 19/08/15

This story was also covered by The Independent, Metro, Daily Telegraph, Irish Examiner, Irish Mirror, Breaking News.ie, Yahoo News, Toronto Sun, Times of Malta, New York Daily News, Philly.com, Fox News, Las Vegas Review-Journal, Sentinel Republic, Herald Sun, news.com.au, Geo News Pakistan, Channel News Asia, The News International, News Max, TV Newsroom, Rapid News Network, Siasat Daily, Tech Times, Financial Express, Pioneer News, iFreePress.com, Standard Digital News, NT News, STV.tv and WebMD.

[Euthanasia's slippery slope](#) - National Post (Canada) 21/08/15 (print only)
Also covered by The Washington Post, The Peninsula (Qatar), Sydney Morning Herald, The Age and Canberra Times.

[Wealthy middle aged drinking](#) - Independent Nurse 17/08/15 (print only)

[Holistic care is key to cancer screening uptake in survivors of sexual abuse](#) - Nursing Standard 19/08/15 (print only)

[Depression is a likely issue in patients asking for euthanasia](#) - Nursing Standard 19/08/15 (print only)

[Vitamin D helps to prevent falls in the elderly](#) - Daily Mail 19/08/15

Journal of Neurology Neurosurgery & Psychiatry

Research: [Meta-analysis of modifiable risk factors for Alzheimer's disease](#)

[The lifestyle choices that affect Alzheimer's risk](#) Forbes 22/08/15
[New study identifies nine risk factors for Alzheimer's disease](#) TIME 20/08/15
[Dementia levels stabilising across UK and Europe, study finds](#) ITV.com 21/08/15

This story was also covered by the Guardian, The Times + Ireland + Scotland, Independent, Independent i, Daily Express, ITV, Daily Mail + Scottish Daily Mail, Metro, Huffington Post, Irish Times, Belfast Telegraph, Pulse, Nursing Times, WebMD, Doctors Lounge, Neurology Advisor, New York Daily News, Philly.com, Fox News, US News & World Report, CNBC, Delhi Daily News, Stuff.co.nz, Newsy, Medical Daily, NewsDay, MedPage Today, HealthDay, Medical Research News and Interviews, Healio, Medical Xpress, WebWire, Rapid News Network, TV Newsroom, News Max, The Market Business, Weekly Observer, The Monitor Daily, Tech Times, Times Gazette, Nature World Report, Covered Globe, Voice Chronicle, Dispatch Times, World Tech Today, Sentinel Republic, Press Examiner and PPP Focus.

Tobacco Control

[Age 21 to buy cigarettes?](#) - Chicago Tribune 19/08/15 (print only)

British Journal of Sports Medicine

[Study says volleyball poses low injury risk to players](#) - Malay Mail Online 22/08/15

[Shoulder pain: when to worry](#) - Huffington Post 21/08/15

[For seniors, any exercise may be better than none](#) - Reuters 21/08/15
[This device could help office workers lose weight](#) - The New Daily 19/08/15

[Weightlifting expert allays stunted growth fears](#) - GhanaWeb 18/08/15

[Exercise all you want but a bad diet will doom you: experts](#) - Times of India 17/08/15

[There's little evidence to help avoid stress fractures](#) - Fox News 17/08/15

Journal of Epidemiology & Community Health

[Don't be so clingy](#) - Mail on Sunday + Scottish Mail on Sunday 23/08/15

Drug and Therapeutics Bulletin

[The dangerous food fad](#) - The Spectator 22/08/15 (print only)

[Can you trust the new food gurus?](#) - Daily Mail + Scottish Daily Mail 21/08/15 (print only)

[NHS prescribes gluten free pizza, cake, and biscuits](#) - Daily Telegraph 18/08/15

Also covered by LBC and BBC R5 Live Daily.

BMJ Quality & Safety

[How to dial down noise](#) - Surgical Products 17/08/15 (print only) + Science Newsline