



BMJ in the News is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the **national and a selection of English-speaking international media**.

This week's (4-10 Apr) highlights include:

The BMJ

Personal View: [Food should be labelled with the equivalent exercise to expend its calories](#)

[Food should be labelled with the exercise required to burn off its calories](#) - The Today Programme 07/04/2016

[Should food labels include exercise 'equivalents'?](#) - CNN 07/04/2016

[Food packets 'should list exercise needed to burn calories'](#) - Scotsman 06/04/2016

Also covered by the Daily Telegraph, the Daily Mail, the Daily Mirror, the Daily Star, Sky News, Metro, Yahoo News, Huffington Post U, New York Magazine, Shape Magazine, Gizmodo, The Globe and Mail, Business Insider, CTV News, CBC News, TIME, Discovery News, ELLE magazine, Runner's World, OnMedica, NHS Choices, Science 2.0, Healthline, NH Voice, SFGate, the New Daily, Pulse Headlines

Also broadcast by news on BBC's Book of the Week, BBC News at One (TV), BBC News (TV)

Analysis: [Effect of policy, economics, and the changing alcohol marketplace on alcohol related deaths in England and Wales](#)

[Deaths caused by alcohol set to 'rise relentlessly' due to tax cuts making spirits and cider cheaper](#) - the Daily Mail 07/04/2016

[Alcohol related deaths likely to rise, warn experts](#) - OnMedica 7/04/2016

[Alcohol-Related Deaths May Increase In The UK Due To Economic Changes, Cuts In Alcohol Taxation](#) - Medical Daily 07/04/2016

Research: [Defibrillation time intervals and outcomes of cardiac arrest in hospital: retrospective cohort study from Get With The Guidelines-Resuscitation registry](#) [Research: Early administration of epinephrine \(adrenaline\) in patients with cardiac arrest with initial shockable rhythm in hospital: propensity score matched analysis](#)

[Advice to delay second shock not linked with improved survival](#) - Nursing Times 08/04/2016

[Revised Cardiac Arrest Guidelines To Delay Second Shock Doesn't Save Lives](#) - Headlines & Global News 07/04/2016

[Cardiac arrest: new studies question clinical practice](#) - Medical News Today 07/04/2016

Also covered by Doctors Lounge, UPI, Philly.com, HealthDay

[Amid public feuds, a venerated medical journal finds itself under attack](#) - STAT 05/04/2016
Co-published by ProPublica and The Boston Globe

[The 'chemsex' trend and its consequences](#) - BBC News TV 07/04/2016

[Why didn't BBC mention its drug dealing executive in 'chemsex' story?](#) - the Daily Mail 08/0/2016

[The sugar conspiracy](#) - the Guardian 07/04/2016

[The Politics of Bangladesh's Genocide Debate](#) - New York Times 05/04/2016

[Antidepressant class not linked to increased cardiovascular risk](#) - the Pharmaceutical Journal 04/04/2016

[Depressed People May Want to Take Heart](#) - dailyRx News 04/04/2016

[Seven ways you could be risking your eyesight – and what to do about it](#) - the Daily Mirror 04/04/2016

[Curb your antibiotics use, warn experts](#) - Irish Independent 05/04/2016

[Sin taxes are an insult to the intelligence of adults](#) - The Australian 05/04/2016

[Are you a cyberchondriac?](#) - Irish Independent 06/04/2016

[Google launches 'health card' in India to provide credible information on diseases](#) - International Business Times, India Edition 06/04/2016

[How sunbathing can LOWER your levels of vitamin D](#) - Daily Mail 06/04/2016

[We're leaving in our droves - if Hunt keeps trying to impose his contract, there won't be any junior doctors left](#) - the Independent 06/04/2016

[Challenging the American consensus on e-cigarettes](#) - Medical Xpress 06/04/2016

[Vaginal seeding: Could this birthing trend protect your baby from disease?](#) - the Daily Telegraph 08/04/2016

[7 ways to protect your peepers](#) - Daily Mirror 05/04/2016 (mentions a study on use of peppermint in treatment of IBS)
Also covered by Daily Mirror Northern Ireland, Irish Daily Mirror

JOURNALS

Open Heart

Arrhythmias and sudden death: Long term risk of atrial fibrillation after the death of a partner

[Be still my beating heart: atrial fibrillation connected to death of partner](#) Sydney Morning Herald 07/04/16

[This is how loss of partner affects your heartbeat](#) Times of India 02/04/16

[Death of loved one may actually break your heart](#) CBS News 06/04/16

Also covered by:

UK

The Times + Scotland + Ireland, The Independent, New Day, Daily Telegraph, The Guardian, Daily Mail + Irish + Scottish Daily Mail, Daily Mirror + Irish Daily Mirror, Huffington Post, Metro, Irish Times, Belfast Telegraph, Irish Examiner, Irish Independent, BreakingNews.ie, Scottish Daily Record, The Spectator, International Business Times UK, Irish Health, NHS Choices, OnMedica, AOL UK

International

Los Angeles Times, Philly.com, US News & World Report, ABC News, Metro News Canada, GlobalPost, Top News US, CTV News, India Today, Deccan Chronicle, Zee News, New Kerala, Dunya News Pakistan, Japan Times, Asian Image, Bangkok Post, South China Morning Post, Manila Times, Free Malaysia Today, Star Malaysia, Malay Mail Online, Malaysia Digest, New Zealand Herald, Dominion Post (NZ), The Conversation Australia, iAfrica.com, Independent Online (South Africa), Gulf News (UAE), Al Arabiya, Siasat Daily, You.co.za, Capital FM Kenya, Copenhagen Post, RT, STA

Other

Medical Daily, Medical Research.com, Medical News Today, HealthDay, TheHealthSite, Health.com, Drug Discovery & Development, WebMD, Laboratory Equipment, Science Codex, Science News, Sci Tech, Tech Times, NewsMax, GMA News, Headlines & Global News, Nature World News, News Everyday, Daily Times, Business Standard, Economic Times, Glamour.com, Big Wire, Pulse Headlines, The Debrief, Wonder Woman, UPI.com

Archives of Disease in Childhood

Editorial: Is asthma overdiagnosed?

