

BMJ in the News is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the **national and a selection of English-speaking international media**.

This week's (11 - 17 May) highlights include:

The BMJ Awards

[Northumbria NHS Trust wins award for hip fracture care](#) - Berwick Today 11/5/2015

[Diabetes team is given praise](#) - The News (Portsmouth) 11/5/2015

[BMJ award recognises Northumbria trust's cut in hip fracture mortality](#) - Chartered Society of Physiotherapy 16/5/2015

[Cancer charity lands top honours at awards](#) - Basingstoke Gazette 14/5/2015 (also in print)

[Palliative care team awarded top prize](#) - Telegraph & Argus 11/05/2015 (in print; not online)

[Praise for project and improvements on care of terminally ill patients](#) - Keighley News 14/5/2015 (in print; not online)

[Praise for work of palliative care team](#) - Ilkley Gazette 14/5/2015 (in print; not online)

[Praise for work of palliative care team](#) - Wharfedale & Aireborough Observer 14/5/2015 (in print; not online)

The BMJ

Analysis: Choosing Wisely in the UK: Academy of Medical Royal Colleges' initiative to reduce harms of too much medicine

[Doctors to withhold treatments in campaign against 'too much medicine'](#) - The Guardian 12/5/2015 (also in print)

[Doctors urged to stop 'over-treating'](#) - BBC News 13/5/2015

[NHS tests and drugs 'do more harm than good'](#) - The Telegraph & The Telegraph Scotland 12/5/2015 (also in print)

This story was also covered by The Times & The Times Ireland, Mirror, Daily Mail & Scottish Daily Mail, Daily Express, The Independent, Yahoo News UK, New Scientist, Pulse Nigeria, Medical Xpress, The Pharmaceutical Journal, OnMedica, ModernHealthCare.com, Pharma Times, European Pharmaceutical Review, Press TV, Stroud News and Journal, NHS Choices, and broadcast by Sky News, 5 live Science on BBC Radio 5 Live, After Midnight with Janice Long on BBC Radio 2, the Today

Programme on BBC Radio 4, Breakfast on BBC 1 London, Breakfast on BBC 1 and Breakfast on BBC News.

Head to Head: Does long term use of psychiatric drugs cause more harm than good?

[Psychiatric drugs do more harm than good, says expert](#) - The Guardian 13/05/2015 + piece by patient author [While the psychiatrists argue about antidepressants, I'll keep taking them](#) 15/05/2015
[Psychiatric drugs 'cause more harm'](#) - Western Morning News 13/05/2015
[Antidepressants and other mood-altering drugs dangerous with very little benefit, expert argues](#) - National Post 12/05/2015

This story was also covered by ITV News, BT.com, Care Appointments, Techie News, The Independent, The Irish Independent, The Telegraph, Tech Times, The New Daily, BizNews.com, News Every Day, Medical Daily, Rochdale Online and Saskatoon StarPhoenix. Comment issued by Alzheimer's Society.

Research: Direct benefit of vaccinating boys along with girls against oncogenic human papillomavirus: bayesian evidence synthesis

[Vaccinating girls against HPV benefits men](#) - OnMedica 13/05/2015
[HPV Vaccination for Girls May Help Prevent Cancers in Males](#) - U.S. News & World Report 13/05/2015

This story was also covered by Doctors Lounge, Philly.com, HealthDay, Fred Hutch News Service , Medical Research News and Interviews on MedicalResearch, Medical News Today, Medical Xpress, 2 minute medicine and Spiegel Online.

[Antipsychotics shown safe for pregnant women and their babies](#) - The Globe and Mail 13/5/2015 (also in print)

Also covered by the MedScape, the Pharmaceutural Journal and Diabetes.co.uk.

['Tobacco lobbying in India undermining public health'](#) - Hindustan Times 15/5/2015 (also in print)

[Advil vs. Tylenol. Which to Use, and When](#) - the Washington Post 11/05/2015

[Sleep Well: Six hours of sleep not enough](#) - Azdailysun.com 11/5/2015

[Dr Ian Campbell: Health is not a football, but it is political](#) - Nottingham Post 12/5/2015

[Being tall can harm your sex life: But it may help your heart and your hearing](#) - The Scottish Daily Mail (also in print) 12/5/2015

[Doctors do get mobile, says the BMJ.com](#) - PMLiVE.com 11/5/2015

[Lawrence of Arabia and the crash helmet](#) - BBC News 11/5/2015

[Patients press the 'record' button, making doctors squirm](#) - The Washington Post 11/5/2015

[Everything you think you know about diets is WRONG](#) - Daily Mail 12/5/2015 (also in print)

[Medical library and learning academy open at Leicester Royal Infirmary](#) - Leicester Mercury 12/5/2015

[Pre-Publication Peer Review Process Entirely Misguided Warns Former Editor of the British Medical Journal](#) - Global Research 13/5/2015

[David Sackett, the father of evidence-based medicine, dies at 80](#) - Vox 15/5/2015

