



BMJ in the News is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the **national and a selection of English-speaking international media**.

This week's (13 - 19 April) highlights include:

The BMJ

Head to head: [Can healthy people benefit from health apps?](#)

Commentary: [How I use health apps](#)

[Report Questions Whether Health Apps Benefit Healthy People](#) - New York Times 14/4/15

[Science tackles the good and the bad of health apps](#) - Business Insider Australia 15/4/15

[Fitness apps don't improve health - and could be harmful](#) - the Independent 14/4/15

This story was also covered by the Guardian, The Times & The Times Ireland, the Telegraph, Daily Mail, Irish Daily Mail & Scottish Daily Mail, the Independent i, Huffington Post UK, International Business Times, WebMD, Yahoo News, Medscape, Hindustan Time, Times of India, India Today, the Register, the Telegraph (Australia), Medical News Today, Medical Xpress, Zee News, Consumer Affairs, Live Science, ITProPortal, Irish Examiner, Irish Times, Fraser Coast Chronicle, Central Queensland news, Empire State Tribune, News Hub, Cellular News, iHealthBeat, PMLiVE, Daily Northwestern, Latinos Health, The Health Site, and News Nation. Broadcast by Sky News and Good Morning on ITV.

Personal View: [Drug users should be able to get heroin from the health system](#)

[Prescribe heroin to addicts who can't kick habit using detox, methadone: UBC doctor](#) - CTV News 14/4/15

[Addiction expert: Prescribing heroin to addicts could be cheaper than methadone](#) - ITV News 15/4/15

This story was also covered by Sky News, NEWS.com.au, Huffington Post Canada, MetroNews Canada, Courier Mail, Yorkton News Review, 6 minutes, City Talk 105.9, Medical Xpress, Medical News Today, Highlight Press and The Province.

[Spending cuts will hurt health services, says British journal](#) - The Hindu 13/4/15

+ [NDA fund cuts put healthcare on the sickbed](#) - The Times of India 15/4/15

[5 reasons why chocolate is good for you](#) - Deccan Chronicle 13/4/15

[OUR OPINION: Science on outdoor smokers: Leave 'em alone](#) - Grandfork Sherald 13/4/15

[Unpredictability remains the one constant with seasonal influenza](#) - Healio 13/4/15

[In Africa, Moving From A Brain Drain To A Brain Gain](#) - Forbes 14/4/15

[Investigation alleges big pharma campaign to block Avastin for AMD](#) - 15/4/15

[Alcohol in movies influences teen drinking](#) - Yahoo 15/4/15

[25 Years Later, Pretty Woman Still Sends the Wrong Message About Prostitution](#) - Charisma News 14/4/15

[Breast milk bought online contaminated](#) - Australian Women's Weekly 14/4/15

[The dangers of telephonic consultations](#) - Bangalore Mirror 13/4/15

[Research calls for conservative treatments before painkillers for low-back pain](#) - Chiropractic Economics 15/4/15

[WHO calls for full disclosure of clinical trials](#) - Nature.com
+ also covered by ABC Online 16/4/2015

[Sports drinks are rotting our teeth and making us fat](#) - News.com.au 16/4/2015

[How Marketing And Media Muddled The Truth About The Heart Drug Vytarin](#) - Forbes 16/4/2015

[Investigation alleges big pharma campaign to block Avastin for AMD](#) - Optometry Today 15/4/2015 + [Government rules out Avastin use in AMD](#) - Optometry Today 15/4/2015

[Surprising Ways the Moon Affects Your Health](#) - Newsmax 15/4/2015

[Europe's baby meds contain potentially harmful additives](#) - Reuters 16/4/2015

[What happened when a medical professor live-tweeted her son's sex-ed class on abstinence](#) - The Washington Post 17/4/2015

[Move out of the man cave and into the shed: UBC researcher](#) - Metro 16/4/2015

[DNA Testing Is a Slippery Slope](#) - the Daily Beast 14/4/15

[Manifesto Check: health tourism only costs as much as UKIP's free parking pledge](#) - the Conversation 16/4/15

[How sports drinks are destroying the teeth of athletes](#) - Irish Daily Mail 18/4/2015 (In print: no link available)

[Experts now say paracetamol doesn't work for bad backs. So what DOES?](#) - Irish Daily Mail 14/4/15 (in print; no link available)

[Banish your back pain...without pills](#) - Daily Mirror 14/4/15 (in print; no link available)

[Fore! That's a long drive](#) - Daily Mail & Scottish Daily Mail 17/4/15 (in print; no link available)

JOURNALS

Gut

Research: [Detection of precancerous gastric lesions and gastric cancer through exhaled breath](#)

[Breath test predicts stomach cancer](#) - New Zealand Herald 14/04/15

[Stomach cancer precursor may be sniffed out by electronic nose](#) - Japan Times 14/04/15