[Asthma 'over-diagnosed and trivialised'](#) BBC News 06/04/16

[Asthma inhalers given out almost as a 'fashion accessory', experts warn](#) The Guardian 05/04/16

[50% of 'asthmatics' don't really have the disease, say experts](#) Times of India

Also covered by: BBC R4 Today Programme, BBC R5 Live, BBC Wales, The Times + Ireland + Scotland, The Independent, Independent i, Daily Express + Scottish Daily Express, Daily Mirror + Irish Daily Mirror, Daily Telegraph, Daily Mail + Scottish and Irish versions, Metro, Irish Examiner, Huffington Post, Belfast Telegraph, Irish Times, Medscape, Medical Daily, OnMedica, Nursing Times, WebMD, Clinical Advisor, AOL UK, Yahoo News, Sunday

Post, SBS, STV News, STAT, BT.com, Medical Xpress, extensive local coverage, Health Aim, 6minutes, Medical Marketing & Media

BMJ Open

Research: [Prenatal exposure to cannabis and maternal and child health outcomes: a systematic review and meta-analysis](#)

[Pot use during pregnancy tied to low birthweight babies](#) Philly.com 06/04/16

[New study shows what happens to babies if mother smoke marijuana during pregnancy](#)

Business Insider 08/04/16

[Pot during pregnancy linked to poor fetal outcomes](#) MedPage Today 06/04/16

Also covered by: OnMedica, Medical Daily, Reuters, HealthDay, Medical Research.com, Zimbabwe Mail, Daily Mail, Australia Network News, WebMD, Examiner.com, MD Magazine

[5 surprisingly ultra processed foods blocking your weight loss goals](#) US News & World Report 08/04/16

[Public don't understand overdiagnosis](#) Cancer Research UK 07/04/16

[Pig organs could solve donor shortage](#) Independent i +The Independent 07/04/16 (print only)

[Polypharmacy common in older people with ID](#) Irish Health 06/04/16

BMJ Global Health

Analysis: [Global Surgery 2030: a roadmap for high income country actors](#)

[Billions without access to safe reliable surgery](#) STAT 07/04/16

[Make access to surgery a global priority for health, report says](#) American Council on Science & Health 07/04/16

[Ditch colonial thinking to boost access to surgery for world's poor, rich nations told](#) Science Codex 07/04/16

Also covered by: Science Daily, Medical Xpress, Devex, Medical Research.com, Medical News Today

[India steps up fight against cigarette firms over prominence of health warnings on packs](#) South China Morning Post 05/04/16

Also in: Reuters UK, Reuters India, Reuters Africa, Business Today, Business Insider, Business Standard, Financial Express Bangladesh, Thomson Reuters Foundation, GlobalPost, Daily News & Analysis, The News International, Hindustan Times, The Hans India, Fortune, Calcutta Telegraph, Daily Star, Tech Times, Deccan Chronicle, The Nation, Channel News Asia, Bangladesh News 24, Medical Daily, Morung Express, Live Mint, Gulf Times, Gulf Digital News, Yahoo News, Mint India

BMJ Open Diabetes Research & Care

[It's good to eat walnuts, but is it true that they prevent heart disease?](#) EconoTimes
08/04/16

BMJ Open Respiratory Research

[Underweight or Obese Women Who Drink and Smoke May Have Higher Asthma Risk](#)
HealthDay 09/04/16

Also in: Science Daily, Deccan Chronicle, The Economic Times, NDTV

BMJ Quality & Safety

[When Patients Are a Pain for Their Doctors](#) - Wall Street Journal 04/03/16

British Journal of Ophthalmology

[An 'eye-opening' stem-cell technique](#) Hindu Business Line, 05/04/16 (print only)

British Journal of Sports Medicine

[Experts say there's little evidence meldonium enhances performance](#) The Jordan Times
09/04/16

[Experts say there's little evidence meldonium enhances performance](#) USA Today 08/04/16

[7 unexpected reasons to exercise](#) Bustle.com 07/04/16

[Group walking is a boon for the body and mind](#) Chicago Tribune 06/04/16 (print only)

[Soccer is one smoking gun away from a real doping scandal](#) Goal.com 05/04/16

Drug and Therapeutics Bulletin

[Andrew Herxheimer \(obit\)](#) The Times + Scotland + Ireland (print only) 07/04/16

Gut

GUT FEELING ABOUT A NEW DIET The Independent 05/04/16 (link unavailable)

Injury Prevention

[Gun safety information online is lacking](#) Reuters UK 07/04/16

Also in Fox News, Yahoo News, Reddit.com, World News USA, Breaking News Point

Journal of Epidemiology & Community Health

[5 Ways Fresh Fruit and Veggies May Replace Medications](#) Care2.com

Journal of Medical Ethics

Portrait of Down syndrome revealed in study Chicago Tribune 06/04/16

[How doctors want to harvest euthanasia patients' organs before they die](#) Daily Mail
08/04/16

[Brisbane maths teacher blows the whistle on detention centre 'misinformation'](#) Brisbane
Times 09/04/16