[Experts say 'guilt by association' approach helps detect silent aneurysms](#) - Medical Xpress 14/5/2015

[The wonder foods](#) - Irish Daily Mail 12/05/2015

[Joint-custody arrangements may protect kids against psychosomatic ailments](#) - The Washington Post 12/5/2015 (in print; no link available)

[Rumble in the Drug Cabinet](#) - The Wall Street Journal 12/5/2015 (in print; no link available)

[Getting the last laughs](#) - Boston Globe (USA) 14/05/2015

JOURNALS

British Journal of Sports Medicine

Research: Increases in physical activity is as important as smoking cessation for reduction in total mortality in elderly men: 12 years of follow up of the Oslo II study

[Elderly people who exercise 'live five years longer'](#) - BBC News 14/05/2015

[Exercise just as beneficial as giving up smoking for older men](#) - CBS News 14/05/2015

[30 minutes of exercise cuts death risk for elderly men by 40 per cent](#) - Sydney Morning Herald 14/05/2015

Over 160 stories listed on Google News including coverage by: the Guardian, ITV News, Daily Mail, Scottish Daily Mail & Irish Daily Mail, the Telegraph, the Express, the Independent, the Mirror, The Times & The Times Ireland & The Times Scotland, Huffington Post, Yahoo News, Doctors Lounge, Nursing Times, OnMedica, WebMD, BT.com, Toronto Sun, Times of India, West Texas News, Rochdale Online, Daily Mail, iAfrica, Maine News Online , Northern Californian, Live Science, News-Medical.net, Capital Wired, Pioneer News, Irish Health, Science Times, Tech Times, HealthDay, Empire State Tribune, Immortal News, University Herald, News Every day, Business Standard, Malay Mail Online, Regal Tribune, The Malaysian Insider, Pulse Nigera, The Utah People's Post, Modern Readers, Times Gazette, Science Recorder, Frontline Desk, AllMediaNY, Reporter Advocate, Health Canal, Beacon Transcript , Observer News, Sierra Leone Times, Rappler, NH Voice, The Nation, West Texas News, Ghana Broadcasting Corporation, Capital FM Kenya , AsiaOne, Free press journal, Times LIVE, Citifmonline, Indileak, New Kerala, Malay Mail Online, Times of Malta, The Japan Times, New Vision, The Malaysian Insider, DunyaNews Pakistan, Belfast Telegraph, GlobalPost, Science Codex, The Australian Financial Review, The Age, Brisbane Times, Inquirer.net & regional newspapers across England.

Previous PR

[Walking and cycling IS linked to weight loss say UEA](#) - BikeBiz 11/05/15

[Obese playing victims hard to swallow](#) - New Zealand Herald 12/05/15

[Physical activity does not promote weight loss](#) - The Asian Age 12/05/15

[Three great ways to reduce delayed muscle soreness](#) - Stack (US) 11/05/15

[Report finds athletes afraid to admit mental health problems](#) - Horse & Hound 11/05/15

Journal of Epidemiology & Community Health

Research: [Mothering alone: cross national comparisons of later life disability and health among women who were single mothers](#)

[Single mothers in England more likely to suffer ill health because their families 'do not support them'](#)

- the Telegraph 14/05/2015

[Single mothers more likely to suffer ill health, study finds](#) - the Independent 14/5/2015

['Health risk' for single mothers](#) - Daily Mail 15/05/2015

This story was also covered by Daily Mail, U.S. News & World Report, Headlines & Global News, Doctors Lounge, NHS Choices, Net Doctor, Harvard Center for Population and Development Studies News, Times of India, The New Indian Express, Delhi Daily News, WTNH, ANINEWS, Today.com, BT.com, Healthline, Philly.com, Health Day, OnMedica, Medical News Today, Medical Xpress, Daily News & Analysis, University Herald, Economic Times, TheHealthSite, Andhra Wishesh, Lauderdale Daily News, Odisha Samaya, Free press journal, Stuff.co.nz, Zee News, Sierra Leone Times, Big News Network, Lauderdale Daily News, Chandigarh Tribune, Greater Kashmir, New Kerala and Science Codex.

[When divorced parents share custody, it's better for their kids' health](#) - Washington Post 11/05/15 (previous PR)

[Joint-custody arrangements may protect kids against psychosomatic ailments](#) - (print; link unavailable) Washington Post 12/05/15

Journal of Medical Ethics

[Election results: Left-wing lecturer attacked for comparing Tories to racists and sexists](#) - The Independent 11/05/15

BMJ Open

[Two thirds of bowel cancer patients not advised to exercise despite health benefits](#) - Health Canal 11/05/15

Emergency Medicine Journal

[The healthometer](#) - The Sun + Irish + Scottish Sun 12/05/15 (link unavailable)

Injury Prevention

[Better bike safety with clearer crash scene reports](#) - Boston Globe 10/05/15

Gut

[Everything you think you know about diets is wrong](#) - Scottish Daily Mail 12/05/15 (link unavailable)