[Breath test shows promise in diagnosing cancer](#) - NHS Choices 14/04/15

177 articles on Google including The Times + Ireland + Scotland, Daily Express, Daily Mail + Irish and Scottish versions, The Independent, Independent i, Daily Telegraph, Huffington Post, ITV News, BBC News, Business Insider Australia, Headlines & Global News, Fox News, Medical Daily, News Max, Delhi Daily News, International Business Times UK + Australia, Zee News, WebMD, Gulf Times, Press TV, National Post, Malay Mail, Examiner.com, The Nation, Medical News Today, News Nation, Wall St OTC, Tech Times, World Report Now, HelpemeoutDoc, Pioneer News, BT.com, Science World Report, The Market Business, The Verge, Times of Israel, Science Recorder, Times Gazette, Geek Infinite, Market Journals, Maine News, American Register, Diabetes Insider, World Tech Today, Youth Health Magazine, The Week, 6minutes, Times LIVE, News Every Day, Medical News Today, Medical Xpress, Medical Research News & Interviews, Dominion Post (NZ), Empire State Tribune and South China Morning Post.

BMJ Open

Research: [UK Research spend in 2008 and 2012: comparing stroke, cancer, coronary heart disease and dementia](#)

[UK funding for dementia and stroke still too low, study says](#) - The Guardian 14/04/15

[Oxford scientists call for more funding for dementia research](#) - ITV News 14/04/15

[Dementia needs more cash to avert care crisis, doctors warn](#) - The Times (+ Ireland + Scotland) 14/04/15

This story was also covered by OnMedica, The Scotsman, Daily Express, Daily Mail, South Wales Argus, The independent, Daily Telegraph, Yorkshire Post and Alzheimer's Society.

Research: [Evidence for a persistent, major excess in all cause admissions to hospital in children with type 1 diabetes: results from a large Welsh national matched community cohort study](#)

[Kids with diabetes face increased hospital risk](#) - Scotsman 14/04/15

[Young type 1 diabetes patients at higher risk of admission](#) - Nursing Times 14/04/15

[Diabetic children have five times the risk of hospitalisation for any cause](#) OnMedica 14/04/15

This story was also covered by Net Doctor, News-medical.net, WebMD, Medical Xpress and Insider Medicine.

Research: [Electronic cigarette use among young people in Wales: evidence from two cross sectional surveys](#)

[Many teens who use e-cigarettes also smoke regular cigarettes](#) Los Angeles Times
15/04/15

[Do e-cigarettes encourage smoking? Schoolchildren more likely to try vaping than tobacco](#)
Daily Mirror 15/04/14

[Research raises concerns about e-cigarette safety as government considers reform](#)
Sydney Morning Herald 15/04/15

This story was also covered by New York Times, The Independent, NHS Choices, Daily Mail, Scotsman, BBC News, WebMD, US News & World Report, Wales Online, South Wales Evening Post, South Wales Argus, Irish Health, CRC UK news, OnMedica, The Conversation, Science 2.0, Zee News, HealthDay, Sci Tech Today, Yahoo News, Science Codex, Medscape 3News NZ, Malaysian Insider, Business Insider Australia, Herald Scotland, Business Standard, Luxemburger Wort, Medical Xpress, News Nation, iAfrica.com, Philly.com, Economic Times, Malay Mail online, and Techie News.

[Do I need an annual physical?](#) - New York Times 17/04/15

Tobacco Control

Research: [Flavour chemicals in electronic cigarette fluids](#)

[Flavouring chemicals in e-cigarettes can trigger respiratory symptoms](#) - Daily (+ Scottish Daily) Mail 14/04/15

[E-cigarette flavours may be dangerous](#) - TIME 15/04/15

[E-cigarette flavourings can be harmful according to study](#) - ITV News 16/04/15

This story was also covered by The Times, Daily Mirror, Metro, Irish Examiner, Irish Health, New Indian Express, Times of India, Bloomberg Business News, Medical Xpress, Irish Examiner, BT.com, The Verge, Science Codex, Breaking News ie, Oxford Mail, International Business Times Australia, Zee News, Techie News, Belfast Telegraph, Herald, TheHealthSite, The Hans India, Central Queensland News, Gazette Review, Medical Daily, HealthDay, International Business Times and The Market Business.

Occupational & Environmental Medicine

Research: [World Trade Center related physical and mental health burden among New York City Fire Department emergency medical service workers](#)

[Health problems are common among 9/11 medical crews](#) - USA Today 16/04/15

[Health problems linger for 9/11 first responders](#) - TIME

[9/11 rescue workers face chronic illness](#) - Business Standard 18/04/15

This story was also covered by US News & World Report, Philly.com, TheHealthSite, Daily Times (Pakistan), Khaleej Times, Bangladesh News 24, Science Codex and Medical Xpress.

Follow on coverage on bleach research:

[Household bleach is tied to respiratory infections in kids](#) - International New York Times
15/04/15

[Household bleach is tied to respiratory infections in kids](#) - New York Times 14/04/15

Archives of Disease in Childhood

Continued media coverage:

[Reptiles linked to serious infections in children](#) - Wall St Journal 14/04/15

Also covered by Fox News, Pet Fast News, Cornish Local News and YouTube.

British Journal of Sports Medicine

[Walking football takes slow approach to playing soccer](#) - Houston Chronicle 17/04/15

Annals of the Rheumatic Diseases

[Aggressive treatment effective in early RA](#) - MedPage Today 17/04/15